GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM

Mail to: GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
1306 MONTE VISTA AVE., STE 5
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DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling.
Call to order: The Chair, Valerie D., called the meeting to order at 9:30 A.M. The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Guy H.
Present: Cathy F., Guy H., John C., Valerie D., Zach M., Israel A., Office Manager
Present by phone: Andre G., Arnie B., Gary M., Jo K., and KC B., International Executive Secretary
Guests: Ara H., Bob W., and Laura M., incoming B.O.R members who were physically present. Lloyd A., incoming B.O.R. member was on the telephone.

A. Minutes for May 20, 2023:

A motion was made to approve the minutes as written:

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

B. Operating Statement for May 2023:

A motion was made to approve the May 2023 Operating Statement as written.

MOTION SECONDED AND PASSED
FOR – 9 AGAINST – 0 ABSTAINED – 0

OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners – six – CT – 1, IL – 1, NV – 1, NJ – 1, OH – 1, and Venmo/Zelle – 1

- New Cans – one – Indio, CA

- Group Information requests forms received – none.

- Group information request forms received prior to sending starter kits - four.
• Four Starter Kits were sent out as follows after receiving the Group Information Forms for the month of May: Bad Axe, MI, Mankato, MN, Morristown, NJ, and Chillicothe, OH

• Prison starter kits – two, Grafton, OH and Bellefonte, PA

• Venmo and Zelle donations were $1,670.08: Groups $611.86, 1x Donations $456.22, Life-Liner Donations $395.00, I.S.O. Can Donations $207.00.

B. International Executive Secretary Report – KC B.

• May bulletin completed and sent to printer.

• June bulletin in progress.

• First draft of Spring 2023 B.O.T. meeting minutes sent out to trustees for 30- day period on 6/5.

• Making corrections from the last session that did not record.

• Proofed the Group Handbook after formatting to make sure there were no issues and sent it to I.S.O. for printing.

• Registered for Fall 2023 International Conference in Chicago

• Signed up for workshop on I.S.O.

• Hotel registered.

• Pricing airline tickets.

C. By-Laws Committee Report – Jo K.

• The committee did not meet this past month.

• The committee chair stated that after the elections of new officers, an email will be sent to ask if new members would participate in the committee.

D. DISCUSS AGENDA ITEMS FROM B.O.T. MEETING THAT AFFECT B.O.R. AND I.S.O. – Val D.

• An observation was made that items #34, #39, #40, #45, and #46 passed the 1st votes and that the B.O.R. did not need to vote on these items.
Motions were made to accept agenda items #4, #5, #6, #27, #28, #33, #67, #68, and #69 as written.

**MOTIONS SECONDED AND PASSED**
**FOR – 9**  **AGAINST – 0**  **ABSTAINED – 0**

**NEW BUSINESS**

**A. REVIEW AND APPROVE 2023-2024 BUDGET.**

- The annual budget was emailed before the meeting to current B.O.R. members.

- A question was raised regarding the $13k line item titled “Computer/Internet & App Expense” and if there was a breakdown on what these anticipated expenses might be.

- The response was that there was no breakdown, but most of this budgeted amount was expected to be used for incremental upgrades and/or improvements to the I.S.O. website.

A motion was made to replace the word “Computer” with “I.S.O. Website” in the budget line item.

**MOTION SECONDED AND PASSED**
**FOR – 8*  AGAINST – 0  ABSTAINED – 0**

*Cathy F. not present*

A motion was made to increase the budget for “I.S.O. Website/Internet & App Expense” to $15k.

**MOTION SECONDED AND PASSED**
**FOR – 9  AGAINST – 0  ABSTAINED – 0**

A motion was made to approve the budget as amended.

**MOTION SECONDED AND PASSED**
**FOR – 9  AGAINST – 0  ABSTAINED – 0**

**B. DISCUSS PRICING FOR G.A. PRESSURE RELIEF WORKBOOK ON CD AND ADDING TO CURRENT ORDER FORM/ONLINE STORE.**

A motion was made to table the discussion.
C. GOOD AND WELFARE.

As it was the last B.O.R. meeting of the term, Good and Welfare was shared on the phone and around the room.

The collection in the amount of $77.00 was taken and the meeting closed with the Serenity Prayer at 10:50 A.M. The next meeting of the Board of Regents will be held July 15, 2023, at 9:30 A.M.

D. DISCUSS ELECTION OF OFFICERS FOR 2023-2024 BOARD OF REGENTS.

The meeting was reopened so the incoming Board of Regents members (Ara H., Arnie B., Bob W., Jo K., John C., Laura M., Lloyd A., Valerie D. and Zach M.) could elect the next terms Officers. The following candidates were nominated, accepted, and voted to serve:

- Chair: Bob W.
- Vice-Chair: Ara H.
- Treasurer: John C.
- Secretary: Valerie
- Assistant Secretary: Laura M.

E. VOTE ON SIGNERS FOR THE BANK ACCOUNTS FOR THE NEXT TERM.

The new signers are:

- Bob W.
- Ara H.
- Laura M.
- Zach M.

Meeting closed with the Serenity Prayer.

Number of people who called in to listen to the meeting: none

Respectfully submitted by Guy H., Secretary
HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.

RECOVERY PROGRAM

As I go through the Recovery Steps this year, I will be using several different pieces of our literature for these steps. I am using the Gamblers Anonymous Working the Steps pamphlet, as well as the Gamblers Anonymous Writing the Steps booklet. These are both available in the online store on our website at www.gamblersanonymous.org.

I hope you find these helpful and they help you in your journey in some way.

STEP 7 - Humbly asked God (of our understanding) to remove our shortcomings.

Now you’re being asked to seek, to remove, via your Higher Power, your character defects. Is this really necessary? It certainly is! Character defects were a major portion of the reason one gambled. Therefore, keeping these defects can lead one back to gambling.

For example, let’s take one defect – anger. Assume you get into an argument, handle it poorly and become blindly angry, anger turns into rage. Then you feel something must be done to relieve this terrible hateful feeling and resort to what comes naturally – gambling. In the past, as you know, that pain caused by anger was at least temporarily eased through gambling. Compulsive gambling is a learned, inadequate response to life. You must rid yourself of the disturbances that you have acquired through gambling.

What can be done to prevent such a relapse? First, you must have a desire to remove this defect. To realize the shortcoming can destroy you, desire comes more easily if you realize what is at stake. If you are masochistic, the desire to change may be slower in coming. Assuming you want to live, however, try to take the step as indicated and humbly ask your Higher Power to remove the defect.

Humbly ask for help? A nice person who never hurt anyone except themselves. When you’ve survived for so long, all by yourself, how can you humbly ask for help? Look at your track record with absolute honesty. Have you really been a
This honest look at your chaotic years should assure you that anger must go, if only a little at a time. You can only concentrate on one defect at a time. This is a slower process, but it enables you to focus more clearly. Also, working defects singly is, for most, more comfortable.

Having selected a defect, seek help from your Higher Power. Each morning shortly after getting up, seek the will of your Higher Power daily as life’s problems arise. Ask for help in reducing or removing the defect on which you will be working on that day. You must do the legwork so your Higher Power can finish the job as He sees fit.

At this point, learning to cope is a new adventure. This is something many refused or were unable to do before entering Gamblers Anonymous. It’s strange at first, but each time you cope you get better at it. When you leave the world of reality and slip into irrational anger, you should now be able to recognize that something is wrong. You now have to get yourself back on the right track so you can deal with today. Anger, the defect on which you were working, still might be a problem. It will scare you when you react with so little control. Anger could you back to a bet via the hatred and resentment created. You’re not entitled to be angry; it’s an enemy, not a friend.

Each day, practice restraint until, God willing, you have formed a beautiful new habit, a positive habit. Today anger should be under control and connate lead you back into your addiction. Feel good about that. The same procedure can then be applied to another defect. Now you can see how your Higher Power can remove defects, if your Higher Power chooses to do so.

*Step Seven states that acquiring greater humility is the foundation of the Twelve Steps.*

- Without this precious quality we cannot expect happiness.
- The word “Humility” is disliked and greatly misunderstood in our world.

**DISCUSS:**

- Is a humble individual a weak individual?
- Was our gambling a show of courage and/or proof that we were different from our fellows?

*Depending exclusively on our individual strength and intelligence is a blockage to faith in God.*

- Admitting our powerlessness was the 1st step to liberation from our gambling obsession.
- Some humility was required to stop gambling and to walk through the GA doors.

**DISCUSS:**

- Your growth in Gamblers Anonymous.
• Dependence on meetings, sponsor, etc.
• First meeting: Shame? Fear? Other?

We have acquired some peace by working Steps 4, 5, and 6.
• These humbling steps have provided a source of serenity.
• We should face this fact and proceed to search for deeper personal objectives.

DISCUSS:
• What is blocking our will to have certain defects removed?
• What are the benefits of prayer and meditation?
• Do we have a willingness to be honest, tolerant and more loving? Why?

DISCUSS:
• What is the meaning of the Serenity Prayer? (God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference).
• Who or what will we become if this prayer is answered?

From the desk of your International Executive Secretary.

As we finish this edition of the Lifeliner Bulletin, I would like to thank all the people, groups, Intergroups, and R.S.O.’s who send in contributions of some kind to help your International Service Office keep the doors open and help compulsive gamblers who still suffer.

In this issue, you’ll see information about this year’s Gratitude Week. This year, Gratitude Week will be Sunday, September 10 through Saturday, September 16, 2023. There will be a flier/letter sent out soon to your Intergroup and/or RSO, as well as your trustees.

There is going to be a walk-a-thon at the Chicagoland International Conference in November! It will be held Saturday, November 18, 2023. Check out the upcoming announcements for more information! If you have never been to an international conference, I strongly suggest going to at least one. They are so amazingly fun for fellowship, and you can meet tons of new people from all over the world.

In last month’s bulletin, we reported incorrectly on some group contributions. We reported that Las Vegas Grupo Nuevo Amanecer donated some money. It was actually Las Vegas Grupo Nuevo Comienzo that donated the money to the I.S.O. We apologize for the error in reporting this contribution.

Below, you will see a list of literature suggestions. This was recently approved as appropriate literature at the Board of Trustees meeting in Cleveland in May.
This flier will soon be sent out to all trustees and Intergroups to get it into meeting rooms. I hope it’s helpful for some of our members! As you’ll see, with each step of abstinence/recovery, there is a list of suggested literature that might help our members in their journey.

If you would like to share your experience, strength, and hope with the fellowship, feel free to write your story on how you worked the steps. I would love to read them!

Yours in recovery and gratitude, KC B.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:
•_combo Book (small or large print).
•_Suggestions for coping with Urges to gamble.
•_Towards 90 days booklet (small or large print).
•_Red Book - A New Beginning.
•_Pressure relief Group meeting flyer.
•_20 Questions booklet.
•_Your First meeting.
•_Questions and Answers about Gambling.
•_A Newcomer asks?
•_Stop and Think card.
•_Young gamblers in recovery.

If you have joined a little while ago:
•_Beyond 90 Days booklet (small or large print).
•_Sponsorship booklet.
•_Sponsor/Sponsee relationship – HOW it works.
•_Pressure relief Group Meeting Handbook.
•_Pressure relief workbook.
•_Information packet.
•_A Day at a Time meditation book.
•_Big Book – Sharing Recovery through GA.
•_Have I quit the Fellowship?

If you are working the Steps:
•_Working the Steps booklet.
•_Step meeting handbook, Booklet.
•_Daily inventory of my behavior (sheet).
•_Fourth Step Inventory Moral Book.
•_Step One recovery Workbook.
•_Writing the Steps.
• 12 Steps Unity booklet.
• Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:
• Group Handbook Guide booklet.
• Guidance Code (trusteewebstite.com).
• Short term Group sponsorship.
• Suggestions for a Successful 90-day room.
• Suggestions for New Member Retention.
• Treasury Guideline Example.
• A Guide to Regional Service Offices.
• Intergroup Handbook.
• Public Relations flyer.
• Towards Recovery in Prison.
• Handbook for Judiciary, Lawyers, Counselors etc.
• The Stock market, Retirement accounts and Gamblers Anonymous.
• The First 40 years.
• Let’s Host a Mini-Conference pamphlet.
• Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Enclosed is a donation from the Tuesday and Thursday night Daytona Beach meetings. Thanks for all you do.

Frank M., Daytona Beach, Florida

Dear I.S.O.,

Happy June and thank you for your service.

Ben S., Lincoln Wednesday, California
Dear I.S.O.,

Enclosed is the June donation from the Wednesday Night NE Philadelphia group.

Thank you for all the good work you do.

Scott S., Philadelphia, Pennsylvania

Dear Brothers and Sisters,

Carmello (Mel) S. passed away on June 14, 2023. He is now resting in peace after pain and suffering. Mel began his journey in Gamblers Anonymous at the Staten Island meetings and his clean date was 4/23/14.

Mel was very involved in our program as a trusted servant, facilitator at Step meetings, and helping other members with their recovery. I’m sad and will miss him as a friend and as a member.

We’ve been blessed to know him.

Bill B., Delray Beach, Florida

Dear I.S.O.,

The San Jose Beginner’s room donates to the I.S.O.

Thank you for your service, Don Y., San Jose, California

Dear I.S.O.,

Enclosed is a donation from the Monday Night GA group in Vancouver, Washington. We appreciate everything that you do.

Dave T., Vancouver, Washington
Dear I.S.O.,

It is with great pleasure that I pass along this donation from the Plantation Wednesday Night meeting. We are blessed to be able to share our collection with the I.S.O. Please keep up the good work you do every day for the gambler who still suffers.

Neal G., Plantation, Florida

Dear I.S.O.,

Please find enclosed a donation from the Yukon, Oklahoma meeting. We appreciate you.

Steve M., Piedmont, Oklahoma

Dear I.S.O.,

Enclosed is a donation from the Monday Night Bowmansville meeting.

Keep up the good work.

Bill K., Bowmansville, New York

Dear I.S.O.,

Enclosed is a donation to help with all you do. We will try to send you more donations quarterly.

John M., San Bruno, California

ANNOUNCEMENT OF UPCOMING EVENTS

2023 and Beyond – Area 18A
42nd National Conference
August 25 – 27, 2023
Mantra Tullamarine Hotel
2 Trade Park Drive
Tullamarine, VIC Australia 3043
For more information, email gaconference18a@gmail.com or visit gaaustralia.org.au.
Abstinence vs. Recovery
Gamblers Anonymous Area 10 Mini Conference
September 8 – 10, 2023
Doubletree by Hilton Hotel
6200 Quarry Lane
Independence, OH 44131
For more information, email GA.Area10@yahoo.com.

2023 Chicagoland Intergroup
Fall 2023 International Conference
November 17 – 19, 2023
Hilton Oak Brook Hills Resort & Conference Center
3500 Midwest Road, Oak Brook, IL 60523
For more information, visit their website at
www.internationalconference2023.org

Walkathon 2023
Fall 2023 International Conference
November 17, 2023, 7:00 am
There will be a walkathon on Saturday morning at the conference in Chicago!
We will meet in the lobby at 7:00 am.
If you have any questions, email ies@gamblersanonymous.org and I’ll get you
in contact with the planner of this amazing walkathon!

INDIVIDUAL LIFELINER DONATIONS
RECEIVED IN THE MONTH OF
JUNE 2023

ARIZONA
CALIFORNIA
L1    Bob W.        L4    Tom M.        L6    Bill S.        L8    Dan B.        L9    Mike M.        L21  Ed E.        L31  Russell H.        L70  Keith B.
CALIFORNIA (cont)

L73 Karen H.
L87 Mike S.
L100 Mazi S.
L116 Rob D.
L117 Steve F.
L120 Phil C.
L151 Murray F.
L158 Gagik G.
L209 Jose C.
L219 Leonard K. x2
L246 Patrick S. x3
L273 Victor S.
L285 Angela L
L298 Cathy F.
L314 Alan S.
L367 Jerry L. x2
L384 Alvin F. x2
L390 Jack R.
L408 Ira B.
L419 Rufus B.
L432 Patrick P.
L453 Bennett S. x2
L461 Lisa W
L476 Garrett C.
L480 Ezra B.
L496 Guy H.
L544 Harold A.
L593 Grant M.
L601 David L.
L609 Kathie S.
L617 Mike Z.
L623 Lucille T.
L648 Edward K.
L678 Lynell B.
L701 David L.
L772 Ara H.
L834 Candice B.
L836 Albert Y.
L871 Greg D.
L907 Joseph G.
L908 Jordan K. x2
L946 Estella M.
L965 Brandon S.

FLORIDA

L2 Bill B.
L81 Paulette T. x2
L97 Chuck R.
L143 Neal G.
L160 Jim C.
L175 Lloyd A. x3
L205 Steve P.
L225 Kevin K.
L233 Robert M.
L251 Frank G.
L261 Stephen S. x2
L313 Herman G.
L351 Russell H.
L420 Mark S.
L423 Kathleen H. x2
L450 Neil S.
L483 Victor C.
L511 Chris N.
L549 Patricia P.
L590 Dennis A.
L607 Debbie M.
L627 Pauline F.
L695 Ronald B.
L840 Janice M.
L843 Neal V.
L844 Arnie B. x2
L904 Marlon D.
L944 Brent S.
L945 Eugene K.
L979 Rebecca P.
L989 Lois H.
L993 Carlos M.

CONNECTICUT

L581 Paul S.

GEORGIA

L672 Tony L.

HAWAII

L284 Kevin H.
L553 David C.

ILLINOIS

L344 Eileen Z.
L823 Luke W.
L962 Cynthia M.
L977 Donna M.

COLORADO

L147 Lou W.
L950 Ron G.

INDIANA

L880 Fred B.
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INDIVIDUAL LIFELINER DONATIONS
JUNE 2023

ARIZONA (8)  $206.00  MINNESOTA (1)  $20.00
CALIFORNIA (51)  $2,152.00  NEVADA (16)  $313.00
COLORADO (2)  $150.00  NEW JERSEY (21)  $461.00
CONNECTICUT (1)  $10.00  NEW MEXICO (4)  $80.00
FLORIDA (33)  $1,725.00  NEW YORK (4)  $175.00
GEORGIA (1)  $5.00  OHIO (2)  $100.00
HAWAII (2)  $55.00  OREGON (2)  $155.00
ILLINOIS (4)  $103.00  PENNSYLVANIA (5)  $125.00
INDIANA (1)  $30.00  SOUTH CAROLINA (1)  $20.00
KANSAS (1)  $80.00  SOUTH DAKOTA (1)  $10.00
KENTUCKY (2)  $60.00  TEXAS (1)  $5.00
LOUISIANA (2)  $40.00  WASHINGTON (2)  $58.00
MARYLAND (2)  $55.00  WISCONSIN (1)  $10.00
MASSACHUSETTS (2)  $75.00  VENMO & ZELLE (1)  $50.00
MICHIGAN (1)  $31.00  TOTAL (175)  $6,359.00

ANNIVERSARIES

59 YEARS  ..........  DOMENIC C.  7/4  Bridgewater, MA
54 YEARS  ..........  RAY G.  7/15  Downey, CA
52 YEARS  ..........  MARCO B.  7/5  Forest Hills, NY
43 YEARS  ..........  DON S.  7/5  NE Philadelphia, PA
TED F.  7/10  Woodbury, NY
ANDY C.  7/23  Philadelphia, PA
MICHAEL L.  7/27  Wantagh, NY
41 YEARS  ..........  GEORGE R.  7/18  Pomona, NY
39 YEARS  ..........  DANNY G.  7/17  Moorestown, NJ
37 YEARS  ..........  DIAN W.  7/20  Forest Hills, NY
35 YEARS  ..........  PETE C.  7/11  Wantagh, NY
TOM P.  7/13  Wantagh, NY
KRIS G.  7/17  Henderson, NV
34 YEARS  ..........  LYDIA L.  7/9  Las Vegas, NV
CARMINE M.  7/25  Pomona, NY
BRUCE S.  7/31  Woodbury, NY
33 YEARS  ..........  JEFF M.  7/2  Philadelphia, PA
JIM P.  7/6  Plymouth Meeting, PA
DENNIS M.  7/9  Staten Island, NY
ISAAC K.  7/11  East 31st St., NY
32 YEARS  ..........  MURRAY S.  5/16  Plantation, FL
KEN K.  6/1  Calgary, AB
RICHIE H.  7/29  Staten Island, NY
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15 YEARS (cont) TRACY D. 7/10 Las Vegas, NV
TOM R. 7/17 Bowmansville, NY
MIKE D. 7/19 NE Philadelphia, PA
JOHN R. 7/29 Bolingbrook, IL

14 YEARS PIERRE G. 7/3 St-Jean-sur-Richelieu, QC
PAT S. 7/6 White Plains, NY
JIM H. 7/9 York, ME
MIKE K. 7/11 Westlake Village, CA
JOE G. 7/14 Natick, MA
KEVIN V. 7/19 Willow Grove, PA
FRANKLIN H. 7/24 Las Vegas, NV
JODI P. 7/28 Malden, MA

13 YEARS MARIA D. 4/10 Las Vegas, NV
RHONDA 6/10 Calgary, AB
JENN F. 7/23 Kenmore, NY
TERRI B. 7/29 Calgary, AB

12 YEARS MARIBEL C. 6/12 Las Vegas, NV
MARY D. 7/1 Hoffman Estates, IL
KIM S. 7/3 Dallas, TX
MIKE M. 7/15 Windsor, ON
LORIAN C. 7/28 Gardena Zoom, CA

11 YEARS ANGUS D. 4/12 Burnaby, BC
ANNE B. 7/2 Plainville, MA
MELANIE R. 7/12 East 87th St., NY
OSCAR G. 7/16 Gardena Zoom, CA
DANA J. 7/17 Havertown, PA

10 YEARS CHRISTINE D. 6/4 Calgary, AB
DICK K. 6/7 Calgary, AB
MIKE G. 7/9 Las Vegas, NV
MIKE U. 7/12 Willow Grove, PA
STEVE C. 7/16 Chester, PA
TOBY S. 7/18 East 31st St., NY
MARY T. 7/19 Las Vegas, NV
MARK D. 7/21 Forest Hills, NY
SHI 7/23 Calgary, AB
ADAM H. 7/30 Henderson, NV

9 YEARS DIANE S. 4/15 Plantation, FL
LANCE O. 7/3 Mount Vernon, NY
BARRY R. 7/5 Media, PA
GERALD 7/12 Granby, QC
JERRY L. 7/25 East 31st St. Zoom, NY
JASON W. 7/25 White Plains, NY

8 YEARS HARRIET W. 5/4 Plantation, FL
ARTURO 6/21 Las Vegas, NV
MEL S. 6/22 Irvine, CA
DAN L. 7/14 Bowmansville, NY
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<td>Plantation, FL</td>
</tr>
<tr>
<td>JILL N.</td>
<td>4/16</td>
<td>Vancouver, BC</td>
</tr>
<tr>
<td>CATHY B.</td>
<td>6/6</td>
<td>Pompano Beach, FL</td>
</tr>
<tr>
<td>PAUL B.</td>
<td>6/9</td>
<td>Surrey, BC</td>
</tr>
<tr>
<td>CHRISTINE S.</td>
<td>6/22</td>
<td>Surrey, BC</td>
</tr>
<tr>
<td>CURTIS H.</td>
<td>6/29</td>
<td>Mount Vernon, WA</td>
</tr>
<tr>
<td>CASEY</td>
<td>6/30</td>
<td>Taunton, MA</td>
</tr>
<tr>
<td>LINDA R.</td>
<td>7/1</td>
<td>Joliet, IL</td>
</tr>
<tr>
<td>SHANNON G.</td>
<td>7/1</td>
<td>Lexington Park, MD</td>
</tr>
<tr>
<td>LAVATTA P.</td>
<td>7/1</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>PAUL B.</td>
<td>7/1</td>
<td>Brisbane, QLD</td>
</tr>
<tr>
<td>SYLVAIN</td>
<td>7/1</td>
<td>Ste-Therese, QC</td>
</tr>
<tr>
<td>JASON G.</td>
<td>7/4</td>
<td>Westlake Village, CA</td>
</tr>
<tr>
<td>MAXINE W.</td>
<td>7/4</td>
<td>Canton, MA</td>
</tr>
<tr>
<td>RICHIE S.</td>
<td>7/4</td>
<td>Canton, MA</td>
</tr>
<tr>
<td>WALTER F.</td>
<td>7/6</td>
<td>Irvine, CA</td>
</tr>
<tr>
<td>GREG O.</td>
<td>7/6</td>
<td>Rancho Cucamonga, CA</td>
</tr>
<tr>
<td>MIKE H.</td>
<td>7/7</td>
<td>Broomall, PA</td>
</tr>
<tr>
<td>JUSTINE A.</td>
<td>7/7</td>
<td>Chambly, QC</td>
</tr>
<tr>
<td>JUDY U.</td>
<td>7/8</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>STARR S.</td>
<td>7/9</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>NEIL M.</td>
<td>7/9</td>
<td>Ocean Parkway, NY</td>
</tr>
<tr>
<td>MARGIE G.</td>
<td>7/9</td>
<td>Philadelphia, PA</td>
</tr>
<tr>
<td>CHRIS V.</td>
<td>7/11</td>
<td>Lancaster, PA</td>
</tr>
<tr>
<td>BOBBY C.</td>
<td>7/12</td>
<td>Massapequa Park, NY</td>
</tr>
<tr>
<td>BRIAN D.</td>
<td>7/22</td>
<td>Dallas, TX</td>
</tr>
<tr>
<td>PAM S.</td>
<td>7/14</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>RYAN K.</td>
<td>7/15</td>
<td>Willow Grove, PA</td>
</tr>
<tr>
<td>ALAN N.</td>
<td>7/16</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>KEVIN M.</td>
<td>7/16</td>
<td>Henderson, NV</td>
</tr>
<tr>
<td>TIM W.</td>
<td>7/17</td>
<td>Plymouth Meeting, PA</td>
</tr>
<tr>
<td>TAMMI Jo</td>
<td>7/18</td>
<td>Henderson, NV</td>
</tr>
<tr>
<td>MARK S.</td>
<td>7/18</td>
<td>Langhorne, PA</td>
</tr>
<tr>
<td>JOHN S.</td>
<td>7/19</td>
<td>Ephrata, PA</td>
</tr>
<tr>
<td>MELODY J.</td>
<td>7/21</td>
<td>Las Vegas, NV</td>
</tr>
<tr>
<td>C.J. D.</td>
<td>7/22</td>
<td>Columbia, MD</td>
</tr>
</tbody>
</table>
I.S.O. CAN CONTRIBUTIONS
JUNE 2023

CALIFORNIA

C4  Anaheim Wednesday  $68.00  C894  Indio Friday  $75.00
C16 Anaheim Monday PM  $29.00  C949  Mission Viejo Friday  $31.00
C28 Anaheim Sunday PM  $84.10  C1012 Irvine Thursday  $49.00
C29 Anaheim Tuesday Noon  $10.00  C1014 Irvine Thursday Step PM  $16.00
C46 Anaheim Saturday AM  $60.00  C1017 Simi Valley Thursday  $52.33
Women’s  
C49 Orange County  $235.00  C1015 Sacramento Stop & Grow Saturday AM  $112.00
Intergroup  
C77 San Diego Intergroup  $376.00  C1285 Rancho Cucamonga  
C82 Anaheim Thursday PM  $24.00  C1352 Dana Point Saturday AM  $51.00
C161 Dana Point Saturday Step  $20.00  C1397 Rancho Cucamonga Tuesday  $14.00
C180 Stockton Tuesday  $10.00  C1403 Rancho Cucamonga  
C184 Sacramento Tuesday AM  $130.00  Wednesday PM  $18.00
C413 Rancho Cucamonga  
C415 West Hartford Monday  $50.00
C755 Anaheim Friday AM  $5.00  C1417 Rancho Cucamonga Monday Noon  $54.00
C765 Fair Oaks Thursday AM  $34.00  C1417 Rancho Cucamonga  
C857 Elk Grove Tuesday  $32.00  C1538 Anaheim Tuesday PM  $37.00
C863 Rancho Cucamonga Thursday PM  $28.00  C1694 Auburn Wednesday  $46.73
CONNECTICUT

C251 Clearwater/Windmoor Thursday  $27.00  C263 Plantation Wednesday PM  $49.00
C262 Plantation Friday PM  $11.00  C1627 Delray Beach Thursday-12:15 PM  $14.00

FLORIDA

C1539 Norcross Sunday  $10.00

GEORGIA
<table>
<thead>
<tr>
<th>State</th>
<th>City</th>
<th>Date</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Illinois</td>
<td>Burbank</td>
<td>Thursday</td>
<td>$168.00</td>
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<tr>
<td>Illinois</td>
<td>Willa Rawls Manor</td>
<td>Thursday</td>
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<tr>
<td>Illinois</td>
<td>Cherry Valley</td>
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<tr>
<td>Illinois</td>
<td>Kankakee</td>
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<td>Illinois</td>
<td>Elgin Sherman Oaks</td>
<td>Hospital</td>
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<tr>
<td>Indiana</td>
<td>Indianapolis</td>
<td>Saturday AM</td>
<td>$50.00</td>
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<td>Slidell</td>
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<td>Massachusetts</td>
<td>Holbrook</td>
<td>Wednesday</td>
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<td>Massachusetts</td>
<td>Hanson</td>
<td>Thursday PM</td>
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<tr>
<td>Nevada</td>
<td>G.A. of Southern</td>
<td>Nevada</td>
<td>$726.80</td>
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<tr>
<td>New Jersey</td>
<td>Marlton</td>
<td>Thursday</td>
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<tr>
<td>Ohio</td>
<td>Bexley</td>
<td>Tuesday PM</td>
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<td>Oregon</td>
<td>Oregon City</td>
<td>Friday</td>
<td>$23.00</td>
</tr>
<tr>
<td>Pennsylvania</td>
<td>Beaver/Vanport</td>
<td>Monday</td>
<td>$50.00</td>
</tr>
<tr>
<td>Washington</td>
<td>Vancouver</td>
<td>Monday</td>
<td>$50.00</td>
</tr>
</tbody>
</table>
## GROUP CONTRIBUTIONS
### JUNE 2023

### CALIFORNIA
- Burbank Monday PM $70.00
- Burbank/North Hollywood Zoom $15.00
- Downey Saturday $49.00
- Hollywood Saturday $32.00
- Irvine Thursday Step Study $22.06
- L.A. Griffith Park Saturday $32.00
- L.A. Griffith Park Sunday $47.00
- Lincoln Friday AM $11.00
- Lincoln Sunday $41.00
- Lincoln Wednesday $23.00
- Monterey $25.00
- Oakland Friday Zoom $30.00
- Orovile Monday $82.00
- Reseda Saturday Zoom $25.00
- San Bruno Wednesday $100.00
- San Jose Monday Beginners $100.00
- Santa Monica Beach Sunday $200.00
- Santa Monica Wednesday PM x2 $86.00
- Sierra Madre Tuesday $40.00
- Walnut Creek Tuesday $45.00
- Westlake Tuesday $25.00

### CONNECTICUT
- Pawcatuck Tuesday $5.00

### FLORIDA
- Boca Raton Mon-Women Helping Women $25.00
- Boynton Beach Tuesday $20.00
- Daytona Beach Tuesday $40.00
- Daytona Beach Thursday $40.00
- Delray Beach Thursday-Crossroads $40.00
- Delray Beach Sunday-Crossroads $68.00
- Fort Myers Thursday $50.00
- Holiday Monday $75.00
- Lady Lake $25.00
- Lakeland Tuesday $50.00
- North Palm Beach Monday $200.00
- Plantation Tuesday $119.00

### GEORGIA
- Norcross Sunday Korean $10.00

### ILLINOIS
- St. Charles Thursday Zoom $3.00

### INDIANA
- Deerfield Wednesday $40.00

### MAINE
- York $25.00

### MASSACHUSETTS
- Canton Tuesday $61.00
- Newton Upper Falls Monday $50.00

### NEVADA
- Las Vegas- Nuevo Comienzo $25.00

### NEW JERSEY
- Basking Ridge Saturday $50.00
- Carlstadt Wednesday $50.00
- Colts Neck Tuesday $100.00
- Mercerville Tuesday $50.00
- Metuchen Tuesday $50.00
- Ocean Monday $100.00
- Old Bridge $10.00
- Ridgewood Wednesday $25.00
- Sayrewoods $50.00
- Toms River Saturday $50.00
- Toms River Sunday $50.00
- Westwood Monday $25.00

### NEW MEXICO
- Santa Fe Monday PM $70.00

### NEW YORK
- Bowmansville Monday $50.00
- Congers Thursday PM $300.00
- Eastside Chapter $200.00
- Forest Hills Thursday $100.00
- Howard Beach Tuesday PM $50.00
- Rochester Monday $25.00
- Staten Island Monday $25.00
- Staten Island Weds. St. Vincent $25.00
<table>
<thead>
<tr>
<th>Location</th>
<th>Amount</th>
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<tbody>
<tr>
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<td>$25.00</td>
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<tr>
<td>Detroit-Toledo Intergroup</td>
<td>$78.00</td>
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<tr>
<td>Greater Sacramento Intergroup</td>
<td>$30.00</td>
</tr>
<tr>
<td>Houston/Gulfcoast Area 7A</td>
<td>$100.00</td>
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<tr>
<td>Inland Empire Intergroup</td>
<td>$50.00</td>
</tr>
<tr>
<td>L.A. Intergroup</td>
<td>$300.00</td>
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<tr>
<td>New England Intergroup</td>
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<tr>
<td>New Jersey Intergroup</td>
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<tr>
<td>Northern Nevada Intergroup</td>
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<tr>
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<tr>
<td>Southwest Ontario Area 9A</td>
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<tr>
<td>Chicagoland Intergroup</td>
<td>$25.00</td>
</tr>
<tr>
<td>Detroit-Toledo Intergroup</td>
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<td>Orange Intergroup County</td>
<td>$167.35</td>
</tr>
<tr>
<td>Southwest Ontario Area 9A</td>
<td>$300.00</td>
</tr>
</tbody>
</table>

**INTERGROUP CONTRIBUTIONS JUNE 2023**

**NATIONAL HOTLINE DONATIONS JUNE 2023**

<table>
<thead>
<tr>
<th>Location</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inland Empire</td>
<td>$25.00</td>
</tr>
<tr>
<td>L.A.</td>
<td>$28.00</td>
</tr>
</tbody>
</table>

**ONE TIME DONATIONS JUNE 2023**

One-Time Donation
Dylan K., via Venmo/Zelle

One-Time Donation
Leanne W., via Venmo/Zelle
One-Time Donation
Sharon F., via Venmo/Zelle

One-Time Donation
Heidi W., via Venmo/Zelle

One-Time Donation
Denise C., via Venmo/Zelle

One-Time Donation
Jo K., via Venmo/Zelle

One-Time Donation
Jonathan R., Uxbridge, Massachusetts

One-Time Donation in memory of Rudy S.
Gamblers Anonymous of Southern Nevada, Nevada

One-Time Donation for Working the Steps Virtual Meeting
Ina K., Deerfield Beach, Florida

One-Time Donation in memory of Fenton T.
Orange County Intergroup, California

One-Time Donation for Sponsorship Workshops
Greater Sacramento Intergroup, California

One-Time Donation in memory of my father, Jim S. from Nebraska
James S., Tempe, Arizona

One-Time Donation
Orange County Intergroup, California

One-Time Donation on behalf of the Burbank/
LA Intergroup Annual Memorial Meeting
Burbank/LA Intergroup, California

One-Time Donation
Sunday Morning Phone Meeting, Miscellaneous Areas

One-Time Donation in loving memory of Carmello (Mel) S.,
may he rest in peace.
Bill B., Delray Beach, Florida
GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
JUNE 2023

CASH IN OPERATING ACCOUNT JUNE 1, 2023  $ 86,862.46

INCOME FOR JUNE 2023
Group Contributions 4,846.06
Intergroup Contributions 2,015.25
ISO Can Contributions 3,762.46
Lifeliners Contributions 6,359.00
National Hotline Donations 53.00
One-Time Donation 820.87
E-Reader 19.52
Literature Shipping 3,317.50
Sale of Literature 16,737.25
Sales Tax Collected 246.59
Credit of Lost check 1,952.00
Bank Adjustment 1.20
Interest from Checking Account 0.68
Merchant Svs Cash Reward 1.07
Pay Pal Literature Process Fees 740.50

TOTAL $ 40,872.95

CASH AVAILABLE FOR JUNE $127,735.41

EXPENSES FOR JUNE
Rent & Cam Fees 4,315.20
Payroll 19,132.46
Payroll Taxes (Federal & State) 1,529.92
Payroll Processing Fee 309.64
Office Expenses 1,917.08
Health Insurance 1,617.08
Telephone/Internet Bill 453.87
Electric Bill 179.15
Gas Bill 33.16
Maint/Monitoring ADT Alarm 42.55
Monthly Air Conditioning/Heater Maintenance 30.00
Match for Employees Simple IRA 448.98
Spring 2023 Chair B.O.T. Mtg. Exp. 563.61
Spring 2023 Co-Chair B.O.T. Mtg. Exp. 2,118.90
Visa/MC Service Fee 71.60
Literature 5,995.94
Pay Pal Literature Processing Fees 740.50
Postage 5,000.00
Lifeline Bulletins 625.50
Computer/Internet/App Exp 2,836.50
Lease/Maintenance Postage Meter Scale 449.27

TOTAL EXPENSES $ 48,410.91

MONTHLY NET INCOME (NET LOSS) - $(7,537.96)

CASH IN OPERATING ACCOUNT AS OF JUNE 30, 2023 $ 79,324.50

FISCAL YEAR STARTING JULY 1ST TO DATE
NET INCOME (NET LOSS) - $(4,726.81)
Gamblers Anonymous Gratitude Month

Who?

All Gamblers Anonymous Members, Groups, Intergroups and R.S.O.’s

What?

During the May 2011 Board of Trustees meeting in Cherry Hill, New Jersey

a motion was made and passed as follows:

Make the month of September “GRATITUDE MONTH”.

Where?

ALL AROUND THE G.A. WORLDWIDE FELLOWSHIP

When?

Every year from September 1st to September 30th

Why?

It’s time to recognize your local Members, Groups, Intergroups, R.S.O.’s (Regional Service Offices) and the I.S.O. by coming together. Plan your socially, Mini-Conferences, fellowship events, picnics and fundraisers during the month of September in appreciation of Gamblers Anonymous and having G.A. meetings available in 66 Countries (and growing)!

So many of our, and others, lives have been saved by the Gamblers Anonymous Program since the beginning of that first G.A. meeting on September 13, 1957. Let’s all get involved and give back to a program that has given so much to us!

And don’t forget about “GRATITUDE WEEK” which is held every year during the week in which September 13th appears to help G.A.I.S.O. continue carrying the message to each and every person who is still suffering.

Email the I.S.O. at isomain@gamblersanonymous.org or contact your local Trustee
Literature Sale!

Effective January 1, 2023, prices on items shown below have been reduced while stock lasts.

Reduced Price

0.25 Suggestions for a Successful 90-Day Room
1.00 Handbook for Judiciary, Lawyers, Counselors, etc
1.00 Towards Recovery in Prison
0.25 Have I Quit the Fellowship?
5.00 Sharing Recovery Through Gamblers Anonymous (Blue Book) revised/printed 12/07
1.50 Spanish Working the Steps Pamphlet
0.75 Spanish Beyond 90 Days Booklet
0.50 Spanish Let it Stay Here - Card
0.25 **Spanish** G.A. Coins
2.50 Spanish Slogans of the Program - Cards
0.50 Spanish Coping With Urges
0.50 Spanish Your First Meeting
0.50 Spanish New Member Retention
0.25 GA Treasury Guideline Example
1.75 Group Study Book on Unity Steps
1.50 G.A. Intergroup Handbook
0.75 G.A. Suggestions for New Member Retention

2.00 Beyond 90 Days on CD
$ 2.00 Towards 90 Days on CD
$ 3.00 Big Steve DVD
3.00 Even Up The Odds DVD
28

2023 Fall International Conference
Chicago • November 17 - 19, 2023
Hilton Oak Brook Hills Resort and Conference Center
3500 Midwest Road, Oak Brook, IL 60523

Plan | Package | Conference and Meals
--- | --- | ---
A | Registration and 2 Dinners | $225.00
B | Registration Only (Includes Lunch Voucher) | $75.00
C | 1 Friday Dinner Only | $75.00
D | 1 Saturday Dinner Only | $75.00

Room Rates of $120.00 per night are guaranteed for 3 days prior and 3 days following the conference. Hotel reservations are to be made directly with the Hilton Oak Brook Hills Resort & Conference Center by calling (630) 850-5555 or Toll Free at 1-800-HILTON When booking your room, use the group code: CHIIIC and mention “2023 Fall Conference” to receive the discounted rates. Or use the following link: https://www.hilton.com/en/attend-my-event/chibhh-chiiic-a9091837-ff8b-43cb-8b84-78c58c75bc0b/

For additional info, visit our website: www.internationalconference2023.org

RESERVATIONS MUST BE MADE BY OCTOBER 16, 2023
TO RECEIVE THE CONFERENCE RATE

These room rates do not include taxes. We recommend that you fly into one of the following Chicago Airports: CHICAGO O’HARE INTERNATIONAL (Airport Code ORD) or CHICAGO MIDWAY INTERNATIONAL (Airport Code MDW)

– 2023 International Conference Registration Form –

Registrant #1
Full name: (Required) ______________________________________________________________
Plan(s) Selected: _________ Name on Badge _________________________________________
Check (X) One: GA ______ GAM-ANON _____ NON-AFFILIATED _____
Phone Number: ____________________  Email: ________________________________________
Street Address: ____________________________________________________________________
City: ______________________  State/Province: ________________  Country _______________

Registrant #2
Full name: (Required) ______________________________________________________________
Plan(s) Selected: _________ Name on Badge _________________________________________
Check (X) One: GA ______ GAM-ANON _____ NON-AFFILIATED _____
Phone Number: ____________________  Email: ________________________________________
Street Address: ____________________________________________________________________
City: ______________________  State/Province: ________________  Country _______________

Amount Enclosed: ___________________ ($100 Minimum Deposit. Balance due by 11/1/2023)
Checks or money orders payable to Chicago International Conference can be mailed
with complete Registration Form to:
Chicagoland Intergroup, P.O. Box 3649, Lisle, IL 60532
For additional payment information and more details, please see online instructions.
G.A. APPROVED TELEPHONE CONFERENCE CALL
MEETING INFORMATION - JUNE 27, 2022

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call-In Number</th>
<th>Meeting Code</th>
<th>Email for Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eastern Time</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday 9PM</td>
<td>267-807-9601</td>
<td>9131957 #</td>
<td><a href="mailto:weeklycallhelp@gmail.com">weeklycallhelp@gmail.com</a></td>
</tr>
<tr>
<td>Friday 3PM</td>
<td>267-807-9601</td>
<td>9131957 #</td>
<td><a href="mailto:weeklycallhelp@gmail.com">weeklycallhelp@gmail.com</a></td>
</tr>
</tbody>
</table>

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call-In Number</th>
<th>Meeting Code</th>
<th>Email for Information</th>
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</thead>
<tbody>
<tr>
<td>Pacific Time</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Friday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Sunday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
</tbody>
</table>

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can’t get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

First choice: Text the word HELP to the conference call-in number. You will be texted an alternate call-in number.

Second choice: Text the words CALL ME to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call
Where would you be today without G.A.?

Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

... it offers you a way to give back to the program that has given you so much.

... it allows you to make a commitment to the program in a more direct way.

... it helps the International Service Office to spread the message to those who haven’t yet been blessed as you have.

... it makes you one of a special group of people who do a little extra for the program that saved their lives.

... it gives you a sense of responsibility.

... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: “Gamblers Anonymous saved my life. I can’t do enough to repay the program for what it has done for me.”

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month’s contribution. It’s that easy!!

Do it today – it’s the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____________________

NAME _________________________________________________________________

ADDRESS: _____________________________________________________________

CITY & STATE: _________________________________________  ZIP: ___________

Please mail this with your initial contribution to:

GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!