



March 2022

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
UPLAND, CALIFORNIA 91786**

Circle one

FIRST CLASS (U.S. Only).....	\$48.00
EACH ADDITIONAL COPY (U.S.) IN SAME ENVELOPE	\$40.00
FOREIGN (Outside U.S.).....	\$60.00
EACH ADDITIONAL COPY (FOREIGN) IN SAME ENVELOPE	\$55.00

Please Enclose Check or Money Order for Payment

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** ____ **ZIP:** _____

DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS
MEETING MINUTES OF FEBRUARY 19, 2022**

CALL TO ORDER: The Chair, Cathy F., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

ROLL CALL WAS TAKEN:

Present: Cathy F., Guy H., Valerie D., Zach M. and Israel A., Office Manager.

Present by Phone: *John C., Andre G., Gary M., Jo K., Arnie B., and KC B., International Executive Secretary.

*Discussion whether John C. can be present by phone and vote due to special circumstance of a family event.

A motion was made and seconded that John C.'s absence from this meeting met the special circumstances of the Gamblers Anonymous By-Laws, Article 3, Section 6.

MOTION SECONDED AND FAILED

A roll call vote was taken.

For – 3 Against – 5 Abstained – 0

Andre G.	No	Arnie B.	For
Cathy F.	No	Gary M.	No
Guy H.	For	Jo K.	No
Valerie D.	No	Zach M.	For

MINUTES FROM JANUARY 15, 2021, B.O.R. MEETING:

A motion was made to approve the minutes as written.

MOTION SECONDED AND PASSED

For – 8 Against – 0 Abstained – 0

OPERATING STATEMENT FOR JANUARY 2022:

Expenses for the new office location, moving, rent and Cam Fees (rent for old and new location was paid in December and January and the rent for the new location was free for one month).

The Operating statement did not get a motion to pass because it looked like there were some expenses missing from the report. The B.O.R. will review the statement at the March meeting. Israel will check with Norma for any additional needed information. Israel said that they had a final walk through on February 1st

with the old building management and were told we would get most of our deposit back, which should take 4-8 weeks.

MINUTES FROM JANUARY 20, 2022, EMERGENCY B.O.R. MEETING:

Cathy F. asked that the last paragraph in these minutes be removed. The paragraph reads,

“The Chair of the B.O.T. was asked to let Cathy F. know any next steps or actions for the B.O.R. The B.O.R. members are looking forward to the next meeting and some of us will see you there!”

A motion was made to approve the minutes as amended.

MOTION SECONDED AND PASSED

For – 8 Against – 0 Abstained – 0

OLD BUSINESS

A. OFFICE MANAGER REPORT – ISRAEL A.

- Lifeliners – none
- New Cans – none
- Group Information Request Forms received: none
- Group Information Request forms received prior to sending Starter Kit for the month of January were two: Ft. Meyers Beach, FL and Royersford, PA.
- Prison Starter Kits – none
- Venmo and Zelle Donations - \$722.63
- 263 Lifeline members were mailed tax letters for 2021 and 18 letters to members who sent one-time donations greater than \$100. Tax letters mailed totaled 281 tax donations.
- Gratitude Week Donations: 2019 - \$12,695.69, 2020 - \$11,658.44 and 2021 -\$14,367.08

B. I.E.S. REPORT – KC B.

- Working on the February Bulletin.
- Updated New Mailing/Contact for I.S.O.
- Updated the B.O.T. Confidential Listing.
- Researching flight information for the next B.O.T. meeting in Cherry Hills.
- The Trustee website has been updated with the current members of the B.O.R.

C. BY-LAWS COMMITTEE REPORT – VALERIE D.

Valerie D. and Israel reviewed the Articles of Incorporation and Certificate of Amendments to assure they were up to date. There had been two amendments made; one in 1964 to change the nonprofit/tax exempt status and the second one was done in 1988 to change from N.S.O to the I.S.O. These documents are kept in the fireproof safe at the I.S.O.

Moving forward the committee will proceed with their second proposal to have the Bylaws classified as approved literature, which will allow the I.S.O. the ability to make real-time updates and have electronic copies available from the I.S.O. upon request. This would have to be approved by the B.O.T. and the B.O.R.

D. B.O.T. CONTRACT UPDATE – CATHY F.

The contract was signed by Pete K., the Chairman of the B.O.T. The check was sent to Pete K. at his home address right after the meeting took place. The number of guest rooms was changed to a lower number and other suggestions from the B.O.R. were also updated. Liability insurance was discussed. The B.O.R. suggested that liability insurance should be included in the Guidance Code for all B.O.T. meetings whether or not there is a conference held. John C. will get another quote for liability insurance. Cathy F. will talk to Pete K.

E. FINANCIAL INFORMATION COMMITTEE REPORT – CATHY F.

The Financial committee has established Guidelines for the I.S.O. to use when creating and distributing financial statements information, specifically the Operating Statement and the Profit and Loss Statement.

NEW BUSINESS

A. OTHER OPTIONS FOR CHECK SIGNING – CATHY F.

Discussion: If signers/officers live outside the 200-mile radius of the I.S.O. what can be done to get their signatures? Checks could be sent via Fed Ex for signatures of officers not living close to the I.S.O. A suggestion was made that only locals be check signers instead of specific officers. It was decided to table this item until the March meeting.

B. B.O.R. ABSENCE DISCUSSION – CATHY F.

To review Zach M.'s absence from the January 2022 B.O.R. meeting due to vacation.

Discussion followed and the B.O.R. decided that his vacation does not fit the rules for special circumstances. Currently B.O.R. members are limited to four missed meetings during their two-year term which the members thought was reasonable.

A motion was made and seconded that Zach M.'s absence from this meeting met the special circumstances of the Gamblers Anonymous By-Laws, Article 3, Section 6.

MOTION MADE AND SECONDED
For – 0 Against – 7 Abstain – 0
Motion Failed

C. REVIEW LITERATURE ORDER FORM – ISRAEL

In the next few months more literature will be purchased. The address and phone number on the form will be changed to the new location after the meeting. All merchandise is purchased in bulk to save cost. It was suggested that the list of data on the form be in alphabetical order and remove GA at the beginning of literature names. This would make the form more user friendly. Israel will check this as a possibility.

A motion was made to change contact data and revision date on the Literature order form and leave order form otherwise as it is.

MOTION MADE AND SECONDED
For – 8 Against – 0 Abstain – 0
Motion Passed

D. INCREASE CREDIT LIMIT ON BANK CARD

The I.S.O manager, Israel A. brought up that there was a need to increase the credit card limit. Israel suggested increasing it from \$1,000 to \$2,500.

Arnie B. made a motion to increase the limit to \$1,500 and it was seconded by Gary M.

Discussion followed. Roll Call was taken.

MOTION MADE SECONDED
ROLL CALL VOTE

For – 6 Against – 0 Abstain – 2			
Andre G.	For	Arnie B.	For
Cathy F.	For	Gary M.	Abstain
Guy H.	For	Jo K.	For
Valerie D.	For	Zach M.	Abstain

A second motion was made by Valerie D and seconded by Cathy F. to amend the previous motion made and increase the amount to \$2,500.00

MOTION MADE SECONDED
For – 8 Against – 0 Abstain – 0
Motion Passed

People who listened into the meeting: one person

Collection: \$65

The meeting closed with the Serenity Prayer at 10:30 A.M.

Next Meeting will be March 18, 2022, at 11:30 A.M.

Respectfully submitted by Jo K., Recording Secretary

HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact Alan J. at alanj5994@gmail.com. He will reply by email or phone if you provide your number.

UNITY PROGRAM

Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It’s called “Gamblers Anonymous Group Study Book on the Unity Steps.” Each month of 2022, I’ll discuss the Unity Program and the corresponding step with each month. I’ll be taking information from both this booklet and our red book, A New Beginning. Both of these are available on the Gamblers Anonymous website or order form.

As I entered my first meeting on July 30, 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It’s all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I’d like to think it’s the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on **MY** recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

Step 3 – The only requirement for Gamblers Anonymous membership is a desire to stop gambling.

Regardless of who a person is, or how grave their emotional, legal, or financial complications may be, Gamblers Anonymous welcomes anyone who demonstrates a desire to stop gambling.

For membership, it is not necessary that one pay dues or sign a pledge. Those who have returned to gambling are especially encouraged to attend meetings and get help because it is the desire to stop gambling – not the abstinence – that is required for membership.

Expressing a desire to stop gambling doesn't always mean that the member can overcome the strong urge to gamble, but nevertheless, it is the desire that is the requirement.

- a. Define/discuss the following words or phrases: “only requirement for Gamblers Anonymous membership,” “desire to stop gambling.”*
- b. How can you tell whether you are a compulsive gambler?*
- c. Does your group encourage everyone to share?*
- d. Do we make all gamblers welcome? Does it matter how or what they gambled on?*
- e. What are the topics compulsive gamblers have in common? What topics should be avoided?*
- f. Who decides if “I” am a member of Gamblers Anonymous?*
- g. Why does Gamblers Anonymous leave it to each newcomer to decide for him/herself whether he/she is a compulsive gambler and whether or not to join us?*
- h. What happens when I place expectations on another's chance for recovery?*
- i. How do honesty, open-mindedness, and willingness figure into a desire to stop gambling?*
- j. Does the group have the right to decide who can or cannot be a member?*
- k. How is the group affected when a member continues to slip or relapse?*
- l. Why is it important for me to continue to identify myself as a compulsive gambler?*

m. What does it mean to me to be a member of Gamblers Anonymous?

n. There are several principles that may apply to this step. Elaborate on how each of the following applies to Unity Step 3: tolerance, unconditional love, anonymity, responsibility.

From the desk of your International Executive Secretary.

As we march through the third month of this year, once again, I'd like to thank all the individuals, groups, Intergroups, and RSOs that have continued their contributions to the I.S.O. Your contributions help the International Service Office carry the message to the compulsive gambler who still suffers. I'd like to encourage all of us to continue these donations and contributions so that we can continue to carry our important messages of hope, recovery, and serenity.

After we published the bulletin last month, we noticed there were some typos on the year in some places. My apologies on not catching those typos before we went to print! It's really not January 2021 as it states in the bulletin, it should have read 2022! Oops! Thanks for understanding that there may be typos here and there.

I was recently given the opportunity to attend a GA meeting on Zoom celebrating the 60-year anniversary for one of our members. Bill B. from the Bronx, New York, recognized six decades of abstinence and recovery with almost 300 of his closest friends. It was a humbling experience to witness and be a part of that celebration. Thank you, Bill, for keeping the doors open for the rest of us coming in behind you.

Yours in recovery and gratitude, KC B.

GROUP NEWS

Note From I.S.O.: Thank you to all the members in the "Group News" section, for their letters, donations, and kind words. Please keep writing and sharing your experience, strength, and hope with everyone.

Hello I.S.O. Friends,

Enclosed, you'll find our monthly contribution from our Wednesday Northeast Philadelphia group. Thanks for all you do and keep up the great work.

Your friend in recovery, John B., Philadelphia, Pennsylvania

Dear I.S.O., Israel, and others,

Enclosed is a donation to GAISO from the Greater Vancouver Area Intergroup.

Thanks for all you do, and I hope you're settled in O.K. at the new location.

Yours in recovery, Esther J., Surrey, British Columbia

Dear I.S.O.,

I'm aware of the financial struggles currently facing the International Service Office.

The in-person Lincoln Sunday group is making this donation to the I.S.O.

Thank you for your service, Mary H., Lincoln, California

Dear I.S.O.,

Enclosed is a donation from the Wednesday night West Seneca Area 16A group. This is our room donation. We try to give as much as we can each month.

We realize the important work you do.

Thank you, Bill K., Buffalo, New York

Dear I.S.O.,

Thank you for all you do.

Sunday AM, Maitland, Florida

Dear I.S.O.,

I would like to wish you an incredibly happy and healthy New Year. It is a new year and time for me to send my yearly contribution for my Lifeline. This program has made such a difference in my life, and I wish I could give more.

Thanks to all who do their best to keep the name of Gamblers Anonymous out there.

Sincerely, Paul N., Surrey, British Columbia

Dear KC, and I.S.O.,

Thank you all for your continuing efforts in supporting Gamblers Anonymous in these tough times.

I am grateful to all who came through the doors of our Beginners Group in Edmonton and helped others recover through sharing their experience, strength, and hope by telling their own story or diligently performing service work.

Our Beginners Group meeting has had to shut its doors due to the pandemic as we continue to learn to accept the things we cannot change.

Gratefully, Warren S., Edmonton, Alberta

Dear I.S.O.,

As always, I thank you for all the wonderful service each of you do in providing our fellowship outstanding help for the compulsive gambler who wants to stop the addiction before the addiction stops them. G.A. is the way.

Thank you again and again, Dennis B., Toledo, Ohio

Dear I.S.O.,

When the pandemic began in 2020, access to our meeting room at a local hospital was no longer available. Our group members felt the loss and disconnect that everyone in our state, country, and world was experiencing. With only one week's meeting missed, our tech savvy secretary arranged and hosted our first ever Zoom meeting. Group members were all so grateful to be reconnected and happy our meeting would continue online.

Our group has remained strong and has attracted new members throughout the state and country. Members have been faithful with their attendance and contributions. Thus, our group has been able to send special and monthly contributions to I.S.O. and to the Intergroup.

These Zoom meetings have enabled our GA members to continue their recovery in a safe space. On Saturday, February 26, 2022, at 8:00 am, our Sacramento GA meeting celebrated our 100th meeting via Zoom.

James U., Sacramento, California

ANNOUNCEMENT OF UPCOMING EVENTS

Ned L. Memorial Beach BBQ Picnic

1997 – 2022 Silver Jubilee

Saturday, August 13, 2022, 09:00 am – 09:00 pm

Doheny State Beach Picnic Area #7, Dana Point, California

For more information, please contact OCIGSecretary@gmail.com or OCIGChair@gmail.com

2022 Northeast Regional Conference

Rejuvenation

September 16 – 18, 2022

Cherry Hill Hotel soon to be DoubleTree Cherry Hill

Cherry Hill, New Jersey

For more information, please contact 2022northeastconference@gmail.com

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF FEBRUARY 2022

ARIZONA

L211	Jim L.	L117	Steve F.
L221	Janat G.	L120	Phil C.
L267	Penny V.	L151	Murray F.
L287	James S.	L154	Diane S.
L396	Pam K.	L158	Gagik G.
L546	Mo M.	L209	Jose C.
L692	Doug G.	L246	Patrick S.
		L273	Victor S.
		L298	Cathy F.
		L301	Steve K.
		L314	Alan S.
		L367	Jerry L.
		L384	Alvin F.
		L390	Jack R.
		L408	Ira B.
		L419	Rufus B.
		L432	Patrick P.
		L453	Bennett S.
		L476	Garret C.
		L480	Ezra B.
		L496	Guy H.
		L563	Zachary Mc. x2
		L580	Curtis G.

CALIFORNIA

CALIFORNIA (cont)

L593 Grant M.
 L609 Kathie S.
 L618 Hugh G.
 L623 Lucille T.
 L678 Lynell B.
 L701 David L.
 L716 James B.
 L751 Derek P.
 L772 Ara H.
 L834 Candice B.
 L836 Albert Y.
 L855 Dale B.
 L871 Greg D.
 L907 Joseph G.
 L908 Jordan K.
 L946 Estela M.
 L963 Eric F.

COLORADO

L147 Lou W.
 L950 Ron G.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
 L81 Paulette T.
 L97 Chuck R.
 L143 Neal G.
 L160 Jim C.
 L175 Lloyd A.
 L189 Norman O.
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L261 Stephen S.
 L289 Ralph O.
 L313 Herman G.
 L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P. x2
 L590 Dennis A.

L607 Debbie M.
 L627 Pauline F.
 L695 Ronald B.
 L815 Linda S.
 L835 Howard M.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L884 Janet H.
 L909 Chin W.
 L944 Brent S.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
 L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.
 L344 Eileen Z.
 L459 Allen H.
 L823 Luke W.
 L962 Cynthia M.

INDIANA

L880 Fred B.

KANSAS

L194 Michelle J.
 L918 Nancy W.

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MARYLAND

L162 Jim D.

MICHIGAN

L272 Joann D.

MINNESOTA

L565 Corey J.
 L803 Renee G.

NEVADA

L55 Laura G.
 L75 KC B.
 L150 Rollo V.
 L317 Pat M. x2
 L325 Terry D.
 L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L507 Mark S.
 L599 Igor K.
 L602 Trey D.
 L612 Dan Mc.
 L665 Richard S.
 L690 Lenore D.
 L837 Harriet K.
 L846 Bobby B.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L94 Tom D.
 L174 Mike D.
 L179 Chris N.
 L212 Marshall R.
 L213 Michael D.
 L223 Fred D.
 L266 Kivey G.
 L311 Andrew D.
 L349 George L.
 L351 Russell H.
 L409 Barry H.
 L429 Dennis S.
 L433 Joseph F.
 L438 Matthew C.
 L482 Ann K.
 L497 Dave S.
 L524 Richard T.
 L547 John P.
 L560 Frank M.
 L589 Ronald W.
 L718 Phil S.
 L856 Scott B.
 L863 Kathleen P.
 L961 Tom C.

NEW MEXICO

L572 Liane M.

L662 Joel K.
 L847 Catherine B.
 L906 Mary F.

NEW YORK

L10 Bill B.
 L16 Kenny M.
 L278 Harlan S.
 L303 Alan J.
 L308 Jordan P.
 L516 Susan W.
 L554 Dan L. x2
 L566 Robert K.
 L852 Norberto B.
 L882 Joe B.
 L887 Pierre J. x3
 L951 Brad B.

NORTH CAROLINA

L493 Gary G. x2
 L494 Mary D. x2
 L495 Garnet P. x2
 L498 Suzanne R. x2
 L499 Mike S. x2
 L500 Sammy D. x2
 L503 John J. x2
 L504 Vivian W. x2
 L506 Check T. x2
 L510 Eric S. x2
 L513 Dennis O'C x2
 L515 Donna M. x2
 L518 Toby G. x2

OHIO

L330 Dennison B.
 L948 Edward G.

OREGON

L881 Pam B.
 L912 David U.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L533 Debbie D.
 L820 Josh S.
 L822 David S.

SOUTH CAROLINA

L460 Lou M.
 L981 Michel A.

TEXAS

L245 Alan S.
L702 Bubba S.

WASHINGTON

L425 Terry D.
L659 Connie M.

WISCONSIN

L443 Constance T.

VANCOUVER

L275 Paul N.

PUERTO RICO

L192 Dora H.

ANNIVERSARIES

60 YEARS	BILL B.	3/7	Bronx Our Savior, NY
51 YEARS	BRUCE W.	3/8	East 31 st St., NY
50 YEARS	RICHARD G.	2/15	Washington, PA
45 YEARS	DENNIS T.	3/24	Staten Island, NY
44 YEARS	AL M.	3/13	Calgary, AB
43 YEARS	JIM C.	3/26	Maitland, FL
42 YEARS	DAN B.	3/31	Downey, CA
40 YEARS	MIKE M.	3/5	Downey, CA
	TOM K.	3/14	Moorestown, NJ
	RICH J.	3/31	Plantation, FL
39 YEARS	MEL F.	3/22	Douglaston, NY
36 YEARS	TOM K.	3/7	Woodbury, NY
35 YEARS	DAVE S.	3/2	Media, PA
	SAM S.	3/6	5 Towns, NY
34 YEARS	RICHIE T.	3/2	Forest Hills, NY
33 YEARS	TOM H.	1/31	Hoffman Estates, IL
32 YEARS	DAVE S.	3/2	YMCA Townhouse, NY
	ELDER F.	3/6	St. Albans, NY
31 YEARS	ANDY G. (#1)	3/8	Voorhees, NJ
	PAT D.	3/16	Media, PA
	FRANK A.	3/29	East 31 st St. Zoom, NY
30 YEARS	RON C.	3/4	Broomall, PA
	TONY A.	3/10	Staten Island, NY
	MIKE H.	3/16	Coventry, CT
	SCOTT R.	3/17	Marlton, NJ
29 YEARS	GLEN S.	3/2	Reno/Sparks, NV
	KEN P.	3/4	Hicksville, NY
	STEVEN R.	3/26	Church on the Hill, NY
27 YEARS	LARRY C.	3/15	San Diego, CA
26 YEARS	JIM R.	3/31	Linwood, NJ
25 YEARS	DAVE S.	3/9	Norristown, PA
	CARLOS F.	3/14	Burbank, CA

25 YEARS (<i>cont</i>)	DANNY M.	3/15	East 31 st St. Zoom, NY
24 YEARS	FRANKIE R.	3/2	Bensonhurst Recovery, NY
	TAMMY B.	3/2	Medicine Hat, AB
	ANDY R.	3/10	Linwood, NJ
	JACK H.	3/10	Trappe, PA
23 YEARS	TERRY A.	3/7	Calgary, AB
	CHRIS R.	3/17	Staten Island, NY
	BOB S.	3/22	West Hartford, CT
22 YEARS	LORRAINE C.	3/17	Las Vegas, NV
	PAT D.	3/22	Pomona, NY
21 YEARS	MARTY P.	3/21	Mount Vernon, NY
	VINCE F.	3/26	Windsor, ON
	ALAN F.	3/29	East 31 st St. Zoom, NY
	JULIUS H.	3/30	Norristown, PA
20 YEARS	MATT P.	2/16	Brisbane, QLD
	MIKE M.	3/6	Rhawnhurst, PA
	KAREN L.	3/8	Metuchen, NJ
	PAUL A.	3/11	Hicksville, NY
	MIKE M.	3/15	Voorhees, NJ
	HEERMAN D.	3/22	Havertown, PA
	BOB C.	3/24	San Diego, CA
18 YEARS	SONYA W.	3/21	Anaheim, CA
17 YEARS	BILL T.	2/21	Rochester, NY
	CHRIS M.	3/8	East 31 st St. Zoom, NY
	MIKE P.	3/9	Denver, CO
	GREG M.	3/18	Broomall, PA
	MIKE R.	3/21	West 46 th St., NY
16 YEARS	PHIL S.	3/2	East 79 th St., NY
	RANDY S.	3/7	Phoenix, AZ
	BILL D.	3/7	San Diego, CA
	MARK J.	3/9	Reno/Sparks, NV
	FRANK S.	3/21	Smithtown, NY
	LYNN W.	3/27	Tempe, AZ
	KEVIN K.	3/27	Tempe, AZ
15 YEARS	EILEEN Z.	2/9	Elk Grove Village, IL
	DOUG K.	2/16	Bolingbrook, IL
	JEFF B.	3/4	Las Vegas, NV
	MIKE G.	3/5	Edison, NJ
	JAN M.	3/7	Las Vegas, NV
	FRANK P.	3/7	Staten Island, NY
14 YEARS	ESTHER J.	2/27	Surrey, BC
	STEVE R.	3/3	Congers, NY

14 YEARS (cont)	BILL N.	3/9	East 79 th St., NY
	ABS S.	3/22	East 31 st St. Zoom, NY
13 YEARS	PETE S.	3/1	Voorhees, NJ
	HARRY S.	3/3	Plymouth Meeting, PA
	CORY A.	3/8	East 31 st St. Zoom, NY
	NEAL G.	3/16	Plantation, FL
	RANDY S.	3/16	Medicine Hat, AB
	PAM J.	3/26	San Diego, CA
12 YEARS	STEVE R.	3/9	YMCA Townhouse, NY
	JOHN P.	3/14	San Diego, CA
	JAMIE R.	3/24	San Diego, CA
11 YEARS	BOB C.	2/18	Nanaimo, BC
	VIRGINIA M.	3/31	Downey, CA
10 YEARS	PAUL L.	2/1	Shreveport/Bossier, LA
	JIMMY M.	2/9	Chicago, IL
	DIANNE C.	2/18	Surrey, BC
	MARLA J.	3/7	Havertown, PA
	DAVID B.	3/9	Yonkers, NY
	JEFFREY D.	3/10	San Diego, CA
	DAVE B.	3/12	Reno/Sparks, NV
	TED J.	3/15	Reno/Sparks, NV
	JIM M.	3/16	Norristown, PA
	TONY B.	3/19	Windsor, ON
	JACK W.	3/30	East 79 th St., NY
9 YEARS	JOE M.	3/3	Marlton, NJ
	SHAWNA A.	3/8	Reno/Sparks, NV
	JOHN Z.	3/15	Wantagh, NY
	CRAIG F.	3/21	Moorestown, NJ
	SAL F.	3/23	YMCA Townhouse, NY
	STEPHANIE C.	3/24	West Bridgewater, MA
8 YEARS	RONY C.	3/3	Camp Hill, PA
	JIM S.	3/9	Phoenix, AZ
	DALE H.	3/11	Gardena Zoom, CA
	BOBBY B.	3/14	Reno/Sparks, NV
	DAVID H.	3/16	Las Vegas, NV
	GAIL B.	3/16	Las Vegas, NV
	ERIC L.	3/21	Burbank, CA
	JOYCE G.	3/29	San Diego, CA
	LINDA J.	3/31	San Diego, CA
7 YEARS	JOHN O.	1/2	Burbank, IL
	JOE C.	3/1	East 31 st St. Zoom, NY
	TODD B.	3/12	San Diego, CA

7 YEARS (cont)	BRAD B.	3/23	Las Vegas, NV
	NICK E.	3/24	Plymouth Meeting, PA
	JIM M.	3/25	Livengrin/Bensalem, PA
	THOMAS W.	3/31	West Hartford, CT
6 YEARS	REBA L.	1/2	Elmhurst, IL
	SANDRA H.	1/17	Burbank, IL
	RUSTY P.	2/9	Vancouver, BC
	MIKE P.	3/1	Roxboro, PA
	JACQUONA B.	3/3	Trappe, PA
	PHYLLIS A.	3/5	Phoenix, AZ
	LENARD T.	3/8	San Diego, CA
	NICK C.	3/11	East Meadow, NY
	RICHARD H.	3/15	San Diego, CA
	RICHIE R.	3/15	San Diego, CA
	GREG H.	3/15	East 31 st St. Zoom, NY
	TONY P.	3/18	Maitland, FL
	GENE M.	3/22	East 31 st St. Zoom, NY
	STEVE L.	3/25	Camp Hill, CA
DEB W.	3/26	Edison, NJ	
5 YEARS	GLORIA M.	3/27	St. Albans, NY
	RACHEL N.	1/12	Saint Charles, IL
	LEE W.	1/15	Saint Charles, IL
	RICH S.	3/1	Henderson, NV
	MIRIAM P.	3/1	Livengrin/Langhorne, PA
	ANA B.	3/3	Goodyear, AZ
	GERARD V.	3/3	White Plains, NY
	LAURA B.	3/4	Henderson, NV
	CHRIS	3/5	Calgary, AB
	MARK B.	3/13	San Diego, CA
	RON H.	3/15	Reno/Sparks, NV
	BRENT K.	3/15	Livengrin/Langhorne, PA
	DENISE G.	3/17	Hamilton, NJ
	HARRIET B.	3/19	Church on the Hill, NY
TED Z.	3/21	San Diego, CA	
4 YEARS	BOB Z.	3/21	Camp Hill, PA
	MIKE L.	2/8	White Rock, BC
	MIKE L.	3/2	Hamburg, NY
	KATHY C.	3/5	Hunting Park, PA
	GARY D.	3/7	Phoenix, AZ
	MARK V.	3/9	Havertown, PA
	PATTY S.	3/13	Las Vegas, NV
GREG	3/14	Burbank, CA	

4 YEARS (cont)	BLAKE R.	3/16	NE Philadelphia, PA
	MARTY S.	3/19	Charlotte, NC
	PAUL K.	3/27	Calgary, AB
3 YEARS	MICHELLE R.	2/6	Aurora, IL
	ROD G.	2/16	Auburn, CA
	GAYE R.	2/27	Surrey, BC
	ROBERTO P.	2/28	Burbank, CA
	CRAIG G.	2/28	Brisbane, QLD
	CAMERON M.	3/3	Irvine, CA
	BRYAN C.	3/9	San Diego, CA
	JOHN D.	3/10	Westlake Zoom, CA
	JOHN K.	3/10	Camp Hill, PA
	TIM A.	3/10	Plymouth Meeting, PA
	DIANE W.	3/14	Phoenix, AZ
	JEREMY C.	3/15	Windsor, ON
	BRYAN B.	3/16	Dallas, TX
	BROOKE K.	3/18	Las Vegas, NV
	CAREY B.	3/22	Livengrin/Langhorne, PA
	IDELLA W.	3/22	Roxboro, PA
	JOSEPH N.	3/24	Goodyear, AZ
JEANNE S.	3/26	Willingboro, NJ	
DAVID W.	3/27	Charlotte, NC	
2 YEARS	TERRY K.	2/9	White Rock, BC
	LILLY H.	2/14	White Rock, BC
	BRETT S. #2	3/1	East 31 st St. Zoom, NY
	PAT D.	3/5	Phoenix, AZ
	STEVE M.	3/7	Phoenix, AZ
	MATT S.	3/8	Wantagh, NY
	GINA M.	3/9	Las Vegas, NV
	KATIE O.	3/10	Las Vegas, NV
	MARY K.	3/12	Dana Point, CA
	GRACE P.	3/12	Bronx Our Savior, NY
	URSULA G.	3/13	St. Francis/Settlement House, NY
HARRISON S.	3/15	East 31 st St., NY	
RICK Y.	3/20	San Diego, CA	
1 YEAR	DUNCAN C.	2/28	Burbank, CA
	COSTEL D.	3/26	Reseda Zoom, CA
	MIKE C.	3/1	Wantagh, NY
	CINDY W.	3/1	Nanaimo, BC
	CASTINA	3/3	Mesa, AZ
	TIM S.	3/7	Moorestown, NJ
	CHRIS B.	3/9	Patchogue, NY

1 YEAR (cont)	JOE L.	3/9	Staten Island, NY
	CYRUS	3/10	Las Vegas, NV
	TIM G.	3/11	San Diego, CA
	CARLOS R.	3/16	Fort Worth, TX
	KRISTIN C.	3/21	West Seneca, NY
	JAMES P.	3/23	Staten Island, NY
	ANDREW K.	3/24	Maitland, FL
	FRANCINE V.	3/24	Las Vegas, NV
	SEAN S.	3/24	White Plains, NY
	KARYN D.	3/26	San Diego, CA
	CORY K.	3/31	Westlake Village Zoom, CA

**INDIVIDUAL LIFELINER DONATIONS
FEBRUARY 2022**

ARIZONA (7)	105.00	NEVADA (16)	650.00
CALIFORNIA (54)	3,066.00	NEW HAMPSHIRE (1)	50.00
COLORADO (2)	35.00	NEW JERSEY (24)	486.00
CONNECTICUT (1)	20.00	NEW MEXICO (4)	70.00
FLORIDA (32)	1,564.00	NEW YORK (12)	504.00
GEORGIA (1)	80.00	NORTH CAROLINA (13)	170.00
HAWAII (2)	76.00	OHIO (2)	54.00
ILLINOIS (6)	110.00	OREGON (2)	45.00
INDIANA (1)	15.00	PENNSYLVANIA (6)	138.00
KANSAS (2)	200.00	SOUTH CAROLINA (2)	296.00
KENTUCKY (2)	60.00	TEXAS (2)	110.00
LOUISIANA (2)	20.00	WASHINGTON (2)	20.00
MASSACHUSETTS (2)	71.00	WISCONSIN (1)	15.00
MARYLAND (1)	15.00	VANCOUVER (1)	120.00
MICHIGAN (1)	5.00	PUERTO RICO (1)	15.00
MINNESOTA (2)	70.00	TOTAL (207)	\$8,255.00

I.S.O. CAN CONTRIBUTIONS FEBRUARY 2022

CALIFORNIA

C49	Orange County Intergroup	235.50	C1285 Rancho Cucamonga Saturday PM	52.00
C77	San Diego Intergroup	625.50	C1403 Rancho Cucamonga Wednesday PM	42.00
C194	Orangevale Friday PM	77.00	C1411 Rancho Cucamonga Monday Noon	25.00
C639	Diamond Springs Thursday	41.00	C1576 Redding Thursday	9.30
C765	Fair Oaks Thursday AM	55.63	C1682 Rancho Cucamonga Thursday Noon	16.00
C1050	Yuba City Tuesday	40.00	C1694 Auburn Wednesday	24.00
C1105	Sacramento Stop & Grow Saturday AM	5.00	C1724 Inland Empire Intergroup	15.00

CONNECTICUT

C51 Coventry Wednesday 16.00

DELAWARE

C128 St. Marks Wednesday 46.00

FLORIDA

C123	Singer Island Saturday	50.00	C262 Plantation Friday PM	10.00
C250	Temple Terrace Sunday AM	25.00	C263 Plantation Wednesday PM	21.00

GEORGIA

C1539 Norcross Sunday 10.00

ILLINOIS

C423	Naperville	25.00	C1460 Morris Hospital Monday	94.00
C425	Elk Grove Village	40.00	C1511 Downers Grove Thursday	37.50

MASSACHUSETTS

C792 Hanson Thursday PM 20.00

OREGON

C1480 Oregon City Friday 27.00

PENNSYLVANIA

C208 South Hills Tuesday 6.00

TEXAS

C1134 Ft. Worth Thursday 100.00 C1587 Ft. Worth Tuesday 31.00
C1438 Ft. Worth Saturday AM 51.00

**GROUP CONTRIBUTIONS
FEBRUARY 2022**

ARIZONA

Prescott Saturday
Round-Table 25.00
Tempe Friday Men's 100.00

CALIFORNIA

Burbank Friday PM 84.00
Burbank/North Hollywood
Zoom 25.00
Lincoln Wednesday 10.75
Lincoln Friday AM 9.00
Lincoln Sunday 78.00
Reseda Saturday AM 50.00
San Francisco Thursday 344.69
San Jose Monday Beginners 75.00
Ventura Sunday 50.00
Walnut Creek Tuesday 20.00
Westlake Thursday Zoom 50.00

CONNECTICUT

Pawcatuck Tuesday 5.00

DELAWARE

Wilmington Tuesday 50.00

FLORIDA

Boca Raton Monday Women
Helping Women 35.00
Boynton Beach Thursday PM 63.50
Daytona Beach Tuesday 25.00
Daytona Beach Thursday 25.00
Delray Beach Thursday
Crossroads 33.34
Delray Beach Saturday
Crossroads 33.33

Delray Beach Sunday
Crossroads 33.33
Maitland Sunday AM 50.00
Plantation Tuesday 161.00
Port St. Lucie Wednesday 20.00
Tallahassee 25.00

GEORGIA

Norcross Sunday Korean 10.00

ILLINOIS

Cherry Valley Saturday AM 25.00
Chicago South Willa Rawls
Manor 20.00
Downers Grove Wednesday/
Saturday 20.00
Forest Park Saturday 20.00

MASSACHUSETTS

Springfield Wednesday 50.00

MINNESOTA

Bloomington Monday
Women's 20.00
South Metro 25.00
Woodbury Monday 50.00

NEW JERSEY

Freehold Friday 25.00
Hasbrouck Heights Saturday 25.00
Linwood Thursday 100.00
Metuchen Tuesday 50.00
Pompton Plains Tuesday 50.00
Sayrewoods 50.00
Toms River Tuesday 25.00
Toms River Thursday 10.00

NEW JERSEY (cont)		NE Philadelphia Wednesday	25.00
Toms River Saturday	25.00	Rhawnhurst Sunday	54.00
Toms River Sunday	25.00	TEXAS	
NEW MEXICO		Dallas Pathways Sunday	40.00
Albuquerque Sunday PM	18.00	You are Fort Worth It Online	73.00
NEW YORK		WASHINGTON	
Clay Friday	30.00	Spokane @ Country Homes	25.00
Congers Thursday PM	150.00	WISCONSIN	
Long Island East Northport		Appleton Saturday AM	58.00
Saturday AM	50.00	Racine Wednesday	50.00
Staten Island Thursday Holy		CANADA	
Rosary	20.00	ALBERTA	
West Seneca Wednesday	50.00	Edmonton Thursday	
PENNSYLVANIA		Beginners	393.83
Harrisburg Monday	40.00	KOREA	
Havertown Monday	25.00	Seoul	50.00
Media Wednesday	50.00		

**INTERGROUP CONTRIBUTIONS
FEBRUARY 2022**

Chicagoland	47.50	Maryland	100.00
Delaware Valley	300.00	New England	42.00
Greater Sacramento	30.00	Orange County	76.80
Greater Vancouver	385.00	South Florida	100.00
Inland Empire	100.00	Vancouver & Lower Mainland . . .	134.73
L.A. Intergroup	300.00	Western Washington	150.00
Long Island	400.00		

**NATIONAL HOTLINE DONATIONS
FEBRUARY 2022**

Area 1	Los Angeles	28.00
Area 1B	Inland Empire	25.00
Area 6C	South Florida	20.00

**BULLETIN SUBSCRIPTIONS
FEBRUARY 2022**

One Bulletin Subscription for a total of \$ 48.00

**R.S.O. DONATIONS
FEBRUARY 2022**

Area 33	Colombia	200.00
---------	----------	--------

**ONE TIME DONATIONS
FEBRUARY 2022**

February Meeting Donation
Board of Regents, California

One-Time Donation in memory of Mike R.
Tom M., Millbrae, California

One-Time Donation in memory of Marvin G.
Bill B., Delray Beach, Florida

One-Time Donation in celebration of Bill T.'s 17 years.
Rochester Monday, Rochester, New York

One-Time Donation in memory of Eunice S., James M.,
and all other brothers and sisters who made
their transitions this past year.

Gone from our presence, but never from our hearts.
Dennis B., Toledo, Ohio

One-Time Donation
Cheryl M, Golden Valley, Minnesota

One-Time Donation
Alan, K., Livonia, Michigan

One-Time Donation in memory of Marvin G.,
who was a long-time devoted member of Florida G.A.
Arnie W., Boynton Beach, Florida

One-Time Donation in memory of my father, Jim S.,
from Nebraska
James S., Tempe, Arizona

One-Time Donation in memory of my dear friend, Mike R.,
who always brought a smile to my face.
Chuck R., Florida

One-Time Donation in memory of Marvin G.
Harvey G., Boca Raton, Florida

One-Time Donation in memory of
Harold S., and Marvin G.,
both had 30 years in the program.
David N., Delray Beach, Florida

One-Time Donation in memory of Jerry F.
David N., Delray Beach, Florida

One-Time Donation in memory of Marvin G., and Ruth O.
Ralph O., Boynton Beach, Florida

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
FEBRUARY 2022**

CASH IN OPERATING ACCOUNT FEBRUARY 1, 2022		\$ 81,064.10
INCOME FOR FEBRUARY 2022		
Group Contributions	3,307.77	
Lifeliners	8,255.00	
I.S.O. Can Contributions	1,872.43	
Intergroup Contributions	2,166.03	
One-Time Donations	759.75	
National Hotline Donations	73.00	
R.S.O. Donations	200.00	
Bulletin Subscriptions	48.00	
Sale of Literature	11,347.46	
Literature Shipping	2,963.00	
Sales Tax Collected	43.04	
E-Readers	13.27	
Returned Check	30.00	
Returned Check Charge	12.00	
Merchant Services Cash Reward53	
Interest From Checking Account60	
PayPal Literature Processing Fees	535.87	
TOTAL		<u>\$ 31,627.75</u>
CASH AVAILABLE FOR FEBRUARY		\$ 112,691.85
EXPENSES FOR FEBRUARY		
Moving Expenses	6,278.14	
Rent & Cam Fees	4,136.64	
Payroll	16,201.68	
Payroll Taxes (Federal & State)	1,632.24	
Payroll Processing Fees	193.76	
Office Expenses	56.37	
Health Insurance	1,806.80	
Telephone	696.68	
Electric Bill	227.13	
Gas Bill	96.41	
Monthly Air Conditioning/Heater Maintenance	30.00	
Computer/Internet	35.88	
Match For Employees Simple IRA	423.56	
D&O Liability Insurance	2,524.00	
New Office Equipment	646.49	
Visa/MC Service Fee	57.96	
Spring 2022 Trustee Meeting	1,000.00	
Literature	5,576.08	
PayPal Literature Processing Fees	535.87	
Postage	4,000.00	
Lifeline Bulletins	513.56	
TOTAL EXPENSES		<u>\$ 46,669.25</u>
MONTHLY NET INCOME (NET LOSS)		- \$ 15,041.50
CASH IN OPERATING ACCOUNT AS OF FEBRUARY 28, 2022		\$ 66,022.60
FISCAL YEAR STARTING JULY 1ST TO DATE NET INCOME (NET LOSS)		(\$43,219.38)

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION - SEPTEMBER 2, 2021

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call-In Number	Meeting Code	Email for Information
Sunday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Wednesday 9PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com
Friday 3PM	267-807-9601	9131957 #	weeklycallhelp@gmail.com

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call-In Number	Meeting Code	Email for Information
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

SPANISH-BASED MEETINGS FROM MEXICO – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

SPANISH-BASED MEETINGS FROM SPAIN

Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!