



BULLETIN

June 2020

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
4981 IRWINDALE AVE., #700
IRWINDALE, CALIFORNIA 91706**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

BOARD OF REGENTS MEETING OF MAY 16, 2020

The meeting was called to order at 9:30 A.M. by Bob W., Chair, Board of Regents.

Present: Bob W., Calvin C., Cathy F., Gary M., Herb B., Mazi S., Richard C., Tom M., Wendy B. and Karen H., International Executive Secretary.

Members above present via Telephone.

Bob W. reminded everyone that recording of this meeting is not permitted.

1. A. The minutes of the April 18, 2020 Board of Regents meeting were approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

-
- B. The operating statement for April 18, 2020 was approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

2. OLD BUSINESS

A. LIFELINERS.

There were 2 new Lifeliners as follows by state: (2) FL

NEW CANS: 0

GROUP INFORMATION REQUEST FORMS RECEIVED: 0

GROUP INFORMATION REQUEST FORMS RECEIVED
PRIOR TO SENDING STARTER KITS: 0

PRISON STARTER KITS SENT: 0

B. UPDATE ON THE I.S.O.

Office employees continue to work, primarily from home. No deliveries have been received and some items are out of stock. Hopefully, some small orders can be processed next week. It is still unknown when L.A. County will allow non-essential businesses to start back.

I.S.O. has received over \$10K in donations for the first half of the month. Thank you to all those who have continued to give their Lifeline pledge and to those who have increased the donations.

Regarding the Payroll Protection Program (PPP). The paperwork was completed, the loan approved and the money deposited to the G.A. bank account on May 4, 2020 in the amount of \$47,262.00. This loan will be used 75% to cover payroll expenses, including insurance, and 25% for rent and utilities, in accordance with the guidelines set to have the loan forgiven. More information will be forthcoming regarding the forgiveness.

Both outstanding Accounts Receivable amounts owed as of April's B.O.R. meeting have been received.

C. DISCUSS PAYING EMPLOYEES SALARIES.

No further discussion on paying the employee salaries occurred because of the PPP discussed above.

D. UPDATE ON APPROVING CONTRIBUTIONS MODULE FOR DONATIONS FROM APPROVED G.A. TELEPHONE CONFERENCE CALL MEETINGS (Tabled from April's Board Meeting).

Per direction at the April B.O.R. meeting, I.E.S. requested guidance from the accountants. The response was received and emailed to the B.O.R. members prior to the meeting: The accountants suggested not using a platform where it would not be known from whom the donation had come, as a receipt was required to be given to donations over a specific amount. Lack of sending receipts would jeopardize our 501 (c) 3 status, including possible penalties.

There was discussion to continue talking about other platforms at the next meeting. A motion was made to table this topic.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

3. NEW BUSINESS

A. DISCUSS VIRTUAL MEETINGS

Discussion incurred. The approved meetings formats are a Board of Trustee (B.O.T.) decision, not B.O.R. decision. Andy R., Chair of B.O.T. was on the call and asked to speak. He shared that he does not have the authority to make a decision on Virtual Meetings. This must be brought before the B.O.T. for a vote. He has sent out communication to the Trustees. Hopefully, this will be communicated down to the Intergroups and membership.

The only issue that effects the I.S.O. is that many letters have been received, assuming the decisions were made by the B.O.R. Karen will draft a response for future communication received.

This Board meeting was conducted via a conference call; therefore, no collection was taken. I.S.O. received B.O.R. members' donations via mail of \$225.00 for May to date. All members are encouraged to mail donations directly to the I.S.O. The meeting was closed with the Serenity Prayer at 10:46 A.M. The next meeting of the Board of Regents will be held June 20, 2020 at 9:30 A.M.

Today's Board of Regents meeting had 5 people call in to listen.

Respectfully submitted by Cathy F., Recording Secretary

**GAMBLERS ANONYMOUS BOARD OF TRUSTEES
QUICK RESPONSE MEETING
MAY 22 - JUNE 5, 2020**

Andy R., Chair of the Board of Trustees called for a Quick Response Meeting on the following item.

San Diego was able to put together a bid for the 2021 International Spring Conference. Per our Guidance Code, Article VIII, Section 13: "It shall be the responsibility of the Board of Trustees to determine the date and place of our International Conferences".

All Trustees will be voting on whether or not to award San Diego the 2021 Spring Conference which will be held May 14 – 16, 2021 at the Crowne Plaza Hotel in San Diego, California.

No other area has come forward with a bid.

<i>Area</i>	<i>Trustee</i>	<i>Vote</i>	<i>Area</i>	<i>Trustee</i>	<i>Vote</i>	<i>Area</i>	<i>Trustee</i>	<i>Vote</i>
1	Ara H.	Yes	5B	Anne D.	Yes	13	Scott S.	Yes
	Gagik G.	Yes		Adrien R.	Yes		Marla J.	Yes
	Guy H.	Yes	6	Steve C.	Yes	13A	Nan V.	Yes
1A	Jack R.	Yes		Jo Anne B.	Yes	13B	Andy G.	Yes
1B	Anita R.	Yes	6A	Mike R.	Yes	14	Stuart B.	Yes
	Laura M.	Yes	6B	Rick B.	Yes		Ira C.	Yes
2	Harold A.	Yes		Ron B.	Yes		Maury C.	Yes
	Beth Z.	Yes		Steve P.	Yes		Tom K.	Yes
2A	Paul N.	Yes	7	Trisha M.	Yes	15	Alan J.	Yes
2B	Charlene L.	Yes		Iris D.	Yes		Bill B.	Yes
	Clair W.	Yes	7C	Jim G.	Yes	16	Wayne C.	Yes
2E	Cheryl R.	Yes	8	Pam E.	Yes	16A	Dan L.	Yes
2G	Connie M.	Yes		Allen H.	Yes	17	Ron W.	Yes
	Kevin M.	Yes		Reba-Anna L.	Yes	18A	Yvonne R.	Yes
2J	Pat D.	Yes	8C	Deni L.	Yes	19	Elena D.	Yes
2K	Allan G.	Yes	8D	Jo K.	Yes		Ana B.	Yes
3	Mark S.	Yes	9	Patrick G.	Yes		Silvia G.	Yes
	Michael C.	Yes		Janet S.	Yes		Dario B.	Abstain
	Pilar L.	Yes	9A	Pat D.	Yes	20	Jose C.	Yes
	Rob P.	Yes	10	Edward G.	Yes	21	Angel B.	Yes
3A	Butch G.	Yes	10A	Norm B.	Yes	28	Martha G.	Yes
	Hugo V.	Yes	10B	Steve B.	Yes		Sandra G.	Yes
	Bob C.	Yes		Gary B.	Yes	21	Juan B.	Yes
3B	Paul G.	Yes	11	Jeff H.	Yes	33	Moises A.	Yes
3C	Terry D.	Yes	12	Ted S.	Yes	36	Odie B.	Yes
3D	Dave A.	Yes		Walter G.	No			
	Pat M.	Yes		David M.	Yes			
4	Peter M.	Yes		Frank M.	No			
5	Tom R.	Yes	13	John B.	Yes			

Eighty-three (83) Ballots were received and the vote follows:

Yes 80 No 2 Abstained 1

Passed

The 2021 Spring International Conference and Board of Trustees meeting was awarded to San Diego. The above results were verified by 3 members of the Board of Regents.

Respectfully submitted, Karen H., International Executive Secretary

HELP IS AVAILABLE!

On page 17, item #7: "We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ..."

Any member desiring individual assistance with his/her Pressure Relief, please contact John R. at committee.pressure@trusteewebsite.com. He will reply by email or phone if you provide your number.

TWELVE STEPS OF UNITY

Unity – Something that is complete within itself, with a oneness of purpose of thought and spirit.

For the compulsive gambler who walks through the door, out of a want and need to stop gambling, and with a desire to become a member of Gamblers Anonymous, it often seems to be a tremendous task simply to stop gambling and restore oneself to a normal way of thinking and living. In the beginning there is an understanding confusion of the mind and the normal impatience. We try to open our minds to share with others who have experienced the first steps of recovery.

The new member often blocks out any discussion of the Unity Program for a period of time, and even those members who have abstained from gambling for longer periods often avoid or put aside the need for discussion and the acceptance of the Unity Program for any number of reasons, but the truth of the matter is the great need for an understanding of the progress of our recovery, made possible by the tools that are available to us as contained in the Steps of Unity.

The Gamblers Anonymous Unity Program is a framework for the well-being of individual groups and the Fellowship as a whole. The Unity Program is outlined in Twelve Steps and is meant to insure the continuity and perpetuity of Gamblers Anonymous.

In order to maintain the Fellowship for present and future members, both individuals and groups follow the proven concepts upon which the Unity Program is based. The essence of this program is in the preservation of common welfare, members understand that what is best for the group is best for each individual.

The Unity Program serves to protect the Fellowship from disruption. Members work together under the principles of unity in order to preserve and perpetuate the opportunity for themselves and other compulsive gamblers to recover and grow within the Fellowship.

STEP 6

Gamblers Anonymous ought never endorse, finance or lend the Gamblers Anonymous name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

Most fundamental at this point is the constant awareness that Gamblers Anonymous is so willing to cooperate but not “Affiliate” with any outside enterprise. Any other course presents the possibility of controversy clouded behind the motives and direction of any well meaning group or individual, creating a diversion from the primary purpose of Gamblers Anonymous. If we were to apply our energies toward any “related facilities” would we then set aside time and attention required to share with the suffering compulsive gambler? And would we then suffer from internal strife as we argue over money, rules, requirements; frightening? Yes. So we preserve the tradition of not lending the Gamblers Anonymous name.

Gamblers Anonymous works in large part because the program is kept pure of outside interests. Energy, time, money and efforts would be wasted by supporting any outside cause or organization. Such support would also be detrimental to the public acceptance of individual groups or the Fellowship as a whole. Endorsement of anything outside of the Fellowship would also lead to internal disagreement. For this reason, Gamblers Anonymous takes no part in political causes or public issues.

This tradition warns us to stay within our area of expertise. One gambler helping the other is the reason for our existence. We should confine our actions to helping other compulsive gamblers for the maximum result and without the possibility of offending anyone.

GROUP NEWS

Letter to Life-Line Bulletin.

Last night, March 13, 2020, I celebrated my one-year anniversary. So many people came out to help me celebrate. The topic I chose for the night was about being grateful. I am incredibly grateful. I first arrived at Gamblers Anonymous in October 2018. Like many other members, I did not take the program seriously. I somehow thought I could continue gambling and go to meetings. I didn't lie about this I just didn't mention it. One of my character defects that I need to write about in Step 4. I figured that my method, of going to a casino and then a meeting, might help me cut down on the amount of time I actually spent in the casino. In March 2019 I spent the weekend at a casino in Tucson and it was so bad that after that weekend I hit my bottom. And I hit hard. My kids were frustrated and upset with me and had no idea how to stop me from hurting myself

and my future. I remember one day I was in my car after hitting bottom and being suicidal for the first time in my life. I called my brother sobbing and telling him how I felt. He said, “get your ass to a G.A. meeting.” I did. I was worried that they would not accept me because I was such a failure. Nothing could have been further from the truth. The members at that meeting accepted me with open arms. They knew the kind of despair I felt and how much pain I was in. It was right then that I surrendered and said I would do whatever I was told to do to have what other members had.

In Arizona we have opportunities that others might not have. I was immediately given the name of a therapist. I called him that night and had an appointment a few days later. The next thing I did was self-excluded myself from the casinos. Saying I would not go into a gambling establishment for the next 10 years. If I do go in and get caught, I could go to jail. If the thought of jail wasn't enough to keep me out of the casino my location is on the cell phones of family members so they can track me at any point. Because I am single, I handle my own money. However, my kids are on my account so they could see whatever I am doing at any point with my money. I follow page 17 religiously. I've been through four sponsors this year for various reasons, but finally have an amazing woman as my sponsor with many years of recovery and experience. I go to three meetings a week (I am currently running three of them on the phone due to Covid), one counseling session a week, make my phone calls and a have gone through pressure relief.

At first, I thought about gambling all the time. I love the sound of a casino. But as I got further into the program, my mind goes very quickly from the desire to gamble, to understanding how quickly the money that I have saved in the past year would be gone. I developed an amazing relationship with both of my sons. I've had to give up friendships that were bad for me. My entire life seems to have changed the more I work on my recovery.

I am grateful for the blessings of this program. I'm grateful for all the cards and even gifts that I received on my one-year anniversary (which is the last face to face meeting I attended because of Covid). It is an amazing feeling to know that I am not alone. I would never have known the wonderful brothers and sisters who have given me so much support if I had not come to Gamblers Anonymous. For all of this, I am forever grateful.

Diane W., Sun City, Arizona

Note From I.S.O.: Diane, congratulations on your one-year anniversary in Gamblers Anonymous. Thank you for sharing your “story” with all of us. It sounds like you are on your way to “a better way of thinking and living” and a much better way of life. May you have many more years all “One Day at a Time”!

Dear Karen and Staff,

I hope this email finds everyone safe and healthy.

Because there have been no Conferences since Montreal and we have a healthy Intergroup treasury since our own Mini-Conference that Area 6 is sending out a special donation to help I.S.O. We all know how difficult times have been, and we appreciate all the dedication by you and your staff.

If there are any other Intergroups with a healthy treasury, we urge them to be generous to I.S.O. as well and send in a special donation during these trying times.

Another check will follow as soon as the airline refunds our tickets from Seattle.

Thanks again for all your service and be safe.

Richie S., Ft. Lauderdale, Florida

Note From I.S.O.: Richie, it was good to hear from you and thanks for your letter explaining how different Areas of Gamblers Anonymous can help the I.S.O. during these very difficult times. On behalf of Gamblers Anonymous, thank you to the South Florida Intergroup and its members for the very generous donation.

Good Afternoon,

My name is Craig H. and my date of abstinence is June 22, 2018. My sponsor is Larry B. from New York and I am a Lifeliner as well.

Larry has told me about the Lifeline Bulletin and how people use it to write the most beautiful stories, experiences, etc.

I wrote this for Larry a while ago, but I thought it would be nice to share with my fellow brothers and sisters in the fellowship.

Thank you, Craig H., Norwood, New Jersey

Not All Heroes Wear Capes

Some heroes have gone to jail but found a better way,
Some heroes delivered seltzer bottles every day,
Some heroes teach you the sport of paddle ball,
Some heroes just show up because they know you will never call,

Some heroes save your life,
Some heroes save your marriage and your wife,
Some heroes are named Marty
Some heroes wear a uniform to work,
Some heroes can have a temper and go berserk,
Some heroes get sick and make you promise you to come visit their grave,
Some heroes never realize how you always appreciated how much they gave,
Some heroes are named Mal K,
Some heroes can make you feel so special, like you are the only one,
Some heroes never watch sports, even when their battle with cancer is almost done,
Some heroes, you are just so grateful to have met,
Some heroes you will never forget,
Some Heroes are named Carl M,
My hero wears shorts all year long,
My hero teaches me about life through a Leonard Cohen song,
My hero takes me to see Dana Fuchs, even though I can't stop staring,
My hero never seems to stop caring,
My hero talks about a fulfilled life,
My hero tells me about his success but does not forget about all the strife,
My hero takes calls in the middle of the night,
My hero teaches me about life,
My hero sold 50 million pairs of Oshkosh overalls,
My hero makes me want to be a better person and husband,
My hero tells me about the books he has read,
My hero tells me about his wonderful children and grandchildren,
My hero doesn't dodge bullets,
My hero doesn't fight crime,
My hero can't fly,
My hero is named Larry B,
My hero doesn't need one, because not all heroes wear capes.

To Whom It May Concern,

Please accept my contribution to the G.A.I.S.O.

I am a newer member in the Chicagoland Area. I appreciate the platform the Intergroup members have implemented during this tough time.

Mary D. has sure made a difference with the Zoom calls.

Thank you, Michele S., (Compulsive Gambler) Chicago, Illinois

Note From I.S.O.: Michele, thank you for your donation and note. It is always nice to hear from our newer members.

Greetings I.S.O. – Karen H.,

Enclosed is a donation to G.A. My name is Dan L. and I am from the Chicagoland G.A. Area.

Where would I be if it were not for Gamblers Anonymous when I first walked into a meeting almost 15 years ago on July 31, 2005? Jail, Insanity or Death!

With Gratitude and Thankfulness, Dan L., Elk Grove Village, Illinois

Note From I.S.O.: Dan, thank you for your One-Time donation, which is much appreciated. I would also like to congratulate you on your upcoming milestone of 15 years at the end of next month. Keep up the good work.

Hello,

Ft. Worth meetings are still internet only. We can only hope to return to “in person” meetings soon.

Please find enclosed our two Can donations along with some June Anniversaries. We have asked each member to put a contribution in an envelope and we will send it to G.A. when we collect it.

We have welcomed seven first meeting ever participants on the log-in call meetings.

Thanks for all you do.

Drew J., Ft. Worth, Texas

Hello Karen,

Enclosed is a donation from South Jersey Intergroup.

We thank you for everything you do to keep this great program rolling.

Keep up the amazing work and thank you and everyone involved at the I.S.O. for all of your service.

Be Safe and Grateful for G.A.

Thanks, Chris N., W. Berlin, New Jersey

Note From I.S.O.: Chris, thanks to you and the South Jersey Intergroup members for their generous donation I.S.O. It is very much appreciated, and you have helped us make it possible to continue “carrying the message”.

ANNOUNCEMENT OF UPCOMING EVENTS

Note From I.S.O.: Due to the uncertainty of future “Upcoming Events” we have omitted any announcements other than the next International Conference that was recently awarded to San Diego.

2021 Spring International Conference

Live For Today

May 14 – 16, 2021

Crowne Plaza Hotel

Please see flyer second to the last page of this bulletin

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF MAY 2020

ARIZONA

L221 Janat G.
L267 Penny V.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill S.
L8 Dan B.
L9 Mike M.
L18 Chris G.
L19 Wendy B.
L21 Ed E.
L31 Russell H.
L70 Keith B.
L73 Karen H.
L87 Mike S.
L100 Mazi S.
L117 Steve F.
L120 Phil C.
L151 Murray F.
L154 Diane S.
L161 Pat A.

L193 Bud A.
L209 Jose C.
L214 Mickie R.
L246 Pat S.
L273 Victor S. x 2
L298 Cathy F.
L301 Steve K.
L314 Alan S.
L384 Alvin F.
L390 Jack R.
L432 Patrick P.
L445 Frank S.
L453 Bennett S.
L476 Garrett C.
L496 Guy H.
L527 Salvatore G.
L544 Harold A. x 2
L558 Linda M.
L563 Zachary M.
L580 Curtis G.
L593 Grant M.
L601 David L.
L617 Mike Z.
L618 Hugh G.
L623 Lucille T.
L634 Terry K.

CALIFORNIA (cont)

L636 Bob C.
 L674 Clair W.
 L678 Lynell B. x 2
 L685 Doel J.
 L730 Bruce P.
 L762 Calvin C.
 L772 Ara H.
 L861 Roger L.
 L871 Greg D.

COLORADO

L147 Lou W.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
 L54 Ray T.
 L81 Paulette T.
 L92 Tula R.
 L97 Chuck R.
 L143 Neal G.
 L159 Steve I.
 L160 Jim C.
 L175 Lloyd A.
 L189 Norman O.
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L258 Harvey G.
 L261 Steven S.
 L289 Ralph O.
 L297 Barbara L.
 L313 Herman G.
 L395 Dan B.
 L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L590 Dennis A.
 L607 Debbie M.
 L627 Pauline F. x 2
 L679 David T.
 L695 Ron B.
 L780 Karlene G.
 L844 Arnie B.
 L972 Steve H.

GEORGIA

L501 Bill H.

L769 Barry L.

HAWAII

L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.
 L344 Eileen Z.

INDIANA

L91 Frank R.
 L880 Fred B.

KANSAS

L924 Linda J.

KENTUCKY

L115 Laura S.
 L195 Steve B.
 L697 Bruce H.

LOUISIANA

L27 Betty S.
 L224 Beverly F.
 L354 Kathy S.

MARYLAND

L162 Jim D.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MICHIGAN

L272 Joann D.

MINNESOTA

L565 Corey J.
 L715 Debra M.
 L942 Ernie N.

MISSISSIPPI

L182 Roger T.

MISSOURI

L550 Daniel G.

NEVADA

L284 Kevin H.
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L541 Andrew B.
 L596 Leslie F.
 L599 Igor K.
 L602 Trey D.
 L612 Dan Mc
 L665 Richard S. x 2
 L690 Lenore D.
 L837 Harriet K.
 L846 Bobby B.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L94 Thomas D.

L122 Jesus C.

L174 Mike D.

L179 Chris N.

L183 Robin D.

L212 Marshall R.

L223 Fred D.

L266 Kivey G.

L311 Andy D.

L351 Russell H.

L358 Walter G.

L409 Barry H.

L433 Joseph F.

L438 Matthew C.

L482 Ann K.

L497 Dave S. x 2

L589 Ron W.

L638 Andy G.

L651 Lewis H.

L699 Craig H.

L708 Maria G.

L818 Michael D.

L961 Tom C. x 2

NEW MEXICO

L572 C. Liane M.

L662 Joel K.

L906 Mary F.

NEW YORK

L10 Bill B.

L16 Kenny M.

L95 Larry B.

L303 Alan J.

L308 Jordan P.

L548 Harry F.

L554 Dan L.

L566 Robert K. x 2

OHIO

L749 Daniel H. x 2

OKLAHOMA

L543 Jim G.

OREGON

L142 Suzanne S.

L584 Curt P. x 2

PENNSYLVANIA

L40 Dan M.

L345 John B.

L533 Debbie D.

L810 Phil S.

L820 Josh S.

SOUTH CAROLINA

L460 Lou M.

TEXAS

L245 Alan S.

WASHINGTON

L57 Gary M.

L104 Tina B.

L659 Connie M.

CANADA**Alberta**

L597 Bruce M.

ANNIVERSARIES

34 YEARS	JOHN	4/10	Mermaid Beach, QLD
	CHARLIE H.	6/1	Vancouver, WA
32 YEARS	STEVE G.	6/16	Wantagh, NY
29 YEARS	MURRAY S.	5/16	Plantation, FL
	TOM H.	6/18	Henderson, NV
27 YEARS	CONNIE D.	6/4	Sarasota, FL
	TOM P.	6/4	Las Vegas, NV
26 YEARS	MARK P.	6/27	Tigard, OR
25 YEARS	ANDY D.	6/9	Hampton, NJ
	KATHY H.	6/10	Sarasota, FL
	TOM H.	6/10	Westampton, NJ
24 YEARS	TIM H.	6/16	Tigard, OR
23 YEARS	SALLY	4/5	Mermaid Beach, QLD
22 YEARS	NEIL S.	5/5	Plantation, FL
	BRIAN B.	6/14	Naperville, IL

21 YEARS	GEORGE C.	6/14	Evanston, IL
	TRAVIS M.	6/22	Henderson, NV
	WAYNE S.	6/23	Mercerville, NJ
20 YEARS	GISELLA S.	6/5	Las Vegas, NV
18 YEARS	JIM S.	5/28	Downers Grove, IL
	CURT P.	6/10	Eugene/Springfield, OR
	FAYE P.	6/19	Las Vegas, NV
	BEN S.	6/29	San Diego, CA
17 YEARS	JOJO B.	6/3	Las Vegas, NV
	DON C.	6/7	Dallas, TX
	NORMA P.	6/10	San Diego, CA
	MARY ANN J.	6/18	Silverton, OR
16 YEARS	DEBRA G.	6/9	Gresham, OR
15 YEARS	BILL K.	6/6	Hamburg, NY
	KEVIN Mc	6/15	Portland/Oregon City, OR
	JENNY F.	6/30	San Diego, CA
14 YEARS	CHRISTY C.	6/1	San Diego, CA
	FRANK S.	6/1	Woodbury, NY
	JOHN Be	6/3	Las Vegas, NV
	ELYSE M.	6/5	Las Vegas, NV
	LARRY S.	6/11	Gold Hill, OR
	LINDA W.	6/22	Las Vegas, NV
	STU B.	6/22	Woodbury, NY
	PAT M.	6/23	Las Vegas, NV
	RUBY B.	6/27	San Diego, CA
13 YEARS	HERMAN G.	5/10	Plantation, FL
	BOBBY B.	6/30	Baldwin, NY
12 YEARS	LINDA S.	6/9	Eugene/Springfield, OR
	KEVIN S.	6/23	Vancouver, WA
11 YEARS	CARMELITA W.	6/1	San Diego, CA
10 YEARS	FRED C.	6/3	Oregon City, OR
	JOE L.	6/10	Longview, WA
	BELINDA L.	6/21	Las Vegas, NV
	DONALD S.	6/30	San Diego, CA
9 YEARS	WALT T.	6/8	Ft. Worth, TX
	STU S.	6/9	Baldwin, NY
	DANNY	6/11	Dallas, TX
	ISSA M.	6/13	San Diego, CA
	NOEL T.	6/15	Beaverton, OR
	RICHARD B.	6/30	San Diego, CA
	STEVE D.	6/30	Silverton, OR
8 YEARS	RICH R.	5/7	Sarasota, FL
	SARA J.	6/1	San Diego, CA
	MARK S.	6/1	Las Vegas, NV
	VAL V.	6/5	San Diego, CA
	TIM K.	6/21	Las Vegas, NV
	KATHY	6/29	Tillamook, OR
7 YEARS	CARLTON	6/4	Dallas, TX
	FRANK L.	6/12	San Diego, CA
6 YEARS	LAURIE O.	5/10	Plantation, FL
	JAN D.	6/25	Gresham, OR
	RENEE H.	6/28	Las Vegas, NV
5 YEARS	TIM G.	6/2	San Diego, CA
	KEVIN O.	6/2	Bolingbrook, IL

5 YEARS (cont)	CAMERON B.	6/10	Las Vegas, NV
	JUDITH F.	6/12	Lancaster, CA
	DON C.	6/15	San Diego, CA
	DARRIN W.	6/27	San Diego, CA
	GREG S.	6/28	San Diego, CA
4 YEARS	CHRIS D.	6/2	Beaverton, OR
	TOM R.	6/3	Las Vegas, NV
	JERRY B.	6/9	San Diego, CA
	ROB K.	6/11	San Diego, CA
	ALICIA L.	6/14	Plantation, FL
	JODI L.	6/22	Plantation, FL
	MIKE Sa	6/25	Las Vegas, NV
	BRIAN A.	6/27	San Diego, CA
3 YEARS	RANDY E.	6/28	Woodburn, OR
	JACOB S.	5/6	Sarasota, FL
	MARK M.	5/28	Plantation, FL
	ALBERT M.	6/3	San Diego, CA
	MARY H.	6/4	Eugene/Springfield, OR
	SCOTT M.	6/5	San Diego, CA
	FRANK P.	6/16	Baldwin, NY
	DONNA G.	6/18	San Diego, CA
2 YEARS	MICHAEL S.	6/1	San Diego, CA
	RHONDA S.	6/1	Bellefonte, PA
	SHARON A.	6/4	Lakewood Ranch, FL
	MEL K.	6/7	Hamburg, NY
	KAREN L.	6/12	Plantation, FL
	JIM H.	6/22	Norwood, NJ
	LAURA M.	6/30	San Diego, CA
	HOLLY D.	4/22	Bellefonte, PA
1 YEAR	ANTHONY M.	5/1	Plantation, FL
	CALVIN	5/19	Calgary, AB
	KIP C.	5/25	Bellefonte, PA
	TRACY G.	5/26	Plantation, FL
	MATT C.	6/1	San Diego, CA
	TIM P.	6/1	San Diego, CA
	ANTHONY F.	6/1	Naperville, IL
	AMBER N.	6/3	Vancouver, WA
	JAMES M.	6/5	San Diego, CA
	DAWN G.	6/5	Downers Grove, IL
	DERRY O.	6/5	Las Vegas, NV
	WIL H.	6/10	San Diego, CA
	MICHELLE S.	6/11	Plantation, FL
	ARI F.	6/14	Westampton, NJ
	ALYCIA S.	6/17	Sarasota, FL
	KELLY M.	6/19	Naperville, IL
	JOHN B.	6/19	Henderson, NV
	CRAIG P.	6/19	East Meadow, NY
	SUZETTE W.	6/23	San Diego, CA
	MIKE H.	6/25	Plantation, FL
JOANNE R.	6/27	Las Vegas, NV	
EUGENE J.	6/30	San Diego, CA	

**INDIVIDUAL LIFELINER DONATIONS
MAY 2020**

ARIZONA (6)	65.00	MINNESOTA (3)	105.00
CALIFORNIA (53)	2,995.00	MISSISSIPPI (1)	20.00
CANADA (1)	174.50	MISSOURI (1)	4.00
COLORADO (1)	25.00	NEVADA (15)	379.00
CONNECTICUT (1)	20.00	NEW HAMPSHIRE (1)	50.00
FLORIDA (34)	895.50	NEW JERSEY (23)	446.00
GEORGIA (2)	30.00	NEW MEXICO (3)	30.00
HAWAII (1)	50.00	NEW YORK (8)	351.00
ILLINOIS (3)	120.00	OHIO (1)	20.00
INDIANA (2)	25.00	OKLAHOMA (1)	15.00
KANSAS (1)	20.00	OREGON (2)	55.00
KENTUCKY (3)	87.00	PENNSYLVANIA (5)	120.00
LOUISIANA (3)	30.00	SOUTH CAROLINA (1)	20.00
MARYLAND (1)	15.00	TEXAS (1)	50.00
MASSACHUSETTS (2)	62.00	WASHINGTON (3)	35.00
MICHIGAN (1)	5.00	TOTAL (184)	\$6,319.00

**I.S.O. CAN CONTRIBUTIONS
MAY 2020**

CALIFORNIA

C77 San Diego Intergroup 6.80 C464 Stockton Thursday 20.00

FLORIDA

C123 Singer Island Saturday 25.00

ILLINOIS

C1104 Downers Grove Saturday 77.00 C1109 Downers Grove Wednesday 77.00

MASSACHUSETTS

C617 Newton Thursday 21.00

NEW YORK

C159 White Plains 10.00

TEXAS

C1438 Ft. Worth Saturday AM 25.00 C1587 Ft. Worth Tuesday 25.00

GROUP CONTRIBUTIONS MAY 2020

ARIZONA		Clearwater Wednesday PM	50.00
Sun City Wednesday	25.00	North Palm Beach Monday	100.00
CALIFORNIA		NEW JERSEY	
Downey Saturday	200.00	Roseland Tuesday	20.00
McKinleyville Tuesday	66.00	NEW YORK	
Novato Wednesday	50.00	Bronx Our Savior	75.00
Pleasant Hill Thursday	60.00	Eastside	100.00
San Jose Monday Beginners	30.00	Staten Island Sunday Step	100.00
Vallejo Saturday AM	20.00	Wantagh Tuesday	25.00
COLORADO		PENNSYLVANIA	
Colorado Springs	25.00	Collegetown/Trappe Thursday	40.00
Denver Wednesday	30.00	KOREA	
FLORIDA		Seoul	80.00
Bradenton Friday Noon	20.00		

INTERGROUP CONTRIBUTIONS MAY 2020

Delaware Valley	150.00	Northern California	200.00
Greater Sacramento	30.00	South Florida	2,700.00
L.A. Intergroup	150.00	South Jersey	1,000.00
Long Island	310.00	Greater Vancouver	236.00

NATIONAL HOTLINE DONATIONS MAY 2020

Area 1	L.A. Intergroup	14.00
Area 6	South Florida Intergroup	60.00

SPRING WALK-A-THON MAY 2020

South Florida Intergroup	431.00
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ONE TIME DONATIONS MAY 2020

Tom M., California
In memory of Bob W., from New Jersey

Anonymous, New Jersey
In memory of Bob D.

Rochester Monday, New York
For the 9 year anniversary of John O.

Jim S., Arizona
In memory of my father, Jim S. from Nebraska

Robin B., Florida
In memory of Maureen, beloved wife of Ray H.

Cathy and Steve F., California
In memory of Bob W., from New Jersey

Michele S., Illinois
One Time Donation

Board of Regents, California
May Meeting Donation

Paul S., New York
One Time Donation

Ray G., California
In memory of my sponsor, Vince V.

Seth H., California
One Time Donation

Metuchen Tuesday, New Jersey
In memory of Bob W.

Edison Saturday AM, New Jersey
In memory of Bob W.

Dan L., Illinois
One Time Donation

Tom M., California
For 36 years of Recovery thanks to G.A.

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
MAY 2020**

CASH IN OPERATING ACCOUNT MAY 1, 2020 \$ 32,258.06

RECEIPTS FOR MAY

Cares Act Paycheck Protection Program Deposit	\$ 47,262.00
Group Contributions	1,116.00
Lifeliners	6,319.00
I.S.O. Can Contributions	286.80
Intergroup Contributions	4,776.00
One-Time Donations	2,710.00
National Hotline Donations	74.00
Spring Walk-A-Thon	431.00
Reimbursement 2020 Spring Conference.....	10,000.00
Sale of Literature	4,763.08
Literature Shipping	786.00
Sales Tax Collected	16.49
E-Reader	48.66
Interest From Checking Account60
PayPal Literature Processing Fees	154.67

TOTAL \$ 78,744.30

CASH AVAILABLE FOR MAY \$111,002.36

DISBURSEMENTS FOR MAY

Rent & Cam Fees	6,418.43
Payroll	18,452.16
Payroll Taxes (Federal & State)	1,438.45
Quarterly State Sales Tax	537.00
Postage	1,500.00
Office Expenses	456.90
Payroll Processing Fees	169.38
Health Insurance	2,356.02
Telephone	413.15
Electric Bill.....	130.34
Computer/Internet Expense	60.00
Match For Employees Simple IRA	498.14
Bulletins	360.00
Visa/MC Service Fee	49.98
Returned Check	10.00
Returned Check Charge	12.00
Pay Pal Literature Processing Fees	154.67

TOTAL \$ 33,016.62

CASH IN OPERATING ACCOUNT AS OF MAY 31, 2020 \$ 77,985.74

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time			
Eastern Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 9PM	712-770-5338	836083 #	Sunday9PMHelp@gmail.com
Monday 9PM	712-770-4925	554671 #	Monday9PMHelp@gmail.com
Tuesday 9PM	712-770-4943	253824 #	Tuesday9PMHelp@gmail.com
Wednesday 9PM	712-770-4160	611704 #	Wednesday9PMHelp@gmail.com
Thursday 9PM	712-770-4981	872853 #	Thursday9PMHelp@gmail.com
Friday 3PM	712-770-4979	703758 #	Friday3PMHelp@gmail.com
Friday 9PM	712-770-4996	595094 #	Friday9PMHelp@gmail.com
Saturday 9PM	712-770-5335	491301 #	Saturday9PMHelp@gmail.com

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

SPANISH-BASED MEETINGS – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time			
Mexico City Time	Call in Number	Meeting Code	Email for Information and Questions
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

Day and Time			
Pacific Time	Call in Number	Meeting Code	Email for Information and Questions
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

2021 Spring International Conference Live for Today...San Diego 2021

May 14-16, 2021

Crowne Plaza Hotel

2270 Hotel Circle North, San Diego, CA 92108

Plan	Package	Conference and Meals
A	Registration for 2 Persons, 8 Meals (Friday & Saturday Dinners, Saturday Lunch and Sunday Breakfast)	\$ 445.00
B	Registration for 1 Person, 4 Meals (Friday & Saturday Dinners, Saturday Lunch and Sunday Breakfast)	\$ 222.50
C	Registration for 2 Persons, 4 Meals (Saturday Dinner and Sunday Breakfast)	\$ 315.00
D	Registration for 1 Person, 2 Meals (Saturday Dinner and Sunday Breakfast)	\$ 157.50
E	1 Registration & Saturday Dinner	\$ 125.00
F	1 Registration & Saturday Lunch	\$ 75.00
G	1 Registration Only	\$ 50.00
H	Saturday Evening Dinner Only	\$ 75.00

Hotel room rate is \$130.00 per room/night + hotel taxes. Prices are guaranteed 3 days pre/post based on availability. Contact hotel at **1-800-233-9527** or <https://book.passkey.com/e/49950216>. Reference **"2021 SD Spring Conference"** to secure your hotel room. Hotel room reservations must be made by **4/11/2021**. After this date room rates are pending availability. The hotel does NOT provide transportation to and from Airport. Self-Parking is \$5.00 per day.

For additional info, E-mail: intconfsd2021@gmail.com

or visit our website: www.2021springconf.com

Conference Registration / Reservation

Full Name _____ Name on Badge _____ GA/Gam-Anon

Full Name _____ Name on Badge _____ GA/Gam-Anon

Address _____ Apt. _____ City _____

State/Prov. _____ Zip/Postal Code _____

E-mail address _____ Telephone _____

Plan _____ Total Amount Enclosed (US funds only) _____

Minimum \$100.00 deposit is due for Plans A-E. Payment in full is due for Plans F-H.

*Please fill out and mail to **2021 Spring Conference** at the address below. (Please make a copy for your files.) An email confirmation will be sent prior to the start of the 2021 SD Spring Conference. Hotel Rooms are not included in your registration fees.*

Contact the hotel directly at the website or phone number above.

Please submit all payments to:

1835A. S. Centre City Parkway #236, Escondido, CA 92025

Make checks payable to: 2021 Spring Conference

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

Thank you for your support!!