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October 2019

**GAMBLERS ANONYMOUS LIFE-LINE  
YEARLY BULLETIN SUBSCRIPTION FORM**

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*Mail to:* **GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
P.O. BOX 17173  
LOS ANGELES, CALIFORNIA 90017**

*Circle one*

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**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_ **ZIP:** \_\_\_\_\_

**DISCLAIMER**

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, P.O. Box 17173, Los Angeles, California 90017, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

**GAMBLING**, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS  
MEETING OF SEPTEMBER 14, 2019**

The meeting was called to order at 9:35 A.M. by Bob W., Chair, Board of Regents.

Present: Bob W., Calvin C., Cathy F., Mazi S., Tom M., Wendy B. and Karen H.,  
International Executive Secretary

Present by Telephone: Herb B.

Absent: \*Gary M. and Richard C.

Bob W. reminded everyone that recording of this meeting is not permitted.

1. A. The minutes of the August 17, 2019 Board of Regents meeting were approved as submitted.

Motion seconded and passed  
For – 7 Against – 0 Abstained – 0

\*Gary M. called in on the telephone immediately after the Board of Regents minutes were approved.

- B. The operating statement for August 2019 was approved as submitted.

Motion seconded and passed  
For – 8 Against – 0 Abstained – 0

**2. OLD BUSINESS**

A. LIFELINERS.

There were 6 new Lifeliners as follows (by state):

Arizona (1) California (1) New Jersey (2)  
New York (1) Pennsylvania (1)

NEW CANS – 1  
Diamond Springs, CA

GROUP INFORMATION REQUEST FORMS RECEIVED  
PRIOR TO SENDING STARTER KITS – 4

Four Starter Kits were sent out after receiving the Group Information Request Forms for the month of August:  
Valley Center, CA Dallas, GA Odessa, TX  
Prague, Czech Republic

PRISON STARTER KITS SENT: 0

B. ANNUAL AUDIT.

The accountants were in the office Monday, August 26, 2019. They will return later to conclude. Their review will be done by the middle of October, so the Charitable Trust and Income Tax Returns can be filed by the mid November deadline(s).

C. GRATITUDE WEEK.

Gratitude week (September 8 – 14, 2019) has started. I.S.O. has received \$905.00 in donations for the week to date.

**3. NEW BUSINESS**

A. REVIEW BOARD OF TRUSTEES AGENDA.

The Board of Regents reviewed the October Montreal Trustee agenda. After discussion, votes were taken on the following two items.

Item #42 – Remove ‘First Forty Years’ as approved and/or appropriate literature.

Item #47 – To designate the attached Dealing with Abuse and/or Harassment flyer as approved literature.

Related to item #42, the Board of Regents discussed that the First Forty Years is an approved piece of literature that has been selling on a consistent basis. The I.S.O. orders 100 copies at a time and does not lose money on this item. The Board does not believe this should be removed.

A motion was made against the subject motion to remove the book.  
Motion seconded and passed  
For – 8 Against – 0 Abstained – 0

Related to item #47, which the Board of Regents discussed during the August meeting, see those minutes. The members discussed and are still in agreement that this should not be appropriate literature.

A motion was made, as stated above, to designate as approved literature.  
Motion seconded and failed  
For – 0 Against – 8 Abstained – 0

B. NEW KEY CHAINS.

After some vendor issues, the I.E.S. worked with a new vendor to supply our plastic key chains. The new vendor can sell us key chains that look the same, at a lower price, and provide us better customer service.

The collection in the amount of \$123.00 was taken and the meeting was closed with the Serenity Prayer at 10:15 A.M. The next meeting of the Board of Regents will be held October 12, 2019 at 9:30 A.M.

Today's Board of Regents meeting had no external parties call in to listen.

**Respectfully submitted by Cathy F., Recording Secretary**

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## **STEP 10**

**Continued to take personal inventory and when we were wrong, promptly admitted it.**

Now that we have progressed through the first nine steps we should be ready to maintain them with the last three steps. Each day, take an inventory. This inventory is for today only and it shows quite clearly if the day has been used wisely or not. The daily balance sheet will help you see personal growth as you realize that you are accomplishing things which you could not do before. This is a good feeling which gradually increases self-worth and self-esteem. Changing "Love of self", a fantasy, to "Self-love", is a reality.

In taking an inventory, look for personal growth, not perfection. For example, make a list containing five items you want to achieve. At night the inventory might reveal that you accomplished three. Be happy with three. Remember the many days, months and even years, when you tried to think of even one thing of a positive nature that you had done. Seek daily progress, not perfection. Growth may be slow and small but be grateful for progress. The ability to cope is perhaps the most valuable reward which you will receive from the program. One no longer has to avoid a problem by ignoring or side stepping the issue. With some problems, particularly at first, you may cope weakly. So what? Don't avoid responsibility, and as you cope on a daily basis you will become more skillful. One day at a time becomes a life time. Some of us tend to be over achievers; we tend to take on tasks for which we are not yet ready. Either we are too new in the program to handle such a problem or we are too ambitious. Take it easy, a little progress each day is a great reward. Perhaps two questions we might ask ourselves each day are these – Did I help another person today? Did I contribute to harmony in my world today? It is suggested that no major changes be made during the first two years of abstinence. The mental and emotional imbalance we brought to Gamblers Anonymous needs time to heal. After two years our thoughts are much clearer and success much more reachable. Abstinence combined with physical, mental and emotional healing will give us a logical ability to cope.

The second part of the step is sometimes more difficult. To promptly admit to being wrong means that one has become a little humble and that can rid oneself

of deceit, arrogance, false pride and other character defects. If you can admit to being wrong right now, you are truly gaining a deeper insight into yourself. Freely admit the other party is right and being glad for them, even appreciating confrontation and constructive criticism is a giant step. This step and the two which follow if done each day will help maintain daily growth. Another view is that Steps One through Nine are never done and should be regularly repeated.

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## HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact John R. at [committee.pressure@trusteewebsite.com](mailto:committee.pressure@trusteewebsite.com). He will reply by email or phone if you provide your number.

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### From Your International Executive Secretary

In the June 2019 issue of the Life-Line Bulletin, I wrote a letter requesting that each Group “designates the week of Sunday, September 8 through Saturday, September 14, 2019 as this year’ Gamblers Anonymous Gratitude week. (Amount to be determined by group conscience with 50% suggested).”

This is the ninth year for Gratitude Week, and I am once again overwhelmed at the response we have received from all of you. As of September 30<sup>th</sup> of this year we have received \$4,745.34 from Groups and Intergroups and members. I would like to ***thank*** each of the members, groups and Intergroups for their donations in honor of this year’s Gamblers Anonymous Gratitude Week.

I would also like to thank everyone who has written a note or letter and included it with their donations. Hopefully more letters will appear in next month’s Bulletin.

I will let everyone know the final count once all money has been received. Once again, thank you to all who have made it possible for us to continue carrying the message to those who still suffer. And for those of you who haven’t had a chance to contribute....it’s “never too late”.

I just returned from a wonderful 5 days in Montreal and would be remiss if I didn’t thank Herb B. and the entire Conference Committee (both Area 5 & Area 5B) for ***ALL*** coming together and doing a great job with the Montreal Conference that was held October 18 - October 20, 2019 in Montreal, Quebec. What a beautiful five days of sharing, caring and fellowship I experienced. The food,

workshops, speakers and hospitality were beyond compare. This will be a weekend that I know will long be remembered by all who attended.

For all of you who missed the opportunity of attending this Conference, the 2020 Spring G.A. & Gam-Anon Conference, “Our Sound Recovery” to be held in Seattle, Washington is just around the corner; April 24 – 26, 2020. I know the Seattle Conference committee is working hard to make sure that everything is in place for “our” arrival. If you haven’t made your reservations yet, please fill out the flyer on the second to last page of this Bulletin and send it in with your initial deposit. For those of you who say you can’t afford to go, I always say, “I can’t afford not to go”. I’m hoping to see many of you there.

Thank you all for your continued support and if there is ever anything we can do for you, please let us know.

Love to all, Karen H.

## **GROUP NEWS**

### ***We Are Thankful.....***

G.A.I.S.O.,

Please accept the enclosed donation from our Sunday night group here in Kansas City, Missouri.

We are so lucky to have G.A. in our lives, without the program our lives may have been lost.

Thanks for all you do!

Gratefully, G.A. family from Hillside Christian Church, Kansas City, Missouri

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G.A.I.S.O.,

We wanted to thank you for all that you do to help support G.A. and the rooms across the country.

The Plymouth Thursday night meeting held at the Church on the Mall would like to donate the full amount of our collection from 9/12/19 to I.S.O.

Thank you again!

Brad S., Ambler, Pennsylvania

Dear G.A.,

This is the Gratitude Week contribution from Orangevale Friday, #C194. We are pleased to be contributing 100% of our collection.

Thank you, Jon C., Elk Grove, California

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To the Staff at G.A.I.S.O.:

With deep gratitude for all you do for Gamblers around the world, enclosed is 50% of our room collection from the Friday night Calvary Room.

Thank you so much!

Phoenix, Arizona

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Karen,

The enclosed check is for Monday Woodbury's usual group donation, along with an additional amount of half of our room collection in honor of Gratitude Week.

Regards, Stuart B., Plainview, New York

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Dear Brothers and Sisters in recovery,

Enclosed is a check from the Monday Rochester, New York group meeting collection as part of our celebration in honor of Gratitude Week.

Thank you for all that you do and how you do it!!!

Rochester G.A., Pittsford, New York

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Dear Karen,

Thanks to you and your staff for everything you do at the I.S.O. It is much appreciated.

Enclosed are two checks for our Gratitude Week donation.

Your friend in recovery & former Trustee, Mike W., Springfield, Illinois



To Whom It May Concern,

Please accept this contribution with gratitude from the Monday night Lakewood Ranch, Florida meeting group.

We appreciate your hard work toward the benefit of our group and all affiliated with Gamblers Anonymous.

Sincerely, Fred M., Sarasota, Florida

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Dear Karen,

Please find enclosed a check from Monday nights Concord Pike G.A. meeting in Wilmington, Delaware.

We are sending this in celebration of Gratitude Week which was attended by 14 members.

With sincere gratitude, Rich S., West Grove, Pennsylvania

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Dear Karen,

Please accept this donation for Gratitude Week from the Thursday night Rutgers G.A. meeting.

All of the members of the Rutgers meeting are forever Grateful.

Mike D., North Brunswick, New Jersey

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Hi Karen,

Please find enclosed a bank draft from the Beginner's Group in Edmonton, Alberta for the sum of \$216.72. The draft represents a donation for Gratitude Week in the sum of \$125.01, a payment of \$60.00 to extend our print subscription of the Lifeline Bulletin for 1 more year, and finally the remained is a group donation of 31.71.

The Group voted at our meeting on August 29<sup>th</sup> to donate our entire collection on September 12<sup>th</sup> to I.S.O. for Gratitude Week. We had a big turnout on the 12<sup>th</sup> and those present dug deep to express their gratitude in a tangible manner and we

collected about triple our normal collection!! We all appreciate what G.A. has done for us and hope that Gratitude Week will be a resounding financial success again this year. It's nice to give back for all we have received.

Yours truly, Bruce M., Edmonton, Alberta

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Dear I.S.O. Staff,

Please find a check enclosed for a donation to the G.A.I.S.O. operation from the Atlanta, Georgia Thursday evening meeting.

All of our members wish to extend a warm Thank You for all the support your office provides to us and the entire global outreach of Gamblers Anonymous.

We truly appreciate your efforts and dedication.

John W., Marietta, Georgia

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Dear G.A.I.S.O.,

Enclosed is a check as promised by our G.A. group, the Yukon, Oklahoma Thursday night meeting.

The members of the Yukon Thursday meeting are always grateful for all you do for us.

Thanks for everything!

Sincerely, Laurence L., Yukon, Oklahoma

*Note From I.S.O.: I would like to thank all of the above Groups and Members for your kind words and donations during this time of being grateful. September 13, 2019 marked the 62nd Anniversary of Gamblers Anonymous. As our Fellowship continues to grow, we are thankful for all of you keeping faith with our Program.*

## ANNOUNCEMENT OF UPCOMING EVENTS

### **2019 Annual Toronto Gamblers Anonymous Marathon**

#### **24 Hours of Recovery – Topic - Fear**

Saturday, November 2, 2019

Montecassino Hotel & Event Centre

3710 Chesswood Drive

Downsview, Ontario

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

### **Phoenix Fall 2019 Mini-Conference**

#### **Unity in the Valley: Walk With Us on the Road to Recovery**

Saturday, November 2, 2019

8:00 AM – 4:00 PM

First Southern Baptist Church

5230 N. Scottsdale Road

Scottsdale, Arizona

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

### **NJIG Gamblers Anonymous and Gam-Anon**

#### **2019 New Jersey Mini-Conference**

##### **“Sold on Recovery”**

Sunday, November 10, 2019

Crowne Plaza Hotel

2055 Lincoln Highway

Edison, New Jersey

For information email [njig.miniconference@ga4nj.com](mailto:njig.miniconference@ga4nj.com)

### **2020 Spring International Conference**

#### **Our Sound Recovery**

April 24 – 26, 2020

Double Tree by Hilton Seattle Airport

Seattle, Washington

Please see flyer this bulletin

### **2020 Fall International Conference**

#### **Dreams Can Come True**

October 16 – 18, 2020

Crowne Plaza Hotel

2270 Hotel Circle North

San Diego, California

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

# INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF SEPTEMBER 2019

## ARIZONA

L118 Don K.  
L221 Janat G.  
L287 James S.  
L396 Pam K.  
L546 Mo M.  
L902 Gary B.

## CALIFORNIA

L1 Bob W. x2  
L4 Tom M.  
L6 Bill S.  
L8 Dan B.  
L18 Chris G.  
L19 Wendy B.  
L21 Ed E.  
L31 Russell H.  
L32 RJ J.  
L73 Karen H.  
L87 Mike S.  
L89 Mary D.  
L100 Mazi S.  
L111 Laura M.  
L117 Steve F.  
L120 Phil C.  
L128 Arthur F.  
L151 Murray F.  
L154 Diane S.  
L161 Pat A.  
L191 Frank H.  
L193 Bud A.  
L209 Jose C.  
L214 Mickie R.  
L219 Len K.  
L246 Pat S.  
L273 Victor S.  
L298 Cathy F.  
L301 Steve K.  
L314 Alan S.  
L353 Diane M.  
L359 Rickell H.  
L363 Bobby W.  
L364 Veronica W.  
L371 John O.  
L383 Linda B.  
L390 Jack R.  
L432 Patrick P.

L445 Frank S.  
L454 George A.  
L456 Bruce R.  
L476 Garrett C.  
L496 Guy H.  
L502 Shelley R.  
L527 Salvatore G.  
L558 Linda M.  
L580 Curtis G.  
L593 Grant M.  
L609 Kathie S.  
L617 Mike Z.  
L618 Hugh G.  
L623 Lucille T.  
L674 Clair W.  
L678 Lynell B.  
L685 Doel J.  
L730 Bruce P.  
L762 Calvin C.  
L772 Ara H.  
L861 Roger L.  
L871 Greg D.

## COLORADO

L147 Lou W.

## CONNECTICUT

L581 Paul S.

## FLORIDA

L2 Bill B.  
L81 Paulette T.  
L97 Chuck R.  
L143 Neal G.  
L156 Richard M.  
L159 Steve I.  
L205 Steve P.  
L225 Kevin K.  
L233 Robert M.  
L251 Frank G.  
L261 Stephen S.  
L258 Harvey G.  
L395 Daniel B. x2  
L420 Mark S.  
L450 Neil S.  
L483 Victor C.  
L511 Chris N.  
L549 Patricia P.  
L570 Mike R.

**FLORIDA (cont)**

L590 Dennis A.  
 L627 Pauline F.  
 L679 David T.  
 L695 Ron B.  
 L844 Arnie B.  
 L864 Jonathan K.

**GEORGIA**

L501 Bill H.  
 L672 Tony L.  
 L769 Barry L.

**HAWAII**

L553 David C.

**IDAHO**

L127 Dan M.

**ILLINOIS**

L114 Ellen Z.  
 L344 Eileen Z.  
 L607 Debbie M. x2

**INDIANA**

L91 Frank R.  
 L229 Mary Ann R.

**KANSAS**

L194 Michelle J.  
 L924 Linda J.

**KENTUCKY**

L115 Laura S.  
 L195 Steve B.

**LOUISIANA**

L27 Betty S.  
 L224 Beverly F.  
 L354 Kathy S.

**MARYLAND**

L162 Jim D.  
 L472 Paul L.

**MASSACHUSETTS**

L318 Jeff H.  
 L598 Vinny S.

**MICHIGAN**

L272 Joann D.  
 L692 Doug G.

**MINNESOTA**

L565 Corey J.

**MISSISSIPPI**

L182 Roger T.  
 L748 Bonnie C.

**MISSOURI**

L550 Daniel G.

**NEVADA**

L150 Rollo V.

L284  
 L317  
 L325  
 L410  
 L439  
 L486  
 L507  
 L541  
 L585  
 L596  
 L599  
 L602  
 L612  
 L665  
 L690  
 L830  
 L831  
 L837  
 L846

Kevin H.  
 Pat M.  
 Terry D.  
 Joanne F.  
 Ira K.  
 Zeny K.  
 Mark S.  
 Andrew B.  
 Bea A.  
 Leslie F.  
 Igor K.  
 Trey D.  
 Dan Mc  
 Richard S.  
 Lenore D.  
 Jackie C.  
 Scott R.  
 Harriet K.  
 Bobby B.

**NEW HAMPSHIRE**

L277 Roy W.

**NEW JERSEY**

L174 Mike D.  
 L179 Chris N.  
 L183 Robin D.  
 L199 Bob W.  
 L212 Marshall R.  
 L223 Fred D.  
 L266 Kivey G.  
 L311 Andy D.  
 L349 George L.  
 L351 Russell H.  
 L358 Walter G.  
 L409 Barry H.  
 L429 Dennis S.  
 L433 Joseph F.  
 L438 Matthew C.  
 L497 Dave S.  
 L524 Richard T.  
 L547 John P. x2  
 L642 David M.  
 L651 Lewis H.  
 L699 Craig H.  
 L705 Bernadette D.  
 L818 Michael D.  
 L961 Tom C.

**NEW MEXICO**

L572 C. Liane M.  
 L662 Joel K.  
 L906 Mary F.

**NEW YORK**

L16 Kenny M.  
 L43 Max H.  
 L95 Larry B.  
 L278 Harlan S.  
 L303 Alan J.  
 L308 Jordon P.  
 L465 Mohammed M.  
 L516 Susan W.  
 L548 Harry F.  
 L554 Dan L. x2  
 L680 Leo H.  
 L683 Nick S.  
 L882 Joe B.  
 L951 Brad B.

**OHIO**

L749 Daniel H.

**OKLAHOMA**

L531 Linda S.  
 L543 Jim G.

**OREGON**

L142 Suzanne S.  
 L584 Curt P.

**PENNSYLVANIA**

L345 John B.  
 L706 Julius H.  
 L810 Phil S.  
 L820 Josh S.  
 L822 Dave S.

**SOUTH CAROLINA**

L460 Lou M.

**TEXAS**

L245 Alan S.

**WASHINGTON**

L57 Gary M.  
 L104 Tina B.  
 L425 Terry D.  
 L659 Connie M.

**WISCONSIN**

L443 Constance T.

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**ANNIVERSARIES**

<b>44 YEARS</b> .....	JIM D.	10/7	Lindenhurst, NY
<b>42 YEARS</b> .....	DANNY M.	10/19	East Northport, NY
<b>40 YEARS</b> .....	MIKE S.	10/22	Walnut Creek, CA
<b>39 YEARS</b> .....	DOUG E.	10/12	Sarasota, FL
	BILL S.	10/22	Charlotte, NC
<b>38 YEARS</b> .....	LINDA M.	9/29	Gardena, CA
<b>37 YEARS</b> .....	MIKE W.	10/9	YMCA Townhouse, NY
<b>35 YEARS</b> .....	GREG S.	10/31	Toms River, NJ
<b>32 YEARS</b> .....	MARK G.	10/22	Douglaston, NY
<b>31 YEARS</b> .....	BRAD B.	10/10	Naples, FL
	BOBBY S.	10/15	E. 31 <sup>st</sup> St., NY
<b>30 YEARS</b> .....	ALLAN R.	10/4	Montreal, QC
	CHUCK N.	10/16	Rochester, NY
	JOE S.	10/23	Turnersville, NJ
<b>29 YEARS</b> .....	BOB O.	9/16	Downers Grove, IL
	DAN M.	10/20	Las Vegas, NV
	JOE S.	10/28	Bronx Our Savior, NY
	ANDY P.	10/31	New Port Richey, FL
<b>28 YEARS</b> .....	RONNIE M.	10/7	Bronx Our Savior, NY
	STEVE S.	10/14	Moorestown, NJ
<b>27 YEARS</b> .....	ALLAN H.	8/8	Chicago, IL
	ED E.	8/13	Inland Empire, CA

<b>27 YEARS (cont)</b> . . . . .	STAN C.	8/25	Downers Grove, IL
	PETER T.	9/29	Patchogue, NY
	VINNY L.	10/9	Sayrewoods, NJ
	ANTHONY M.	10/14	Mt. Vernon/New Rochelle, NY
<b>26 YEARS</b> . . . . .	TERI R.	7/19	Charlotte, NC
	PAT B.	10/16	Sayrewoods, NJ
	STAN B.	10/21	Smithtown, NY
<b>25 YEARS</b> . . . . .	ELAINE H.	10/12	Hampton, NJ
	ROB K.	10/16	Rockville Centre, NY
	JOHN P.	10/17	St. Patrick's, NY
	RONNIE A.	10/22	E. 31 <sup>st</sup> Street, NY
<b>24 YEARS</b> . . . . .	FRANK P.	9/9	Lindenhurst, NY
	ARA H.	10/14	Burbank, CA
	FLOYD G.	10/29	E. 31 <sup>st</sup> St., NY
	CAROL W.	10/31	Las Vegas, NV
<b>23 YEARS</b> . . . . .	JIM D.	10/4	Frederick, MD
	PAUL B.	10/14	Gatineau, QC
	JOEY T.	10/15	E. 31 <sup>st</sup> St., NY
	JIMMY M.	10/16	Massapequa Park, NY
<b>22 YEARS</b> . . . . .	JOHN S.	10/23	Harrisburg, PA
	ANDY G.	10/24	Linwood, NJ
	GARY M.	10/30	Windsor, ON
<b>21 YEARS</b> . . . . .	RUSS H.	10/2	Sayrewoods, NJ
	VERONIQUE S.	10/9	Montreal/Pie-IX, QC
	ADELE C.	10/18	Las Vegas, NV
	MIKE H.	10/23	E. 79 <sup>th</sup> Street, NY
<b>20 YEARS</b> . . . . .	BRIGID J.	9/30	Bolingbrook, IL
	RENE F.	10/1	Saint-Hyacinthe, QC
	TONY P.	10/16	Patchogue, NY
<b>19 YEARS</b> . . . . .	CAROLYN S.	10/4	48 <sup>th</sup> St., NY
	STEVE B.	10/6	San Diego, CA
	JANET R.	10/6	East Northport, NY
	MIKE H.	10/15	Wantagh, NY
	PAUL N.	10/18	Surrey, BC
<b>18 YEARS</b> . . . . .	PETRA C.	10/13	Las Vegas, NV
	JOE C.	10/15	San Diego, CA
	MITCH L.	10/19	Willow Grove, PA
<b>17 YEARS</b> . . . . .	BYRON Y.	10/8	E. 31 <sup>st</sup> St., NY
	GEORGE T.	10/15	Douglaston, NY
	MITSUE M.	10/16	Las Vegas, NV
	MIKE Z.	10/29	Douglaston, NY
<b>16 YEARS</b> . . . . .	CAROL R.	10/9	Turnersville, NJ
	JOHN H.	10/17	White Rock, BC
	TERRY D.	10/29	Reno/Sparks, NV
	TOM J.	10/31	W. 46 <sup>th</sup> St., NY

<b>15 YEARS</b> .....	KRIS L.	10/13	Las Vegas, NV
	PETE K.	10/31	Hampton, NJ
<b>14 YEARS</b> .....	ELSA F.	10/1	San Diego, CA
	DREW B.	10/2	White Plains, NY
	STEVE F.	10/12	Simi Valley, CA
	MIKE S.	10/19	San Diego, CA
	STEVE V.	10/20	Ocean Parkway, NY
	DAVE M.	10/21	Havertown, PA
<b>13 YEARS</b> .....	BOBBY B. #1	10/30	Patchogue, NY
	MARK C.	8/4	South Plympton, SA
	JON L.	10/2	San Diego, CA
	PETER L.	10/23	San Diego, CA
<b>12 YEARS</b> .....	JOHN H.	10/23	Havertown, PA
	JIM V.	9/8	Dayton, OH
	GARY R.	9/24	Paducah, KY
	GLENN N.	10/5	Langley, BC
	JANIE C.	10/6	San Diego, CA
	RICK P.	10/8	Queensboro, NY
	GERRY B.	10/10	Reno/Sparks, NV
	MARY R.	10/19	San Diego, CA
	BOB Z.	10/21	Woodbury, NY
	ELMER R.	10/28	N. Ft. Myers, FL
<b>11 YEARS</b> .....	MARK C.	10/30	San Diego, CA
	ROBERT K.	8/5	Belleville, IL
	RICH S.	9/1	Bolingbrook, IL
	JEFF N.	9/13	Sacramento, CA
	JOHN S.	10/2	Patchogue, NY
	MICHELE C.	10/9	Hartford, CT
	JOSH O.	10/9	Havertown, PA
	BRIAN L.	10/12	St. Clare's, NY
	JUDITH S.	10/13	Reno/Sparks, NV
	REGGIE B.	10/13	Settlement House, NY
	GEORGE S.	10/19	Windsor, ON
	DALE N.	10/25	Hicksville, NY
	LONNIE L.	10/26	Rochester, NY
<b>10 YEARS</b> .....	PAUL A.	8/24	Aurora, IL
	BOB R.	9/23	Sacramento, CA
	MALINDA M.	10/1	Anaheim, CA
	PHIL S.	10/1	Voorhees, NJ
	CHRIS P.	10/8	New Westminster, BC
	BRIAN R.	10/11	Henderson, NV
	DARREN M.	10/17	W. 46 <sup>th</sup> St., NY
	STEVE B.	10/18	Santa Monica, CA
	HUGH Z.	10/22	Pomona, NY



<b>9 YEARS</b> . . . . .	JIM N.	7/19	Aurora, IL
	VIV C.	8/20	Albert Park, VIC
	CHARLIE K.	9/5	White Rock, BC
	CLARENCE S.	10/8	Spring Hill, FL
	EDDIE T.	10/11	Forest Hills, NY
	GABRIEL V.	10/14	Salt Lake City, UT
	JOE M.	10/17	Riverdale, NY
	JORDAN H.	10/25	East Meadow, NY
<b>8 YEARS</b> . . . . .	YVON T.	10/28	Victoriaville, QC
	EDMOND T.	7/1	Moonee Ponds, VIC
	MANDY D.	7/1	Carrum, VIC
	JOHN E.	8/8	Aurora, IL
	KEVIN B.	8/24	Aurora, IL
	SHARYN E.	8/29	Lisle, IL
	JUDY C.	9/19	Lisle, IL
	MARK Y.	10/2	Bensonhurst Recovery, NY
	ROBIN D.	10/8	Metuchen, NJ
	KAREN R.	10/8	Salk Lake City, UT
	CHRISTINE S.	10/9	Reno/Sparks, NV
	MIKE M.	10/9	Reno/Sparks, NV
	ANDY A.	10/11	Hicksville, NY
	JOHN G.	10/12	Brandon, FL
	MARIE K.	10/17	Wilmington, MA
	BARBARA H.	10/31	Bethesda, MD
<b>7 YEARS</b> . . . . .	NEAL P.	10/31	Bethesda, MD
	ERIC L.	9/7	Belleville, IL
	FRED M.	10/1	Bradenton/Lakewood Ranch, FL
	KIKI C.	10/1	Anaheim, CA
	FREDDY A.	10/2	YMCA Townhouse, NY
	MIKE H.	10/3	W. 46 <sup>th</sup> St., NY
	AL S.	10/4	San Diego, CA
	FRANCOIS B.	10/7	Saint-Jean-sur-Richelieu, QC
	MIKE H.	10/8	E. 31 <sup>st</sup> St., NY
	JERRY V.	10/14	Bronx Our Savior, NY
	DAVID C.	10/17	Charlotte, NC
	RICH R.	10/18	East Meadow, NY
	AMELIA E.	10/21	Bronx Our Savior, NY
	LEE Y.	10/22	San Diego, CA
<b>6 YEARS</b> . . . . .	DAVID D.	10/29	San Diego, CA
	ALLAN F.	10/30	White Plains, NY
	DALE R.	9/12	Dayton, OH
	CAROL	10/1	San Diego, CA
	BETH P.	10/3	San Diego, CA
	EVA R.	10/3	San Diego, CA
	DENNIS C.	10/6	Palm Springs, CA

<b>6 YEARS (cont)</b> . . . . .	RENGA I.	10/10	Marlton, NJ
	MAURICE	10/16	Joliette, QC
	SHANNON D.	10/17	Downey, CA
	BETSY M.	10/23	San Diego, CA
	ELIOT G.	10/23	Bethesda, MD
	DIANE F.	10/28	Holiday, FL
	BOB S.	10/28	Reno/Sparks, NV
	MENACHEM F.	10/28	Pomona, NY
	AUSTIN D.	10/28	Greensboro, NC
<b>5 YEARS</b> . . . . .	LARRY S.	8/6	Belleville, IL
	MAYER N.	8/16	Richmond, BC
	JONATHAN J.	9/28	Auburn, CA
	JOHN B.	9/28	Dayton, OH
	TONY N.	10/1	Anaheim, CA
	JAY R.	10/1	E. 31 <sup>st</sup> Street, NY
	MORDI K.	10/6	Ocean Pky, NY
	JANICE A.	10/7	S. Pasadena, FL
	GEEGEE T.	10/12	San Diego, CA
	JACK F.	10/15	Ardley, NY
	SHELLEY H.	10/16	San Diego, CA
	RACHEL H.	10/17	Henderson, NV
	ROBYN T.	10/17	Las Vegas, NV
	BARRY A.	10/19	Hasbrouck Heights, NJ
	ROD T.	10/20	Greensboro, NC
	TOM B.	10/21	Oceanside, NY
	TOM K.	10/23	Harrisburg, PA
	AVI H.	10/27	Ocean Parkway, NY
	CHRISTON C.	10/29	Cropsey, NY
	ROB S. (2)	10/31	San Diego, CA
	NICK M.	10/31	White Plains, NY
	MARY D.	10/31	Greensboro, NC
<b>4 YEARS</b> . . . . .	BRIAN H.	8/22	Charlotte, NC
	SUE M.	8/24	Lisle, IL
	BILL B.	10/1	San Diego, CA
	RICK W.	10/3	Irvine, CA
	BARRY G.	10/4	San Diego, CA
	ELLEN H.	10/4	Blackwood, NJ
	LINDA L.	10/5	Belleville, IL
	DEB D.	10/13	Lakeland, FL
	DENNA R.	10/15	Howard Beach OLOG, NY
	MARK D.	10/17	Venice, FL
	DAVID M.	10/20	Reno/Sparks, NV
	FRANCE S.	10/20	Longueuil, QC
	SCOTT M.	10/22	Boonton, NJ
	JEFF F.	10/28	Smithtown, NY

<b>3 YEARS</b> . . . . .	ALEX H.	7/9	Geelong, VIC
	BENNIE S.	8/12	Belleville, IL
	ANTHONY	9/8	Sacramento, CA
	CHARLIE R.	9/10	Woodbury, NY
	ANN G.	9/13	Sacramento, CA
	MANNY G.	9/21	Oxnard, CA
	CHRIS C.	9/24	Arbutus, MD
	SHIRLEY R.	9/28	Auburn, CA
	CHRIS D.	10/3	Havertown, PA
	WAYNE W.	10/5	Marlton, NJ
	GUS V.	10/8	Ft. Worth, TX
	PATRICIA T.	10/18	Willow Grove, PA
	ELLEA L.	10/19	Hamburg, NY
	TRAVIS S.	10/21	W. 46 <sup>th</sup> St., NY
	BENOIT R.	10/21	Granby, QC
	MORIA F.	10/22	Las Vegas, NV
	MIKE C.	10/24	White Plains, NY
	JAMES M.	10/26	Hasbrouck Heights, NJ
	MICHAEL L.	10/28	Moorestown, NJ
	JASON W.	10/28	Woodbury, NY
	AARON S.	10/29	Westlake, CA
	MARK T.	10/30	Las Vegas, NV
	MIKE D.	10/30	Hampton, NJ
<b>2 YEARS</b> . . . . .	BETH P.	7/31	Elk Grove Village, IL
	TOM D.	9/5	Sacramento, CA
	RICH T.	10/2	Hampton, NJ
	KEN T.	10/2	E. 79 <sup>th</sup> St., NY
	BOBBY I.	10/4	Nutley, NJ
	ANDY F.	10/5	Marlton, NJ
	DENISE A.	10/5	Sainte-Therese, QC
	JOE V.	10/6	Union, NJ
	LESLEY M.	10/7	Harrisburg, PA
	JESSE H.	10/9	Rochester, NY
	ANDRE F.	10/10	Hamburg, NY
	VICTOR J.	10/11	Edmonton, AB
	DORRIAN J.	10/14	Summit, NJ
	JOE R.	10/14	Rochester, NY
	SYLVIA P.	10/15	San Diego, CA
	PETER L.	10/15	Roseland, NJ
	FRANK M.	10/15	Pomona, NY
	KEVIN B.	10/15	Herndon, VA
	NORM S.	10/17	Edmonton, AB
	PAUL B.	10/20	Worcester, MA
	SHIRLEY B.	10/23	San Diego, CA

<b>2 YEARS (cont)</b> . . . . .	RAY	10/24	Lakeland, CA
	MALCOLM M.	10/24	N. Ft. Myers, FL
	JACK P.	10/24	New Hyde Park, NY
	DOUG M.	10/28	Tampa, FL
	MARK C.	10/30	Brandon, FL
<b>1 YEAR</b> . . . . .	BOB C. (2)	7/11	Aurora, IL
	HAMISH A.	7/23	Moonee Ponds, VIC
	TJ	7/24	Reservoir, VIC
	NATHAN W.	7/26	St. Charles, IL
	ANDREW C.	8/7	Carlton, VIC
	SHARELLE	8/7	Watsonia, VIC
	DAVE	8/16	Redcliffe, QLD
	DORI D.	8/24	Downers Grove, IL
	KEN M.	8/27	Downers Grove, IL
	DAN W.	8/28	Caulfield, VIC
	TAMMIE T.	9/7	Lincoln, CA
	CRYSTAL S.	9/10	Sacramento, CA
	MICHAEL A.	9/15	Sacramento, CA
	BENETT	9/20	Davis, CA
	JULIE C.	10/2	Joliette, QC
	KAT L.	10/3	Palm Springs, CA
	CHRISTIAN C.	10/4	Ft. Worth, TX
	SEAN D.	10/6	Settlement House, NY
	PATRICK B.	10/6	Montreal/Maison Jean Lapointe, QC
	MARK T.	10/7	Springfield, MD
	PAT R.	10/7	Duxbury, MA
	BRENT M.	10/8	Oshawa, ON
	JOSH M.	10/8	Oshawa, ON
	COLETTE H.	10/9	San Diego, CA
	KALI V.	10/10	New Hyde Park, NY
	JESSICA G.	10/10	Willow Grove, PA
	JAY L.	10/13	Glendale, CA
	ADAM K.	10/13	Harrisburg, PA
	FRANK B.	10/14	Nutley, NJ
	MARTHA A.	10/15	San Diego, CA
	MARIE F.	10/15	Duxbury, MA
	JAY F.	10/15	Herndon, VA
	KYLE M.	10/16	E. 79 <sup>th</sup> St., NY
	PETE H.	10/16	YMCA Townhouse, NY
	ROB A.	10/18	Plantation, FL
	JOHN H.	10/18	48 <sup>th</sup> St., NY
	NICK D.	10/19	Edison, NJ
	FERMIN V.	10/19	St. Clare's, NY
	ROBEL H.	10/20	Springfield, MD
	AUSTIN O.	10/22	Charlotte, NC

<b>1 YEAR (cont)</b> . . . . .	DIANE C.	10/23	N. Ft. Myers, FL
	CRAIG E.	10/23	Harrisburg, PA
	JOE C.	10/23	Sayrewoods, NJ
	ROB P.	10/24	Marlton, NJ
	BARBARA S.	10/25	Las Vegas, NV
	OLIVE T.	10/25	Las Vegas, NV
	LARRY S.	10/26	Hasbrouck Heights, NJ
	DAWN G.	10/27	Culver City, CA
	SAM S.	10/27	Glendale, CA
	HARRIS S.	10/27	Hampton, NJ
	RICHIE B.	10/28	Lindenhurst, NY
	BOBBY W.	10/28	San Diego, CA
	RAMONA B.	10/29	Harrisburg, PA
	JAN L.	10/31	Rutgers, NJ
	CARL B.	10/31	Congers, NY
	PAT R.	10/31	Herndon, VA

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**INDIVIDUAL LIFELINER DONATIONS  
SEPTEMBER 2019**

ARIZONA (6)	85.00	MISSISSIPPI (2)	35.00
CALIFORNIA (60)	2,493.00	MISSOURI (1)	2.00
COLORADO (1)	25.00	NEVADA (20)	476.00
CONNECTICUT (1)	20.00	NEW HAMPSHIRE (1)	40.00
FLORIDA (25)	521.50	NEW JERSEY (24)	355.00
GEORGIA (3)	110.00	NEW MEXICO (3)	30.00
HAWAII (1)	50.00	NEW YORK (14)	471.00
IDAHO (1)	50.00	OHIO (1)	10.00
ILLINOIS (3)	120.00	OKLAHOMA (2)	15.00
INDIANA (2)	30.00	OREGON (2)	55.00
KANSAS (2)	120.00	PENNSYLVANIA (5)	76.00
KENTUCKY (2)	60.00	SOUTH CAROLINA (1)	20.00
LOUISIANA (3)	30.00	TEXAS (1)	100.00
MARYLAND (2)	40.00	WASHINGTON (4)	37.50
MASSACHUSETTS (2)	59.00	WISCONSIN (1)	15.00
MICHIGAN (2)	10.00	<b>TOTAL (198)</b>	<b>\$5,561.00</b>

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**INTERGROUP LIFELINER DONATIONS  
SEPTEMBER 2019**

Detroit/Toledo Intergroup	50.00
<b>TOTAL (1)</b>	<b>\$50.00</b>

## I.S.O. CAN CONTRIBUTIONS SEPTEMBER 2019

### ARIZONA

C872 Tucson Thursday PM 25.00

### CALIFORNIA

C4	Anaheim Wednesday 7:30 PM	90.00	C188	Sacramento Tuesday PM	59.00
C6	Gardena Friday	32.00	C192	Downey Thursday	24.00
C8	Downey Saturday	53.00	C194	Orangevale Friday PM	30.00
C9	Hollywood Saturday	13.00	C200	Simi Valley Saturday	26.00
C11	Paramount/Lakewood Thursday	36.00	C206	Rancho Mirage Wednesday	29.00
C15	Reseda Thursday	20.00	C405	Sacramento Wednesday 7PM	32.00
C16	Anaheim Monday PM	35.00	C412	Sierra Madre Tuesday	30.00
C17	Reseda Friday	5.00	C413	Rancho Cucamonga Monday	6.00
C18	Santa Monica Friday	47.50	C464	Stockton Thursday	10.00
C19	Gardena Wednesday	39.00	C577	San Pablo Wednesday Spanish	55.00
C21	Cheviot Hills Monday	100.50	C578	Westside/Santa Monica Wednesday	123.00
C23	Ventura Sunday	18.80	C588	Burbank Friday	15.00
C28	Anaheim Sunday 6 PM	17.00	C638	Colton Friday	7.00
C29	Anaheim Tuesday Noon	4.00	C639	Diamond Springs Thursday	42.00
C31	Rancho Cucamonga Sunday	8.00	C765	Fair Oaks Thursday AM	73.00
C40	Norwalk Monday	22.00	C841	Azusa Friday	20.00
C41	L.A. Intergroup	12.00	C858	North Hollywood Tuesday	36.00
C46	Anaheim Women Preferred Saturday 10 AM	17.00	C863	Rancho Cucamonga Thursday	29.00
C48	Rancho Cucamonga Tuesday Alano	5.00	C952	Loma Linda Wednesday	56.00
C77	(see Intergroup Contributions)		C970	Folsom Monday	95.00
C78	Glendale Sunday	39.00	C1002	Burbank Monday	53.00
C82	Anaheim Thursday 7:30 PM	33.00	C1012	Irvine Thursday 7:30 PM	50.00
C92	Mission Viejo Tuesday 7:30 PM	20.00	C1014	Irvine Thursday Step	23.00
C112	Palm Springs Sunday	25.67	C1035	Westlake Thursday	12.60
C114	Rancho Cucamonga Sunday Spanish	10.00	C1044	Downey Spanish Sunday	50.00
C115	Griffith Park Sunday	67.00	C1105	Sacramento Stop & Grow Saturday AM	54.65
C161	Dana Point Saturday Step	7.00	C1158	Westlake Tuesday	40.15
C166	Palm Springs Thursday	18.00	C1282	San Juan Capistrano Monday 7 PM	12.00
C184	Sacramento Tuesday AM	116.27	C1285	Rancho Cucamonga Saturday PM	35.00
C185	Sacramento Thursday	11.00			

**CALIFORNIA (cont)**

C1302	Roseville Friday	40.00	C1538	Anaheim Tuesday 6 PM	19.00
C1304	Tuesday Anaheim Spanish	23.00	C1637	Anaheim Friday Noon	2.00
C1352	Saturday Dana Point AM	29.00	C1694	Auburn Wednesday	20.00
C1397	Rancho Cucamonga Tuesday	21.00	C1700	La Verne Wednesday	12.00
C1442	Burbank Tuesday AM	7.00	C1724	Inland Empire Intergroup	18.00

**CONNECTICUT**

C415	Hartford Monday	59.00
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**DELAWARE**

C128	St. Marks Wednesday	50.00
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**FLORIDA**

C123	Singer Island Saturday	25.00	C278	Delray Beach Sunday	62.00
C251	Clearwater/Windmoor Thursday	40.00	C1466	Boca Raton Thursday	68.00
C262	Plantation Friday PM	27.00	C1627	Delray Beach Thursday- 12:15 PM	40.00
C263	Plantation Wednesday PM	24.00			

**GEORGIA**

C1539	Norcross Sunday	10.00
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**ILLINOIS**

C61	Joliet Monday	31.00	C148	Joliet Friday	26.00
C62	Burbank Thursday-Our Saviors	100.00	C418	Schaumburg Saturday	61.00
C64	Park Ridge –Lutheran General	15.00	C422	Park Ridge Saturday AM	74.00
C70	Deerfield Wednesday	115.00	C423	Naperville	100.00
C72	Edison Park Tuesday	20.00	C424	Schaumburg Tuesday	9.75
C73	Evanston – St. Francis Sunday	21.00	C425	Elk Grove Village –St. Nicholas	50.00
C83	Arlington Heights	57.50	C430	Hoffman Estates Alexian Brothers Wednesday	110.00
C86	Aurora Provena Wednesday	28.00	C528	Bolingbrook	50.00
C100	Oak Lawn –St. Linus Catholic Church Monday	100.00	C659	Aurora Provena Monday	57.50
C136	Burbank Wednesday-Our Saviors	25.00	C739	Hinsdale Friday	23.00
C146	Elgin Sunday-Sherman Oaks Hospital	32.00	C799	St. Charles-Hosana Lutheran Thursday	49.00
C147	Chicago- St. Johns Thursday Night	25.00	C991	Orland Park Thursday	120.00
			C1104	Downers Grove Saturday	116.00
			C1108	Chicago-St. Mary's Nazareth	25.00
			C1109	Downers Grove Wednesday	151.00

**ILLINOIS (cont)**

C1153	Lansing – First Methodist	50.00	C1377	Algonquin/Lake In The Hills	35.00
C1207	Lisle Women’s Monday	55.00			
C1376	Buffalo Grove Friday	34.00	C1460	Morris Hospital Monday	38.00
			C1511	Downers Grove Thursday	37.50

**INDIANA**

C429	Indianapolis Saturday	30.00			
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**MASSACHUSETTS**

C617	Newton Thursday	21.00	C1010	Brockton VA Hospital	68.00
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**MICHIGAN**

C484	Livonia Monday PM	53.00			
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**NEW JERSEY**

C670	Ocean Thursday	30.20			
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**NEW YORK**

C142	Queensboro	35.00	C680	48 <sup>th</sup> Street	100.00
C159	White Plains	10.00			

**OHIO**

C913	Madison Wednesday PM	42.00			
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**OREGON**

C541	Gresham Saturday	30.00	C1480	Oregon City Friday	30.12
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**PENNSYLVANIA**

C203	Penn Hills Saturday	4.00	C210	Verona Sunday	5.00
C208	South Hills Tuesday	31.00	C215	Beaver/Vanport Monday	45.00

**WASHINGTON**

C383	Spokane Valley	14.00	C386	Kennewick	34.00
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## CANS CONTRIBUTIONS FROM GRATITUDE WEEK SEPTEMBER 2019

### CALIFORNIA

C185 Sacramento Thursday	7.50	C194 Orangevale Friday PM	16.00
C188 Sacramento Tuesday PM	23.00	C765 Fair Oaks Thursday AM	24.00

### TEXAS

C1438 Ft. Worth Saturday AM	105.00
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## GROUP CONTRIBUTIONS SEPTEMBER 2019

### ARIZONA

Mesa Wednesday Noon	10.00
Phoenix Wednesday-23 <sup>rd</sup> Ave. & Dunlap	50.00
Prescott Friday	10.00
Prescott Valley Saturday AM	20.00
Tempe Tuesday PM	166.00
Tucson Tuesday-Mostly Books	50.00

### CALIFORNIA

Lincoln Wednesday	27.00
Lincoln Sunday	26.50
Menlo Park Sunday	78.00
Oxnard Saturday 9AM-Silver Strand Beach	72.00
Pleasant Hill Thursday	20.00
San Jose Monday Beginners	25.00
Vallejo Wednesday	20.00
Walnut Creek Tuesday	10.00

### CONNECTICUT

Middletown Thursday	117.00
Pawcatuck Tuesday	5.00

### FLORIDA

Boynton Beach Tuesday	30.00
Delray Beach Thursday- Crossroads	12.00
Delray Beach Sunday- Crossroads	60.00

Maitland Wednesday	10.00
Naples Monday	50.00
Plantation Friday	30.00
Port St. Lucie Wednesday	15.00
Tampa Thursday	21.00

### GEORGIA

Norcross Sunday Korean	10.00
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### INDIANA

Indianapolis Wednesday	20.00
Indianapolis Thursday	20.00

### KANSAS

Wichita Monday PM	10.00
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### KENTUCKY

Lexington	125.00
Louisville Monday	25.00

### LOUISIANA

Baton Rouge Tuesday	25.00
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### MARYLAND

Joppa Tuesday	50.00
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### MAINE

York	20.00
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### MICHIGAN

Grand Rapids Monday- Kentwood	5.00
Maple Grove Wednesday PM	50.00

### MINNESOTA

Maplewood	8.00
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**MISSOURI**

Bridgeton Friday – DePaul	20.00
North Kansas City Sunday	50.00
St. Anthony’s Friday- St. Louis	100.00

**NEW JERSEY**

Carlstadt Wednesday	25.00
Freehold Friday	35.00
Hasbrouck Heights Saturday	25.00
Linwood Thursday	50.00
Mercerville Tuesday PM	50.00
Metuchen Tuesday	25.00
Mt. Holly Saturday	25.00
Old Bridge	25.00
Roseland Tuesday	35.00
Rutgers	50.00
Sayrewoods Wednesday	75.00
Toms River Thursday	10.00
Toms River Saturday	50.00
Union Sunday	25.00
Voorhees Tuesday Nooners	40.00

**NEW MEXICO**

Espanola Thursday	26.00
Santa Fe Tuesday	55.00

**NEVADA**

Grupo Nuevo Amanecer	50.00
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**NEW YORK**

Ardley Tuesday	20.00
Bronx Our Savior	60.00
Bronx Saturday AM	81.00
Clay Friday	20.00
Douglaston Tuesday	30.00
Eastside	100.00
Howard Beach Tuesday	25.00
Long Island Tuesday- Lindenhurst	50.00
New York City Monday AM	100.00
New York Thursday AM	20.00
Staten Island Monday	50.00
Staten Island Wednesday- St. Vincent	20.00
Staten Island Saturday	25.00

St. Clare’s Saturday	50.00
Syracuse Saturday AM- Sunshine	50.00
Yonkers Thursday PM	70.00
Vailsgate/Orange County Monday	25.00
Woodbury Monday	20.00

**OHIO**

Mayfield Sunday PM	200.00
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**OKLAHOMA**

Tulsa Wednesday/Friday @ Boston	10.00
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**OREGON**

Gold Hill Monday	25.00
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**PENNSYLVANIA**

Collegetown/Trappe Thursday	20.00
Havertown Monday	25.00
Langhorne Thursday	15.00
NE Philadelphia Wednesday	25.00
NE Philadelphia Friday- Nazareth	15.00
NE Philadelphia Sunday- Nazareth	57.00
Willow Grove Wednesday	20.00

**RHODE ISLAND**

Rumford Sunday PM	25.00
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**WASHINGTON**

Arlington –Smokey Point Saturday AM	30.00
Issaquah Wednesday	10.00
Milton Saturday	25.00
Mount Vernon Friday	25.00
Redmond Saturday AM	20.00
Snohomish Friday PM	10.00
Spokane @ Country Homes	20.00
Tacoma Women’s Thursday	10.00

**WISCONSIN**

Janesville	20.00
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**CANADA**

Alberta Calgary Thursday Varsity	33.76
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**CANADA (cont)**

Calgary Sunday Winston Heights	33.76
Edmonton Thursday Beginners	155.75
British Columbia White Rock Wednesday	50.00

## Ontario

Windsor	150.00
<b>KOREA</b>	
Seoul	50.00
<b>PUERTO RICO</b>	
Caguas Tuesday- Si Se Puede	10.00

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## GROUP CONTRIBUTIONS FROM GRATITUDE WEEK SEPTEMBER 2019

**ARIZONA**

Phoenix Friday PM-Calvary	11.15
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**CALIFORNIA**

Anaheim Saturday Women's	11.00
Azusa Friday	77.00
Burbank Monday	18.00
Burbank Tuesday AM	5.00
Burbank Friday	9.00
Burlingame Monday	100.00
Colton Friday	8.00
Gardena Friday	19.00
Glendale Sunday	39.00
Glendale Wednesday	30.00
Griffith Park Sunday	13.00
Hollywood Saturday	5.00
La Verne Wednesday	28.00
Nevada City High Nooners	15.00
N. Hollywood Tuesday	20.00
Palm Springs Thursday	7.00
Petaluma Saturday	60.00
Rancho Cucamonga Sunday	60.00
Rancho Cucamonga Monday Noon	70.00
Rancho Cucamonga Monday PM	27.00
Rancho Cucamonga Tuesday	20.00
Rancho Cucamonga Tuesday Alano	7.00
Rancho Cucamonga Thursday Noon	5.00

## Rancho Cucamonga Thursday

PM	181.00
Rancho Cucamonga Friday	22.00
Rancho Cucamonga Saturday	172.00
Redding Thursday	30.00
Redwood City Step	100.00
Riverside Saturday	20.00
Sacramento Tuesday AM	112.26
San Francisco Wednesday	50.00
Santa Monica Friday	50.00
Santa Rosa Thursday	60.00
Sierra Madre Tuesday	14.00
Simi Valley Saturday	19.00
Sunnyvale Saturday	28.00
Walnut Creek Tuesday	10.00

**DELAWARE**

Wilmington Monday PM	40.00
Wilmington Thursday	8.00
Wilmington Saturday AM	20.00

**FLORIDA**

Bradenton/Lakewood Ranch Monday	13.00
Bradenton Friday Noon	20.00
Clearwater/Windmoor Clearwater/Windmoor Thursday PM	16.52
Ft. Lauderdale 12 Step House	25.00
Holiday Monday	50.00
Sarasota Wednesday	31.00

<b>ILLINOIS</b>	
Springfield Wednesday	62.00
Springfield Sunday	62.00
<b>KENTUCKY</b>	
Louisville Saturday AM	14.00
<b>MICHIGAN</b>	
Birmingham Tuesday	150.00
Bloomfield Hills	33.00
Warren Thursday	20.00
<b>MISSOURI</b>	
Kansas City Saturday Unity	50.00
<b>NEW JERSEY</b>	
Absecon Monday PM	20.00
Blackwood Friday	25.00
Linwood Thursday	28.00
Turnersville	25.00
Voorhees Tuesday Nooners	40.00
<b>NEW YORK</b>	
Baldwinsville Thursday	14.00
Rochester Monday	53.00
Rochester Friday PM	12.00

Woodbury Monday	34.00
<b>OHIO</b>	
Youngstown Friday	25.00
<b>PENNSYLVANIA</b>	
Allentown	50.00
Belmont Monday	25.00
Bethlehem Saturday	25.00
East Goshen Tuesday	35.00
Havertown Monday	150.00
Lancaster Tuesday	10.00
Langhorne Thursday	7.00
Media Wednesday	25.00
NE Philadelphia Friday-	
Nazareth	10.00
NE Philadelphia Wednesday –	
St. Jerome’s	44.00
Plymouth Meeting Thursday	
PM	30.00
<b>RHODE ISLAND</b>	
Rumford Sunday PM	10.00

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**INTERGROUP CONTRIBUTIONS  
SEPTEMBER 2019**

Chicagoland . . . . .	85.00	New Jersey . . . . .	150.00
Greater Sacramento . . . . .	30.00	New York . . . . .	100.00
Inland Empire . . . . .	100.00	Orange County . . . . .	101.40
L.A. Intergroup . . . . .	150.00	Pittsburgh/Wheeling . . . . .	50.00
Long Island . . . . .	130.00	South Florida . . . . .	100.00
Maryland . . . . .	100.00	South Jersey . . . . .	100.00
New England . . . . .	59.00	Western Washington . . . . .	25.00
San Diego . . . . .	314.00		

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**INTERGROUP CONTRIBUTIONS  
FROM GRATITUDE WEEK  
SEPTEMBER 2019**

Detroit/Toledo . . . . .	200.00	Orange County . . . . .	101.40
Greater Sacramento . . . . .	124.00	San Diego . . . . .	500.00
Northern California . . . . .	50.00	South Jersey . . . . .	45.00

**NATIONAL HOTLINE DONATIONS  
SEPTEMBER 2019**

Area 1	L.A. Intergroup	14.00
Area 1B	Inland Empire Intergroup	25.00
Area 6	South Florida Intergroup	20.00

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**BULLETIN SUBSCRIPTIONS  
SEPTEMBER 2019**

Two Subscriptions for a Total of \$96.00

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**ONE TIME DONATIONS  
SEPTEMBER 2019**

Rochester Monday, New York  
For the September anniversaries of Gary C., 20 years  
and Peter B., 1 year

Jim S., Arizona  
In memory of my father, Jim S. from Nebraska

Bill B., Florida  
In loving memory of Lynne H., a gem of a person,  
a most wonderful member, R.I.P.

Board of Regents, California  
September Meeting Donation

Orange County Intergroup, California  
In memory of Lynne H.

**GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
OPERATING STATEMENT  
SEPTEMBER 2019**

CASH IN OPERATING ACCOUNT SEPTEMBER 1, 2019 .....	\$ 58,756.58
<b>RECEIPTS FOR SEPTEMBER</b>	
Group Contributions .....	\$ 4,054.77
Lifeliners .....	5,611.00
I.S.O. Can Contributions .....	5,093.77
Intergroup Contributions.....	1,594.40
Bulletin Subscriptions.....	96.00
One-Time Donations.....	283.00
National Hotline Donations .....	59.00
Sale of Literature .....	18,570.29
Literature Shipping .....	2,479.16
Sales Tax Collected.....	289.39
Gratitude Week .....	4,089.83
Septembers 13th Annual International Walk-A-Thon .....	1,097.00
E-Reader Payment .....	9.04
Merchant Services Cash Reward .....	.14
Interest From Checking Account .....	.42
Bank Adjustment.....	.34
Merchant Chargeback Replaced.....	54.00
PayPal Literature Processing Fees .....	463.96
<b>TOTAL .....</b>	<b><u>\$ 43,845.51</u></b>
CASH AVAILABLE FOR SEPTEMBER .....	\$ 102,602.09
<b>DISBURSEMENTS FOR SEPTEMBER</b>	
Rent .....	\$ 4,769.15
Payroll .....	16,604.16
Payroll Taxes (Federal & State) .....	1,270.22
Postage .....	4,000.00
Office Expenses .....	1,155.73
Payroll Processing Fees .....	169.38
Health Insurance .....	1,402.34
Telephone .....	398.60
Electric Bill.....	442.61
Professional Services .....	1,425.00
Lease/Maintenance Postage Meter & Scale.....	328.50
Match For Employees Simple IRA .....	498.14
Bulletins .....	900.68
Literature.....	24,249.48
Pay Pal Literature Processing Fees.....	463.96
<b>TOTAL .....</b>	<b><u>\$ 58,077.95</u></b>
CASH IN OPERATING ACCOUNT AS OF SEPT. 30, 2019 .....	\$ 44,524.14
DISBURSEMENTS IN EXCESS OF INCOME.....	-\$ 14,232.44

# 2020 Spring International Conference

## OUR SOUND RECOVERY

April 24th, 25th and 26th, 2020

Double Tree by Hilton Seattle Airport  
18740 International Blvd., Seattle, WA 98188

Plan	Package	Hotel**	Conference and Meals	Total
A	2 Persons Registration, 2 Nights, 8 Meals (Friday Dinner, Saturday Lunch & Dinner, Sunday Breakfast)	\$ 258.00	\$ 490.00	\$ 748.00
B	1 Person Registration, 2 Nights, 4 Meals (Friday Dinner, Saturday Lunch & Dinner, Sunday Breakfast)	\$ 258.00	\$ 245.00	\$ 503.00
C	2 Persons Registration, 1 Night, 4 Meals (Friday & Saturday Dinner Only)	\$ 129.00	\$ 370.00	\$ 499.00
D	1 Person Registration, 1 Night, 2 Meals (Friday & Saturday Dinner Only)	\$ 129.00	\$ 185.00	\$ 314.00
E	1 Person Registration, 1 Meal (Saturday Dinner)	\$ 0	\$ 125.00	\$ 125.00
F	1 Person, (Saturday Dinner only)	\$ 0	\$ 65.00	\$ 65.00
G	1 Person Registration only	\$ 0	\$ 60.00	\$ 60.00

• **Hotel Room Rate is for up to 3 persons per room.**

• **Rate does not include taxes/fees (currently 12.4% + \$2.00).**

• **Rate cutoff date is April 3, 2020**

- **Rates are good 3 days prior to Conference start and 3 days after Conference end (on a space available basis) • Free Transportation to/from Sea-Tac International Airport and Hotel • Parking at Hotel is \$10.00 per day**

**Hotel Reservations MUST be made directly with the Hotel before April 3, 2020**

**RESERVATION LINK:** <https://book.passkey.com/go/ISC2020> or **CALL (800) 222-8733**

Referencing Group Code: '2020 Spring International Conference'

**For additional info, E-mail: [2020SpringConference@gmail.com](mailto:2020SpringConference@gmail.com)**

### Conference Registration / Reservation

Full Name \_\_\_\_\_ Name on Badge \_\_\_\_\_ GA/Gam-Anon

Full Name \_\_\_\_\_ Name on Badge \_\_\_\_\_ GA/Gam-Anon

Address \_\_\_\_\_ Apt. \_\_\_\_\_ City \_\_\_\_\_

State/Prov. \_\_\_\_\_ Zip/Postal Code \_\_\_\_\_

E-mail address \_\_\_\_\_ Telephone \_\_\_\_\_

Plan \_\_\_\_\_ Number of nights \_\_\_\_\_ Arrival date \_\_\_/\_\_\_/\_\_\_ Departure date \_\_\_/\_\_\_/\_\_\_

**Total Deposit Enclosed** \_\_\_\_\_ (No refunds after April 1st, 2020)

Minimum \$100 deposit for Plans A-E) - (Payment in FULL for Plans F & G) - U.S. Funds Only

Please return this form with your payment for **Registration and Meals ONLY**. (Does not include hotel fees - book direct with hotel). Checks or money orders (paid in U.S. Funds) should be made payable to: **2020 Spring Conference**. (No cash by mail please). **Please return to:**

**Area 2H GA Intergroup, Attention 2020 Spring Conference  
P.O. Box 59416, Renton, WA 98058**

# ***Where would you be today without G.A.? Become a Lifeliner Today!***

*A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.*

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

***Do it today – it's the right thing to do!***

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I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY & STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

*Please mail this with your initial contribution to:*

GAMBLERS ANONYMOUS I.S.O., P.O. BOX 17173, LOS ANGELES, CA 90017

***Thank you for your support!!***