DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 1306 Monte Vista Ave., Ste. 5, Upland, California 91786, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling.
BOARD OF REGENTS
MEETING MINUTES OF JANUARY 20, 2024

Call to order: The Chair, Ara H., called the meeting to order at 9:34 A.M.

** Due to intercom issues today’s meeting is not available by phone. **

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Valerie D.

Present: Ara H., Bob W., John C., Laura M., Valerie D., Zach M., Israel A., Office Manager
Present by phone: Arnie B., Jo K., and KC B., International Executive Secretary
Absent: Lloyd A.


A motion was made to approve the minutes as written:

MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0


A motion was made to approve the December 2023 Operating Statement as written.

MOTION SECONDED AND PASSED
FOR – 8 AGAINST – 0 ABSTAINED – 0

1. OLD BUSINESS

A. Office Manager Report – Israel A.

- Lifeliners – five; CA-2 FL-3
- New Cans – none
- Group Information requests forms received – three; Chicago, IL (Registration Only), Fargo, ND (Registration Only), Sumner, WA (Registration Only)
- Group Information request forms received prior to sending out starter kits – two, Starter Kits were sent out to: Bloomingdale, IL and Sioux City, IA
• Prison starter kits – one, Lino Lakes, MN

• Venmo and Zelle donations were $2,324.21: Groups (9) $413.33, 1x Donations (1)$18.00, LL Donations (18) $1,462.00, I.S.O. Cans Contributions (6) $218.88, Cans Gratitude (1) $80.00.

B. International Executive Secretary Report – KC B.

• Completed December bulletin.

• Working on January bulletin.

• Got the B.O.T minutes out to the current trustees for review. The deadline was 1/19 end of business.

• Will get final B.O.T minutes out sometime before end of January. Should be in February bulletin if formatter can get them formatted in time.

• Working on procedure and template for anniversary submissions from areas and members. Looking for suggestions on how to continue reporting anniversaries. Should it be the person’s actual anniversary or the date they celebrate?

C. DISCUSS UPDATE ON B.O.R. MEETING GOING TO THE ZOOM PLATFORM.

• Zoom platform is now live for B.O.R. members only.

• Zoom platform working well.

• Connection info to be sent out earlier to B.O.R. members.

D. UPDATE ON WEBSITE INFORMATION – VALERIE D.

• Brief report given by Val D., Chair of Website Committee.

• The current phase is data entry and transfer of information to the updated website.

E. DISCUSS CITIBANK CD MATURING ON JANUARY 26, 2024.

A motion was made to rollover and leave CD at Citibank.

MOTION SECONDED AND PASSED
FOR – 8  AGAINST – 0  ABSTAINED – 0
2. NEW BUSINESS

A. DISCUSS B.O.T. ITEMS THAT AFFECT THE I.S.O./B.O.R.

- Literature Items that passed:

  #2 Passed 2\textsuperscript{nd} Vote (Pressure Relief Flyer-Remove “legal”).
  
  #4 & 5 Passed 2\textsuperscript{nd} Vote (Pg 14 & 47, Red Book-Remove “legal”).
  
  #12 Passed 2\textsuperscript{nd} Vote (Big Steve DVD).
  
  #35 Passed – 1\textsuperscript{st} Vote (Combo Book).
  
  #38 Passed (Translate Combo Book to Braille).

- Guidance Code Items:

  #6, #7, #8, #9 are 2\textsuperscript{nd} Votes that passed.

  Each reflects the movement of the duties from the International Executive Secretary to the Office Manager.

  #17 Amendment added to allow I.E.S. to provide receipts at the trustee meetings & conferences.

Number of people who called in to listen to the meeting: 0

Collected: $45.00

The meeting ended with the Serenity Prayer at 10:28 A.M.

Next meeting will be February 17, 2024.

Respectfully submitted by Valerie D., Secretary

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HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.
Did you know that the I.S.O. sells a booklet on how to study the Unity Steps? We do! It’s called “Gamblers Anonymous Group Study Book on the Unity Steps.” Each month of 2024, I’ll discuss the Unity Program and the corresponding step with each month.

When I first came to Gamblers Anonymous in July of 2001, at the Unity Club in Las Vegas, my brain was focused on one thing – to stop gambling. It’s all I cared about for the first few months I was attending meetings. I had no idea what the Unity Program was or why it existed.

As my mind cleared up and I started to understand my surroundings, the Unity Program became less and less confusing for me. I’d like to think it’s the same way for all of us, however, I can only speak of my experience.

It taught me that while I needed to focus on MY recovery, I also needed to respect the group as a whole and be one with them as we move forward on this journey of self-discovery and recovery.

I knew that whether I relapsed or not, the Group would still be there when I came back. So when I’d see a person had relapsed, I’d welcome them back to the Group and continue forward.

**Step 2 – Our leaders are but trusted servants; they do not govern.**

Our red book, A New Beginning starts discussion of our Unity Program in Chapter 5 and says,

“Gamblers Anonymous relies primarily on group conscience to keep functioning. Leaders within the Fellowship are entrusted to carry out the will and conscience of the Group. They have assigned responsibilities, but they act only within the authority granted to them by the group to serve the group.

We shall be held responsible if we elect irresponsible Trusted Servants who cannot serve the group in the manner determined by the “Ultimate Authority” which is the spiritual concept of “Group Conscience.” They are not elected to command, order, demand, change, alter, but simply to serve and express the opinions determined by the group through a conscious consideration of opinions expressed by all members of that group. Trusted Servants in each group are rotated, so that each of us may be reminded and remember that we serve for the good of all, without authority over anyone.

Ego and pride tend to become lost if one listens to the Group conscience. Acceptance is the spirit and trait which can carry one through.”
a. Define/discuss the following words or phrases: “Our leaders,” “trusted servants”, “they do not govern.”

b. Does length of time in the program qualify you to be a Trusted Servant? Discuss your perception differences (if any) on “old-timers”, someone in the program less than one year, and those in between as it relates to this Unity Step.

c. Does being a trusted servant give them more power than all other members?

d. What leadership qualities are needed to be a trusted servant?

e. Are we governed by any of our elected leaders? Why or why not?

f. Where does Gamblers Anonymous get its direction? Who runs it?

g. Does Gamblers Anonymous have leaders? Who are they?

h. How is rotation of trusted servants important to Unity Step 2?

i. Do I criticize, or do I trust and support, my group secretary, treasurer, Gamblers Anonymous intergroup, ISO, office workers, and the Board of Regents? What about newcomers? Old-timers?

j. What are my goals for doing service work for GA?

k. When there is a group conscience discussion, am I listening with an open mind or am I focusing on promoting my own ideas and opinions?

l. Do I take part in decision making or do I sit on the sidelines and complain about the outcome?

m. How do our group decisions affect the Fellowship as a whole?

n. How does group conscience affect this Unity Step?

o. How does being a trusted servant relate to my recovery?

p. Elaborate on the following principles as they relate to Unity Step 2: surrender, humility, open-mindedness, integrity, willingness, service.
From the desk of your International Executive Secretary.

As we finish the February bulletin, I would like to thank all the members, groups, intergroups, and RSOs who consistently contribute to your International Service Office to enable us to keep the doors open and help the compulsive gambler who still suffers. We could not do this without you. If you aren’t already, please consider signing up as a LifeLiner and contribute monthly so that the I.S.O. can continue its amazing work of getting literature out and helping people find meetings all over the world.

Did you know that the Combo Book is available as a digital download? You’ll find instructions on how to get it (if you don’t already have it!) just below this letter.

Have you ever wondered what the International Service Office and the International Executive Secretary do every day? If you keep reading, you’ll find that information after this letter. Also included is how the I.S.O. makes money to continue helping the fellowship and others find meetings and obtain literature.

Yours in recovery and gratitude, KC B.

WHAT THE I.S.O. DOES

1. Answers telephone, e-mails, and all other correspondence received. Our office staff either handles it there or forwards it to the International Executive Secretary.

2. Sorts and distributes daily mail received.

3. Updates and maintains the Gamblers Anonymous International Directory on our website.

4. Maintains reports for all money received through QuickBooks and processes receipts for all donations; Lifeliners, Cans, Groups, etc.

5. Processes and sends all orders received by mail, fax, and from our on-line store.

6. Prepares and sends Starter Kits to those requesting them and keeps the Trustees informed of when and where meeting kits are going. The Office Manager also gives this information during his report at the Board of Regents monthly meeting.

7. Sends “Information Packets” with a letter about Gamblers Anonymous to the people requesting information on our Program.
8. Keeps inventory of literature on hand.


10. Prepares month-end Accounts Receivables Report and sends invoice copies that are due to be paid.

11. Processes receipts for all accounts receivable and literature orders.

12. Balances ledgers to deposits and makes weekly bank deposits.

13. Prepares monthly Operating Statement and does complete accounting procedures for the office.

14. Keeps track of all accounts payable and processes the checks for bills that are signed by two of three mandatory signatures of the Board of Regents.

15. Constantly updates and reprints (upon approval by the Board of Trustees) new literature.

**What the IES does.**

1. Sends pertinent information to Trustees, Regents, and members as needed.

2. The IES, with assistance from the physical ISO compiles, enters, and proofreads all letters, donations, anniversaries, etc. for Lifeliner Bulletin on a continuing basis.

3. Puts together the Lifeline Bulletin with all letters and information sent from the ISO.

4. Updates the Trustee Listing and maintains contact information for the trustees.

5. Attends all BOT meetings and/or International Conferences and takes minutes of the meetings.

6. Tracks Lifeliner donations.

7. Answers questions and inquiries about GA and the ISO.
HOW DOES THE I.S.O. RECEIVE ITS MONEY?

LIFELINERS – a Lifeliner is an individual donation from a member on a monthly basis. You can pledge any amount you wish. It is a personal thing and only you and the International Service Office know the amount you give. If you are interested, the form to fill out is on the back cover of the monthly bulletin.

CAN CONTRIBUTIONS – a Can contribution is a direct donation to the I.S.O. Groups pass around a can at their meeting and then send a check or money order once a month totaling the amount collected. If you do not have a Can or Can number, and would like one, please let us know and we will see that you get one.

GROUP CONTRIBUTIONS – a Group contribution is what is donated to the I.S.O. from the groups after they have met all of their expenses, such as rent, coffee, literature, etc.

INTERGROUP CONTRIBUTIONS – An Intergroup contribution is what each individual Intergroup has decided amongst themselves to donate to the I.S.O.

LIFE-LINE BULLETIN SUBSCRIPTION – a Bulletin subscription is when a member or group subscribes on a yearly basis to receive the Life-Line Bulletin by First-Class mail. The order form is on the second page of this issue for those of you reading this online, and on the front inside cover of this issue, for those of you who are already subscribers and reading your subscription copy.

ONE-TIME DONATIONS – A One-Time donation can be one of many different ways to give to the I.S.O. For example, a donation in honor of yours, or the Anniversary of someone you care about; in memory of a beloved member; or just for being grateful to have found a Fellowship such as ours. A group, individual, or individuals may make a One-Time donation. (However, these donations must be from G.A. members. As we all know, outside contributions are not accepted.)

SALE OF LITERATURE – Selling G.A. approved Literature is our only profitable means of income.
The Combo Book is available for purchase as an e-book.

Instructions for Kindle purchase:

Note: if you already have an Amazon account go to step 2.

1. To create an Amazon account, log on to Amazon.com and follow instructions.

2. Download a Kindle app for iPhone, Android, iPad, tablet, PC or Mac computer.

3. Log on to Amazon.com

   A. Scroll down and tap or left click on Barnes & Noble. In the column to the right, tap or left click on Kindle Books. In the search box enter Combo Book.

   B. Scroll down to locate the book and tap or left click on Combo Book.

   C. Tap or left click on Purchase. The book will automatically download to your device in the Kindle App.

   D. Tap or left click on Kindle App to locate Combo Book.

LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:
- Combo Book (small or large print).
- Suggestions for coping with Urges to gamble.
- Towards 90 days booklet (small or large print).
- Red Book - A New Beginning.
- Pressure relief Group meeting flyer.
- 20 Questions booklet.
- Your First meeting.
- Questions and Answers about Gambling.
- A Newcomer asks?
- Stop and Think card.
- Young gamblers in recovery.

If you have joined a little while ago:
- Beyond 90 Days booklet (small or large print).
- Sponsorship booklet.
- Sponsor/Sponsee relationship – HOW it works.
- Pressure relief Group Meeting Handbook.
- Pressure relief workbook.
• Information packet.
• A Day at a Time meditation book.
• Big Book – Sharing Recovery through GA.
• Have I quit the Fellowship?

If you are working the Steps:
• Working the Steps booklet.
• Step meeting handbook, Booklet.
• Daily inventory of my behavior (sheet).
• Fourth Step Inventory Moral Book.
• Step One recovery Workbook.
• Writing the Steps.
• 12 Steps Unity booklet.
• Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:
• Group Handbook Guide booklet.
• Guidance Code (trustewebsite.com).
• Short term Group sponsorship.
• Suggestions for a Successful 90-day room.
• Suggestions for New Member Retention.
• Treasury Guideline Example.
• A Guide to Regional Service Offices.
• Intergroup Handbook.
• Public Relations flyer.
• Towards Recovery in Prison.
• Handbook for Judiciary, Lawyers, Counselors etc.
• The Stock market, Retirement accounts and Gamblers Anonymous.
• The First 40 years.
• Let’s Host a Mini-Conference pamphlet.
• Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Thank you for your service over the last year and may this year unfold, one good day at a time.

Regards, Drew J., Fort Worth, Texas
Dear I.S.O.,

I just had my 18th G.A. birthday/anniversary. I placed my last bet on January 31, 2006. Thanks to all my buddies and family who supported me along my journey.

Thanks, Jo K., St. Louis, Missouri

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Dear I.S.O.,

In memory of our sister, Terri K., who passed away just days before her 22nd birthday in G.A. She will be fondly remembered for her contagious smile and unique ability to make everyone she met feel they truly mattered.

Terri never missed an opportunity to be of service for our local meetings, serving as a trustee, or running workshops at the Mini-Conventions. She was a sponsor to many and always reached out to the newest members to share her recovery and encourage them to keep coming back.

In Recovery, Gamblers Anonymous of Southern Nevada, Las Vegas, Nevada

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Dear I.S.O.,

Happy New Year. May 2024 bring you all love, peace, and happiness.

I appreciate all you do.

Anonymous, Oregon

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Dear I.S.O.,

Happy New Day. Enclosed is a memorial donation in memory of Tom R. of Connecticut. Tom was a 38-year member of Gamblers Anonymous and a true friend. He celebrated his 38 year anniversary on November 1, 2023 and was a mentor and sponsor to many in the GA program.

Tom was a co-founder of the Hartford Monday meeting in Bloomfield, CT and was still attending the West Hartford Monday, Coventry, and Hartford Friday meetings in Connecticut. West Hartford Monday is an off shoot of Hartford Monday. Tom also attended meetings in Florida where he and his wife, Sandy, lived during the winter months.
Tom was well known for his “Tom-isms” and participated in conferences throughout the country. Tom played Elvis and his wife, Sandy, played Priscilla at the Hartford International Conference held in 2005. Tom was a confidant to all and made himself available to all those needing someone to talk with.

Tom will be missed by Sandy, a long-time Gam-Anon member, his children, grandchildren, extended family and friends.

Sincerely, Michele C., West Hartford Monday, Connecticut

Dear I.S.O.,

We thank GA for showing us how to live without gambling.

Monday night miracles.

Belleville, Illinois

Dear G.A. Staff,

Thank you for your support. We currently have only two to six attending weekly meetings. I hope that those in need will come to attend our weekly Monday meetings.

Happy New Year, Helene M., Stevens Point, Wisconsin

Dear I.S.O.,

Happy New Year and thanks for everything you folks at I.S.O. do for all of us.

Frank M., Daytona Beach, Florida

Dear I.S.O.,

Please find enclosed a donation in memory of Valerie D.’s mother.

John C., Fountain Valley, CA
Welcome –Pete K. Chair, Board of Trustees

Pete opened the meeting at 10:00 am and introduced the front table. Sitting at the front table is 1st Co-Chair, Steve F., 2nd Co-Chair Harold A., International Executive Secretary KC B., and the Board of Regents Chair Bob W.

Some housekeeping items were discussed about using the microphones, points of interest and order. He went over the motion sheets needed each time a motion is made. Pete also mentioned that KC had some pins for sale during the trustees meeting.

Pete reminded us why we are all here, to help the compulsive gambler who is still suffering. He reminded us that our fellowship elected us to be here at the meetings and do work for the program.

Pete asked the new trustees present to go up to the mic to introduce themselves:

Roxanne D. – Area 3D
Andy R. – Area 12
Terry D. – Area 2H
Barb L. – Area 8E

There were 32 absentee ballots sent in:
Area 2 Jared H. Area 17 Ronny W.
Area 2 Tita M. Area 19 Elena D.
Area 2B James B. Area 19 Hector H.
Area 2G Chris M. Area 19 Jorge C.
Area 2J Patricia D. Area 19 Julia A.
Area 3B Paul G. Area 21 Francisco AM
Area 5 Frank P. Area 21 Pedro TM
Area 6C Thomas K. Area 23 Joao Carlos R.
Area 11 William C. Area 23A Clecio S.
Area 13 Mike M. Area 28 Hector T.
Area 14 Ira C. Area 28 Marymar V.
Area 14 Maury C. Area 29 Konstantin U.
Area 14 Mitch M. Area 29A Oleg I.
Area 15 James G. Area 29B Eduard U.
Area 15 Jesse C. Area 33 William S.
Area 15 Stanley C. Area 38 Belinda L.
B) Remembrance of our departed members
Marc L., Area 3D, read the names of our departed members.

Area 1A Fenton T. Area 11 Roy L.
Area 2A Terri H. Area 11 Mary K.
Area 2A Denise W. Area 11 Brandon B.
Area 2B Josh H. Area 11 John Z.
Area 2B David A. Area 11 Jim O.
Area 2G Jim S. Area 11 Marie
Area 2K Deiter M. Area 11 Deb R.
Area 2K Terri H. Area 12 George L.
Area 3 Rudy S. Area 12 Ray C.
Area 3 Brenda Joy R. Area 12 Phil G.
Area 3 Jim F. Area 12 Mike G.
Area 3 Nick V. Area 12 Zully S.
Area 3 Caesar Area 13 Bill P.
Area 3C Jo B. Area 13 Kim C.
Area 5B Claude C. Area 13 Mike V.
Area 5B Ginette L. Area 13A Bob F.
Area 6 Neil R. Area 13A Dave C.
Area 6 Randy C. Area 14 Paul C.
Area 6B John O. Area 15 Bill B.
Area 9 Marianne M. Area 28 Ricardo G.
Area 9 Diane S. Area 28 Domingo D.
Area 10 Jerry S.

C) Roll Call – KC B., International Executive Secretary
KC B. did roll call. With the absentee ballots, we have 80 votes available right now.

D) Reading of the ”12 Steps of Unity”
Ara H, past trustee Area 1, read the Unity Steps on the first day.

Alan A., Area 6A trustee, read the Unity Steps to begin our second day.

E) Reading from “A Day at a Time Book”
Andy G., Area 13B, read the reflection of the day on the first day.

Dianna R., Area 8 trustee, read the reflection of the day on the second day.

F) Approval of Minutes from Cleveland
Motion made to accept the minutes from Cleveland as written.
Item passed; minutes approved.
G) ISO / Lifeliner – KC B.
KC B. gave her report with a printout of a 12-month window of Lifeliner donations. For the entire 12 months, we are down 1.16% for all lifeline donations. We had a total of 308 Lifeliners for the 12-month period. 35 of them were trustees. There are some Lifeliner cards and envelopes on the table in front.

H) Report from the Board of Regents – Bob W., BOR Chair
Bob W. opened the floor for questions and answers to the trustees. We’ve been running in the black for the last several months, as opposed to running in the red. At least 50% of worldwide meetings have closed their doors due to the pandemic and never reopened.

Bob W. let us know that the I.S.O. is also looking at changing the shipping process so that it not only saves the office money, but it saves the membership money as well when it comes to shipping costs.

I) Trustee Meeting Report-KC B., IES
1) Cleveland-Spring, 2023
There were 78 people registered for the Board of Trustees meeting. 73 of them were trustees and the other five were executive board members.

There was a total of $3,900 collected for registrations; $1009.15 was collected from all sessions; and $660 collection from Lifeliners at the meeting. There were several new and current Lifeliners that gave at the meeting as well.

Committee Reports

Committees with Harold A. as Co-Chair Liaison

**Conference Oversight and Assistance Committee – Standing Committee:**
Committee Chair – Wendy B. - Area 1A
Co-Chair – Norm B. – Jack R. – Area 1A
Committee Liaison Chair – Harold A.
Mission Statement: To oversee all processes dealing with International Conferences and to encourage and provide assistance to Areas seeking to host an International Conference as well as to provide advice and assistance after a Conference has been awarded. The Chicago area has done a phenomenal job with the fall international conference. Everything has been done in accordance with our guidelines.
There have been no other bids or inquiries as to future international conferences.
This committee is available to answer any questions and/or offer guidance to any area that is thinking of hosting a conference. Report submitted online.

Digital Strategy Committee
Committee Chair – Reba L. – Area 8
Committee Co-Chair – Butch G. – Area 3
Committee Liaison Chair – Harold A.
Mission Statement: The purpose of this committee is to give guidance and suggestions to the Board of Trustees on the most efficient use of digital media in order to share our message with the compulsive gambler who still suffers.
The Digital Oversite Committee had only one item that it worked on since the Trustee meeting in Cleveland. That item was forming the What’s App group originally named the Trustee Line, currently named Trustee What’s App Group. The purpose of this group was to have an experiment to improve communication between Trustees in between meetings.
Within 1 week after the meeting in Cleveland, every current Trustee and executive board member was invited to join this Group. So that everyone would know what the purpose was, we named it the What’s App Trustee Line, the purpose was not to confuse anyone, it was just the name we came up with and it stuck, for lack of any other ideas on what to name it. Marc L. raised an objection, and the name was changed to the “Trustee What’s App Group.”
Originally 34 current Trustees signed up to the group. Currently 49 Trustees are members. 7 are members outside of the United States or Canada.
There have been 31 conversations ranging from introducing ourselves to complex topics regarding how things are done regarding Gamblers Anonymous issues in different areas. Responses have been as few as one or two, but many have been 8 or more. Topics rarely last longer than one day, before another topic is introduced.
The use by current members has been overwhelming in that not only are the members using the platform, the number of overseas participants truly makes this feel like an international organization. The conversations have felt organic, with honest back and forth without a feeling of being put down or somehow out of place. It has achieved exactly what we were hoping for, on a much larger scale.
Report submitted online.
Pressure Relief Committee – Standing Committee:  
Committee Chair – Bruce W. - Area 1  
Committee Co-Chair- Alvin F. – Area 1  
Committee Liaison Chair – Harold A.  
Mission Statement: To provide leadership and support throughout Gamblers Anonymous by coordinating, educating, training, and clarifying the Pressure Relief Group Process that will aid in fostering an atmosphere of continuity, cohesiveness, and unity as well as understanding within our Fellowship which will bring about an alleviation of pressures for our members and thus strengthen and empower Members, Groups and Gamblers Anonymous as a whole. 
The committee has met on multiple occasions and discussed numerous topics while deciding the following courses of action going forward:  
1. The Mission Statement is being reformulated and will be presented at the spring 2024 conference  
2. A emphasis is made on training women to conduct Pressure Relief Meetings  
3. An emphasis on alleviating general pressures through sponsorship, Gam-Anon joint meetings and encouraging connection.  
4. The continued effective use of Zoom while conducting PRGM.  
5. The execution of use of spreadsheets to be provided in conjunction with the PRGM workbook.  
6. The suggestions of a moratorium approach while conducting PRGM.  
7. Emphasis on PRGM workshops to better educate our members of the availability and importance of PRGM  

This committee is vibrant and active. We look forward executing the above measures and continuing to provide service.  
Report submitted online.

Prison Committee – Canada – Standing Committee:  
Committee Chair – Jean-Marc L. – Area 5B  
Co-Chair – Aldo I. - Area 4  
Committee Liaison Chair – Harold A.  
Mission Statement: To provide telephone, email, and an in-person resource (as feasible) to the Trustees or their designees for the purpose of assisting when a prisoner or institutional staff member is requesting to start an “inside” meeting, or an Intergroup and its committee are outreaching to prisons, jails, etc. Also, to compile in the ISO office an unpublished JIP meeting directory as a much-needed resource for federal, state, and local judges, defense attorneys, prosecutors, probation and parole officers, and clinicians.  
No report submitted.
Prison Committee, US – Standing Committee:
Committee Chair – Ed G. - Area 10
Committee Liaison Chair – Harold A.
Mission Statement: To provide telephone, email, “snail mail”, and an in-person resource (as feasible) to the trustees or their designees for the purpose of assisting when a prisoner or institutional staff member is requesting to start an “inside” meeting, or an Intergroup and its committee are outreaching to prisons, jails, etc. Also, to compile in the ISO office an unpublished JIP meeting directory as a much-needed resource for federal, state, and local judges, defense attorneys, prosecutors, probation and parole officers, and clinicians. The Prisons Committee meeting was held on October 15th and the following items were discussed.

1. Since the last trustee meeting in Cleveland, two (2) prison meeting starter kits have gone out. SCI-Waymart Waymart, PA, and Shakopee MN- Dept. of corrections Shakopee, MN. Women’s Prison.
2. Deb M. (Area 8A) made initial overtures at Shakopee by giving them a new blue book. They in turn requested that a contingent come and talk with their inmates. A couple of 8A members are going through the paperwork and processing to do just that.
3. It was reported that New York State won’t allow 12 Step programs into prison due to their “religious affiliation”, however, Joel G. (Area 6B) clarified that the actual issue is the recognition of compulsive gambling being on the level of alcohol and drugs and the catch all “security concerns”.
4. Maxine S. provided a list of five California prisons who expressed interest in “receiving more information”. We will follow up to ascertain exactly what information they desire.
5. It was a general consensus of those in attendance that the higher the security classification of a facility, the more difficult it is to find staff receptive to our program. So far, all success has been with level I and Level II facilities.
6. For those at the meeting for the first time, the procedure for issuance of prison starter kits, GA literature, and prisoner communications was discussed.
7. Lastly, the geographical remoteness of most correctional facilities in relation to outside meetings was discussed.
8. An updated (unpublished) list of prison meetings was sent to ISO.
9. A letter from the London meeting chair was read. Meeting on Friday mornings is up to about 15 weekly attendees.

Report submitted online.
Public Relations Committee – Standing Committee:
Committee Chair – Cindi M. - Area 8
Committee Liaison Chair – Harold A.
Mission Statement: Communicate information relating to the existence of Gamblers Anonymous meetings to outsiders. Spread the awareness of the Gamblers Anonymous Program with others when requested.
We had a zoom meeting in September attended by Cindi C., Alyssa C., Deb M. Anthony K., Ed G.
Ed G. participated in meetings and activities of Cuyahoga Problem Gambling Coalition (CPGC) Summer Symposium.
Inquiries from:
• Vice News
• Elk Grove CA Reporter
• New York Times
• Tulsa KRMG
• New Mexico Problem Gambling Outreach
• Telemundo
• Kentucky WLAP
• Iowa KCRJ
• News Nation Chicago
• Newsday
Our goal with the inquiries is to get them to use our website link and hotline number.
We include any local websites and hotline numbers.
We turned down several interviews in regard to “gambling safely” and “harm reduction”.
Deb M. discussed using the new Blue Book for distribution at counseling services, medical facilities etc. She also shared a flyer used for new meetings to aid in letting the public know the meeting exists.
We had a discussion about compiling a collection of resources including a “press kit” available to intergroups.
Ed G. shared the use of business cards with the hotline # and website info.
Other topics:
The use of podcasts
PSA production and distribution
App development
Report submitted online.
Virtual Meeting Committee
Committee Chair – Patrick G. - Area 9
Committee Co-Chair- Butch G. – Area 3A
Committee Liaison Chair – Harold A.
Mission Statement: To develop guidelines for regularly scheduled video online G.A. meetings, including but limited to how to start a meeting, technical requirements, and suggested meeting formats. The Virtual Meeting Committee has accomplished its Mission Statement and would like to expand its purpose see agenda item 76 for this.
Report submitted online.

Website Meeting Audit Committee:
Committee Chair – Ed G. Area 10
Committee Liaison Chair – Harold A.
Mission Statement pending
The inaugural meeting of this committee was held on June 7th, 2023.
Meeting minutes attached.
2. Created an Excel Sheet to accommodate details of the meeting information collected. Area 8 and Area 10 ran a Beta test to determine functionality and ease of use. (Copy Available to Trustees on Request)
3. Sent Jason a copy for his information.
4. Created and submitted the following mission statement to be added to the agenda: To assist the International Service Office with maintaining an accurate and current listing of active group meetings by providing the following:
   A. Create a Master (unpublished) list of all known and verified active meetings and a means of contacting a trusted servant from the same.
   B. Provide a central point of contact to provide meeting additions, closures, and changes to provide intergroups, Trustees, and ISO web administrator with timely and accurate information.
   C. Provide ISO web admin with periodic consolidated list of changes that occurred within that period.
   D. Provide an Email address where updates can be sent that is exclusively for this purpose. GA.MeetingAuditCommittee@gmail.com
   E. To the extent possible, verify groups not represented or underrepresented by an Intergroup/Service Board.
Report submitted online.
Committees with Steve F. as Co-Chair Liaison

Chronological History Committee:
Committee Chair – Andy D. - Area 18
Committee Liaison Chair – Steve F.
Mission Statement Pending
Mission Statement To write the history of Gamblers Anonymous.
Progress has been slow.
We are aiming to produce a book with: -

i) The chronological history (start dates for GA in different states and countries, lists of senior office bearers (chair BoT and BoR, IES etc.), national conference details and significant dates in our history. Much of this work was done by Steve R. for the 50th anniversary. There are some gaps and some errors that need to be corrected).

ii) The broader history of the fellowship. This is likely to include some writings (for example, Jim’s Story) from previous GA publications.

iii) The development of GA philosophy and spirituality.
This may end up as one book or we may split it into two. We are keeping our options open as the book progresses.
Report submitted online.

Group Removal Merit Panel Committee
Committee Chair – Cheryl R. – Area 2E
Committee Chair Liaison – Steve F.
Mission Statement: To guide groups and Intergroups on how to address the issue of non-adherence to the Guidance Code and/or other Trustee decisions per Article VII, Section 1 and Article VIII, Section 1A of the Guidance Code.
No report was submitted.

Hotline Implementation Committee:
Committee Chair – Andy G.- Area 13B
Committee Liaison Chair – Steve F.
Mission Statement: To provide assistance in implementing a Gamblers Anonymous Hotline and oversee the operations.
Give support and help when needed to local areas using the Gamblers Anonymous Hotline provider.
Assist local areas in developing guidelines for hotline volunteers.
Follow up on voicemails on the Gamblers Anonymous Hotline for areas that do not have a hotline.
Maintain the routing information for all areas using the Gamblers Anonymous Hotline.
Review areas that use another hotline system.
Review the data usage on the Gamblers Anonymous Hotline and report at each Board of Trustee meeting.
Maintain communication with the Executive Secretary of the I.S.O. regarding usage and payments to the Gamblers Anonymous Hotline provider.
Maintain information on the Trustee Website for the Gamblers Anonymous Hotline.
Since the Spring 2023 BOT Meeting in Cleveland, OH the committee continues to hold monthly meetings. Our committee member numbers have decreased, averaging 5 members in attendance. Highlights from those meetings are as follows:

- Scott S., Chuck R. and Paul S. have continued to work with Ring Central (RC) to identify avenues to help reduce area hotline costs. RC’s solution to our situation would be to move our RC accounts to their new platform. We are currently grandfathered in and staying on our current platform allows the most flexibility with managing our accounts and proved the most cost effective for areas on RC.
- The new RC platform requires volunteers to be limited to 10 calls per line. If a volunteer accepted more than 10 calls, the area would be charged for a new license. Scott S. explored alternative systems to replace our current RC Hotline but setup, training, testing, etc. would not be cost effective.
- An alternative to our dilemma with RC and to also reduce area hotline costs is to migrate areas to the National Hotline. Scott S. has migrated Area 13B’s area codes to the new National Hotline que. Scott S. and Andy G. will be testing this process and if successful, other areas will migrate to National, thus reducing costs for areas migrating.
- Recommendation made that we need to have backup persons identified for area hotline coordinators in the event hotline coordinator leaves, no longer wishes to serve, dies, etc.
- Scott S. worked with Doug K. to create new email address for HotlineCommittee1, HotlineCommittee2, etc. Change was made to have Hotline Chair be default email.
- Next Hotline Committee meeting scheduled for November 7, 2023, at 8:30 pm est.

Report submitted online.

International Relations Committee – Standing Committee:
Committee Chair – Ara H. – Area 1
Co-Chair – Igor K. – Area 3
Committee Liaison Chair – Steve F.
Mission Statement: Assist the fellowship of Gamblers Anonymous with International matters and help create a worldwide united Gamblers Anonymous.
The IRC has been busy at work since the last trustee meeting. We have answered phone calls and emails from all over the world.
In Africa we answered a few emails about requests for help. Including Kenya, Ghana and Nigeria. We have had a few requests from these countries and tried to connect the requests. We have had personality issues dividing groups in Greece and the Philippines. We have tried to moderate the disputes, but it has been difficult to do so. As for the Philippines, we just added a few online and in person groups to our ISO website since they have agreed to follow and adhere to our guidance code. They had been using outside literature and ending meetings with the “promises” but have stopped doing so. It was a difficult process that we had to have our Chairman Pete K get involved to help the committee deal with the issue. It has been resolved now.

We have had two of our committee members work with Turkey, who had a facility and counselor try to start a group. We had to explain to them that we would need to have two problem gamblers to establish the group. They understood and asked us to send them a new group form. As of today, I am unaware if they have found two people who are willing to start a group.

We have been in constant contact with Russia, they have three areas with many groups. I was fortunate to be able to have a zoom meeting with them and answered many questions regarding groups, intergroups, iso and the trustee program and process. I like to thank our co-chair Igor for helping translate and keeping in touch with Russia.

Sweden has been in the process of uniting the groups and being able to be represented by a common body. Possibly an intergroup. Our committee member Tommy S. is keeping me informed of the progress there.

Area 33 Colombia had an issue with members of their area regarding harassment. Our committee member Elena made contact with them, but it ended not moving forward after a few virtual meetings with the members involved.

Area 23 Brazil contacted us to have feedback on how to handle problems with the RSO financial matters. Elena and other ex trustees from Argentina had a virtual meeting with Brazil Trusted Servant and things as far as we know were resolved. Also, we were invited to participate in a virtual event for Gratitude week. Mainly they were looking for someone to explain what ISO does. I was happy to participate, and Elena was also there.

Area 28 México had their National Conference on October 13, 14 & 15 in Mazatlán they had about 100 persons. Area 28 has two new groups one in Veracruz, Veracruz and the other in Durango, Durango, paperwork has been sent to ISO. Héctor T has been in contact with the members of both groups.
Members of the RSO from Spain, Argentina and Mexico are about to finish the translation of the new Blue Book, they hope to complete the task by the end of 2023. Then the file will be sent to KC and Israel to review the format to be sent to the printer.
I would like to thank Martha and Elena who have been handling South America and Mexico. I would also like to thank all the members of the IRC committee who have helped and contributed to this report.
Report submitted online.

Literature Committee – Standing Committee:
Committee Chair – Debra B. – Area 2E
Committee Liaison Chair – Steve F.
Mission Statement: To encourage the creation of new Gamblers Anonymous literature as needed and to revise, edit and or update existing Gamblers Anonymous literature.
No report submitted.

Spanish Literature Committee
Committee Chair - Julian F. - Area 3F
Committee Liaison Chair – Steve F.
Mission Statement: To unify the literature translation efforts with all the Spanish speaking areas in our G.A. fellowship that are authorized to translate and print G.A. approved literature such that all areas that use the same language will coordinate a revision of existing translated literature that meets all area requirements.
Our Spanish Literature Committee has been working on the Red Book (“A New Beginning”).
We are facing a few challenges that our committee has to overcome. This is one of the largest projects we have undertaken. The Red Book has 110 pages! We have seen the need to divide it into sections assigned to smaller groups for each one of our Spanish speaking areas: USA (Spanish Speaking Area 3F), Argentina (Area 19), Mexico (Area 28), and Colombia (Area 33). We have noted that the English version is on the 5th edition (2007) while our Spanish version is only on the 2nd edition (1993). We have to do a lot of updates due to the difference in these editions. But we have also run into issues where changes already approved on other GA literature are not yet in the English version of the Red Book which is our reference. Our Spanish Literature Committee decided to take into account the changes already approved by the BOT on other literature such as the Combo Book, the GA Guidance Code, the Pressure Relief Group pamphlet, and the Group Handbook. We need digital copies of the English and Spanish versions of the GA Approved literature above to complete our work of translation/updating the GA Red Book. We already have the English and Spanish digital version of the Combo Book and GA Guidance Code.
But we are now asking the ISO to help us get a digital copy of the English and Spanish versions of the Pressure Relief Group Pamphlet and the Group Handbook.

Once we get these, we expect to complete the new GA Spanish Red Book by the end of this year.

We would like the BOT to consider a last-minute discussion item as follows at the Fall Trustee Meeting 2023:

**Discussion Item – When updating a specific GA Approved Literature, we should take into account newer changes already made to other GA Approved Literature such as the GA Guidance Code, The Combo Book, the Pressure Relief Pamphlet, and the Group Handbook.**

As usual, we want to point out the pamphlets/booklets which our committee has already translated/updated this year: 1) Beyond the 90 Days, 2) Your First Reunion, 3) Questions and Answers, 4) Suggestions for Retention of New Members, 5) Suggestions for Coping with Urges to Gamble.

Report submitted online.

**Committees with Pete K. as Co-Chair Liaison**

**Fourth Step Inventory Review**
Committee Chair – Jeanne B. – Area 8A
Committee Co-Chair – Debra B. – Area 2E
Committee Chair Liaison – Pete K.

Mission Statement: Review, revise, and rewrite the Gamblers Anonymous publication “A Guide to Fourth Step Inventory” to create a more robust and effective tool of recovery for the fellowship of Gamblers Anonymous that addresses both moral and financial inventories.

The mission of the Fourth Step Inventory Revision Committee is to review, revise, and rewrite the Gamblers Anonymous publication “A Guide to Fourth Step Inventory” to create a more robust and effective tool of recovery for the fellowship of Gamblers Anonymous that addresses both moral and financial inventories.

The committee meets every other week. We meet virtually and through screen sharing we can write and edit in real time. Currently the committee has finished the introduction, a section on the benefits of doing a Searching and Fearless moral and financial inventory and completed our draft on identifying and finding our piece in creating or maintaining Resentments, Fears and Harms. We provide clear instructions and examples pulled from the experiences of other Compulsive Gamblers. We will now begin the work of describing how members can use the information uncovered in this Moral Inventory process.
As we make our way through writing this process, we try to write for the member who has not practiced this step before. We are careful to use inclusive language and to honor different life experiences. We are open to accepting new members on this committee. It is expected that this process will likely take between 2-4 years in order to produce a workable publication for use by the GA Fellowship.

Report submitted online.

Guidance Code Audit Committee
Committee Chair – Bob C. – Area 3A
Committee Chair Liaison – Pete K.
Mission Statement: To review and verify the Gamblers Anonymous Guidance Code for compliance with the Unity and Recovery Programs and on a practical level for the sustainability of Gamblers Anonymous.
I was asked by our wonderful leader of over 2 years, Anita R (Area 1B), to pick up the Committee leadership role. Checking in with current committee members resulted in a total of three remaining members. Having completed a thorough two-year audit and submitting eighteen agenda items at the spring 2023 board meeting, many of which were passed awaiting second vote, I believe the remaining members can continue to generate additional agenda submissions at future Trustee meetings.
We received feedback from several non-committee Trustees on several of our agenda items that were tabled or withdrawn requiring review and rework. The committee will submit these changes at the Spring 2024 Trustee only meeting.
We look forward to continuing our work ensuring uniformity and consistency amongst our various literature and guiding documents.
Report submitted online.

GA Restructuring Committee
Committee Chair – David M. – Area 12
Committee Co-Chair – Jack R. – Area 1A
Committee Chair Liaison – Pete K.
Mission Statement: Review the current structure of the corporation and fellowship of Gamblers Anonymous to research and recommend a possible plan to restructure all related entities.
Since the Spring Trustee Meeting in Cleveland earlier this year, the committee has been reconstituted with membership being reduced from 9 members to 5. The first action of this reconstituted committee’s focus was to address the Articles of Incorporation, referred to in this report as “AI,” which includes all subsequent filings with governmental agencies associated with the AI. The
committee’s initial finding was that the AI is confusing, incomplete, and has at least one section that should have been updated with the California Secretary of State but wasn’t. We believe we must address the AI before taking a deeper dive into the By-Laws. Much of the work of the committee will be in following our mission statement guidelines to both rectify and clarify the AI along with the By-Laws.

The balance of the time and effort of the committee was, and will continue to be, pointing out all areas of the Fellowship that are missing procedures, actions, and longer-term strategies, all of which are essential to ensure the long-term survival of GA and allow us to more effectively carry out our primary purpose.

This committee report meets the requirement of the submission deadlines for Chicago’s Trustee meeting; however, at the time of the Trustee meeting and the actual presentation of the committee report, a handout will be distributed dealing with 16 different categories that comprise most of the area of focus for the committee’s continuing efforts. They will be findings that will be followed up with recommended actionable solutions for the Trustees to consider for at the Spring 2024 Trustee meeting.

We hope the Trustees will use the time between Chicago and the Spring 2024 meeting to review the committee’s handout and email us with thoughts and additional areas of focus that the committee may not have as yet identified.

Please send such emails to: GANJUSA@gmail.com. Please title all emails as: GA RESTRUCTURING. You will receive prompt attention by the committee in its consideration of all ideas and suggestions.

Report submitted online.

Telephone Conference Call Committee
Committee Chair – Jeanne B. – Area 8A
Committee Chair Liaison – Pete K.

Mission Statement:
1) To administrate the creation, implementation, and oversight of all conference call meetings from the Gamblers Anonymous website. These meetings will be sanctioned by Gamblers Anonymous, but will not carry the distinction of being classified as a group, as per the Guidance Code.
2) To formulate, implement and maintain rules and procedures covering all aspects of the telephone conference call meetings, with Board of Trustee approval.
3) To be responsible for coordinating the Gamblers Anonymous members who will administrate the individual telephone conference call meetings.
4) To actively seek out any known phone meetings and try to assist in making them compliant with current rules and procedures covering all aspects of the telephone conference call meetings. Make changes to such procedures whenever necessary, with Board of Trustee approval.

5) Look at other platforms being used and make changes to the rules and procedures covering all aspects of the telephone conference call meetings, with Board of Trustee approval.

We start our report by asking for your help. The Telephone Conference Call Committee needs two or three people who are interested in serving as a meeting administrator once or twice a month.

This is a GREAT opportunity for people who want to creatively enhance their recovery and make a difference in our GA Fellowship. We have a great team of admins who give generously of their time and talents to keep the twice-weekly meetings up and running. In order to maintain our flexibility in scheduling, we would greatly appreciate just a little more help.

Admin duties include chairing one of these meetings every three-four weeks or so and assisting the meeting chair once a week or every other week. All the admins on the call assist in welcoming newcomers.

We are easily able to accommodate requests for admins who need to take a week or several weeks off, if necessary. The conference call admin team is kind, caring, patient, and really fun! These people are rock stars of recovery and a joy to work with. If you know anyone in your area that you think is ready to step up for a unique service opportunity, or you are interested in joining us yourself, get in touch with us. We have trained many people in using our platform and there are always other admins present who can help anyone who has trepidation about the technical aspect of the meeting call.

Contact us at weeklycallhelp@gmail.com

We require 2 years of active clean time.

Now, the report: The Telephone Conference Call Committee and meeting administrators currently host 2 meetings a week: Wednesdays from 9-11 PM Eastern and Fridays from 3:00-4:00 PM Eastern. The phone number is 264-807-9601; the participant code is 9131957#

The Wednesday night meeting is a comment meeting. Attendees who have 90 days or more of clean time are allowed to make up to three comments per meeting; those who give therapy are allowed to receive up to 3 comments.

Those who are new to the program and claim a desire to stop gambling are read the 20 Questions, either in the main room or in a newcomer’s room.
At the Friday afternoon meeting, newcomers are welcomed and read the 20 Questions following the meeting. At both meetings, members with 90 days or more of clean time are encouraged to make comments sharing their experience, strength, and hope with the newcomer. Attendance at the Wednesday night meeting ranges between 40-60 callers per meeting. On Fridays, the range is from 25-40 callers. Attendees range from newcomers up to those who have 40 or more years of clean time.
The importance of attending a physical meeting if at all possible is stressed at each meeting. It is stated that telephone conference calls are not meant to replace physical meetings. Those who would like help between meetings are urged to reach out to others using a list of volunteers who offer support, which is obtainable by email request. We are careful not to call those offering support as “sponsors,” as this relationship happens at physical meetings—another reason to make every effort to attend a physical meeting.
The US meetings use the same email address for all meetings: weeklycallhelp@gmail.com
We receive between 1 and 10 requests for assistance or information a day.
The US meetings are always interested in training additional moderators. Again, please contact the Committee Chair.
The Canada-wide meeting continues to meet three times per week. Canadian meetings are held on Tuesday, Friday, and Sunday. Moderators for these meetings have been trained by members of the Telephone Conference Call committee and their formats have been approved. These meetings are also included on the list found on the Trustee Website. (Meeting times are listed by the local time of the originating cities.)
A full list of Telephone Conference Call meetings and contact information can be found on the Trustee website.
Report submitted online.

**Trustee Removal Merit Panel – Standing Committee:**
Committee Chair – John B. – Area 13
Committee Liaison Chair – Pete K.
Mission Statement: This is a standing panel with a 2-year term coinciding with the new term of Trustees. It will become active when an official action is presented to the Chair of the Board of Trustees to request the official removal of a current Trustee due to acts thought to be detrimental to GA as a whole, as provided for by the Guidance Code under Article VIII, Section 4. There is a specific document entitled ‘Trustee Removal Procedures’ available to all
members for reference. The panel will consist of 5 GA members, selected from 5 geographical regions, along with 1 backup Trustee for each area.
No report submitted.

Trustee Website Committee – Standing Committee:
Committee Chair – Ed G. – Area 10
Committee Liaison Chair – Pete K.
Mission Statement:
1) To oversee the Trustee website.
2) To periodically review all websites that infer or imply membership or representation of the Fellowship or Corporation of Gamblers Anonymous and evaluate the websites for compliance with approved Local Area Website Guidelines. Trustees and area trusted servants will be made aware of any deficiencies that need to be corrected. Websites from outside entities are not included.
3) To review new designs, features, enhancements, and any other changes that would be demonstrated to the Board of Trustees for approval and deployment to any website approved by the Board of Trustees.
Recently we added a CAPTCHA to the forms for submitting information on the website after we started receiving large volumes of robo-spam mail.
CAPTCHA (Completely Automated Public Turing test to tell Computers and Humans Apart) is a type of security measure known as challenge-response authentication.
Otherwise, Walter, Renee and Butch continue to do an awesome job of adding to the website as they are able. Much appreciation for their efforts!
If you are a committee chair, please do not hesitate to check your committee’s webpage for updates, and do not hesitate to send changes, big or small. Also, I can add any documents to your page for downloads.
Others continuing to contribute and editing the website: (Thank you!)
Walter G Memorial
Renee G Trustee Line
Butch G Rolling Agenda
SHORT TERM GOALS:
1. Keep the existing website up and running, essentially maintaining the site as needed
2. Outlining all the roles others have in helping to maintain the site, encouraging others to help, as able
3. Maintain trustee mail lists, current and past.
4. Provide information to trustees about the process of forming the agenda
5. Respond to all inquiries that come into the website, forward as needed

LONG TERM GOALS: (rolled over from previous trustee meetings)
1. Review the current local area website guidelines and propose possible amendments.
2. Once finalized, send the updated guidelines to all areas, especially those with websites, and perform a review of those sites to assist in compliance. (would require additional help)
3. Find new members to volunteer for the website.

Report submitted online.

Voting and Discussion Items:

RULES AND PROCEDURES

1. RULES AND PROCEDURES
Section 33. Time, Time limit, Committee, New item:
Current Version: None
Proposed Version: When time has expired for a committee report and no further time is allotted or no other speakers are willing to speak, the presenter of the committee report will be offered an additional 2 minutes only to address and summarize any of the items that were not answered during the oral report.

David M. – Area 12 – New Jersey and Northeast Pennsylvania
Motion reads – When time has expired for a committee report and no further time is allotted or no other speakers are willing to speak, the presenter of the committee report or a designated committee member will be offered an additional two (2) minutes only to address and summarize any of the items that were not answered during the oral report.
Item passed.
This item chaired by Steve F., 1st Co-Chair. 1st Co-Chair.

ITEMS UP FOR SECOND VOTE

2. CURRENT LITERATURE – Item #33 in Cleveland
Other Existing Literature – Gamblers Anonymous Pressure Relief Group Meeting Flyer approved 10/18 printed 01/22 the 2nd paragraph of the flyer which says “From our Gamblers Anonymous Literature” the word “legal” has to be removed. With reference to our updated Combo Book Page 17 the word “legal” has been removed from #8.
Current Version: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group meeting as it offers guidance towards a normal way of thinking & living. The Pressure Relief Group Meeting may help alleviate financial, legal, employment & personal pressures. Adherence to it may help in your recovery.”

Proposed Version: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting as it offers guidance towards a normal way of thinking & Living. The Pressure Relief Group Meeting may help alleviate financial, employment & personal pressures. Adherence to it may help in your recovery.”

Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas
Item Passed.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

3. CURRENT LITERATURE – Item #34 in Cleveland
Existing Literature – Gamblers Anonymous Combo Book
Current text on page 2 (Preamble) of the Yellow Combo Book
Current Version: “GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other …”

Proposed Version: “GAMBLERS ANONYMOUS is a fellowship of people who share their experience, strength and hope with each other …”

Ronnie W. – Area 17 – Connecticut and Western Massachusetts
Item failed majority.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

4. CURRENT LITERATURE – Item #39 in Cleveland
Other Existing Literature – GA A New Beginning Page 47 – Paragraph 3. Remove the word “legal.”

Current Version: This pressure relief meeting can cover marital, legal, and financial areas.

Proposed Version: This pressure relief meeting can cover marital and financial areas.

Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas
A roll call vote was called for on this item. A raise of hands was done instead, and each hand counted then added to absentee.
For 53 Against 38
Item passed.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.
5. CURRENT LITERATURE – Item #40 in Cleveland
Other Existing Literature – GA A Bew Beginning Page 14 – Pressure Relief Group Meeting – 2nd Paragraph. Remove the word “legal.”
Current Version: The meeting deals with financial, personal, employment and legal pressures that have developed in personal relationships with others.
Proposed Version: The meeting deals with financial, personal and employment pressures that have developed in personal relationships with others.
Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas
Item passed.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

6. CURRENT LITERATURE – Item #45 in Cleveland
Guidance Code Article XVI – To change article XVI – International Executive Secretary of I.S.O. Article title to reflect the movement of duties from the International Executive Secretary to the Office Manager.
Current Version: Article XVI – International Executive Secretary.
Proposed Version: Article XVI – International Executive Secretary and the Office Manager of the I.S.O.
Item passed.
For 61 Against 2 1st Vote
Bob C. – Area 3A – San Diego, California
Item passed.
For 77 Against 2 Abstain 1 2nd Vote
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

7. CURRENT LITERATURE – Item #46 in Cleveland
Guidance Code Article XVI – Section 9 – International Executive Secretary, Section 9 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.
Current Version: The International Executive Secretary will be responsible for the safekeeping of all minutes of the Board of Trustees and Board of Regents and Books and Records of the International Service Office (I.S.O.).
Proposed Version: The Office Manager will be responsible for the safekeeping of the minutes of the Board of Regents and Books and Records of the International Service Office (I.S.O.).
Item passed.
For 64 Against 2 1st Vote
Bob C. – Area 3A – San Diego, California
Item Passed.
For 88 Against 2 Abstain 1 2nd Vote.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.
8. CURRENT LITERATURE – Item #49 in Cleveland
Guidance Code Article XVI – Section 3 – International Executive Secretary, Section 3 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.
Current Version: The International Executive Secretary shall be solely responsible for the efficient operation of the International Service Office (I.S.O.). He or she will be under the guidance and direct supervision of the Board of Regents.
Proposed Version: The Office Manager shall be solely responsible for the efficient operation of the International Service Office (I.S.O.). He or she will be under the guidance and direct supervision of the Board of Regents.
Item passed
For 54 Against 3 1st Vote
Bob C. – Area 3A – San Diego, California
Item passed.
For 85 Against 2 Abstain 3 2nd Vote.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

9. CURRENT LITERATURE – Item #50 in Cleveland
Guidance Code Article XV – Section 2 – International Executive Secretary, Section 2 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.
Current Version: The operation of the International Service Office (I.S.O.) shall be the responsibility of the International Executive Secretary, who will be under the guidance of the Board of Regents and Board of Trustees. However, all business affairs of this office shall be under the direct supervision of the Board of Regents.
Proposed Version: The operation of the International Service Office (I.S.O.) shall be the responsibility of the Office Manager, who will be under the guidance of the Board of Regents and Board of Trustees. However, all business affairs of this office shall be under the direct supervision of the Board of Regents.
Item passed
For 72 Against 2 1st Vote
Bob C. – Area 3A – San Diego, California
Item passed.
For 84 Against 1 Abstain 3 2nd Vote.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

10. CURRENT LITERATURE – Item #51 in Cleveland
Guidance Code – Article VII – Section 3A – replacing the content with a more detailed explanation of receiving electronic funds. Since there is no current Guidance Code “regulation: on how contributions are to be received, this motion will reinforce reliance on the Unity Steps to protect group unity.
Current Version: Electronic forms of payment can be accepted as long as guidance code regulations are followed.

Proposed Version: In accordance with Unity Step 7, every Gamblers Anonymous Group ought to be self-supporting, declining outside contributions. Contributions can be made in any manner including electronically, but protection of anonymity is essential for group unity.

Item passed.

For 80 Against 4
Bob C. – Area 3A – San Diego, California
Item passed.

For 86 Against 2 Abstain 2
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

11. BOT DECISION – Item #27 in Cleveland
BOT Decision – Not Covered by Any Other Category
Change status of the Gamblers Anonymous By-Laws from approved literature to appropriate literature
Jack R. for John C. – Area 1A – Orange County, California
The Chair ruled this item out of order.
Challenge to the chair. Vote taken in favor of the Chair.
For 29 Against 26
Roll call vote called for on the challenge.

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TABLED FROM CLEVELAND

12. 2nd Vote – Item 7 in Cleveland
Cancun agenda item #57 passed the first vote, the item was tabled in Cleveland.

CURRENT LITERATURE
Other Existing Literature: Big Steve on DVD
The Board of Regents is requesting to remove the Big Steve DVD from its inventory.
Valerie D. – Area 1A – Orange County – California
Motion as written.
Item passed.
This item chaired by Harold A., 2nd Co-Chair.

13. Discussion Item – Item 24 In Cleveland
BOT Decision – Not Covered by Any Other Category
The world has changed significantly but our guidelines have not kept up. Our Trustee Areas and Intergroups are based on geography, but virtual meetings can be held worldwide. Some virtual meetings support the I.S.O. but what about Intergroups and Trustees? Questions such as, should virtual meetings be part of an Intergroup? Are virtual meetings entitled to vote in the Trustee elections? Should a committee be struck to update our guidelines in order to answer their questions in regard to virtual meetings?
Paul N. – Area 2A – British Columbia and Alaska
Discussion only.
This item chaired by Harold A., 2nd Co-Chair.

14. Current Literature – Item 29 in Cleveland
Combo Book
Page 17 item #5 Bold and Capitalize twenty questions.
Current Version: Read the RECOVERY and UNITY steps often and continuously review the twenty questions.
Proposed Version: Read the RECOVERY and UNITY steps often and continuously review the TWENTY QUESTIONS.
Paul N. – Area 2A – British Columbia and Alaska
Motion as written.
Item failed majority.
This item chaired by Harold A., 2nd Co-Chair.
15. CURRENT LITERATURE – Item 41 in Cleveland
Toward 90 Days – Page 5 Understand and Apply the 12-Step Program
Change the word “Handbook” to “Combo Book.”
Current Version: Most meetings will, as often as possible, have discussions on various parts of the Gamblers Anonymous Handbook, all of which will relate to a particular step or steps.
Proposed Version: Most meetings will, as often as possible, have discussions on various parts of the Gamblers Anonymous Combo Book, all of which will relate to a particular step or steps.
Paul N. – Area 2A – British Columbia and Alaska
Motion as written.
Item failed majority.
This item chaired by Harold A., 2nd Co-Chair.

16. CURRENT LITERATURE – Item 42 in Cleveland
Other Existing Literature – Public Relations Fact Sheet
Change Title/Description
Current Version: Public Relations Fact Sheet
Paul N. – Area 2A – British Columbia, Canada
Motion as written.
Item failed majority.
This item chaired by Harold A., 2nd Co-Chair.

17. CURRENT LITERATURE – Item 47 in Cleveland
Guidance Code Article XVI – Section 8 – International Executive Secretary, Section 8 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.
Current Version: The International Executive Secretary, or other designated individual, in coordination with the International Executive Secretary as determined by the Board of Regents, shall be responsible to provide receipts for donations made to the International Service Office (I.S.O.) unless group or member making the donation requests that no receipt be sent. The International Executive Secretary, as determined by the Board of Regents, shall mail Gamblers Anonymous literature and/or Gamblers Anonymous pins within 5 business days after donation or requisition is received in the International Service Office (I.S.O.).
Proposed Version: The Office Manager shall be responsible to provide receipts for donations made to the International Service Office (I.S.O.), unless group or member making the donation requests that no receipt be sent. The Office Manager, or other designated individual, as determined by the Board of Regents, shall mail Gamblers Anonymous literature and/or Gamblers Anonymous pins within 5 business days after donation or requisition is received in the International Service Office (I.S.O.).
Bob C. – Area 3A – San Diego, California
Motion amended with the following added to the end of it – “The International Executive Secretary may provide receipts for donations or receipt of funds made during a trustee meeting or international conference.”
Item Passed.
For 57 Against 2 1st Vote.
This item chaired by Harold A., 2nd Co-Chair.

NEW BUSINESS

CONFERENCE BIDS

18. Spring 2024 Conference
The Spring 2024 Conference is open for bids.
This will be a Board of Trustees meeting only. It will be located in Pleasanton, California on May 5 - 6, 2024. More information to be posted on the Trustee Website soon.
This item chaired by Pete K., Chair.

19. Fall 2024 Conference
The Fall 2024 Conference is open for bids.
This will be a Board of Trustees Meeting only. Location to be determined at a later time.
This item chaired by Pete K., Chair.

20. Spring 2025 Conference
The Spring 2025 Conference is open for bids.
There were no bids for the Spring 2025. This will remain open for bids until Spring 2024.
This item chaired by Pete K., Chair.

DISCUSSION ITEMS

21. GENERAL DISCUSSION
Discussion Item: Should live and Zoom Gam Anon meetings be listed on local area websites and meeting lists?
Jodi P. – Area 11 – Massachusetts, Rhode Island, Maine, Vermont, and New Hampshire
Discussion Only.
This item chaired by Pete K., Chair.

An item was added to the agenda due to mistakenly being removed when the agenda was done originally. It’s listed as item 77.
77. GENERAL DISCUSSION
Discussion Item: Should live and Zoom Gam-Anon meetings be listed on local secretary reports?
Discussion Only.
This item chaired by Pete K., Chair.

22. GENERAL DISCUSSION
Discussion Item: Making hybrid meetings recognized meetings.
Adrien R. – Area 5B – All French meetings in Quebec
Item withdrawn.

23. GENERAL DISCUSSION
Discussion Item: The BOT makes a public statement that the July 19 reading from Day at a Time does not meet the spirit of Unity Steps 1, 3, 5, and 10.
Cindi C. for Brian M. – Area 8 – Illinois and Northern Indiana
Discussion only.
This item chaired by Pete K., Chair.

24. GENERAL DISCUSSION
Discussion Item: What can we do at the intergroup level when somebody puts their anniversary on the calendar and has not attended 39 meetings, virtual or in person in the last 12 months?
Dean W. – Area 1A – Orange County, California
Discussion only.
This item chaired by Pete K., Chair.

25. GENERAL DISCUSSION
Discussion Item: As a current BOR member I am currently looking into the possibility of converting the Big Steve DVD into MP4 format to be put onto a USB port. This item then could potentially be sold by ISO. “Because this is literature it will need to be placed on Agenda in Spring if favorable.” At this time, I’m checking with the BOT to see if this would be desirable, affordable, and useful to our membership. Please share your feedback & suggestions for preserving this DVD.
Valerie D. – Area 1A – Orange County, California
Discussion only.
This item chaired by Pete K., Chair.

LITERATURE CHANGES

26. CURRENT LITERATURE
Existing Literature – Gamblers Anonymous Combo Book
Current text on page 2 (Preamble) of the Yellow Combo Book.
Change the word people to Individuals.
Current Version: GAMBLERS ANONYMOUS is a fellowship of people who share their experience, strength, and hope with each other…

Proposed Version: GAMBLERS ANONYMOUS is a fellowship of individuals who share their experience, strength, and hope with each other…

Andy R. – Area 13B – South Jersey – New Jersey

Item withdrawn.

27. CURRENT LITERATURE
Existing Literature – Gamblers Anonymous Combo Book
Current text on page 2 (Preamble) of the Yellow Combo Book. Change men and women into Individuals.
Current Version: GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other…

Proposed Version: GAMBLERS ANONYMOUS is a fellowship of individuals who share their experience, strength and hope with each other…

Andy R. – Area 13B – South Jersey – New Jersey

Item withdrawn.

28. CURRENT LITERATURE
Combo Book – Inside Front Cover – Poem under the Table of Contents – Wording in the poem.
Current Version: I sought my soul, but could not see, I sought my God, But He eluded me, I sought my brothers and sisters, and found all three.

Proposed Version: I sought my soul. But could not see, I sought my God, And He led me, to my brothers and sisters, which unlocked the key.

Cindi C. for Jerry P. – Area 8 – Chicago, Illinois

Motion as written.
Item ruled out of order.
This item chaired by Pete K., Chair.

29. CURRENT LITERATURE
Combo Book – Page 16 between questions 19 and 20. Add Question 20: Have you ever lied to hide your gambling? Change current Question 20 to Question 21. Changes to apply to all other literature/digital media regarding the 20 Questions.
Current Version:
19 Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20 Have you ever considered self-destruction or suicide as a result of your gambling?
Proposed Version:
19 Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
20 Did you ever lie to hide your gambling?
21 Have you ever considered self-destruction or suicide as a result of your gambling?
Marc L – Area 3D – Arizona
Motion as written.
Item failed majority.
This item chaired by Pete K., Chair.

30. CURRENT LITERATURE
Combo Book Page 15 Combo Book. Change “TWENTY QUESTIONS” to “TWENTY-ONE QUESTIONS” Changes to apply to all other literature/digital media regarding the 20 Questions.
Current Version: TWENTY QUESTIONS
Proposed Version: TWENTY-ONE QUESTIONS
Marc L – Area 3D – Arizona
Item withdrawn.
This item chaired by Pete K., Chair.

31. CURRENT LITERATURE
Combo Book Page 17 after Number 7 “As a result of diligently following Page 17, we had a spiritual awakening. PRACTICE THESE PRINCIPLES AND CARRY THIS MESSAGE OF HOPE TO OTHER COMPULSIVE GAMBLERS.” (capitol letters in bold). Make present number 8 to number 9. Change number 8 “Be Patient…” to number 9.
Current Version: 7. ……… Adherence to it will aid in your recovery. 8. BE PATIENT! ……
Proposed Version: 7. ……… Adherence to it will aid in your recovery. 8. As a result of diligently following Page 17, we had a spiritual awakening. PRACTICE THESE PRINCIPLES AND CARRY THIS MESSAGE OF HOPE TO OTHER COMPULSIVE GAMBLERS. (capitol letters in bold) 9. BE PATIENT! ……
Marc L for Kevin K.- Area 3D – Arizona
Motion as written.
Item failed majority.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.
CURRENT LITERATURE
Combo Book Page 17: Number 7, Remove “……. The PRESSURE RELIEF GROUP MEETING may help alleviate financial, employment and personal pressures. Adherence to it may aid in your recovery.” Add to Number 7: Add “…………This recovery tool helps alleviate financial, employment and personal pressures.”
Current Version: 7. We encourage every Gamblers Anonymous member to have a PRESSURE RELIEF GROUP MEETING as it offers guidance to a normal way of thinking and living. The PRESSURE RELIEF GROUP MEETING may help alleviate financial, employment and personal pressures. Adherence to it may aid in your recovery.
Proposed Version: 7. We encourage every Gamblers Anonymous member to have a PRESSURE RELIEF GROUP MEETING as it offers guidance to a normal way of thinking and living. This recovery tool helps alleviate financial, employment, and personal pressures.
Marc L for Kevin K. – Area 3D – Arizona
Item withdrawn.

CURRENT LITERATURE
Combo Book Pages 10 and 11. Change the order on page 10-11 to create a better transition to the “dream world of a compulsive gambler”. Number 1 is now number 3, number 2 becomes number 1, and number 3 becomes number 2.
Current Version: What are some characteristics of a Person who is a compulsive gambler?
1. INABILITY AND UNWILLINGNESS TO ACCEPT REALITY. Hence the escape into the dream world of gambling.
2. EMOTIONAL INSECURITY. A compulsive gambler finds he or she is emotionally comfortable only when “in action.” It is not uncommon to hear a Gambler’s Anonymous member say: “The only time I felt like I belonged was when I was gambling. Then I was secure and comfortable. No great demands were made upon me. I knew I was destroying myself, yet at the same time, I had a certain sense of security.”
3. IMMATURE. A desire to have all the good things in life without any great effort on their part seems the common character pattern of compulsive gamblers. Many Gamblers Anonymous members accept the fact that they were unwilling to grow up. Subconsciously they felt they could avoid mature responsibility by wagering on the spin of a wheel or the turn of a card, and so the struggle to escape responsibility finally became a subconscious obsession. Also, a compulsive gambler seems to have a strong inner urge to be a “big shot” and needs
to have a feeling of being all powerful. The compulsive gambler is willing to do anything (often of an anti-social nature) to maintain the image he or she wants others to see. Then too, there is a theory that compulsive gamblers subconsciously want to lose to punish themselves. There is much evidence to support this theory.

Proposed Version: What are some characteristics of a Person who is a compulsive gambler?

1. EMOTIONAL INSECURITY. A compulsive gambler finds he or she is emotionally comfortable only when “in action.” It is not uncommon to hear a Gambler’s Anonymous member say: “The only time I felt like I belonged was when I was gambling. Then I was secure and comfortable. No great demands were made upon me. I knew I was destroying myself, yet at the same time, I had a certain sense of security.”

2. IMMATURITY. A desire to have all the good things in life without any great effort on their part seems the common character pattern of compulsive gamblers. Many Gamblers Anonymous members accept the fact that they were unwilling to grow up. Subconsciously they felt they could avoid mature responsibility by wagering on the spin of a wheel or the turn of a card, and so the struggle to escape responsibility finally became a subconscious obsession. Also, a compulsive gambler seems to have a strong inner urge to be a “big shot” and needs to have a feeling of being all powerful. The compulsive gambler is willing to do anything (often of an anti-social nature) to maintain the image he or she wants others to see. Then too, there is a theory that compulsive Gamblers subconsciously want to lose to punish themselves. There is much evidence to support this theory.

3. INABILITY AND UNWILLINGNESS TO ACCEPT REALITY. Hence the escape into the dream world of gambling.

Marc L for Kevin K. – Area 3D – Arizona and New Mexico

Motion as written.
Item failed.
Roll call vote called for.
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<td>Yes</td>
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<td>Roxanne DW</td>
<td>Yes</td>
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<td>Ronny W.*</td>
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<td>Debbi R.</td>
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<td>Elena D.*</td>
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<td>Marc C.</td>
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<td>Jorge C.*</td>
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<td>Neal G.</td>
<td>Yes</td>
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<td>Steven C.</td>
<td>Abstain</td>
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<td>Francisco M.*</td>
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<td>Alan A.</td>
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<td>Mike A.</td>
<td>No</td>
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<td>Joao Carlos*</td>
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<td>Iris D.</td>
<td>No</td>
<td>23A</td>
<td>Clecio*</td>
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<td>Leanne W.</td>
<td>No</td>
<td>28</td>
<td>Hector T.*</td>
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<td>Mike H.</td>
<td>Yes</td>
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<td>Luis O.</td>
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<td>Dianna R.</td>
<td>Yes</td>
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<td>Konstantin U.*</td>
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<td>Donna M.</td>
<td>Yes</td>
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<td>Oleg I.*</td>
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<td>Mary W.</td>
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<td>Renee G.</td>
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<td>Jeff R.</td>
<td>Yes</td>
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<td>Hamid K.</td>
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<td>Barb L.</td>
<td>Yes</td>
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<td>Belinda L.*</td>
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34. CURRENT LITERATURE
combo book – page 17 number 2 add the words “or text” to the current statement.
current version: telephone other members as often as possible between meetings. use the telephone list!
proposed version: telephone or text other members as often as possible between meetings. use the telephone list!
roxanne dw – area 3d – arizona and new mexico
motion as written.
item failed.
this item chaired by steve f., 1st co-chair., 1st co-chair.

35. CURRENT LITERATURE
combo book – change of combo book language- 2. on page 17. replace “telephone” with “connect,” replace “use the telephone list” with “stay connected!”, bold and capitalize “stay connected!”
current version: 2. telephone other members as often as possible between meetings. use the telephone list!
proposed version: 2. connect with other members as often as possible between meetings. stay connected!
alyssa c. for eric f. – area 1 – southern california
motion as written.
item passed. 1st vote.
for 48 against 40 abstain 2
this item chaired by steve f., 1st co-chair., 1st co-chair.

36. CURRENT LITERATURE
combo book – add the following pages to the end of the combo book before the current items on page 17. add the 10 “just for today” quotations from pages 22 and 23 from the orange “questions and answers about the problem of compulsive gambling and the ga recovery programme” which is published by gamblers anonymous in the uk. add sequential numbers for each item and put them as the last 2 pages, before the current items on page 17 of the combo book. adjust page numbering accordingly. the board of regents shall get any necessary approvals from gamblers anonymous in the uk. all relevant spelling and grammar corrections will be done by the literature committee.
Current Version: Combo Book
Proposed Version: See pages 22-23 of attachment.
David M. – Area 12 – New Jersey and Northeastern Pennsylvania
Motion as written.
Item failed majority.
This item chaired by Steve F., 1st Co-Chair., 1st Co-Chair.

37. CURRENT LITERATURE
Combo Book – History – I would like to see a modification to HISTORY, in the Combo Book, by changing the word men with more nondescript options.
Current Version: The fellowship of Gamblers Anonymous is the outgrowth of a chance meeting between two men during the month of January in 1957. These men had a truly baffling history of...
Proposed Version: The fellowship of Gamblers Anonymous is the outgrowth of a chance meeting between two people during the month of January in 1957. These individuals had a truly baffling history of...
Ray J. – Area 2 – Northern California
No discussion.
This item chaired by Steve F., 1st Co-Chair.

38. CURRENT LITERATURE
Combo Book – translate into Braille.
Current Version: None
Proposed Version: Translate the entire Combo Book from English into Braille.
Rob P – Area 3 – Southern Nevada; Mesquite, NV; St. George & Cedar City, UT; Bullhead City, AZ; and Pahrump, Beatty, and Overton, NV
Motion as written.
Item passed.
This item chaired by Steve F., 1st Co-Chair.

39. CURRENT LITERATURE
Combo Book – Page 17 – Section 5 – Change the word steps to Programs.
Current Version: Read the RECOVERY and UNITY steps often and continuously review the Twenty Questions. Follow the steps in your daily affairs. These steps are the basis for the entire Gamblers Anonymous Program and practicing them is the key to your growth.
Proposed Version: Read the RECOVERY and UNITY Programs often and continuously review the Twenty Questions. Follow these Programs in your daily affairs. These Programs are the basis for the entire Gamblers Anonymous Program and practicing them is the key to your growth.
40. CURRENT LITERATURE
Combo Book – Page 4. Item Number 2. Based on the original text, re-add the first sentence.
Current Version: 2. Our leaders are but trusted servants; they do not govern.
Proposed Version: 2. For our group purpose there is but one ultimate authority — a loving Higher Power as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.

41. CURRENT LITERATURE
Current Version: Therefore, in order to lead normal happy lives, we try to practice to the best of our ability, certain principles in our daily affairs.
Proposed Version: Although there is no organizational affiliation between Alcoholics Anonymous and our fellowship, we are based on the principles of AA. Therefore, in order to lead normal happy lives, we try to practice to the best of our ability, certain principles in our daily affairs.

42. CURRENT LITERATURE
Current Version: Therefore, in order to lead normal happy lives, we try to practice to the best of our ability, certain principles in our daily affairs.
Proposed Version: Therefore, in order to lead healthy happy lives, we try to practice to the best of our ability certain principles in our daily affairs.
Marc L for Arthur F. – Area 1 – Central California, Los Angeles Area, and Hawaii
Motion to table.
Item tabled.
This item chaired by Harold A., 2nd Co-Chair.

43. CURRENT LITERATURE
Combo Book – Page 17. Item 7. – Change the word “normal:” to “healthy.”
Current Version: We encourage every Gamblers Anonymous member to have a PRESSURE RELIEF GROUP MEETING as it offers a normal way of thinking and living.
Proposed Version: We encourage every Gamblers Anonymous member to have a PRESSURE RELIEF GROUP MEETING as it offers a healthy way of thinking and living.
Marc L for Arthur F. – Area 1 – Area 1 – Central California, Los Angeles Area, and Hawaii
Motion to table.
Item tabled.
This item chaired by Harold A., 2nd Co-Chair.

44. CURRENT LITERATURE
Combo Book – Page 17. Item Number 5. Line 1. – Change “steps” to “Programs” in Line 1. Change “steps” to “Principles” in Lines 2 and 3. As in the last line of our Preamble. “Therefore, in order to live normal happy lives, we try to practice certain principles in our daily affairs.
Current Version: Read the RECOVERY and UNITY steps often and continuously review the Twenty Questions. Follow the steps in your daily affairs. These steps are the basis for the entire Gamblers Anonymous Program and practicing them is the key to your growth.
Proposed Version: Read the RECOVERY and UNITY Programs often and continuously review the Twenty Questions. Follow these principles in your daily affairs. These principles are the basis for the entire Gamblers Anonymous Program and practicing them is the key to your growth.
Ara H for Arthur F. – Area 1 – Central California, Los Angeles Area, and Hawaii
Motion to table.
Item tabled.
This item chaired by Harold A., 2nd Co-Chair.
CURRENT LITERATURE

Combo Book – Page 2, paragraph 1 – Change the words “men and women” to “people”.
Current Version: GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.
Proposed Version: GAMBLERS ANONYMOUS is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from a gambling problem.
Neal G. – Area 6 – Southern Florida
Motion as written.
Item ruled out of order.
This item chaired by Harold A., 2nd Co-Chair.

CURRENT LITERATURE

Combo Book – Page 8, What is compulsive gambling? second paragraph – Eliminating “really very” and change “men and women” to “people”. Also, delete “gambling or”
Current Version: Before coming to Gamblers Anonymous many compulsive gamblers thought of themselves as morally weak, or at times just plain “no good.” The Gamblers Anonymous concept is that compulsive gamblers are really very sick people who can recover if they will follow to the best of their ability a simple program that has proved successful for thousands of other men and women with a gambling or compulsive gambling problem.
Proposed Version: Before coming to Gamblers Anonymous many compulsive gamblers thought of themselves as morally weak, or at times just plain “no good.” The Gamblers Anonymous concept is that compulsive gamblers are sick people who can recover if they will follow to the best of their ability, a simple program that has proved successful for thousands of others with a compulsive gambling problem.
Neal G. – Area 6 – Southern Florida
Motion as written.
Item failed majority.
This item chaired by Harold A., 2nd Co-Chair.

CURRENT LITERATURE

Combo Book – Page 10, Section 2, Emotional Insecurity, 1st paragraph – Change “he or she is” to “they are.”
Current Version: A compulsive gambler finds he or she is emotionally comfortable only when “in action” …
Proposed Version: A compulsive gambler finds they are emotionally comfortable only when “in action”
Neal G. – Area 6 – Southern Florida
Motion as written.
Item failed majority.
This item chaired by Harold A., 2nd Co-Chair.

48. CURRENT LITERATURE
Combo Book – Page 13, Section: Can a compulsive gambler ever gamble normally again? paragraphs one and two – Change “he or she falls” to “they fall” and change “he or she” to “they.”
Current Version: No. The first bet to a compulsive gambler is like the first drink to an alcoholic. Sooner or later he or she falls back into the same old destructive pattern.
Once a person has crossed the invisible line into irresponsible uncontrolled gambling, he or she never seems to regain control...
Proposed Version: No. The first bet to a compulsive gambler is like the first drink to an alcoholic. Sooner or later, they fall back into the same old destructive pattern.
Once a person has crossed the invisible line into irresponsible uncontrolled gambling, they never seem to regain control...
Neal G. – Area 6 – Southern Florida
Motion as written.
Item failed majority.
This item chaired by Pete K., Chair.

49. CURRENT LITERATURE
Combo Book – Page 14, Does this mean I can’t even participate in a little penny ante game or a world series pool? Add “or casino” in the second sentence.
Current Version: This includes internet gambling, bingo, the stock market, commodities, options, buying or playing lottery tickets, raffle tickets, flipping a coin, fantasy sports or entering the office sport pool.
Proposed Version: This includes internet or casino gambling, bingo, the stock market, commodities, options, buying or playing lottery tickets, raffle tickets, flipping a coin, fantasy sports or entering the office sport pool.
Neal G. – Area 6 – Southern Florida
Motion as written.
Item failed majority.
This item chaired by Pete K., Chair.
50. CURRENT LITERATURE
Guidance Code, Article VII, Section 8.
Add the following to the end of the section: The International Executive Secretary will compile and update the list of appropriate material, designated as such by the Board of Trustees, on the Trustee website on a separate page.
Current Version: Section 8 – Gamblers Anonymous appropriate literature is limited to local area member telephone lists, meeting and direction lists, flyers regarding events sponsored by the local rooms(s), Intergroup(s), surrounding area(s) or conference committees. Other appropriate material must be designated as such by the Board of Trustees.
Proposed Version: Section 8 – Gamblers Anonymous appropriate literature is limited to local area member telephone lists, meeting and direction lists, flyers regarding events sponsored by the local rooms(s), Intergroup(s), the surrounding area(s), or conference committees. Other appropriate material must be designated as such by the Board of Trustees. The International Executive Secretary will compile and update the list of appropriate material, designated as such by the Board of Trustees, on the Trustee website on a separate page.
David M. – Area 12 – New Jersey
Motion as written.
Item failed two-thirds.
For 20 Against 58 Abstain 7
This item chaired by Pete K., Chair.

51. CURRENT LITERATURE
Guidance Code – See pages 22-23 of attachment – tried to work.
Current Version: Having made an effort to practice these principles in all our affairs, we tried to carry this message to other compulsive gamblers.
Proposed Version: Having made an effort to practice these principles in all our affairs, we work to carry this message to other compulsive gamblers.
Neal G. – Area 6 – South Florida
Motion as written.
Item failed.
Challenge of the Chair calling this item in order. Vote in favor of the Chair ruling this in order.
For 17 Against 70 Abstain 1
This item chaired by Pete K., Chair.
52. CURRENT LITERATURE
Guidance Code Article VII, Section 4, Page 6
Change entire wording.
Current Version: Abstinence from gambling and regular attendance of at least thirty-nine (39) Gamblers Anonymous meetings (exceptions can be made, via group conscience decisions, for medical reasons, and military stationed overseas) in the prior 12 months, by the member’s own admission, is required for pinnings and for all successive anniversaries. Date of abstinence starts from your first meeting after your last bet.
Proposed Version: Date of abstinence starts from the first meeting after a member’s last bet, and this will remain the member’s anniversary date as long as they don’t gamble. Anniversaries will be celebrated either on the date or the first meeting after a member’s anniversary date. Members, by their own admission of the date of their last bet, may celebrate no matter how many meetings they attend as long as they give their group notice of when they will be celebrating.
Neal G. – Area 6 – South Florida
Motion as written.
Item failed.
For 21 Against 63 Abstain 3
This item chaired by Pete K., Chair.

53. CURRENT LITERATURE
Guidance Code – Article X, Section 5 add Item 16 – Add to Article X Section 5 Item 16: Any monies paid by Area Intergroups to fund Trustees for conferences, must be reported to the ISO office within 60 days of the reimbursement. Reimbursements to be listed in the monthly ISO bulletin.
Current Version: None
Proposed Version: Article X Section 5 Item 16: Any monies paid by Area Intergroups to fund Trustees for conferences, must be reported to the ISO office within 60 days of the reimbursement. Reimbursements to be listed in the monthly ISO bulletin.
Marc L for Amy S.- Area 3D – Arizona
Motion as written.
Item failed.
For 10 Against 73 Abstain 8
This item chaired by Pete K., Chair.

54. CURRENT LITERATURE
Guidance Code – Article VIII – Trustees, Section 13. Add new Section 13A
Section 13A:
The Board of Trustees will only have one (1) mandatory Trustees meeting per year that will be held in the first half of each calendar
year, or during the same time as any Spring International Conference to coincide with other established Trustee voting requirements, per the Guidance Code. A second Trustee meeting, which would be held during the second half of the year, must be approved by the BOT each time. Quick Response Meetings may be held at any time.

**Current Version:** None  
**Proposed Version:** Section 13A:  
The Board of Trustees will only have one (1) mandatory Trustee meeting per year that will be held in the first half of each calendar year, or during the same time as any Spring International Conference to coincide with other established Trustee voting requirements, per the Guidance Code. A second Trustee meeting, which would be held during the second half of the year, must be approved by the BOT each time. Quick Response Meetings may be held at any time.

David M. – Area 12 – New Jersey and Northeastern Pennsylvania  
Item withdrawn.

55. **CURRENT LITERATURE**  
Guidance Code – Article IV, Section 1, Item #12 change one word from tried to work.  
**Current Version:** Having made an effort to practice these principles in all our affairs, we tried to carry this message to other compulsive gamblers.  
**Proposed Version:** Having made an effort to practice these principles in all our affairs, we work to carry this message to other compulsive gamblers.

Neal G. for Herman G. – Area 6 – Southern Florida  
Item ruled out of order.  
This item chaired by Pete K., Chair.

56. **CURRENT LITERATURE**  
Guidance Code – Article 6, section 1, paragraph 1 – change “he or she has” to “we have” and “he or she” to “we” and “him or her” to “us”. Also, change “his or her” to “our”.  
**Current Version:** No one is more important in this Fellowship than the individual member. He or she has no ruler or superior, but he or she may select a person or group of persons to represent him or her and his or her rights in this Fellowship.  
**Proposed Version:** No one is more important in this Fellowship than the individual member. We have no ruler or superior, but we may select a person or group of persons to represent us and our rights in this Fellowship.
Neal G. – Area 6 – Southern Florida
Motion as written.
Item failed two-thirds.
For 33  Against 39  Abstain 3
This item chaired by Steve F., 1st Co-Chair.

57. CURRENT LITERATURE
Guidance Code – Article 8, Section 4, first paragraph – change “his/her” to “their”
Current Version: Any Trustee is automatically removed from office for gambling by his/her own admission.
Proposed Version: Any Trustee is automatically removed from office for gambling by their own admission.
Neal G. – Area 6 – Southern Florida
Motion as written.
Item failed two-thirds.
For 38  Against 41  Abstain 1
This item chaired by Steve F., 1st Co-Chair.

58. CURRENT LITERATURE
Guidance Code – Article 13, Section 4, paragraphs 1 and 2 – Change “his/her” to “their” and change “he or she” to “they”. Also, change “his or her” to “their”.
Current Version: Any Regent is automatically removed from office for gambling by his/her own admission. Gambling, for the compulsive gambler is defined as follows: Any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling. Or he or she may be removed for other acts on his or her part that are detrimental to Gamblers Anonymous as a whole. Removal will require a two-thirds (2/3) vote for expulsion by the Board of Trustees at the next physical meeting.
Proposed Version: Any Regent is automatically removed from office for gambling by their own admission. Gambling, for the compulsive gambler, is defined as follows: Any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling. Or they may be removed for other acts on their part that are detrimental to Gamblers Anonymous as a whole. Removal will require a two-thirds (2/3) vote for expulsion by the Board of Trustees at the next physical meeting.
Neal G. – Area 6 – Southern Florida
Item withdrawn.
59. CURRENT LITERATURE
Guidance Code – Article XVI, Section 2, page 24, first paragraph – change “his/her” to “their” twice
Current Version: The International Executive Secretary is automatically removed from office for gambling by his/her own admission. Gambling, for the compulsive gambler is defined as follows: Any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling, or other acts on his/her part that are detrimental to Gamblers Anonymous as a whole...
Proposed Version: The International Executive Secretary is automatically removed from office for gambling by their own admission. Gambling, for the compulsive gambler is defined as follows: Any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling, or other acts on their part that are detrimental to Gamblers Anonymous as a whole...
Neal G. – Area 6 – Southern Florida
Item withdrawn.

60. CURRENT LITERATURE
Guidance Code – Article XVI, Section 3, first paragraph page 24 – change “he or she” to “they”
Current Version: The International Executive Secretary shall be solely responsible for the efficient operation of the International Service Office (I.S.O.). He or she will be under the guidance and the direct supervision of the Board of Regents.
Proposed Version: The International Executive Secretary shall be solely responsible for the efficient operation of the International Service Office (I.S.O.). They will be under the guidance and the direct supervision of the Board of Regents.
Neal G. – Area 6 – Southern Florida
Item withdrawn.

61. CURRENT LITERATURE
Guidance Code – Article XVI, Section 6, page 24, first paragraph – Change “his/her” to “their”
Current Version: The International Executive Secretary shall attend all International Conferences and International Meetings or the Board of Trustees. His/her expenses to these meetings shall be paid by the International Service Office (I.S.O.).
Proposed Version: The International Executive Secretary shall attend all International Conferences and International Meetings or the Board of Trustees. Their expenses to these meetings shall be paid by the International Service Office (I.S.O.).
Neal G. – Area 6 – Southern Florida
Item withdrawn.

62. CURRENT LITERATURE
Other Existing Literature – Group Handbook – Change “his or her” to “their”, change “he or she is” to “they are” and change “himself or herself” to “themselves”.
Current Version: An essential piece of understanding is that this person is not speaking as a representative of Gamblers Anonymous but as a member of Gamblers Anonymous speaking about his or her own experience, strength, and hope.
...Ideally, the person being interviewed might even want to use a different name, just to eliminate another possibility of someone identifying who he or she is. However, if the person being interviewed refers to himself or herself as a member of Gamblers Anonymous in any way, the person’s face cannot be shown, nor can the person’s full name be used.
Proposed Version: An essential piece of understanding is that this person is not speaking as a representative of Gamblers Anonymous but as a member of Gamblers Anonymous speaking about their own experience, strength, and hope.
...Ideally, the person being interviewed might even want to use a different name, just to eliminate another possibility of someone identifying who they are. However, if the person being interviewed refers to themselves as a member of Gamblers Anonymous in any way, the person’s face cannot be shown, nor can the person’s full name be used.
Neal G. – Area 6 – South Florida
Item withdrawn.

63. CURRENT LITERATURE
Other Existing Literature, add: Attend Meetings, to the bottom of page 23 of the Working the Steps Pamphlet right after; Following are some of the many ways by which one can practice Step Twelve:
Current Version:
Following are some of the many ways by which one can practice Step Twelve:
Be an example of quality abstinence.
Accompany another member on a Twelve Step call.
Visit sick members.
Phone members.
Chat after meetings with new members or those with problems.
Assume some of the duties, obligations and responsibilities of the fellowship.
Explain your disease and how you arrested it to relatives, doctors, and employers.
Tell your story to help a fellow member.
Do public relations work.
Practice the Gamblers Anonymous program.

Proposed Version:
Following are some of the many ways by which one can practice Step Twelve:
Attend meetings.
Be an example of quality abstinence.
Accompany another member on a Twelve Step call.
Visit sick members.
Phone members.
Chat after meetings with new members or those with problems.
Assume some of the duties, obligations and responsibilities of the fellowship.
Explain your disease and how you arrested it to relatives, doctors, and employers.
Tell your story to help a fellow member.
Do public relations work.
Practice the Gamblers Anonymous program.

Jodi P. – Area 11 – Massachusetts, Rhode Island, Maine, Vermont, and New Hampshire
Motion as written.
Item failed majority.
This item chaired by Steve F., 1st Co-Chair.

64. CURRENT LITERATURE

Other Existing Literature – Toward 90 Days – Front Cover –
Replace the word, “anyone” with the words “any problem gambler.”

Current Version: When anyone, anywhere, reaches out for help. I want the hand of GA always to be there. And for that I am responsible.

Proposed Version: When any problem gambler, anywhere, reaches out for help, I want the hand of GA always to be there. And for that I am responsible.

Paul N. – Area 2A – Alaska and British Columbia
Motion as written.
Item failed.
A trustee asked for a count on this item.
For 44  Against 49
This item chaired by Steve F., 1st Co-Chair.
65. CURRENT LITERATURE
Other Existing Literature – Hosting an International Conference – Change Conferences and physical Trustees meetings to once a year -either in the spring or fall.

Current Version: HOSTING AN INTERNATIONAL CONFERENCE INTRODUCTION

International Conferences are held twice a year with the location determined by a vote of the board of Trustees.
The voting takes place two years prior to that conference. Conferences should be scheduled as close to the first of May and the first of November. Conferences are based around the Trustees meeting which starts on Thursday at 10:00 A.M. local time. These meetings quite often go through Friday and on occasion into Saturday.
During the spring conference, provisions must be made for Gam-Anon to hold their meeting of Delegates. Out of respect for all our members to ensure the largest possible member participation, close attention should be paid to holidays so the Trustees meeting and the Conference will not conflict with any national or religious holidays.

Proposed Version: HOSTING AN INTERNATIONAL CONFERENCE INTRODUCTION

International Conferences are held once a year, either spring or fall, with the location determined by a vote of the board of Trustees. The voting takes place two years prior to that conference. Conferences should be scheduled either as close to the first of May or the first of November. Conferences are based around the Trustees meeting which starts on Thursday at 10:00 A.M. local time. These meetings quite often go through Friday and on occasion into Saturday.
Provisions must be made for Gam-Anon to hold their meeting of Delegates. Out of respect for all our members to ensure the largest possible member participation, close attention should be paid to holidays so the Trustees meeting and the Conference will not conflict with any national or religious holidays.

Marc L. for Amy S. – Area 3D – Arizona
Motion as written.
Item failed.
This item chaired by Steve F., 1st Co-Chair.

66. CURRENT LITERATURE
Other Existing Literature – Hosting an International Conference – Page 4 Introduction – Change Conferences and physical Trustees meetings to once a year -either in the spring or fall.

Current Version: HOSTING AN INTERNATIONAL CONFERENCE INTRODUCTION

International Conferences are held twice a year with the location determined by a vote of the board of Trustees. The voting takes
place two years prior to that conference. Conferences should be scheduled as close to the first of May and the first of November. Conferences are based around the Trustees meeting which starts on Thursday at 10:00 A.M. local time. These meetings quite often go through Friday and on occasion into Saturday. During the spring conference, provisions must be made for Gam-Anon to hold their meeting of Delegates. Out of respect for all our members to ensure the largest possible member participation, close attention should be paid to holidays so the Trustees meeting and the Conference will not conflict with any national or religious holidays.

Proposed Version: HOSTING AN INTERNATIONAL CONFERENCE INTRODUCTION

International Conferences are held once a year, either spring or fall, with the location determined by a vote of the board of Trustees. The voting takes place two years prior to that conference. Conferences should be scheduled either as close to the first of May or the first of November. Conferences are based around the Trustees meeting which starts on Thursday at 10:00 A.M. local time. These meetings quite often go through Friday and on occasion into Saturday. Provisions must be made for Gam-Anon to hold their meeting of Delegates. Out of respect for all our members to ensure the largest possible member participation, close attention should be paid to holidays so the Trustees meeting and the Conference will not conflict with any national or religious holidays.

Marc L. for Amy S. – Area 3D – Arizona and New Mexico

Item withdrawn.

STEP CHANGES

67. CURRENT LITERATURE

Change Step 11 to: “Sought through prayer and meditation to improve our conscious contact with the Power of our understanding, praying only for knowledge of this Power’s will for us and the power to carry that out.”

Current Version: Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for the knowledge of his will for us and the power to carry that out.

Proposed Version: Sought through prayer and meditation to improve our conscious contact with the Power of our understanding, praying only for knowledge of this Power’s will for us and the power to carry that out.

Roxanne D. – Area 3D – Arizona and New Mexico

Motion as written.

Amended motion reads “Sought through prayer and meditation to improve our conscious contact with a higher power of our understanding, praying only for knowledge of a power’s will for us and the power to carry that out.”
Amended motion failed – For 22 Against 38
Original motion failed – For 9 Against 75
This item chaired by Harold A., 2nd Co-Chair.

BOT DECISIONS

68. BOT DECISION – NOT COVERED BY ANY OTHER CATEGORY
The item that needs a decision made on: Approval of a meeting
called GAAAN: Gamblers Anonymous for Atheists, Agnostics, and
Nones The approval would include new language for adapted
Recovery and Unity Steps based on Humanist Principles.
Cindi C. for Brian M. – Area 8 – ILLINOIS AND NORTHERN
INDIANA
Motion as written.
Item ruled out of order.
This item chaired by Harold A., 2nd Co-Chair.

TRUSTEE ALLOCATION

69. BOT Decision – Not Covered By any Other Category
Orange County Intergroup (1A) would like to reduce its Trustee
Allocation from two to one effective July 1, 2024.
Jack R. – Area 1A – Orange County, California
Motion as written.
Item passed.
This item chaired by Harold A., 2nd Co-Chair.

70. GENERAL DISCUSSION
Requesting additional trustee as the area is getting larger.
Currently one trustee
Proposed two trustees.
Belinda L. – Area 38 – Philippines
Item ruled out of order.
This item chaired by Pete K., Chair.

71. BOT DECISION – NOT COVERED BY ANY CATEGORY
Area 8A requests having a 2nd Trustee position approved.
We used to have 2 Trustees and then it dropped to one during the
pandemic. We have attached our area numbers of members and
meetings.
Renee G. – Area 8A – Eastern Iowa, Southern Minnesota, Bay City,
River Falls, and New Richmond, Wisconsin
Motion as written.
Item passed.
This item chaired by Pete K., Chair.
COMMITTEE RELATED

72. NEW LITERATURE
Approve new literature from a committee – 1st Vote
Committee – Public Relations
New Literature – THERE IS HELP
Paul N. – Area 2A – Alaska and British Columbia
Motion as written for merit vote.
Item passed.
This item chaired by Pete K., Chair.

73. COMMITTEE RELATED
Meeting Audit Committee – Change a committee mission statement.
Current Version: None
Proposed Version: To assist the International Service Office with maintaining an accurate and current listing of active group meetings by providing the following:
1. Create a Master (unpublished) list of all known and verified active meetings and a means of contacting a trusted servant from the same.
2. Provide a central point of contact to provide meeting additions, closures, and changes to provide Intergroups, Trustees, and ISO web administrator with timely and accurate information,
3. Provide ISO web admin with a periodic, consolidated list of changes that occurred within that period.
4. Provide an Email address where updates can be sent that is exclusive for this purpose.
   GA.MeetingAuditCommittee@gmail.com
5. To the extent possible, verify groups not represented or underrepresented by an Intergroup/Service Board.
Edward G. – Area 10 – Central and Northern Ohio (excluding Toledo), and Erie, New Castle, and Warren, Pennsylvania
Motion as written.
Item passed.
This item chaired by Pete K., Chair.

74. COMMITTEE RELATED
Regarding the Trustee Website Guidelines visible under the Committee page for the Trustee Website, Section B, Item 1, add the following after the first sentence. “At least 2 of the committee members must be able to post agenda items to the BOT agendas, in conformance with the directions of a designated person from the Executive Board. Agenda item postings or changes must be made no later than 36 hours from approval of such items by the designated member of the BOT Executive Board.”
Current Version: The Trustee Website will be under the control of a standing Trustee Website committee made up of either current or past Trustees, 2 of which must have website programming experience. The committee will maintain the content and administrate the Trustee website. It will also give reports at each Trustee meeting of new additions and modifications that the committee would like to have approved for deployment on the Trustee website. Any such changes may first be implemented on the Trustee website with approval by the majority of the executive board as to appropriateness, between Trustee meetings for the members to use, in order to help render a more informed decision by the B.O.T. at the next physical meeting, regarding an approval or denial of the new changes. To remain on the Trustee Website, these changes must be submitted as an agenda item for final approval.

Proposed Version: The Trustee Website will be under the control of a standing Trustee Website committee made up of either current or past Trustees, 2 of which must have website programming experience. At least 2 of the committee members must be able to post agenda items to the BOT agendas, in conformance with the directions of a designated person from the Executive Board. Agenda item postings or changes must be made no later than 36 hours from approval of such items by the designated member of the BOT Executive Board. The committee will maintain the content and administrate the Trustee website. It will also give reports at each Trustee meeting of new additions and modifications that the committee would like to have approved for deployment on the Trustee website. Any such changes may first be implemented on the Trustee website with approval by the majority of the executive board as to appropriateness, between Trustee meetings for the members to use, in order to help render a more informed decision by the B.O.T. at the next physical meeting, regarding an approval or denial of the new changes. To remain on the Trustee Website, these changes must be submitted as an agenda item for final approval.

David M. – Area 12 – New Jersey and Northern Pennsylvania
Item withdrawn.

75. COMMITTEE RELATED
Virtual Meeting Committee – Change to the Mission Statement additional paragraph.
Current Version: To develop guidelines for regularly scheduled video online G.A. meetings, including but not limited to how to start a meeting, technical requirements, and suggested meeting formats.
Proposed Version: To develop guidelines for regularly scheduled video online G.A. meetings, including but not limited to how to start a meeting, technical requirements, and suggested meeting formats.
The Virtual Meetings Committee will give the Board of Trustees suggestions on which platform(s) a Virtual Trustee meeting will be
held. These meeting(s) should have the same feeling and function as the physical meetings.

The committee will give suggestions on such items as procedural processes, functions of Roberts Rules of Order, how votes will be performed, and numerous other functions to make such meetings function to our standards. The committee will also have a trial “meeting(s)” to test these standards. The committee will also give suggestions to the Board of Trustees when virtual platforms change or improve so that such changes and or improvements will be incorporated within the Trustee Meetings.

Butch G. – Area 3A – Committee Co-Chair

Motion to add the following to the mission statement “To develop guidelines and ensure the proper functioning of a digital/virtual trustee meeting.”

So, the entire mission statement would read: “To develop guidelines for regularly scheduled video online G.A. meetings, including but not limited to how to start a meeting, technical requirements, and suggested meeting formats. To develop guidelines and ensure the proper functioning of a digital/virtual trustee meeting.”

Item passed.

This item chaired by Steve F., 1st Co-Chair.

76. COMMITTEE RELATED

Digital Strategy Committee – WhatsApp Trustee Line

Results of the WhatsApp Trustee Line – Suggestion that all trustees be invited to the line.

Current Version: None (Just a test)

Proposed Version: Make this a functioning tool for Trustees to use.

Butch G. – Area 3A – Committee Chair

Motion as written.

Motion amended to “To make the trustee digital group a functioning tool under the Links/Tools section of the trustee website.”

Amended motion passed.

Original motion passed.

Item passed.

This item chaired by Pete K., Chair.

The meeting was closed at 11:02 am on November 17, 2023. The Spring Board of Trustees meeting will be in Pleasanton, CA in May 2024.

Respectfully Submitted,

KC B.

KC B., International Executive Secretary
# Roll Call

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Chair B.O.T. – Pete K. 4
1st Co-Chair – Steve F. 4
2nd Co-Chair – Harold A. 4
Chair B.O.R. – Bob W. 4
I.E.S. – KC B. 4

*Absentee ballot received
ANNOUNCEMENT OF UPCOMING EVENTS

Back Together Again
South Florida Intergroup Mini-Conference
March 10, 2024
Holiday Inn
1301 Belvedere Road, West Palm Beach, FL
For more information, email ies@gamblersanonymous.org and I’ll get you in touch with one of their committee members.

A Day in Recovery
South Jersey Intergroup GA & Gam-Anon Mini Conference
April 20, 2024
Hope Church
700 Cooper Road
Voorhees, NJ 08043
For more information, email ies@gamblersanonymous.org and I’ll get you in touch with one of the committee members.

Signs of Recovery
2024 GASN & Gam-Anon Mini-Conference
April 20, 2024
Christ the King Catholic Church Activity Center
4925 S Torrey Pines Drive, Las Vegas, NV 89104
For more information, email ies@gamblersanonymous.org and I’ll get you in touch with one of their committee members.

GA/Gam-Anon 43rd Australian National Conference
It Starts with Me
August 23 – 25, 2024
Sydney, New South Wales, Australia
For more information, email ganswconference@gmail.com or you can email me at ies@gamblersanonymous.org and I will email you a registration form.
## INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF JANUARY 2024

### ARIZONA
- L36  Marc L.
- L211 Jim L.
- L221 Janat G.
- L287 James S.
- L396 Pam K.
- L546 Mo M.
- L692 Doug G.
- L1005 Patricia B.
- L1008 Roxanne W.
- L496 Guy H.
- L544 Harold A.
- L561 Pilar L X2
- L563 Zachary M.
- L580 Curtis G. X2
- L593 Grant M.
- L609 Kathie S.
- L617 Mike Z.
- L623 Lucille T.
- L636 Bob C.
- L648 Ed K.
- L678 Lynell B.
- L701 David L.
- L716 James B.
- L754 Geoff M.
- L772 Ara H.
- L789 John C.
- L834 Candice B.
- L836 Albert Y.
- L871 Greg D.
- L907 Joseph G.
- L908 Jordan K.
- L920 Jane J.
- L963 Eric F.
- L965 Brandon S.
- L968 Ralph G.
- L1000 Willie F.
- L1001 Ray J.

### CALIFORNIA
- L1  Bob W.
- L4  Tom M.
- L6  Bill/ Kathy S.
- L8  Dan B.
- L21  Ed E.
- L31  Russell H.
- L70  Keith B.
- L73  Karen H.
- L87  Mike S.
- L88  Valerie D.
- L100  Mazi S.
- L117  Steve F.
- L120  Phil C.
- L151  Murray F.
- L158  Gagik G.
- L209  Jose C.
- L219  Leonard K.
- L273  Victor S.
- L285  Angela L.
- L298  Cathy F.
- L301  Steve K. X2
- L314  Alan S.
- L367  Jerry L.
- L384  Alvin F.
- L390  Jack R.
- L408  Ira B.
- L419  Rufus B.
- L432  Patrick P.
- L453  Bennett S.
- L480  Ezra B.
- L496 Guy H.
- L544 Harold A.
- L561 Pilar L X2
- L563 Zachary M.
- L580 Curtis G. X2
- L593 Grant M.
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- L623 Lucille T.
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- L648 Ed K.
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- L716 James B.
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- L789 John C.
- L834 Candice B.
- L836 Albert Y.
- L871 Greg D.
- L907 Joseph G.
- L908 Jordan K.
- L920 Jane J.
- L963 Eric F.
- L965 Brandon S.
- L968 Ralph G.
- L1000 Willie F.
- L1001 Ray J.

### COLORADO
- L147 Lou W.
- L950 Ron G.
- L957 Drew D.

### CONNECTICUT
- L581 Paul S.

### FLORIDA
- L2 Bill B.
- L81 Paulette T.
- L97 Chuck R.
- L106 Raymond H.
- L143 Neal G.
- L160 Jim C.
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**INDIVIDUAL LIFELINER DONATIONS**  
**JANUARY 2024**

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**TOTAL (193)**  
10,546.00
ANNIVERSARIES

43 YEARS  ..............  MURRAY G.  2/6  Ardsley, NY
42 YEARS  ..............  MIKE M.  2/24  Downey, CA
        RAY H.  2/26  Boca Raton, FL
40 YEARS  ..............  FRANK S.  2/15  Staten Island, NY
        NEIL S.  2/24  Plantation, FL
39 YEARS  ..............  RICHIE T.  2/21  Forest Hills, NY
37 YEARS  ..............  AL S.  2/6  Douglaston, NY
35 YEARS  ..............  TOM H.  1/29  Palatine, IL
        DAVE S.  2/28  YMCA Townhouse, NY
34 YEARS  ..............  LEE O.  1/9  Tucson, AZ
33 YEARS  ..............  NEIL S.  2/4  Plantation, FL
30 YEARS  ..............  BOB B.  1/6  Phoenix, AZ
28 YEARS  ..............  CINDY F.  1/19  Joliet, IL
        FRANKIE M.  2/5  Staten Island, NY
        FRANKIE R.  2/6  Howard Beach, NY
        KURT C.  2/5  West 46th Street, NY
        PAT D.  2/10  Windsor, ON
        KAY C.  2/20  NE Philadelphia, PA
        REAL L.  2/22  Trois-Rivieres, QC
24 YEARS  ..............  CHRIS M.  1/31  Joliet, IL
23 YEARS  ..............  ERIK R.  1/20  Scottsdale, AZ
        JOHN B.  2/7  NE Philadelphia, PA
        ROB R.  2/10  Watertown, MA
21 YEARS  ..............  CLAIRE  2/13  Shawinigan, QC
        LINDA D.  2/20  Margate, NJ
        CHRIS L.  2/26  West 46th Street, NY
20 YEARS  ..............  JIM C.  1/4  Tucson, AZ
        PAM E.  1/5  Joliet, IL
        DIANNA R.  1/16  Palatine, IL
        TERRY P.  2/9  Windsor, ON
19 YEARS  ..............  KATHIE S.  2/8  Rancho Cucamonga, CA
        AMBROSE A.  2/11  Holbrook, MA
        WILL S.  2/20  Kissena, NY
        TRUDE W.  2/22  San Diego, CA
18 YEARS  ..............  MICKEY D.  1/17  Mesa, AZ
        DAVE L.  1/28  Tempe, AZ
        JO K.  1/31  St. Louis, MO
        ROBERT W.  2/3  Winston-Salem, NC
        TONY M.  2/10  LA/Hollywood, CA

69
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<td>DAVID L.</td>
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<td>HARRY S.</td>
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<td>PATTY W.</td>
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3 YEARS (cont) .............. MARIO P. 2/15 Plantation, FL
TONY O. 2/20 Sierra Madre, CA
SCENE M. 2/28 Dallas, TX
STEVE K. 2/28 Staten Island, NY

2 YEARS ..................... MELISSA M. 1/20 Green Valley, AZ
BETTINA L. 2/1 Congers, NY
CHRIS B. 2/13 East 31st Street, NY
ROB M. 2/14 Staten Island, NY
BOB G. 2/21 Toronto, ON
ADI K. 2/22 Linwood, NJ
CATHERINE C. 2/23 St-Hubert, QC
JEFF F. 2/24 Griffith Park, CA
RICHARD Z. 2/26 San Diego, CA
RICK S. 2/26 Ardsley, NY

1 YEAR ...................... NICK C. 11/15 Dayton, OH
NANCY S. 1/7 Tucson, AZ
BRAXTON 1/10 Phoenix, AZ
RON W. 2/1 Fort Worth, TX
JOE P. 2/2 Forest Hills, NY
EDDIE C. 2/5 White Plains, NY
GLORIA M. 2/5 Howard Beach, NY
CAL M. 2/6 Pomona, NY
ERIC S. 2/7 Bensonhurst Recovery, NY
JOEY D. 2/7 East 87th Street, NY
TIM F. 2/10 Boca Raton, FL
ERIK S. 2/11 St. Finbars, NY
LIZA A. 2/12 San Diego, CA
BRENDON P. 2/13 East 31st Street, NY
STU S. 2/17 Voorhees, NJ
LYNE S. 2/18 Magog, QC
ANTHONY F. 2/19 Staten Island, NY
LINDA O. 2/19 San Diego, CA
GEORGE P. 2/21 Toronto, ON
DANIEL M. 2/23 Mascouche, QC
RYAN S. (2) 2/26 San Diego, CA
SYLVIE 2/27 Trois-Rivieres, QC
## I.S.O. CAN CONTRIBUTIONS
### JANUARY 2024

### CALIFORNIA

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### ILLINOIS

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GROUP CONTRIBUTIONS
JANUARY 2024

ARIZONA
- Mesa Wednesday Noon 100.00
- Prescott Wednesday @ Compass 25.00
- Prescott Saturday @ Compass 25.00

CALIFORNIA
- Anaheim Monday Zoom 40.00
- Burbank/North Hollywood Wednesday Zoom 42.78
- Griffith Park Saturday 49.00
- L.A. Griffith Park Saturday 75.00
- Lakewood/Paramount Thursday 141.00
- Lincoln Friday AM 23.00
- Lincoln Sunday 24.00
- Los Angeles/Hollywood Saturday 30.00
- Menlo Park Sunday 20.00
- Oroville Monday 96.00
- Palm Springs Sunday A.M. 50.00
- Reseda Saturday Zoom 250.00

CONNECTICUT
- Milford 70.00
- Pawcatuck Tuesday 30.00

DELAWARE
- Wilmington Tuesday 30.00

FLORIDA
- Boca Raton Monday Women Helping Women Zoom 20.00
- Boca Raton Thursday 100.00
- Boca Raton Friday PM 75.00
- Boynton Beach Tuesday 20.00
- Coral Springs Saturday AM 50.00
- Daytona Beach Tuesday 37.50
- Daytona Beach Thursday 37.50
- Delray Beach Thursday - Crossroads 100.00
- Fort Myers Thursday 50.00
- Plantation Tuesday 57.00

GEORGIA
- Norcross Sunday Korean 10.00

ILLINOIS
- Cherry Valley Saturday A.M. 25.00
- Deerfield Wednesday 20.00
- Springfield 25.00

MASSACHUSETTS
- C792 Hanson Thursday PM 36.00
- C1600 Canton Tuesday 55.00

NEW JERSEY
- C1457 Marlton Thursday 35.00

NEVADA
- C42 G.A. OF SOUTHERN NEVADA 1,564.00

OREGON
- C1054 Grants Pass 40.00
- C1480 Oregon City Friday 21.00

PENNSYLVANIA
- C208 South Hills Tuesday 20.00
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<tr>
<td></td>
<td>Sunday</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>KOREA</td>
<td>Seoul, Korea</td>
<td></td>
<td></td>
<td>60.00</td>
</tr>
</tbody>
</table>
INTERGROUP CONTRIBUTIONS
JANUARY 2024

Baton Rouge 50.00  Inland Empire 100.00
Intergroup of the Carolinas 100.00  Pittsburgh/Wheeling 200.00
Delaware Valley 450.00  Western Washington 40.00
Greater Sacramento 30.00  Southwest Ontario 300.00

BULLETIN SUBSCRIPTIONS
JANUARY 2024

Three Bulletin Subscription for a total of $ 144.00

ONE TIME DONATIONS
JANUARY 2024

One-Time Donation to the I.S.O. in maintaining the viability of the fellowship and carrying the message to others who still suffer.
Anonymous, California

One-Time Donation – Stephen H., El Segundo, California

One-Time Donation
Sunday Morning Phone Meeting, Miscellaneous Areas

One-Time Donation in memory of Howard M., of Portland, OR.
Anonymous, Oregon

One-Time Donation in memory of Terri K. of Southern Nevada.
Gamblers Anonymous of Southern Nevada, Nevada

One-Time Donation in honor of Brad B., of Suffolk County, NY.
He was a good GA member and a good man.
Stan K., Naples, Florida

January Meeting Donation – Board of Regents, California

One-Time Donation from profits of the 2023 Fall International Conference.
Chicago, Illinois

One-Time Donation from the Area 2B quarterly potluck.
Greater Sacramento Intergroup, California

One-Time Donation in honor of Tom R. of Connecticut.
West Hartford Monday, Connecticut
### UNRESTRICTED ASSETS

<table>
<thead>
<tr>
<th>Current Unrestricted Assets</th>
<th>6/30/2023</th>
<th>6/30/2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Cash Equivalents - Notes B &amp; F</td>
<td>$486,864</td>
<td>$487,933</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>1,103</td>
<td>1,380</td>
</tr>
<tr>
<td>Inventory - Note B</td>
<td>64,432</td>
<td>60,145</td>
</tr>
<tr>
<td>Prepaid Expenses</td>
<td>2,857</td>
<td>2,966</td>
</tr>
<tr>
<td><strong>Total Current Unrestricted Assets</strong></td>
<td><strong>$555,256</strong></td>
<td><strong>$552,424</strong></td>
</tr>
</tbody>
</table>

### Property and Equipment - Note B

<table>
<thead>
<tr>
<th>Property and Equipment</th>
<th>55,678</th>
<th>52,615</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office Furniture and Equipment</td>
<td>55,678</td>
<td>52,615</td>
</tr>
<tr>
<td>Less: Accumulated Depreciation</td>
<td>47,996</td>
<td>45,806</td>
</tr>
<tr>
<td><strong>Net Property and Equipment</strong></td>
<td><strong>7,682</strong></td>
<td><strong>6,809</strong></td>
</tr>
</tbody>
</table>

### Other Unrestricted Assets

<table>
<thead>
<tr>
<th>Deposits</th>
<th>5,250</th>
<th>5,250</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Unrestricted Assets</strong></td>
<td><strong>$568,188</strong></td>
<td><strong>$564,483</strong></td>
</tr>
</tbody>
</table>

### Current Unrestricted Liabilities and Fund Balance

<table>
<thead>
<tr>
<th>Current Unrestricted Liabilities</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable</td>
<td>$2,184</td>
<td>$2,097</td>
</tr>
<tr>
<td>Sales Tax Payable</td>
<td>600</td>
<td>350</td>
</tr>
<tr>
<td><strong>Total Unrestricted Current Liabilities</strong></td>
<td>2,784</td>
<td>2,447</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fund Balance</th>
<th>565,404</th>
<th>562,036</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Current Unrestricted Liabilities and Fund Balance</strong></td>
<td><strong>$568,188</strong></td>
<td><strong>$564,483</strong></td>
</tr>
<tr>
<td></td>
<td>FYE 6/30/2023</td>
<td>FYE 6/30/2022</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>---------------</td>
<td>---------------</td>
</tr>
<tr>
<td><strong>REVENUE SALES</strong></td>
<td>$254,693</td>
<td>$203,926</td>
</tr>
<tr>
<td>LESS: COST OF GOODS SOLD</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BEGINNING INVENTORY</td>
<td>60,145</td>
<td>70,881</td>
</tr>
<tr>
<td>ADD: LITERATURE, BULLETINS, ETC.</td>
<td>117,327</td>
<td>80,955</td>
</tr>
<tr>
<td></td>
<td>177,472</td>
<td>151,836</td>
</tr>
<tr>
<td>LESS: ENDING INVENTORY</td>
<td>64,432</td>
<td>60,145</td>
</tr>
<tr>
<td><strong>TOTAL COST OF GOODS SOLD</strong></td>
<td>113,040</td>
<td>91,691</td>
</tr>
<tr>
<td><strong>GROSS PROFIT ON SALES</strong></td>
<td>141,653</td>
<td>112,235</td>
</tr>
<tr>
<td><strong>REVENUE-WALK-A-THONS</strong></td>
<td>60</td>
<td>0</td>
</tr>
<tr>
<td><strong>REVENUE-CONFERENCES AND MEETINGS</strong></td>
<td>8,457</td>
<td>6,374</td>
</tr>
<tr>
<td><strong>REVENUE-GROUPS, INTERGROUPS, RSOs AND ONE TIMES</strong></td>
<td>119,121</td>
<td>123,986</td>
</tr>
<tr>
<td><strong>REVENUE-LIFELINERS AND CANS</strong></td>
<td>136,196</td>
<td>130,601</td>
</tr>
<tr>
<td><strong>GRATITUDE WEEK</strong></td>
<td>16,889</td>
<td>14,807</td>
</tr>
<tr>
<td><strong>NATIONAL HOTLINE</strong></td>
<td>678</td>
<td>887</td>
</tr>
<tr>
<td><strong>BULLETIN SUBSCRIPTIONS</strong></td>
<td>1,388</td>
<td>1,500</td>
</tr>
<tr>
<td><strong>MISCELLANEOUS INCOME</strong></td>
<td>2,365</td>
<td>121</td>
</tr>
<tr>
<td><strong>INTEREST INCOME</strong></td>
<td>3,666</td>
<td>916</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td><strong>430,473</strong></td>
<td><strong>391,427</strong></td>
</tr>
<tr>
<td><strong>OPERATING EXPENSES</strong></td>
<td>427,105</td>
<td>443,841</td>
</tr>
<tr>
<td><strong>INCREASE (DECREASE) IN UNRESTRICTED FUND BALANCE</strong></td>
<td>$3,368</td>
<td>($52,414)</td>
</tr>
</tbody>
</table>
## Schedule A - Statements of Operating Expenses for the Fiscal Years Ended June 30, 2023 and 2022

<table>
<thead>
<tr>
<th>Description</th>
<th>FYE 6/30/2023</th>
<th>FYE 6/30/2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salaries</td>
<td>$213,921</td>
<td>$204,640</td>
</tr>
<tr>
<td>Payroll Taxes</td>
<td>18,190</td>
<td>17,434</td>
</tr>
<tr>
<td>Returned Checks/Bank Fees</td>
<td>302</td>
<td>248</td>
</tr>
<tr>
<td>Postage</td>
<td>50,000</td>
<td>45,450</td>
</tr>
<tr>
<td>Rent and Cam Fees</td>
<td>51,068</td>
<td>60,679</td>
</tr>
<tr>
<td>Telephone</td>
<td>5,543</td>
<td>4,886</td>
</tr>
<tr>
<td>Utilities - Electric and Gas Bill</td>
<td>3,695</td>
<td>3,378</td>
</tr>
<tr>
<td>Accounting</td>
<td>9,500</td>
<td>9,500</td>
</tr>
<tr>
<td>Insurance-General, Office, and Workmans Comp</td>
<td>7,748</td>
<td>6,923</td>
</tr>
<tr>
<td>Office Expenses</td>
<td>9,083</td>
<td>7,195</td>
</tr>
<tr>
<td>Depreciation</td>
<td>2,190</td>
<td>1,078</td>
</tr>
<tr>
<td>Insurance-Health</td>
<td>20,717</td>
<td>20,236</td>
</tr>
<tr>
<td>Maintenance Policies/Equipment Leases</td>
<td>2,396</td>
<td>2,410</td>
</tr>
<tr>
<td>Repairs &amp; Maintenance</td>
<td>0</td>
<td>1,038</td>
</tr>
<tr>
<td>Board of Regents Chair Conference Expense</td>
<td>2,048</td>
<td>1,671</td>
</tr>
<tr>
<td>Board of Trustees Chair/Asst Chair</td>
<td>5,518</td>
<td>3,939</td>
</tr>
<tr>
<td>Board of Trustees/Regents Meeting Expense</td>
<td>2,775</td>
<td>0</td>
</tr>
<tr>
<td>Non-Conference Board of Trustees Expense</td>
<td>750</td>
<td>4,703</td>
</tr>
<tr>
<td>Outside Contractors</td>
<td>0</td>
<td>23,963</td>
</tr>
<tr>
<td>National Hotline</td>
<td>662</td>
<td>654</td>
</tr>
<tr>
<td>Payroll Processing Fees</td>
<td>2,683</td>
<td>2,495</td>
</tr>
<tr>
<td>Computer/Internet/App Expense</td>
<td>4,504</td>
<td>6,216</td>
</tr>
<tr>
<td>Moving Expense</td>
<td>0</td>
<td>5,020</td>
</tr>
<tr>
<td>Visa Mastercard Service Fees</td>
<td>2,457</td>
<td>886</td>
</tr>
<tr>
<td>Conference Seed Money</td>
<td>2,250</td>
<td>1,600</td>
</tr>
<tr>
<td>Employee Retirement Plans</td>
<td>5,362</td>
<td>4,958</td>
</tr>
<tr>
<td>Sales Tax</td>
<td>1,649</td>
<td>1,016</td>
</tr>
<tr>
<td>I.E.S. Conference Expense</td>
<td>2,094</td>
<td>1,625</td>
</tr>
<tr>
<td><strong>Total Operating Expenses</strong></td>
<td><strong>$427,105</strong></td>
<td><strong>$443,841</strong></td>
</tr>
</tbody>
</table>
GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
OPERATING STATEMENT  
JANUARY 2024  

CASH IN OPERATING ACCOUNT JANUARY 1, 2024 .......... $103,060.08

INCOME FOR JANUARY 2024

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group Contributions</td>
<td>5,614.35</td>
</tr>
<tr>
<td>Intergroup Contributions</td>
<td>1,270.00</td>
</tr>
<tr>
<td>ISO Can Contributions</td>
<td>4,119.70</td>
</tr>
<tr>
<td>Lifeliners Contributions</td>
<td>10,546.00</td>
</tr>
<tr>
<td>Bulletin Subscriptions</td>
<td>144.00</td>
</tr>
<tr>
<td>One-Time Donation</td>
<td>1,474.30</td>
</tr>
<tr>
<td>E-Reader</td>
<td>11.09</td>
</tr>
<tr>
<td>Literature Shipping</td>
<td>4,202.19</td>
</tr>
<tr>
<td>Sale of Literature</td>
<td>24,097.78</td>
</tr>
<tr>
<td>Sales Tax Collected</td>
<td>141.74</td>
</tr>
<tr>
<td>Interest from Checking Account</td>
<td>0.84</td>
</tr>
<tr>
<td>Merchant Svs Cash Reward</td>
<td>0.60</td>
</tr>
<tr>
<td>Pay Pal Literature Process Fees</td>
<td>994.03</td>
</tr>
<tr>
<td>Pleasanton B.O.T. Mtg. Registrations</td>
<td>250.00</td>
</tr>
<tr>
<td>Business Owners Insurance Refund</td>
<td>8.00</td>
</tr>
<tr>
<td>Workers Comp Insurance Refund</td>
<td>325.00</td>
</tr>
<tr>
<td><strong>TOTAL INCOME</strong></td>
<td><strong>$  52,866.62</strong></td>
</tr>
</tbody>
</table>

CASH AVAILABLE FOR JANUARY 2024......... $155,926.70

EXPENSES FOR JANUARY 2024

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent &amp; Cam Fees</td>
<td>4,493.76</td>
</tr>
<tr>
<td>Payroll</td>
<td>13,274.76</td>
</tr>
<tr>
<td>Payroll Taxes (Federal &amp; State)</td>
<td>1,614.16</td>
</tr>
<tr>
<td>Payroll Processing Fee</td>
<td>316.71</td>
</tr>
<tr>
<td>Office Expenses</td>
<td>1,129.89</td>
</tr>
<tr>
<td>Health Insurance</td>
<td>1,114.04</td>
</tr>
<tr>
<td>Telephone/Internet Bill</td>
<td>521.39</td>
</tr>
<tr>
<td>Electric Bill</td>
<td>133.98</td>
</tr>
<tr>
<td>Gas Bill</td>
<td>111.89</td>
</tr>
<tr>
<td>Maintenance/Monitoring ADT Alarm</td>
<td>42.55</td>
</tr>
<tr>
<td>Monthly Air Conditioning/Heater Maintenance</td>
<td>30.00</td>
</tr>
<tr>
<td>Match for Employees Simple IRA</td>
<td>399.36</td>
</tr>
<tr>
<td>D &amp; O Liability Insurance</td>
<td>2,868.00</td>
</tr>
<tr>
<td>Visa/MC Service Fee</td>
<td>60.86</td>
</tr>
<tr>
<td>Literature</td>
<td>8,294.35</td>
</tr>
<tr>
<td>Pay Pal Literature Processing Fees</td>
<td>994.03</td>
</tr>
<tr>
<td>Postage</td>
<td>3,000.00</td>
</tr>
<tr>
<td>Lifeline Bulletins</td>
<td>603.56</td>
</tr>
<tr>
<td>Returned Cks Charge</td>
<td>175.00</td>
</tr>
<tr>
<td>Quarterly State Sales Tax</td>
<td>386.00</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>$ 39,564.29</strong></td>
</tr>
</tbody>
</table>

MONTHLY NET INCOME (NET LOSS).......... $ 13,302.33

CASH IN OPERATING ACCOUNT AS OF JANUARY 31, 2024 ... $116,362.41

FISCAL YEAR STARTING JULY 1st TO DATE

NET INCOME (NET LOSS) .................. $ 37,037.91
ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call-In Number</th>
<th>Meeting Code</th>
<th>Email for Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 9PM</td>
<td>267-807-9601</td>
<td>9131957 #</td>
<td><a href="mailto:weeklycallhelp@gmail.com">weeklycallhelp@gmail.com</a></td>
</tr>
<tr>
<td>Friday 3PM</td>
<td>267-807-9601</td>
<td>9131957 #</td>
<td><a href="mailto:weeklycallhelp@gmail.com">weeklycallhelp@gmail.com</a></td>
</tr>
</tbody>
</table>

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call-In Number</th>
<th>Meeting Code</th>
<th>Email for Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Friday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Sunday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
</tbody>
</table>

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can’t get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

**First choice:** Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

**Second choice:** Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call)
Where would you be today without G.A.?

Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

... it offers you a way to give back to the program that has given you so much.

... it allows you to make a commitment to the program in a more direct way.

... it helps the International Service Office to spread the message to those who haven’t yet been blessed as you have.

... it makes you one of a special group of people who do a little extra for the program that saved their lives.

... it gives you a sense of responsibility.

... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: “Gamblers Anonymous saved my life. I can’t do enough to repay the program for what it has done for me.”

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month’s contribution. It’s that easy!!

Do it today – it’s the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: ____________________

NAME _________________________________________________________________

ADDRESS: _____________________________________________________________

CITY & STATE: _________________________________________  ZIP: ___________

Please mail this with your initial contribution to:

GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!