



February 2022

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786**

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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING MINUTES OF JANUARY 15, 2022**

CALL TO ORDER: The Chair, Cathy F., called the meeting to order at 9:37 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

ROLL CALL WAS TAKEN:

Present: Cathy F., Guy H., John C., Valerie D. and Israel, Office Manager.

Present by Phone: Andre G., Gary M., Jo K., Arnie B., *Zach M. and KC B., International Executive Secretary.

*Zach M was on the phone, but his vote will not count since he was not present.

VISITORS - BEFORE THE MEETING OPENED:

Karen H. and Bob W. Karen was given a certificate and gift from the Board of Regents for her service of 32 years as the I.S.O. Executive Secretary and her retirement.

MINUTES FROM DECEMBER 18, 2021, B.O.R. MEETING:

A motion was made to approve the minutes as written.

MOTION SECONDED AND PASSED

For – 8 Against – 0 Abstained – 0

OPERATING STATEMENT FOR DECEMBER 2021:

A motion was made to approve the Operating Statement as written.

MOTION SECONDED AND PASSED

For – 8 Against – 0 Abstained – 0

OLD BUSINESS

A. OFFICE MANAGER REPORT - ISRAEL.

- Lifeliners – three – one from Florida and two from Illinois
- New Cans – none
- Group Information Request Forms received: 0
- Group Information Request forms received prior to sending Starter Kit for the month of December were three: Rancho Cucamonga, CA; Wilmington, NC and Deurne, Belgium
- Prison Starter Kits – none
- Venmo and Zelle Donations - \$881.00
- Update on literature sales to Israel – the person in Israel does not want to receive the money back from his purchase but instead a new address was given to I.S.O. for their literature to be shipped to the new address.

- New Office Location update – Everything is getting settled and things are going well.

B. I.E.S. REPORT – KC B.

- KC completed the December Bulletin and has begun working on the next bulletin.
- KC will include in the monthly bulletins the Unity Steps.
- I.S.O.'s new address was sent to the Board of Trustees.
- A Las Vegas member contacted KC about starting an Intergroup outside of Moscow in Russia. His letter was forwarded to Pete K., B.O.T. Chair, for him to assign to the International Relations Committee.
- KC was asked if the B.O.T. will have their next meeting using Zoom and KC said no.

C BY-LAWS COMMITTEE REPORT – VALERIE D.

No committee report at this time.

D STANDING RULES COMMITTEE REPORT – JOHN C.

The revised Standing Rules were completed last month. It is a living document, and the committee has been suspended. Israel will email members of the B.O.R. the revised document.

E. FINANCIAL INFORMATION COMMITTEE REPORT – CATHY F.

No report at this time.

NEW BUSINESS

A. GRATITUDE WEEK 2021 - ISRAEL

The total received for Gratitude Week as of December 31, 2021, was \$14,279.08

B REVIEW I.S.O. CD's – CATHY F.

<i>Bank</i>	<i>Balance</i>	<i>Maturity Date</i>
Bank of America Liquid CD	\$ 34,344.60	8/27/2022
Chase CD	\$195,008.54	1/18/2022
US Bank CD	\$195,008.28	1/16/2022

A motion was made to rollover the Chase and US Bank CD's and review at their next maturity dates.

MOTION MADE AND SECONDED

FOR – 8 AGAINST – 0 ABSTAINED – 0

C ELECTRONIC CHECK SIGNING – JOHN C.

I.S.O. checks need to be signed twice a month at the office.

John did some research on the cost of having electronic check signing prior to the meeting and found one company that was expensive. The B.O.R. discussed other options such as overnight delivery to each person who needs to sign the checks and then returning the checks to I.S.O. for mailing. Another possibility would be to use a carrier service. It was decided to review this item next month under New Business.

D B.O.R. MEETINGS FROM PHONE CONFERENCE TO ZOOM – CATHY F.

Since the new location is still in transition, it was suggested to table this item until the April 2022 B.O.R. meeting. It was noted that the conference call this month worked very well, and everyone was able to hear clearer and sharper than before the move.

E. HOTEL CONTRACT FOR THE NEXT B.O.T. MEETING – CATHY F.

Cathy received a call from Pete K., the B.O.T. Chairperson, the night before this meeting regarding the hotel contract being signed from someone from the B.O.R. for the next B.O.T. physical meeting in May 2022. In the past if the B.O.T. meeting included an International Conference the host city would sign the contract. The May meeting will not have an International Conference. After much discussion it was agreed to send the contract to all B.O.R. members for review and find out the deadline for signing the contract for the hotel (Cathy will talk to Pete). Since the May meeting will be for Trustees only there was a concern regarding the number of blocked rooms was too high. A suggestion was made regarding the possibility to hold the meeting for two days instead of three to lower the room blocking cost. After input from the B.O.R. members and Cathy's discussion with Pete an emergency B.O.R. meeting may be needed.

People who listened into the meeting: 3

Collection: \$44.00

Next Meeting will be February 19, 2022, at 9:30 A.M.

The meeting closed with the Serenity Prayer at 10:30 A.M.

Respectfully submitted by Jo K., Recording Secretary

**BOARD OF REGENTS
EMERGENCY MEETING MINUTES
JANUARY 20, 2022**

CALL TO ORDER: The Chair, Cathy F., called the meeting to order at 6:01 P.M.

ROLL CALL WAS TAKEN:

Present by Phone: Cathy F., **Guy H., John C., Valerie D., Andre G., Gary M., Jo K., Arnie B., *Zach M., KC B., International Executive Secretary and Israel, Office Manager.

*Zach M. joined the meeting at 6:21 P.M.

**Guy H. signed off the meeting at 6:40 P.M.

The topic for discussion was the hotel contract for the May 2022 Board of Trustee Meeting in Cherry Hill, NJ. There will only be a B.O.T. meeting and no International Conference. Due to this, the B.O.T. asked the B.O.R. to review the contract.

After much discussion, the following was decided and sent to the B.O.T. Chair, Pete K. of the B.O.R. concerns and changes to the hotel in Cherry Hill that the B.O.R. believe are important and the best for the organization.

This Board's recommendation is that neither B.O.R. nor B.O.T. sign the contract as written. The following are the items that this Board believes should be renegotiated or added to the contract before signing:

Signature - If, as the Chair of the B.O.T., you are signing, the agreement should not be with Gamblers Anonymous International Service Office (GA ISO). You do not have authority to bind GA ISO. All references to this should be removed. Also note on each additional page header it lists GA ISO BOT, which is not an entity. You may want it to state Board of Trustees of Gamblers Anonymous (BOT GA). Also note that the PO Box listed is not a valid ISO address. If the BOR chair is signing, the name and address in the contract is fine, but the header still needs to be changed.

Guest Room Block - One of the biggest concerns noted by the B.O.R. is the high guest room block. The B.O.R. would counter with 155, and a minimum room number of 124 (155 X 80%) for the following reasons:

- Even reducing from 210 to 189, the number is still more than what was done at the last Cherry Hill Trustee Meeting.

- 40 members attended the Orlando Trustee only. 40 X 3 room nights is 120. Note also some member's may double up and share rooms, which reduces your room count, while others will only stay two nights.

Program - The Board commends you on the movement of the free room from Wednesday to Tuesday. That is a big win. The Board also noted that if the B.O.R. signs on behalf of our non-profit company and completes the paperwork, we may be able to benefit from the tax exemption on items charged to the Master account. Not so, if the B.O.T. is signing.

Function Space - The Board noted details on event space needs to be there within four week which is coming up soon. No contract action – just worth noting.

Food & Beverage – Standard practice is to know the cost before signing the contract. We recommend knowing how much coffee costs and the quantity you will supply, as well as water. There may be an addendum to the contract that was not forwarded. Board members clarified that coffee is expensive. It was suggested that quantities be determined beforehand and have not exceed amounts per day to try and stay within cost structure.

Audio Visual – Standard practice is to have the AV cost included in the contract before signed, for example, cost of microphone, recording equipment, power drop, etc. (Per our external conversation, I understand you have this, and it will be an addendum to the contract.)

Fees – B.O.R. noted nothing is listed for wi-fi in the meeting room. This is not a sticking point, just a notation or potential negotiating item. Another note only, is the 14-day minimum requirement to have event set ups identified. No contract action – just noting.

Damages: The B.O.R. highly recommends the purchase of liability insurance for damages. This would cover for example, if a member accidentally spilled their coffee in the meeting on another and hurt them, and other kinds of damages. An estimate cost of about \$200.

Outside invitees: note that we would consider former B.O.T and other non-B.O.T. GA member attendees as part of the meeting, not called out as guests as defined in the contract.

Deposit & Payment Schedule - This section needs to be reworded. It is impossible to have Final Payment of this event by 5/2/22 as the event will not have taken place, and we do not know how much rebate credit on our Master Account there will be. Also, the wording that it is non-refundable needs to be removed or they need to add the words “force majeure” or the “Acts of God clause” to it. Same with adding the words on the last sentence in that paragraph talking of lost revenue will remain in force. The Board suggested negotiating the

final payment be made two-weeks/30 days after the event. This would be especially helpful as a check will probably need to come from the ISO to the hotel.

Master Account Payment – Besides the name change, it again says payment 14 days in advance. Also, the guestrooms are the individual's responsibility, not the groups as listed. The second paragraph needs rewording and removal of the Groups responsibility.

Unexpected Overages – Whose credit card will be on file? The ISO has a small credit card for incidentals, but it would not have the limit needed for this purpose.

Changes, Additions, Stipulations or Lining Out – We suggest that the word “written” be added before the word “modifications” in the last line: meaning written modifications.

Concessions – B.O.R. noted that the complimentary rooms and rebate are only granted once the minimum room block is fulfilled. It was also discussed that standard B.O.T. practice is that the complimentary rooms are to be paid by the individuals to the hotel with a credit going to the Master Account. Meaning, everyone pays their way, and the Group gets the credit.

One final suggestion by the Board is to increase the B.O.T. meeting fee from \$30 to \$50. It was even suggested fees should be sent in advance to ISO for collection, perhaps at a discounted price, e.g., \$45 by two weeks in advance or \$50 at the door.

These are the recommended changes needed before signing the contract. The B.O.R. did discuss who should sign, the B.O.R. Chair or the B.O.T. Chair. The majority of the B.O.R. leaned towards the B.O.T. Chair signing the modified contract, for expediency and accountability. Note the B.O.T. Chair Meeting Expense budget of \$10,000 has a remaining balance of \$5,521.36 to cover the Chair and two Co-Chairs' expenses and any residual monies needed for the event.

The meeting closed with the Serenity Prayer at 7:40 P.M.

Respectfully submitted by Jo K., Recording Secretary

HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact Alan J. at alanj5994@gmail.com. He will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It's called "Gamblers Anonymous Group Study Book on the Unity Steps." Each month of 2022, I'll discuss the Unity Program and the corresponding step with each month. I'll be taking information from both this booklet and our red book, A New Beginning. Both of these are available on the Gamblers Anonymous website or order form.

As I entered my first meeting on July 30, 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It's all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I'd like to think it's the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on **MY** recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

Step 2 – Our leaders are but trusted servants; they do not govern.

- a. *Define/discuss the following words or phrases: "Our leaders," "trusted servants," "they do not govern."*
- b. *Does length of time in the program qualify you to be a Trusted Servant? Discuss your perception differences (if any) on "old-timers," someone in the program less than one year, and those in between as it relates to this Unity Step.*
- c. *Does being a trusted servant give them more power than all other members?*
- d. *What leadership qualities are needed to be a trusted servant?*
- e. *Are we governed by any of our elected leaders? Why or why not?*
- f. *Where does Gamblers Anonymous get its direction? Who runs it?*
- g. *Does Gamblers Anonymous have leaders? Who are they?*
- h. *How is rotation of trusted servants important to Unity Step 2?*
- i. *What are my goals for doing service work for Gamblers Anonymous?*

- j. When there is a group conscience discussion, am I listening with an open mind or am I focusing on promoting my own ideas and opinions?*
- k. Do I take part in decision making or do I sit on the sidelines and complain about the outcome?*
- l. How do our group decisions affect the Fellowship as a whole?*
- m. How does group conscience affect this Unity Step?*
- n. How does being a trusted servant relate to my recovery?*
- o. Elaborate on the following principles as they relate to Unity Step 2 – surrender, humility, open-mindedness, integrity, willingness, service.*

From the desk of your International Executive Secretary.

I can hardly believe that it's February! Time flies when we're having fun, right? Once again, I'd like to thank all the individuals, groups, Intergroups, and RSOs that have continued their contributions to the I.S.O. Your contributions help the International Service Office carry the message to the compulsive gambler who still suffers. I encourage all of us to continue these donations and contributions so that we can continue to carry our important messages of hope, recovery, and serenity.

Historically, in each February issue of this wonderful Lifeline Bulletin, we've included some answers to the age-old question of "What does the I.S.O. do?" While this has changed a little bit in the last year with all of our changes, the core answers will remain the same.

If you've read this before, thanks in advance for reading it again. Maybe you could share it with your groups and intergroups?

WHAT THE I.S.O. DOES

1. Answers telephone, e-mails, and all other correspondence received. Our office staff either handles it there or forwards it to the International Executive Secretary.
2. Sorts and distributes daily mail received.
3. Updates and maintains the Gamblers Anonymous International Directory on our website.

4. Maintains reports for all money received through QuickBooks and processes receipts for all donations; Lifeliners, Cans, Groups, etc.
5. Processes and sends all orders received by mail, fax, and from our on-line store.
6. Prepares and sends Starter Kits to those requesting them and keeps the Trustees informed of when and where meeting kits are going. The Office Manager also gives this information during his report at the Board of Regents monthly meeting and then it's printed in the following month's bulletin.
7. Sends "Information Packets" with a letter about Gamblers Anonymous to the people requesting information on our Program.
8. The International Executive Secretary sends pertinent information to Trustees, Regents, and members as needed.
9. Keeps inventory of literature on hand.
10. Orders and inventories office supplies.
11. Prepares month end Accounts Receivables Report for Intergroups and sends invoice copies that are due to be paid.
12. Processes receipts for all accounts receivables and literature orders.
13. Balances ledgers to deposits and makes weekly bank deposits.
14. Prepares monthly Operating Statement and does complete accounting procedures for the office.
15. Keeps track of all accounts payable and processes the checks for bills that are signed by two of three mandatory signatures of the Board of Regents.
16. The IES, with assistance from the physical ISO compiles, enters, and proofreads all letters, donations, anniversaries, etc. for Lifeline Bulletin on a continuing basis.
17. Constantly updates and reprints (or upon approval by the Board of Trustees) new literature.

HOW DOES THE I.S.O. RECEIVE ITS MONEY?

LIFELINERS – a Lifeliner is an individual donation from a member on a monthly basis. You can pledge any amount you wish. It is a personal thing and only you and the International Service Office know the amount you give. If you are interested, the form to fill out is on the back cover of this bulletin.

CAN CONTRIBUTIONS – a Can contribution is a direct donation to the I.S.O. Groups pass around a can at their meeting and then send a check or money order once a month totaling the amount collected. If you do not have a Can or Can number, and would like one, please let us know and we will see that you get one.

GROUP CONTRIBUTIONS – a Group contribution is what is donated to the I.S.O. from the groups after they have met all of their expenses, such as rent, coffee, literature, etc.

INTERGROUP CONTRIBUTIONS – An Intergroup contribution is what each individual Intergroup has decided amongst themselves to donate to the I.S.O.

LIFE-LINE BULLETIN SUBSCRIPTION – a Bulletin subscription is when a member or group subscribes on a yearly basis to receive the Life-Line Bulletin by First-Class mail. The order form is on the second page of this issue for those of you reading this online, and on the front inside cover of this issue, for those of you who are already subscribers and reading your subscription copy.

ONE-TIME DONATIONS – A One-Time donation can be one of many different ways to give to the I.S.O. For example, a donation in honor of yours, or the Anniversary of someone you care about; in memory of a beloved member; or just for being grateful to have found a Fellowship such as ours. A group, individual, or individuals may make a One-Time donation. (However, these donations must be from G.A. members. As we all know, outside contributions are not accepted.)

SALE OF LITERATURE – Selling G.A. approved Literature is our only profitable means of income.

Thank you for reading this valuable information. Please don't hesitate to reach out if you have any questions. You can reach the physical I.S.O. by emailing isomain@gamblersanonymous.org or myself at ies@gamblersanonymous.org.

Yours in recovery and gratitude, KC B.

GROUP NEWS

Note From I.S.O.: Thank you to all the members in the "Group News" section, for their letters, donations, and kind words. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Please accept this donation for the necessary maintenance of the fellowship and carrying the message to others who still suffer.

Anonymous, California

Greetings, I.S.O.,

Please accept this donation from our Wednesday NE Philadelphia group as our contribution to the fellowship for January 2022.

John B., Trustee Area 13, Philadelphia, Pennsylvania

Dear I.S.O.,

Thanks to G.A. that saved my life. I have been a Lifeliner for over 20 years, staying in recovery one day at a time. You guys and gals at G.A. I.S.O. do an excellent job that is so under appreciated. We need more members to support the cause.

Best Regards, Art G., Tampa, Florida

Dear I.S.O.,

Attached you will find a donation from Wednesday night West Seneca, Area 16A. Thank you for all you do!

Bill K., West Seneca, New York

Dear I.S.O.,

Enclosed donation is from the Friday night Gamblers Anonymous meeting in Arnold, Missouri. Thank you so much for the work everyone at the International Service Office performs.

Laura T., Fenton, Missouri

Dear I.S.O.,

Enclosed is a donation from the Saturday morning Scottsdale meeting for the G.A. I.S.O. Thank you so much for all you do to help the GA message of recovery get around the world.

Steve F., Phoenix, Arizona

**INDIVIDUAL LIFELINER DONATIONS
RECEIVED IN THE MONTH OF
JANUARY 2021**

ARIZONA

L211	Jim L.	L161	Patricia A.
L221	Janat G.	L209	Jose C.
L267	Penny V.	L219	Len K.
L287	James S.	L273	Victor S.
L396	Pam K.	L285	Angela L.
L491	Steve F.	L298	Cathy F.
L546	Mo M.	L301	Steve K.
L692	Doug G.	L314	Alan S.
L703	Diane W.	L320	Fenton T.

CALIFORNIA

L1	Bob W.	L367	Jerry L.
L4	Tom M.	L384	Alvin F.
L6	Bill S.	L390	Jack R.
L8	Dan B.	L408	Ira B.
L9	Mike M.	L419	Rufus B.
L18	Chris G.	L432	Patrick P.
L19	Wendy B.	L453	Bennett S.
L21	Ed E.	L476	Garret C.
L31	Russell H.	L480	Ezra B.
L70	Keith B.	L496	Guy H.
L73	Karen H.	L527	Salvatore G.
L77	Judy B.	L544	Harold A.
L87	Mike S.	L563	Zachary Mc.
L88	Valerie D.	L580	Curtis G.
L100	Mazi S.	L593	Grant M.
L116	Rob D.	L601	David L. x2
L117	Steve F.	L609	Kathie S.
L120	Phil C.	L617	Mike Z.
L151	Murray F.	L618	Hugh G.
L154	Diane S.	L623	Lucille T.
L158	Gagik G.	L678	Lynell B. x2
		L701	David L.
		L734	Joseph C.

CALIFORNIA (cont)

L754 Geoff M.
 L772 Ara H.
 L789 John C.
 L819 John H.
 L834 Candice B.
 L836 Albert Y.
 L861 Roger L.
 L871 Greg D.
 L907 Joseph G.
 L908 Jordan K.

COLORADO

L147 Lou W.
 L950 Ron G.

FLORIDA

L2 Bill B.
 L81 Paulette T.
 L97 Chuck R.
 L106 Raymond H.
 L143 Neal G.
 L160 Jim C.
 L175 Lloyd A.
 L189 Norman O.
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S.
 L262 Arthur G.
 L313 Herman G.
 L395 Daniel B.
 L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L607 Debbie M.
 L627 Pauline F.
 L695 Ronald B.
 L815 Linda S.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L884 Janet H.

L944 Brent S.
 L952 Michael T.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.
 L344 Eileen Z.
 L459 Allen H.
 L823 Luke W.

INDIANA

L229 Mary Ann R.

KANSAS

L194 Michelle J.
 L918 Nancy W. x2

KENTUCKY

L115 Laura S.
 L195 Steve B.
 L697 Bruce H.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MARYLAND

L162 Jim D.

MICHIGAN

L272 Joann D.
 L829 Edward K.

MINNESOTA

L565 Corey J.
 L803 Renee G.

MISSISSIPPI

L126 Helen Y.

NEVADA

L75 KC B.
 L150 Rollo V.
 L317 Pat M.
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.

NEVADA (cont)

L486 Zeny K.
 L507 Mark S.
 L596 Leslie F.
 L599 Igor K.
 L602 Trey D.
 L612 Dan Mc.
 L665 Richard S.
 L690 Lenore D.
 L837 Harriet K.
 L846 Bobby B.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L94 Tom D.
 L174 Mike D.
 L179 Chris N.
 L183 Robin D.
 L212 Marshall R.
 L223 Fred D.
 L266 Kivey G.
 L311 Andrew D.
 L349 George L.
 L350 John D.
 L351 Russell H.
 L409 Barry H.
 L429 Dennis S.
 L433 Joseph F.
 L438 Matthew C.
 L482 Ann K.
 L497 Dave S.
 L547 John P.
 L560 Frank M.
 L589 Ronald W.
 L856 Scott B.
 L863 Kathleen P.
 L961 Tom C.

NEW MEXICO

L572 Liane M.
 L662 Joel K.

L847 Catherine B.
 L906 Mary F.

NEW YORK

L10 Bill B. x2
 L16 Kenny M.
 L95 Larry B.
 L278 Harlan S.
 L303 Alan J.
 L308 Jordan P.
 L465 Mohammed M.
 L516 Susan W.
 L554 Dan L. x2
 L566 Robert K.
 L852 Norberto B.
 L882 Joe B.
 L887 Pierre J. x2
 L951 Brad B.

OHIO

L749 Daniel H.

OREGON

L881 Pam B.
 L912 David U.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L533 Debbie D.
 L820 Josh S.
 L854 Jacquona B.
 L923 Mary M.

SOUTH CAROLINA

L460 Lou M.

TEXAS

L245 Alan S.
 L712 Debra D.

WASHINGTON

L425 Terry D.
 L659 Connie M.

WISCONSIN

L443 Constance T.

ANNIVERSARIES

46 YEARS	IRA C.	2/10	Wantagh, NY
41 YEARS	MURRAY G.	2/8	Ardsley, NY
40 YEARS	MIKE I.	2/15	Las Vegas, NV
39 YEARS	CRAIG P.	2/18	Coventry, CT
	MARK L.	2/26	Dana Point, CA
38 YEARS	NEIL S.	2/24	Plantation, FL
35 YEARS	AL S.	2/1	Douglaston, NY
34 YEARS	ALFREDO M.	2/21	Las Vegas, NV
30 YEARS	JOHN M.	1/30	Boca Raton, FL
29 YEARS	MINDY R.	2/9	Patchogue, NY
25 YEARS	DANNY N.	2/8	East 31 st St., NY
	BRIAN S. #2	2/15	Harrisburg, PA
	MATT S.	2/28	Pomona, CA
24 YEARS	BETTY S.	1/1	Slidell, LA
	FRANKIE M.	2/6	Staten Island, NY
	RANDY A.	2/9	Reno/Sparks, NV
	PAT D.	2/10	Windsor, ON
	KAY C.	2/26	Hampton, NJ
23 YEARS	EVAN K.	11/14	Plantation, FL
	DIANE H.	2/17	San Diego, CA
21 YEARS	DALE E.	2/27	Anaheim, CA
20 YEARS	BURT F.	12/6	Boca Raton, FL
	BEVERLEY G.	2/4	Las Vegas, NV
	HOWARD W.	2/8	Charlotte, NC
19 YEARS	BRENDA J.	2/15	Las Vegas, NV
	TOM S H	2/16	Las Vegas, NV
	CHRIS L.	2/28	West 46 th St., NY
18 YEARS	JIM Y.	2/9	Reno/Sparks, NV
	TERRY P.	2/9	Windsor, ON
	PAT S.	2/23	Rancho Cucamonga Zoom, CA
17 YEARS	HOWARD M.	11/7	Plantation, FL
	LARRY F.	2/9	Las Vegas, NV
	TRUDE W.	2/22	San Diego, CA
16 YEARS	RAY T.	12/30	Delray Beach, FL
	SAL E.	2/22	Wantagh, NY
15 YEARS	JIM S.	2/5	Calgary, AB
	CHARLOTTE F.	2/9	Calgary, AB
	SCOT H.	2/13	Henderson, NV
	RUY D.	2/24	Downey Zoom, CA
	MURRAY B.	2/24	Congers, NY

14 YEARS	DONNA M.	1/19	White Rock, BC
	TRACEY C.	2/8	Voorhees, NJ
	SHARON E.	2/23	San Diego, CA
13 YEARS	CHRISTINE K.	2/9	Las Vegas, NV
	MIKE S.	2/14	Reno/Sparks, NV
	JOE T.	2/14	Vails Gate, NY
	MARTHA B.	2/21	Windsor, ON
	BUTCH G.	2/22	San Diego, CA
12 YEARS	JIM G.	12/3	Coral Springs, FL
	MIKE	1/10	Calgary, AB
	SEAN H.	2/7	West 46 th St., NY
	STEVE C.	2/9	Staten Island, NY
	JANE L.	2/15	San Diego, CA
	ELI D.	2/16	Bensonhurst Recovery, NY
11 YEARS	LOU N.	2/8	Metuchen, NJ
	JANICE T.	2/8	Mahopac, NY
	MARY ANNE R.	2/22	Tonawanda, NY
10 YEARS	KERRALYN L.	1/3	Ft. Lauderdale, FL
	JASON	1/9	Vancouver, BC
	MIKE R.	2/1	San Diego, CA
	CECILE C.	2/2	Las Vegas, NV
	CIRO L.	2/10	Forest Hills, NY
	KEVIN M.	2/12	San Diego, CA
	BRAD	2/17	Reno/Sparks, NV
9 YEARS	JUDI C.	11/19	Delray Beach, FL
	DAVID R.	2/1	San Diego, CA
	DONNA H.	2/6	Hamburg, NY
	RAYMOND C.	2/8	East 31 st St., NY
	JAMES	2/8	Calgary, AB
	MAURICE L.	2/15	San Diego, CA
8 YEARS	JIMMY D.	2/9	San Diego, CA
	TERRY H.	2/9	Reno/Sparks, NV
	DOM S.	2/15	Voorhees, NJ
	FRANK J.	2/17	Las Vegas, NV
	LAURA M.	2/19	Rancho Cucamonga, CA
	EDGAR R.	2/24	Downey Zoom, CA
	KAREN A.	1/1	Ft. Lauderdale, FL
7 YEARS	BETH E.	2/4	San Diego, CA
	KIM H.	2/7	San Diego, CA
	JON D.	2/8	Dayton, OH
	JUSTIN A.	2/17	Reno/Sparks, NV
	LINDA B.	2/19	Rancho Cucamonga, CA

7 YEARS (cont)	RITA S.	2/22	Voorhees, NJ
	IGOR K.	2/23	Las Vegas, NV
	TINA T.	2/27	Reno/Sparks, NV
	JASON C.	2/28	Woodbury, NY
6 YEARS	JOEL C.	11/16	Plantation, FL
	ALLISON S.	1/5	Plantation, FL
	CHRISTINE G.	2/11	San Diego, CA
	JIM E.	2/17	Forest Hills, NY
	CAROLE C.	2/19	Hamburg, NY
	LLOYD M.	2/27	San Diego, CA
5 YEARS	IAN	1/2	Calgary, AB
	PAULINE F.	1/11	Plantation, FL
	JOE B.	2/10	Hamilton, NJ
	CARMEN A.	2/15	San Diego, CA
	MIKE S.	2/15	East 31 st St., NY
	BOB N.	2/16	San Diego, CA
	JAY C.	2/17	Linwood, NJ
	CHRIS	2/17	Calgary, AB
	TAMI N.	2/18	San Diego, CA
	SANDRA	2/20	Griffith Park, CA
	CLAIRE D.	2/26	San Diego, CA
	ARNIE F.	2/28	San Diego, CA
4 YEARS	GEORGE R.	1/11	Ft. Lauderdale, FL
	GINA M.	2/1	Voorhees, NJ
	ROGER L.	2/3	Reno/Sparks, NV
	STEVE W.	2/4	Forest Hills, NY
	ED H.	2/8	Wantagh, NY
	DAN P.	2/10	Marlton, NJ
	EDWARD K.	2/12	San Diego, CA
	ANGELA J.	2/17	San Diego, CA
	SANDI D.	2/20	Las Vegas, NV
	CHRIS V.	2/22	Mahopac, NY
	PJ	2/25	48 th St., NY
3 YEARS	BRENDA	1/28	Plantation, FL
	STEVE L.	1/28	Calgary, AB
	CRYSTAL S.	2/11	San Diego, CA
	MARK P.	2/12	San Diego, CA
	TEODORA G.	2/12	San Diego, CA
	RALPH D.	2/16	Havertown, PA
	GEORGE M.	2/18	Gardena Zoom, CA
	LAURA B.	2/18	San Diego, CA
	KEN	2/18	Calgary, AB

3 YEARS (cont)	GENEVIEVE G.	2/21	San Diego, CA
	JORDON C.	2/22	Reno/Sparks, NV
	ANGIE P.	2/23	Fort Worth, TX
	DAVID L.	2/24	Downey Zoom, CA
	JENNIFER S.	2/28	San Diego, CA
	WILL U.	2/28	Moorestown, NJ
2 YEARS	MAX H.	12/1	Boca Raton, FL
	IVAN G.	12/14	Coral Springs, FL
	TERRI H.	1/5	Ft. Lauderdale, FL
	KEVIN	1/17	Calgary, AB
	CHRIS A.	2/1	East 31 st St., NY
	PAUL M.	2/2	San Diego, CA
	DAN S.	2/4	Las Vegas, NV
	ZHIHAO J.	2/7	Hollywood Zoom, CA
	PHIL R.	2/7	Pomona, NY
	SHAUNA H.	2/9	San Diego, CA
	BILL S.	2/1	Reno/Sparks, NV
	KAT M.	2/13	Las Vegas, NV
	CHUCK J.	2/14	Las Vegas, NV
	NINA S.	2/15	San Diego, CA
	IVAN S.	2/16	East 79 th St., NY
	KEITH M.	2/16	Rockville Centre, NY
	LONNIE S.	2/16	Wausau, WI
	GREG T.	2/17	White Plains, NY
	RACHEL M.	2/26	San Diego, CA
1 YEAR	JUSTIN N.	12/2	Plantation, FL
	KELLY J.	12/15	Sacramento, CA
	TOBY G.	12/22	Greensboro, NC
	ALIRIZA	1/27	Surrey, BC
	MARIO	2/1	Plantation, FL
	RYAN P.	2/1	East 31 st St., NY
	TAMMY K.	2/3	San Diego, CA
	CHRIS W.	2/5	Las Vegas, NV
	NAVAL S.	2/5	Church on the Hill, NY
	ANDREW P.	2/8	Douglaston, NY
	DONNA M.	2/8	Greensboro, NC
	PATTY W.	2/12	Reseda Zoom, CA
	JASON B.	2/14	Las Vegas, NV
	BRETT B.	2/15	East 31 st St., NY
	STEVE K.	2/16	Staten Island, NY
	KELLY F.	2/17	Fort Worth, TX
	LEE W.	2/20	Griffith Park, CA

1 YEAR (cont) ANNIE S.	2/22	Mahopac, NY
JEB K.	2/24	Downey Zoom, CA
MICHAEL C.	2/26	Dallas, TX
SAM A.	2/27	Ocean Parkway, NY
SCENE M.	2/28	Dallas, TX

**INDIVIDUAL LIFELINER DONATIONS
JANUARY 2021**

ARIZONA (9)	240.00	MISSISSIPPI (1)	75.00
CALIFORNIA (63)	5,687.00	NEVADA (16)	420.00
COLORADO (2)	35.00	NEW HAMPSHIRE (1)	50.00
FLORIDA (32)	1,748.00	NEW JERSEY (23)	626.00
GEORGIA (1)	80.00	NEW MEXICO (4)	70.00
HAWAII (2)	76.00	NEW YORK (14)	675.00
ILLINOIS (5)	70.00	OHIO (1)	10.00
INDIANA (1)	20.00	OREGON (2)	45.00
KANSAS (2)	200.00	PENNSYLVANIA (7)	118.00
KENTUCKY (3)	89.00	SOUTH CAROLINA (1)	20.00
LOUISIANA (2)	20.00	TEXAS (2)	650.00
MASSACHUSETTS (2)	71.00	WASHINGTON (2)	20.00
MARYLAND (1)	15.00	WISCONSIN (1)	15.00
MICHIGAN (2)	8.00		
MINNESOTA (2)	40.00	TOTAL (204)	\$11,193.00

**I.S.O. CAN CONTRIBUTIONS
JANUARY 2021**

CALIFORNIA

C49	Orange County		C1285 Rancho Cucamonga	
	Intergroup	168.00	Saturday PM	40.00
C77	San Diego Intergroup	297.50	C1302 Roseville Friday	89.25
C184	Sacramento Tuesday AM	178.00	C1403 Rancho Cucamonga	
C404	Lincoln Friday	33.00	Wednesday PM	40.00
C765	Fair Oaks Thursday AM	63.00	C1411 Rancho Cucamonga	
C863	Rancho Cucamonga		Monday Noon	25.00
	Thursday PM	43.00	C1682 Rancho Cucamonga	
C1105	Sacramento Stop & Grow		Thursday Noon	42.00
	Saturday AM	35.00	C1694 Auburn Wednesday	30.00
			C1724 Inland Empire Intergroup	17.00

CONNECTICUT

C51 Coventry Wednesday 15.00

FLORIDA

C123 Singer Island Saturday	79.00	C262 Plantation Friday PM	13.00
C251 Clearwater /Windmoor Thursday	25.00	C263 Plantation Wednesday PM	27.00

GEORGIA

C1539 Norcross Sunday 10.00

LOUISIANA

C849 Slidell Sunday 24.00

MASSACHUSETTS

C84 Holbrook Wednesday	65.00	C1007 Quincy Saturday	40.00
C792 Hanson Thursday PM	21.00	C1600 Canton Tuesday	64.00

NEVADA

C42 G.A. Of Southern Nevada 1,461.23

OREGON

C1480 Oregon City Friday 26.00

PENNSYLVANIA

C208 South Hills Tuesday 21.00

TEXAS

C1134 Ft. Worth Thursday	100.00	C1587 Ft. Worth Tuesday	38.00
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**GROUP CONTRIBUTIONS
JANUARY 2021**

ARIZONA		Lincoln Wednesday	21.00
Scottsdale Saturday AM	40.00	Lincoln Sunday	21.00
CALIFORNIA		Oroville Monday PM	70.00
Burbank Friday	79.00	Rancho Cucamonga Wednesday	42.00
Burbank Friday PM	37.01	Rancho Cucamonga Thursday Noon	30.00
Glendale Wednesday	34.00		
Lakewood	104.00		

CALIFORNIA (cont)

Rancho Cucamonga Saturday	17.00
Reseda Saturday AM	25.00
San Jose Monday Beginners	100.00
Santa Monica Beach Sunday	50.00

CONNECTICUT

Hartford Saturday/Monday	40.00
Pawcatuck Tuesday	5.00
Rumford Tuesday	80.00

FLORIDA

Boca Raton Zoom	10.00
Bradenton Friday AM	50.00
Clearwater Wednesday PM	200.00
Daytona Beach Tuesday	25.00
Daytona Beach Thursday	25.00
Plantation Tuesday	69.00
Pompano Beach	100.00

GEORGIA

Norcross Sunday Korean	10.00
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ILLINOIS

Chicago Friday AM-Schiller Park	25.00
Chicago South-Willa Rawls Manor	10.00

LOUISIANA

Baton Rouge Tuesday PM	25.00
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MASSACHUSETTS

North Andover Tuesday	73.85
West Bridgewater	30.00

MAINE

Eliot Monday	25.00
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MICHIGAN

Grosse Pointe Friday	100.00
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MINNESOTA

Bloomington Monday Women's	20.00
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MISSOURI

Arnold Friday	50.00
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MONTANA

Billings	225.00
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NEW JERSEY

Carlstadt Wednesday	50.00
Edison Saturday AM	100.00
Freehold Friday	25.00
Metuchen Tuesday	50.00
Ocean Monday	100.00
Reseda Saturday AM	25.00
Ridgewood Wednesday	25.00
Roseland Friday AM	100.00
Somerdale	50.00
Toms River Tuesday	25.00
Toms River Thursday	20.00
Toms River Saturday	25.00
Toms River Sunday	25.00

NEW YORK

Flushing Saturday AM	100.00
Staten Island Wednesday	25.00
Staten Island Thursday	
St. Patrick's	50.00
West Seneca Wednesday	50.00

OHIO

Bay Village Saturday	25.00
Columbus Thursday	45.00
Dayton Sunday	75.00

OKLAHOMA

Shawnee-Hope	131.65
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OREGON

Eugene Springfield	100.00
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PENNSYLVANIA

Bethlehem Thursday	31.00
Broomall	40.00
Doylestown Monday	50.00
Havertown Monday	25.00
NE Philadelphia Wednesday	25.00
Philadelphia Saturday-Huntington Park	25.00
Roxboro	40.00
Willow Grove Wednesday	20.00

TEXAS

Dallas Pathways Sunday	40.00
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TEXAS (cont)

You are Fort Worth It Online 155.00

WISCONSIN

Sevens Point Monday PM 30.50

WASHINGTON

Spokane @ Country Homes 25.00

KOREA

Seoul 50.00

Bellevue 60.00

**INTERGROUP CONTRIBUTIONS
JANUARY 2021**

Arizona Spanish 100.00

New England 20.50

Greater Sacramento 30.00

New Jersey 250.00

Greater Vancouver 247.00

Northern California 100.00

Houston/Gulf Coast 50.00

Orange County 62.21

Inland Empire 100.00

South Florida 101.25

Maryland 100.00

Western Washington 55.00

**INTERGROUP CONTRIBUTIONS
FROM GRATITUDE WEEK
JANUARY 2021**

Upstate New York 88.00

**NATIONAL HOTLINE DONATIONS
JANUARY 2021**

Area 6 South Florida 20.00

Area 1B Inland Empire 25.00

**BULLETIN SUBSCRIPTIONS
JANUARY 2021**

Three Bulletin Subscriptions for a total of \$ 144.00

ONE TIME DONATIONS JANUARY 2022

One-Time Donation in memory of Chuck N.
from Rochester, New York.
Dan W., Buffalo, New York

One-Time Donation
Anonymous, California

One-Time Donation
Board of Regents, California

One-Time Donation in memory of my father Jim S.
Jim S., Tempe, Arizona

One-Time Donation for the anniversaries of Jim A., 26 years
and Michelle W., 11 years.
Rochester, New York

One-Time Donation in memory of Michael C.,
and Carole B.
G.A. of Southern Nevada

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
JANUARY 2022**

CASH IN OPERATING ACCOUNT JANUARY 1, 2022	\$ 91,441.93*
INCOME FOR JANUARY 2022	
Group Contributions	3,681.01
Lifeliners	11,193.00
I.S.O. Can Contributions	3,129.98
Intergroup Contributions.....	1,215.96
One-Time Donations.....	752.63
National Hotline Donations	45.00
Gratitude Week Contributions	88.00
Bulletin Subscriptions.....	144.00
Sale of Literature	11,318.30
Literature Shipping.....	2,767.00
Sales Tax Collected.....	86.91
E-Readers	9.11
Merchant Services Cash Reward	1.68
Interest From Checking Account69
PayPal Literature Processing Fees	484.87
TOTAL	<u>\$ 34,918.14</u>
CASH AVAILABLE FOR JANUARY.....	\$ 126,360.07
EXPENSES FOR JANUARY	
Moving Expenses	5,020.00
Rent & Cam Fees	4,136.64
Payroll	16,201.68
Payroll Taxes (Federal & State)	1,979.60
Quarterly State Sales Tax	313.00
Payroll Processing Fees	292.41
Office Expenses	1,124.52
Health Insurance	1,776.80
Telephone	334.21
Electric Bill	371.29
Gas Bill	65.91
Monthly Air Conditioning/Heater Maintenance.....	30.00
Computer/Internet.....	149.99
Match For Employees Simple IRA	423.56
Workers Compensation Insurance	1,056.00
Visa/MC Service Fee	59.33
Literature.....	7,305.66
PayPal Literature Processing Fees	484.87
Postage	3,500.00
Lifeline Bulletins	670.50
TOTAL EXPENSES	<u>\$ 45,295.97</u>
MONTHLY NET INCOME (NET LOSS).....	- \$ 10,377.83
CASH IN OPERATING ACCOUNT AS OF JANUARY 31, 2022*	\$ 81,064.10
FISCAL YEAR STARTING JULY 1 ST TO DATE NET INCOME (NET LOSS)	(\$28,177.88)

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - SEPTEMBER 2, 2021

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Sunday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

SPANISH-BASED MEETINGS FROM MEXICO – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

SPANISH-BASED MEETINGS FROM SPAIN

Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!