



October 2024

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786
(909) 931-9056**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING MINUTES OF SEPTEMBER 21, 2024**

Call to order: The Co-Chair, Bob W., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the Secretary, Valerie D.

Present: Bob W., Joe C., Laura M., Valerie D. and Israel A., Office Manager.

Present by Zoom & phone: Arnie B., Jo K. and KC B., International Executive Secretary.

Absent: Ara H., John C. and Zach M.

A. Minutes for AUGUST 17, 2024.

A motion was made to approve the minutes as written.

**MOTION SECONDED AND PASSED
FOR – 5 AGAINST – 0 ABSTAINED – 0**

B. Operating Statement for AUGUST 2024.

A motion was made to approve the August Operating Statement as written.

**MOTION SECONDED AND PASSED
FOR – 5 AGAINST – 0 ABSTAINED – 0**

OLD BUSINESS

A. Office Manager Report – Israel A.

- Life-Liners – 2 Louisiana-1 and California-1
- New Cans – 0
- Group Information Request Forms Received – 0

- Group Information Request Forms received prior to sending out Starter Kits:4. Four Starter Kits were sent out as follows after receiving the Group Information Request Forms for the month of August:

Palm Springs, CA	Holly, MI
Great Falls, MT	Washington, DC
- Prison Starter Kits Sent Out – 0
- Venmo and Zelle donations were \$1,933.00; Groups (17) \$792.25, 1X Donations (5) \$167.00, Life-Liner donations (19) \$720.00, and I.S.O. Can Contributions (4) \$253.75.

B. International Executive Secretary Report – KC B.

- 1) Completed August bulletin.
- 2) Working on September bulletin.
 - a) Pleasanton B.O.T. minutes in this bulletin.
 - b) Invoice is higher than usual.
- 3) Working on anniversary database.
 - a) It's a bit intense: would love to find an Access database besides Excel.
- 4) Started working on SOP as mentioned in the July B.O.R meeting.
 - a) Making step by step instructions the best I can with all that I do.
- 5) Agenda for Cherry Hill is up on the Trustee Website.
 - a) I will email out to B.O.R. members to review & discuss at the October meeting.

C. DISCUSS WEBSITE UPDATE.

- 1) Committee Chair connected with developers & office staff for a status update on our project.
 - a) It was expressed by developers that our project is quite unique and a bit confusing at times with all the many changes and with so many hands in the pot.

b) Jason has expressed that tremendous progress has been made with the contribution, meeting finder & store pages. He also expressed that things are coming together nicely, "Overall, we are rolling and everything is looking good."

c) Website Committee is standing by to review the final project and sharing it with our members, present & those we have not met yet.

D. DISCUSS RESTRUCTURING COMMITTEE REPORT.
(removed from September meeting)

E. DISCUSS UNITY STEP 7.

A motion was made to table this item till the October meeting.

MOTION SECONDED AND PASSED
FOR – 5 AGAINST – 0 ABSTAINED – 0

NEW BUSINESS

A. DISCUSS DECEMBER B.O.R. MEETING DATE.

A motion was made to change the December B.O.R. meeting date to December 14, 2024.

MOTION SECONDED AND PASSED
FOR – 6 AGAINST – 0 ABSTAINED – 0

B. DISCUSS PURCHASING LIABILITY INSURANCE FOR THE TRUSTEE MEETING IN NOVEMBER.

Discussion was had, then a motion was made to approve and purchase.

MOTION SECONDED AND PASSED
FOR – 6 AGAINST – 0 ABSTAINED – 0

C. DISCUSS PROPOSED STANDING RULES CHANGES.

A motion was made to table this item till October meeting.

MOTION SECONDED AND PASSED
FOR – 6 AGAINST – 0 ABSTAINED – 0

Number of people who called in to listen to the meeting: 1 Collected: \$30.00

The meeting ended with the Serenity Prayer at 9:46 A.M.

The next meeting will be October 19, 2024.

Respectfully submitted by Valerie D., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It’s called “Gamblers Anonymous Group Study Book on the Unity Steps.” Each month of 2024, I’ll discuss the Unity Program and the corresponding step with each month.

When I first came to Gamblers Anonymous in July of 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It’s all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I’d like to think it’s the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

Step 10 – Gamblers Anonymous has no opinion on outside issues; hence the Gamblers Anonymous name ought never be drawn into public controversy.

The survival and growth of Gamblers Anonymous is of far greater importance than taking positions on any issues outside the Fellowship. To make public pronouncements on non-Fellowship matters would inevitably split the group. Individuals naturally have differing opinions and eventually these differences could erode group unity. By engaging in outside issues, the Fellowship's concentration would be diverted from our main purpose, which is to aid in the recovery of compulsive gamblers. The association of the Fellowship's name with public controversy would unnecessarily antagonize some portion of the general public. By avoiding controversy, both individual groups and the Fellowship as a whole are able to concentrate on the aims and principles of Gamblers Anonymous.

We must always be available to assist others in obtaining information concerning the problem of compulsive gambling without giving our opinion.

- a. Define/discuss: "no opinion"; "Gamblers Anonymous name"; "outside issues"; "public controversy."
- b. Do we ever give the impression that there is a "Gamblers Anonymous opinion?" Discuss.
- c. If members are discussing the effects of a local Indian casino during a break, how does this relate to Unity Step 10?
- d. If a member shares that counselors and psychologists don't work, or shares on other 12-step programs, is this violating the 10th Unity Step? Why or why not?
- e. How does Unity Step 10 support the newcomer? How does this relate to our common welfare? Our primary purpose?
- f. If we are distracted by outside issues, how will this affect our recovery within Gamblers Anonymous?
- g. How does my share/therapy affect this step?
- h. When we speak, we are encouraged to share our experience, strength, and hope.
- i. Can I share about my personal opinions and will this affect the welfare of Gamblers Anonymous as a whole?
- j. There are several principles that may apply to this step. Elaborate on how each of the following applies to Unity Step 10: non-judgmental, keep it simple.

From the desk of your International Executive Secretary.

As we complete the October bulletin, I'd like to say thank you to all of you who have continuously contributed to the ISO and its ability to help the compulsive who still suffers. I appreciate all you do to help the fellowship continue growing. We could not do this without you.

If you've wondered how you can give back, you could become a LifeLiner. If you aren't already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world.

Last month was Gratitude Month and there was such a great response from our fellowship. Thank you to all the individuals, groups, and Intergroups that gave to commemorate Gamblers Anonymous!

By the time you read this, we'll have started (or started and finished) our Fall Board of Trustees meeting being held in Cherry Hill, NJ. These meetings for the trustees are important in making sure our literature and guidance code stays up to date and works to get those things up to par to be relevant for all members of the fellowship. Be sure to get with your trustee to find out how the meetings went and what (if anything) is changing.

I am so grateful for this program and the members. You teach me on a daily basis and I couldn't do it without you. Thank you for being on this journey with me.

Yours in recovery and gratitude, KC B.

The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.
2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.
3. Log on to Amazon.com
 - A) Scroll down and tap or left click on Barnes & Noble. In the column to the right, tap or left click on Kindle Books. In the search box enter Combo Book.

- B) Scroll down to locate the book and tap or left click on Combo Book.
- C) Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.
- D) Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:

- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:

- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
- Information packet.
- A Day at a Time meditation book.
- Big Book – Sharing Recovery through GA.
- Have I quit the Fellowship?

If you are working the Steps:

- Working the Steps booklet.
- Step meeting handbook, Booklet.
- Daily inventory of my behavior (sheet).
- Fourth Step Inventory Moral Book.
- Step One recovery Workbook.
- Writing the Steps.
- 12 Steps Unity booklet.
- Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:

- Group Handbook Guide booklet.
- Guidance Code (trusteewebsite.com).
- Short term Group sponsorship.
- Suggestions for a Successful 90-day room.
- Suggestions for New Member Retention.
- Treasury Guideline Example.
- A Guide to Regional Service Offices.
- Intergroup Handbook.
- Public Relations flyer.
- Towards Recovery in Prison.
- Handbook for Judiciary, Lawyers, Counselors etc.
- The Stock market, Retirement accounts and Gamblers Anonymous.
- The First 40 years.
- Let's Host a Mini-Conference pamphlet.
- Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Thank you for your support.

Helene M., Stevens Point, Wisconsin

Dear I.S.O.,

I hope this finds you well.

Congratulations to Joe B., 40 years, CA; Alan K., 24 years, MI; Curt P., 22 years, OR; Lynell B., 20 years, CA; Joe C., 18 years, NY; Adam C., 18 years, OR; Robyn H., 10 years, CO; Claudia R., 4 years, PA; Pat T., 4 years, GA.

Thanks, GA approved conference call meetings, Miscellaneous Areas

Dear I.S.O.,

Thank you for all you do.

Judy M., Saturday night, Clearwater, Florida

Dear I.S.O.,

Enclosed, please find a donation from the Denver Tuesday Night GA Meeting.

Sincerely, Bruce B., Denver, Colorado

Dear I.S.O.,

Enclosed is a donation from the Thursday Night GA Meeting in Bloomington, MN.

Thanks, Marlene, Richfield, Minnesota

Dear I.S.O.,

Enclosed is a donation from Monday night Gales Ferry in Connecticut.

Sincerely, Paul S., Gales Ferry, Connecticut

Dear I.S.O.,

Enclosed is the donation from ISO Cans for June and July.

Thanks, Bill D., Gamblers Anonymous of Southern Nevada

Dear I.S.O.,

Enclosed is a donation from the Friday Night Arnold GA Meeting. Our last meeting was August 30, 2024. We did not have enough attendance to keep the meeting going.

Thank you all for your continued hard work.

Laura T., Fenton, Missouri

Dear I.S.O.,

Enclosed is the September donation from the Wednesday Night NE Philadelphia group.

Thanks for all the good work that you do.

In Unity, Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Thank you for your service at the store and the bulletin.

Regards, Drew J., Dallas, Texas

Dear I.S.O.,

WE would like to congratulate John F. on 2 years in GA.

Brenda C., Dayton, Ohio

ANNOUNCEMENT OF UPCOMING EVENTS

Area 28 10th Annual Conference

October 18 – 20, 2024

Hotel Novotel Monterrey Valle

Ave Lazaro Cardenas 3000, Esq Dr Atl. Col. Valle Oriente

San Pedro Garza, Monterrey, Mexico 66269

For more information, email ies@gamblersanonymous.org and I will email you the flier or get you in touch with someone in that area.

22nd Annual GA and Gam-Anon Marathon

A Day of Sharing and Caring

October 26, 2024

Northwood United Church

8855 156th St., Surrey, British Columbia, Canada

For more information, email events@gabc.ca

INDIVIDUAL LIFELINER DONATIONS SEPTEMBER 2024

ARIZONA

L36 Marc L.
L211 Jim L.
L221 Janat G.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.
L1005 Patricia B.
L1008 Roxanne W.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill/Kathy S.
L8 Dan B.
L9 Mike M.
L18 Chris G.
L19 Wendy B.
L21 Ed S.
L73 Karen H.
L87 Mike S.
L88 Valerie D.
L100 Maziar S.
L116 Rob D.
L117 Steve F.
L120 Phil C.
L151 Murray F.
L158 Gagik G.
L209 Jose C.
L273 Victor S.
L298 Catherine F.
L301 Steve K.
L314 Alan S.
L384 Alvin F.
L390 Jack R.
L408 Ira B.
L419 G. Rufus B.
L432 Patrick P.
L480 Ezra B.
L496 Guy H.
L544 Harold A.
L561 Pilar L.
L580 Curtis G.
L593 Grant M. X2
L601 David L.
L609 Kathie S.
L617 Mike Z.

L623 Lucille T.
L648 Edward K.
L678 Lynell B.
L701 David L.
L772 Ara H.
L834 Candice B.
L836 Albert Y.
L871 Greg D.
L907 Joseph G.
L908 Jordan K.
L920 Jane J.
L965 Brandon S.
L1000 Willie F.
L1001 Ray J.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
L54 Ray T.
L97 Chuck R.
L143 Neal G.
L160 Jim C.
L175 Lloyd A.
L205 Steven P.
L233 Robert M.
L251 Frank G.
L313 Herman G.
L351 Russell H.
L429 Dennis S.
L450 Neil S.
L483 Victor C.
L511 Chris N.
L590 Dennis A.
L607 Debbie M.
L627 Pauline F. X2
L679 David T.
L695 Ronald B.
L815 Linda S.
L840 Janice M.
L843 Neal V.
L844 Arnie B.
L904 Marlon D.
L944 Brent S.
L945 Eugene K.
L979 Rebecca P.

FLORIDA (cont)

L989 Lois H.
 L993 Carlos M.
 L1002 Jim O.
 L1010 James T.
 L1014 James H.
 L1016 Paul B.
 L1021 Michael P.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L114 Ellen Z.
 L344 Eileen Z.
 L823 Luke W.
 L960 Dianna R.
 L962 Cynthia M.
 L977 Donna M.
 L1018 Al A.
 L1024 Mary W.

INDIANA

L1030 Joseph M.

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathleen S.

MARYLAND

L162 Jim D.
 L997 Tijuana MT.

MASSACHUSETTS

L598 Vinny S.

MICHIGAN

L272 Joann D.

MINNESOTA

L803 Renee G.

NEVADA

L75 KC B.
 L325 Terry D.
 L410 Joanne F.
 L486 Zenny K.
 L596 Leslie F.
 L599 Igor K.
 L612 Dan M.
 L669 Terri R.
 L690 Lenore D.
 L830 Jackie C.
 L837 Harriet K.

L846

L975

NEW JERSEY

L174

L183

L212

L223

L266

L311

L349

L358

L433

L438

L497

L547

L589

L699

L863

L961

L985

L1019

NEW MEXICO

L572

L662

L847

NEW YORK

L286

L303

L465

L559

L682

L852

L882

NORTH CAROLINA

L493

L494

L495

L498

L499

L500

L503

L504

L506

L510

L513

L514

L515

L518

OHIO

L948

L986

Bobby B.

Larry S. X2

Mike D.

Robin D.

Marshall R.

Fred D.

Kivey G.

Andy D.

George L.

Walter G.

Joseph F.

Matthew C.

Dave S.

John P.

Ronald W.

Craig H.

Kathleen P.

Tom C.

Tristan D.

James G.

Liane M.

Joel K.

Catherine B.

Dan W.

Alan J.

Mohammed M.

Jesse C.

Robin S.

Norberto B.

Joe B.

Gary G.

Mary D.

Tina V.

Suzanne R.

Mike S.

Sammy D.

Marc A.

Vivian W.

Chuck T.

Eric S.

Anthony D.

Silvia G.

Donna M.

Toby G.

Ed G.

Anthony K.

OKLAHOMA

L543 James G.

OREGON

L584 Curt P.

L881 Pam B.

L912 David U.

L1028 Stan F.

PENNSYLVANIA

L40 Dan M.

L71 Marla J.

L345 John B.

L820 Josh S.

L822 David S.

L923 Mary M.

PUERTO RICO

L192 Dora H,

SOUTH DAKOTA

L641 Dale A. X2

WASHINGTON

L425 Terry D.

L659 Connie M.

WISCONSIN

L443 Constance T.

L988 Jeffrey R.

CANADA

L719 David C.

INDIVIDUAL LIFELINER DONATIONS SEPTEMBER 2024

ARIZONA (9)	170.00	NEVADA (13)	385.00
CALIFORNIA (50)	2,506.00	NEW JERSEY (18)	407.00
COLORADO (1)	25.00	NEW MEXICO (3)	70.00
CONNECTICUT (1)	20.00	NEW YORK (7)	1,245.00
FLORIDA (36)	1,028.00	NORTH CAROLINA (14)	85.00
GEORGIA (1)	80.00	OHIO (2)	70.00
HAWAII (2)	129.00	OKLAHOMA (1)	15.00
ILLINOIS (8)	100.00	OREGON (4)	90.00
INDIANA (1)	130.00	PENNSYLVANIA (6)	178.00
KENTUCKY (2)	60.00	PUERTO RICO (1)	20.00
LOUISIANA (2)	20.00	SOUTH DAKOTA (1)	60.00
MARYLAND (2)	25.00	WASHINGTON (2)	20.00
MASSACHUSETTS (1)	21.00	WISCONSIN (2)	30.00
MICHIGAN (1)	5.00	CANADA (1)	180.00
MINNESOTA (1)	10.00	TOTAL (193)	7,184.00

ANNIVERSARIES

42 YEARS	MIKE W.	10/9	YMCA Townhouse, NY
	JOANN C.	10/22	Voorhees, NJ
37 YEARS	ROY M.	10/6	Riverside, CA
	MARK G.	10/22	Douglaston, NY
33 YEARS	DAN M.	10/20	Las Vegas, NV
	ANTHONY M.	10/14	Mount Vernon, NY
31 YEARS	TREVOR S.	9/3	North Adelaide, SA
	PAT C.	10/7	Howard Beach, NY
	TONY C.	10/8	East 31st Street, NY

30 YEARS	JOHN P.	10/9	Staten Island, NY
	RONNIE A.	10/22	East 31st Street, NY
29 YEARS	DENNIS W.	10/7	Rancho Cucamonga, CA
	ARA H.	10/17	Montrose, CA
	CAROL W.	10/31	Las Vegas, NV
27 YEARS	ANDY G.	10/15	Voorhees, NJ
26 YEARS	ADELE C.	10/18	Las Vegas, NV
	MIKE H.	10/23	East 89th Street, NY
24 YEARS	STEVE B.	10/6	Encinitas, CA
	WADE	10/20	Calgary, AB
23 YEARS	JOE C.	10/15	Solana Beach, CA
22 YEARS	GEORGE T.	10/15	Douglaston Zoom, NY
	MITZUE M.	10/16	Las Vegas, NV
21 YEARS	WALTER D.	10/1	Howard Beach, NY
	CAROL R.	10/22	Voorhees, NJ
	TERRY D.	10/29	Reno/Sparks, NV
20 YEARS	KENNETH S.	10/17	Dallas, TX
	PETE K.	10/27	Voorhees, NJ
	MARTY L.	10/29	East 31st Street, NY
19 YEARS	STEVE F.	9/27	Burbank, CA
	ELSA F.	10/1	Oceanside, CA
	MIKE S.	10/19	Escondido, CA
	STEVE V.	10/20	Ocean Parkway, NY
	DREW B.	10/21	Ardsley, NY
18 YEARS	MARK C.	8/9	South Plympton, SA
	JON L.	10/2	San Diego, CA
	PETER L.	10/23	La Mesa, CA
17 YEARS	MARK H.	10/5	Church on the Hill, NY
	MARK C.	10/30	La Mesa, CA
16 YEARS	GURI C.	8/11	Ft. Lauderdale, FL
	VIVAN B.	10/1	Voorhees, NJ
	MICHELE C.	10/9	West Hartford, CT
	ARELIA T.	10/12	Church on the Hill, NY
	REGGIE B.	10/15	East 31st Street, NY
	MICHELLE K.	10/17	Fort Worth it Online, TX
15 YEARS	DAVE M.	9/29	Auburn, CA
	HUGH Z.	10/8	Pomona, NY
	BRIAN R.	10/11	Henderson, NV
14 YEARS	MIKE T.	7/26	Plantation, FL
	JOE C.	10/7	Rancho Cucamonga, CA
13 YEARS	JIM B.	7/8	Portland, OR
	BONNIE Y.	9/14	Calgary, AB
	MIKE M.	10/9	Reno/Sparks, NV
12 YEARS	KENNY M.	7/10	Plantation, FL
	PETER G.	10/1	East 31st Street, NY
	AL S.	10/4	Encinitas, CA

12 YEARS (cont)	DAVID D.	10/29	Santee, CA
11 YEARS	RENGA I.	10/8	Voorhees, NJ
	SHANNON D.	10/17	Downey Zoom, CA
	BETSY M.	10/23	Rancho Bernardo, CA
	BOB S.	10/28	Reno/Sparks, NV
	MENACHEM F.	10/29	Pomona, NY
10 YEARS	CLAIR W.	7/17	Sacramento, CA
	MARK G.	10/19	Calgary, AB
	ROB S. (2)	10/31	Mt. Soledad, CA
9 YEARS	LISA W.	7/1	Sacramento, CA
	BARRY G.	10/4	Encinitas, CA
	DAVID M.	10/20	Reno/Sparks, NV
8 YEARS	PETE H.	10/23	YMCA Townhouse, NY
	MIKE C.	10/28	Ardslay, NY
7 YEARS	JANET H.	9/26	Plantation, FL
	MEYER K.	10/2	Santa Monica, CA
	SHAMRA B.	10/24	Escondido, CA
	KEN T.	10/30	East 89th Street, NY
6 YEARS	ANDREW C.	8/7	Carlton, VIC
	SHARELLE K.	8/7	Epping, VIC
	LOU R.	10/1	Henderson, NV
	KEN R.	10/6	Las Vegas, NV
	AL A.	10/7	Mount Vernon, NY
	GARY S.	10/12	Las Vegas, NV
	OLIVE T.	10/25	Las Vegas, NV
5 YEARS	ANGIE C.	8/14	Plantation, FL
	CHUCK H.	10/8	Hesperia, CA
	JOHN	10/26	Wausau, WI
4 YEARS	BRAD S.	9/16	Slidell, LA
	COLETTE H.	10/6	Santee, CA
	DEREK B.	10/13	Las Vegas, NV
	BOB	10/17	Calgary, AB
	DANIEL M.	10/24	Rancho Cucamonga, CA
3 YEARS	ARCHIE K.	8/1	Epping, VIC
	JERRY	9/2	Calgary, AB
	MARK E.	10/6	Ocean Parkway, NY
	NORM K.	10/10	Santee, CA
	PAUL W.	10/21	Mount Vernon, NY
	LISA F.	10/26	LA/Hollywood Zoom, CA
2 YEARS	KEVIN R.	6/21	Oakleigh, VIC
	KARL M.	7/13	Oakleigh, VIC
	SANE D.	7/14	Lincoln, CA
	CHARISSE M.	10/4	Forest Hills, NY
	ANGEL	10/7	Rancho Cucamonga, CA
	GARY N.	10/7	Scripps Ranch, CA
	MIKE D.	10/9	Bensonhurst Recovery, NY

2 YEARS (cont)	LOU D.	10/10	Forest Hills, NY
	FRANK M. #2	10/13	St. Finbars, NY
	JUDY D.	10/13	Reno/Sparks, NV
	MAT D.	10/13	Reno/Sparks, NV
	LUKE S.	10/15	Allied Gardens, CA
	JASON S.	10/17	Congers, NY
	MARLEA	10/20	Medicine Hat, AB
	MICHELLE D.	10/22	Voorhees, NJ
	STELLA	10/24	Medicine Hat, AB
	STEVE K.	10/24	La Mesa, CA
	NINA E.	10/26	Reno/Sparks, NV
	GREG F.	10/29	White Plains, NY
	LAUREN R.	10/30	Yonkers, NY
	RICHARD P.	10/30	Murrieta, CA
	1 YEAR	LEE	8/1
ANDREA M.		8/8	Plantation, FL
MICHAEL P.		8/9	Plantation, FL
JOSH K.		8/14	Plantation, FL
ANGELA		8/20	Epping, VIC
RON F.		8/22	Plantation, FL
ROSEANN G.		9/3	Slidell, LA
JANA		9/15	Red Deer, AB
LASHON P.		10/1	East 31st Street, NY
PAUL		10/4	Calgary, AB
JASON C.		10/5	Yonkers, NY
LARRY M.		10/6	Murrieta, CA
RICK B.		10/6	Henderson, NV
CAESAR G.		10/12	Downey, CA
DEXTER E.		10/12	Riverside, CA
MIGUEL R.		10/15	East 31st Street, NY
TIM B.		10/15	Las Vegas, NV
PENNY P.		10/16	Forest Hills, NY
PAULINE		10/20	Calgary, AB
ZACK P.		10/21	Howard Beach, NY
JAKE		10/22	Calgary, AB
TOM D.	10/23	Santa Monica, CA	
ERNIE R.	10/29	Howard Beach, NY	
DAVE K.	10/30	Staten Island, NY	
ZACH P.	10/30	Bensonhurst Recovery, NY	
ISSAC K.	10/31	Plainville, MA	

I.S.O. CAN CONTRIBUTIONS SEPTEMBER 2024

CALIFORNIA

C4	Anaheim Wednesday	44.00	C863	Rancho Cucamonga	
C5	Montrose Thursday	45.00		Thursday PM	33.00
C16	Anaheim Monday PM	22.01	C1017	Simi Valley Thursday	54.30
C28	Anaheim Sunday PM	70.00	C1105	Sacramento Stop & Grow	
C29	Anaheim Tuesday Noon	28.00		Saturday AM	47.00
C46	Anaheim Saturday AM		C1285	Rancho Cucamonga	
	Women's	45.00		Saturday PM	44.00
C77	San Diego Intergroup	317.90	C1302	Roseville Friday	38.00
C82	Anaheim Thursday PM	11.00	C1352	Dana Point Saturday AM	60.00
C92	Mission Viejo Tuesday		C1397	Rancho Cucamonga	
	PM	3.00		Tuesday	5.00
C152	Riverside Saturday	48.00	C1403	Rancho Cucamonga	
C184	Sacramento Tuesday AM	100.00		Wednesday PM	33.00
C185	Sacramento Thursday	37.00	C1411	Rancho Cucamonga	
C194	Orangevale Friday PM	90.00		Monday Noon	89.00
C588	Burbank Friday PM	28.00	C1538	Anaheim Tuesday PM	16.00
C765	Fair Oaks Thursday AM	47.00	C1724	Inland Empire Intergroup	28.00

CONNECTICUT

C51 Coventry Wednesday 3.00

DELAWARE

C128 St. Marks Wednesday 36.00

FLORIDA

C251	Clearwater/Windmoor		C263	Plantation Wednesday PM	23.00
	Thursday	25.00	C1059	Windmoor/Clearwater	
C262	Plantation Friday PM	11.00		Saturday	50.00

GEORGIA

C1539 Norcross Sunday 10.00

ILLINOIS

C61	Joliet Monday	19.00	C528	Bolingbrook	45.00
C100	Oaklawn Monday-		C659	Naperville Monday	68.00
	St. Linus Church	100.00	C799	St. Charles-Hosana	
C146	Elgin Sherman Oaks			Lutheran Thursday	50.00
	Hospital Sunday	26.00	C1104	Downers Grove Saturday	134.00
C418	Schaumburg/Bartlett	22.00	C1207	Lisle Women's Monday	13.00
C424	Schaumburg/ Palatine	77.00			

INDIANA

C429 Indianapolis Saturday 60.00

LOUISIANA

C849 Slidell Sunday 30.00

MASSACHUSETTS

C1600 Canton Tuesday 84.00

NEVADA

C42 G.A. of Southern Nevada 2,129.25

NEW JERSEY

C1457 Marlton Thursday 50.00

OREGON

C1480 Oregon City Friday 13.00

WASHINGTON

C383 Spokane Valley 6.00

**I.S.O. CAN CONTRIBUTIONS
FROM GRATITUDE WEEK
SEPTEMBER 2024**

CALIFORNIA

C184 Sacramento Tuesday AM 158.00 C765 Fair Oaks Thursday AM 58.00
C194 Orangevale Friday PM 131.00 C1002 Burbank Monday 25.00
C639 Diamond Springs Thursday 69.00 C1302 Roseville Friday 100.00

FLORIDA

C260 Plantation Tuesday 185.00 C1619 Ft. Lauderdale Monday @Sanctuary 75.00

NEW JERSEY

C1457 Marlton Thursday 62.00

GROUP CONTRIBUTIONS SEPTEMBER 2024

ARIZONA		Venice	28.00
Mesa Wednesday Noon	124.00	Windmoor Wednesday	158.00
Prescott Wednesday @ Compass	26.00	GEORGIA	
CALIFORNIA		Norcross Sunday Korean	10.00
Anaheim Monday Zoom	20.00	KANSAS	
Azusa Friday	55.00	Kansas City Friday PM	50.00
Burlingame Monday	200.00	ILLINOIS	
Downey Saturday	52.00	Deerfield Wednesday	20.00
Griffith Park Sunday	100.00	Springfield	50.00
L.A.-Hollywood Saturday Zoom	13.00	LOUISIANA	
Lincoln Wednesday	17.00	Baton Rouge Monday PM	50.00
Lincoln Friday AM	25.00	MARYLAND	
Lincoln Sunday	35.00	Columbia Tuesday PM	50.00
Monterey Monday	20.00	Hanover Thursday	5.00
Oroville Monday	102.00	Towson Wednesday	50.00
Palm Desert Tuesday PM	200.00	MINNESOTA	
Sierra Madre Tuesday	45.00	Bloomington Monday	
COLORADO		Women's	50.00
Denver Tuesday PM	125.00	Bloomington Thursday PM	50.00
CONNECTICUT		Duluth Monday Noon	25.00
Norwich/Gales Ferry Monday	30.00	New Hope Sunday	15.00
DELAWARE		NEW JERSEY	
Bethany Beach	50.00	Basking Ridge Saturday	50.00
Wilmington Tuesday	10.00	Colts Neck	100.00
Wilmington Newark Sunday	100.00	Edison Saturday AM	100.00
FLORIDA		Hamilton/Mercerville Thursday	50.00
Boca Raton Monday Women Helping Women	20.00	Hasbrouck Heights Saturday	25.00
Boynton Beach Tuesday	20.00	Metuchen Tuesday	50.00
Daytona Beach Tuesday	35.00	Old Bridge	15.00
Daytona Beach Thursday	35.00	Roseland Tuesday	20.00
Delray Beach Thursday- Crossroads	50.00	Sayrewoods	100.00
Delray Beach Saturday- Crossroads	150.00	Toms River Saturday	25.00
Delray Beach Sunday- Crossroads	41.00	Toms River Sunday	25.00
Fort Myers Thursday	25.00	Voorhees Tuesday Nooners	25.00
Maitland Sunday AM	100.00	Voorhees Saturday	40.00
Pompano Beach Wednesday	100.00	NEW MEXICO	
Port St. Lucie Wednesday	10.00	Espanola Thursday	23.00
		Santa Fe Monday PM	60.50
		NEW YORK	
		Bronx Monday PM Our Savior	25.00
		Bronx Saturday Am	25.00

NEW YORK (cont)		Willow Grove Wednesday	20.00
Brooklyn Sunday Morning	50.00	RHODE ISLAND	
Flushing Saturday AM	25.00	Tiverton	10.00
Woodbury Monday	50.00	Warwick Thursday	25.00
OHIO		TEXAS	
Cincinnati Saturday @Clifton	50.00	Dallas Sunday-Pathways	40.00
Geneva Wednesday	22.00	Fort Worth Monday	100.00
Hamilton Thursday	50.00	You are Fort Worth It Online	450.00
Toledo Thursday	50.00	WASHINGTON	
Youngstown Friday	25.00	Auburn Friday Noon	10.00
Youngstown Sunday	25.00	Bellevue Saturday AM	25.00
PENNSYLVANIA		Edgewood/Milton Saturday	25.00
Collegeville/Trappe Thursday	25	Issaquah Wednesday	15.00
Fairless Hills Tuesday PM	50.00	Marysville Tulalip	40.00
Havertown Monday	40.00	Mount Vernon Tuesday	35.00
Media Wednesday	50.00	Tacoma Monday	25.00
NE Philadelphia Wednesday	25.00	WISCONSIN	
NE Philadelphia Friday-Nazareth	60.00	Steven Point Monday PM	20.00
NE Philadelphia Sunday - Nazareth	36.00	KOREA	
		Seoul	60.00

GROUP CONTRIBUTIONS FROM GRATITUDE WEEK SEPTEMBER 2024

ARIZONA		San Carlos Tuesday	100.00
Chandler Saturday AM	10.00	DELAWARE	
Tempe Tuesday PM	27.00	Bethany Beach	27.00
Tempe Sunday	45.00	Dover Tuesday	50.00
CALIFORNIA		Stanton Friday	10.00
Downey Saturday	100.00	FLORIDA	
Griffith Park Saturday	120.00	Clearwater/Windmoor	
L.A.-Hollywood Saturday		Thursday PM	50.00
Zoom	67.00	Delray Beach Thursday-Crossroads	84.00
Pleasant Hill Thursday	50.00	Delray Beach Sunday-Crossroads	60.00
Rancho Cucamonga Monday Noon	27.00	Lakeland Tuesday	54.00
Rancho Cucamonga Wednesday	26.00	Plantation Wednesday PM	200.00
Rancho Cucamonga Thursday PM	21.00	Plantation Friday	40.00
Rancho Cucamonga Saturday	10.00	Pompano Beach Wednesday	40.00
		Venice	10.00

ILLINOIS		North Tonawanda Wednesday	50.00
Forest Park Saturday	11.00	Rochester Monday	100.00
Naperville/Aurora Monday	100.00	Rochester Friday PM	50.00
Naperville Sunday	40.00	Rochester Saturday AM	50.00
Wheaton Wednesday	35.00	OHIO	
LOUISIANA		Cincinnati Sunday @New City	40.00
Slidell Sunday @ W. Circle	20.00	OREGON	
MARYLAND		Oregon City Friday	75.00
Arbutus Saturday	50.00	PENNSYLVANIA	
Columbia Tuesday PM	50.00	Broomall Friday	25.00
Towson Wednesday	50.00	Ephrata Wednesday	10.00
MASSACHUSETTS		Lancaster Tuesday	10.00
Lynn Friday	12.00	NE Philadelphia Wednesday	75.00
Malden Wednesday	20.00	Plymouth Meeting Monday	30.00
MISSOURI		Willow Grove Wednesday	40.00
St. Louis Saturday Morning	45.00	York Thursday	16.00
NEW JERSEY		WASHINGTON	
Rutgers Thursday PM Zoom	25.00	Vancouver Monday	50.00
NEW YORK		AUSTRALIA	
Eastside Chapter	252.00	Grange – Brisbane	\$65.00
Eggertsville Sunday	40.00	CANADA	
Howard Beach Monday	50.00	Ontario Windsor Sunday	
Howard Beach Tuesday PM	50.00	@ St. Annes Church	100.00

**INTERGROUP CONTRIBUTIONS
SEPTEMBER 2024**

Chicagoland	103.00	New England	110.20
Detroit/Toledo	230.00	New Jersey	450.00
Greater Sacramento	30.00	South Florida	100.00
Inland Empire	50.00	South Jersey	50.00
Intergroup of the Carolinas	150.00	Western Washington	20.00
L.A. Intergroup	150.00	Greater Vancouver, BC	360.00
Long Island	250.00		

**INTERGROUP CONTRIBUTIONS
FROM GRATITUDE WEEK
SEPTEMBER 2024**

Chicagoland	103.00	Northern California	365.00
L.A. Intergroup	670.00	San Diego	500.00
Minneapolis/ St. Paul	100.00	Western New York	50.00

**NATIONAL HOTLINE DONATIONS
SEPTEMBER 2024**

Area 1
Area 6

L.A. Intergroup
South Florida Intergroup

**BULLETIN SUBSCRIPTIONS
SEPTEMBER 2024**

One Subscription for a Total of 48.00

**ONE TIME INDIVIDUAL MEMBER
DONATIONS FOR GRATITUDE WEEK
SEPTEMBER 2024**

Beth Z., California
Bill B., Florida
David C., Canada
Harold A., California
Karen H., California
Russell H., California
Valerie D., California
Jerry P., V & Z
M. Marshall, V & Z

**ONE TIME DONATIONS
SEPTEMBER 2024**

One-Time Donation in memory of my father, Jim S., from Nebraska.
James S., Tempe, Arizona

One-Time Donation
All GA approved conference calls, Miscellaneous Areas

One-Time Donation
Sunday Morning Phone Meeting, Miscellaneous Areas

One-Time Donation from final meeting
Arnold Friday Meeting, Missouri

One-Time Donation
Dinesh M., Lawrenceville, Georgia

One-Time Donation in memory of Sonja W.
Intergroup Orange County, California

One-Time Donation
Intergroup Orange County, California

One-Time Donation in memory of Malcolm B. of San Diego.
A life dedicated to helping others.
Tom M., Millbrae, California

One-Time Donation in honor of Marshall R.'s 60 years
of dedicated service to G.A.
Tom M., Millbrae, California

September Meeting Donation
Board of Regents, California

One-Time Donation in honor of my 35 years in GA.
Marshall R., West Orange, New Jersey

**ONE-TIME DONATIONS
VIA VENMO/ZELLE
SEPTEMBER 2024**

One-Time Donation
Dylan K.

One-Time Donation
Louisville Monday Night, Louisville, Kentucky

One-Time Donation
Dirk N., Berkeley, California

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
SEPTEMBER 2024**

CASH IN OPERATING ACCOUNT SEPTEMBER 1, 2024 \$155,788.52

INCOME FOR AUGUST 2024

Bulletin Subscriptions	48.00
Gratitude Week	5,866.00
National Hotline Donations	34.00
Group Contributions	4,837.50
Intergroup Contributions	2,053.20
ISO Can Contributions	4,467.46
Lifeliners Contributions	7,184.00
One-Time Donation	940.22
Literature Shipping	3,849.50
Sale of Literature	21,468.70
Sales Tax Collected	107.51
Interest from Checking Account	1.23
E-Reader	11.91
Pay Pal Literature Process Fees	930.59

TOTAL \$ 51,799.83

CASH AVAILABLE FOR SEPTEMBER 2024 \$209,588.35

EXPENSES FOR SEPTEMBER 2024

1/2 of Accounting Fees	4,750.00
Rent & Cam Fees	4,493.76
Payroll	15,138.80
Payroll Taxes (Federal & State)	1,266.50
Payroll Processing Fee	227.21
Office Expenses	1,175.18
Health Insurance	2,141.48
Electric Bill	292.71
Telephone/Internet Bill	473.49
Gas Bill	30.58
ADT Alarm	30.00
Monthly Air Conditioning/Heater Maintenance	30.00
Match for Employees Simple IRA	399.36
Literature	1,634.36
Pay Pal Literature Processing Fees	930.59
Postage	3,000.00
Lifeline Bulletins	766.90
Computer/Internet/App Expense	99.00
Lease/Maintenance Postage Meter Scale	449.27
Returned Check	10.00
Literature Formatting	475.00

TOTAL EXPENSES \$ 37,830.08

MONTHLY NET INCOME (NET LOSS) \$ 13,969.75

CASH IN OPERATING ACCT. AS OF SEPTEMBER 30,2024 \$171,758.27

**FISCAL YEAR STARTING JULY 1 TO DATE NET INCOME
(NET LOSS) \$ 1,100.80**

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - JUNE 01, 2024

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

EASTERN TIME	Call-In Number	Meeting Code	Email for Information
Wednesday – 9PM	267-807-9601	9131957#	weeklycallhelp@gmail.com
Friday – 3PM	267-807-9601	9131957#	weeklycallhelp@gmail.com

U.S. callers who are trying to call the U.S. numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

PACIFIC TIME	Call-In Number	Meeting Code	Email for Information
Tuesday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL:

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!