



February 2021

**GAMBLERS ANONYMOUS LIFE-LINE
YEARLY BULLETIN SUBSCRIPTION FORM**

Mail to: **GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
4981 IRWINDALE AVE., #700
IRWINDALE, CALIFORNIA 91706**

Circle one

FIRST CLASS (U.S. Only) \$48.00
EACH ADDITIONAL COPY (U.S.)
IN SAME ENVELOPE \$40.00
FOREIGN (Outside U.S.) \$60.00
EACH ADDITIONAL COPY (FOREIGN)
IN SAME ENVELOPE \$55.00

Please Enclose Check or Money Order for Payment

NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** ____ **ZIP:** _____

DISCLAIMER

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

Dana Point, CA Quincy, MA Webster, MA Pendleton, OR

PRISON STARTER KITS SENT: 0

B. DISCUSS VENMO AND ZELLE DONATIONS.

Since the last B.O.R. meeting, the I.S.O. received 55 VENMO / ZELLE donations totaling \$2,138.70. The Board thanks those who made the donations.

C. GRATITUDE WEEK.

The following amounts have been donated to the I.S.O. for 2020 Gratitude Week:

Sep 20	\$ 6,643.73
Oct 20	\$ 3,410.52
Nov 20	\$ 1,247.94
Dec 20	<u>\$ 356.25</u>
Total	\$11,658.44

As of January 15, 2021, nothing additional has been donated.

D. PAYCHECK PROTECTION PROGRAM (PPP).

I.E.S. turned in the required paperwork to the Bank in order to have the loan forgiven and is waiting for a response from the bank regarding any additional details needed.

3. NEW BUSINESS

A. REVIEW QUARTERLY INVENTORY.

As is done quarterly, the Board of Regents members reviewed the inventory balances. It was requested that the Board members review the inventory list for any suggested pricing adjustments and bring back to the next meeting.

B. DISCUSS UPCOMING BOARD OF REGENTS ELECTIONS.

Reminder that those members wishing to be considered for the Board of Regents need to send their name and bio information to the I.E.S. by February 1, 2021. The ballots will then be sent to the Trustees by March 1, 2021.

The collection in the amount of \$400.00 was taken and the meeting closed with the Serenity Prayer at 10:18 A.M. The next meeting of the Board of Regents will be held February 20, 2021 at 9:30 A.M.

Today's Board of Regents meeting had 4 people call in to listen.

Respectfully submitted by Cathy F., Secretary

HELP IS AVAILABLE!

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact John R. at committee.pressure@trusteewebsite.com. He will reply by email or phone if you provide your number.

TWELVE STEPS

In last month's Bulletin I mentioned that Item #50 on the current order form "Gamblers Anonymous Writing The Steps" is a great piece of literature for working each of the 12 Steps of Recovery and that we would be making one of the exercises from each Step for the corresponding month available for your use right here in the Life-Line Bulletin. If you want to complete the other exercises, each booklet can be ordered from the I.S.O. for \$2.75 each plus shipping and handling.

STEP 2

Came to believe that a Power greater than ourselves could restore us to a normal way of thinking and living.

Step 2, Exercise 3: Willingness

Step Two asks us to open our minds to the possibility that there is a Power greater than ourselves. YOU create YOUR OWN concept of a Higher Power. There can be many sources and inspirations for it: religious upbringing, family tradition, life experiences, group membership, reading, training, travel. Ultimately, it is a personal, spiritual choice — one of YOUR OWN understanding at this time. Keep in mind that, as the fog from gambling clears and you let go of your need to control people, places and things, that understanding may change, grow or deepen. At this point, we need only become willing to make it part of our recovery process.

Write about:

- 1) Is your mind open to the possibility of a Power greater than yourself? If not, what things are keeping your mind closed? Pride? Ego? Self-centeredness? Stubbornness? Fear? Would you be willing to set them aside, just for today?
- 2) Have you ever seen a “Greater Power” at work in the lives of others? Have you ever experienced such a Power at work in your own life?
- 3) Three things that you believe in and trust today.

- 4) Belief + Trust = Faith. Does writing about what you believe in and trust give you a sense that there is or could be a force at work in your life beyond your own will? Are you willing to welcome this safe, loving and supportive presence into your recovery?

From Your International Executive Secretary

As we are finalizing this month's issue of the bulletin, I would like to once again say **“thank you”** to all of the members, groups and Intergroups who have continued their support of the International Service Office during these unprecedented times over the past 11 months. And to ask those of you who might have unintentionally forgotten about **your** International Service Office to please read the following:

We are often asked what does the International Service Office do? And how does Gamblers Anonymous get their money? For the past, several years in the February issue of the bulletin we have included “How the I.S.O. Receives Its Money” and “What the I.S.O. Does”. If you have previously read this, I would offer this as a reminder that we are still carrying the message and thank you in advance for reading it again during these difficult times.

“WHAT THE I.S.O. DOES”

Just some of the things the I.S.O. does are as follows:

- Answers telephones, e-mails and all other correspondence received.
- Updates and maintains the Gamblers Anonymous International Directory on our website including listing all virtual meeting information that is currently being forwarded to us.
- Maintains reports for all money received through QuickBooks and processes receipts for all donations; Lifeliners, Cans, Groups, etc.
- Processes and sends all orders; received by mail, fax and from our on-line store.
- Prepares and sends Starter Kits to those requesting them and keeps the Trustees informed of when and where meeting kits are going.
- Sends “Information Packets” with a letter about Gamblers Anonymous to the many people requesting information on our Program.
- Sends pertinent information to Trustees, Regents and membership as needed.

- Keeps an inventory of literature on hand.
- Orders and inventories all Office Supplies.
- Processes receipts for all accounts receivables and literature orders.
- Makes weekly bank deposits.
- Prepares monthly Operating Statement and does complete accounting procedures for the Office.
- Keeps track of all accounts payable and processes the checks for bills that are signed by two of three mandatory signatures of the Board of Regents.
- Compiles, enters, and proofreads all letters, donations, anniversaries, etc. for Life-Line Bulletin on a continuing basis.
- Constantly updating and reprinting (or upon approval by the Board of Trustees) printing new literature.

HOW THE I.S.O. RECEIVES ITS MONEY

LIFELINERS - (Not to be confused with Life-Line Bulletin Subscription) A Lifeline is an individual donation from a member on a monthly basis. You can pledge any amount you wish. It is a personal thing and only you and the International Service Office know the amount you give. If you are interested, the form to fill out is on the back cover of this bulletin.

CAN CONTRIBUTIONS - A Can contribution is a direct donation to the I.S.O. Groups pass around a can at their meeting and then send a check or money order once a month totaling the amount collected. If you do not have a Can or Can number, and would like one please let us know and we will see that you get one.

GROUP CONTRIBUTIONS - A Group contribution is what is donated to the I.S.O. from the groups after they have met all of their expenses; such as rent, coffee, literature, etc.

INTERGROUP CONTRIBUTIONS - An Intergroup contribution is what each individual Intergroup has decided amongst themselves to donate to the I.S.O.

LIFE-LINE BULLETIN SUBSCRIPTIONS - (Not to be confused with Lifeliners) A Bulletin subscription is when a member or group subscribes on a yearly basis to receive the Life-Line Bulletin by First-Class mail. The order form is on the second page of this issue for those of you are reading this online, and on

the front inside cover of this issue, for those of you who are already subscribers and reading your subscription copy.

ONE-TIME DONATIONS - A One-Time donation can be one of many different ways to give to the I.S.O. For example, a donation in honor of yours, or the Anniversary of someone you care about; in memory of a beloved member; or just for being grateful to have found a Fellowship such as ours. A group, individual, or individuals may make a One-Time donation. **(However, these donations must be from G.A. members. As we all know, outside contributions are not accepted.)**

SALE OF LITERATURE - Selling G.A. approved Literature is our only profitable means of income. Literature can be order through our online store at www.gamblersanonymous.org or on our literature Order Form. If you need an order form to order, please email isomain@gamblersanonymous.org and request the February 2020 Order Form. You will be forwarded one within 24 hours.

Once again, thank you and remember we are here for you, so if there is ever anything we can do, please know we are just a phone call (626) 960-3500 or an email isomain@gamblersanonymous.org away.

Love to all, Karen H.

Temporary Guidelines for Video Meetings

- Protocol for entering and staying in video meetings using platforms such as Zoom, WebEx, etc. and video meetings in which members can attend either by video or telephone.
- Attendance only by video
 - In order to enter the meeting, members should first be placed in a “waiting room” if the platform has this type of functionality. The purpose of the waiting room is to quickly determine the identity of the attendees and let them into the meeting either one at a time or en masse. When the waiting room feature is utilized, it is recommended that the meeting consider having at least two facilitators, one to monitor the waiting room and one to facilitate the meeting.
 - If the platform does not have this type of functionality, the meeting secretary or facilitator must assume the duty of identifying all attendees before the meeting begins as well as any attendee who arrives after the meeting has begun.

- Attendees who are not known to the waiting room facilitator should be further questioned as to the reason for their attendance. If they identify themselves as compulsive gamblers in need of a meeting or new members, they should be taken at their word and admitted to the meeting. The nature of the meeting (open or closed) will also determine the admission of those other than compulsive gamblers, and the final say on admission will rest with the waiting room facilitator.
- If anyone refuses to identify themselves to the waiting room facilitator, they should immediately be dropped from the waiting room.
- The meeting, through a group conscience, may elect to have all attendees turn their cameras off.
- If #5 above does not occur, attendees should still be given the option of turning off their cameras and appearing on screen as a “placeholder” or avatar.
- Attendees should caption their pictures, “placeholders”, or avatars with their first name and last initial only or any other caption that masks their true identity.
- Virtual backgrounds that may camouflage others who are sharing the member’s meeting space should not be used
- Attendance by telephone
 - Members who wish to attend a video meeting by telephone must be screened using the same methods as above so their identity is known to the waiting room facilitator and/or meeting facilitator.
 - Callers who refuse to identify themselves or whose caller ID is either blocked or shows “anonymous” shall not be allowed to attend.
- Announcements that should be read before each and every meeting (if not included in that meeting’s customary announcements)
 - There will be absolutely no video or audio recording of any kind, including screenshots.
 - Our meeting facilitators have done everything humanly possible to ensure that this is a secure meeting. However, because of the nature of the media we are working with, we cannot guarantee absolute security and thus, anonymity. Therefore, we ask that members not discuss...
 - Any crimes for which they may still be prosecuted
 - Anything of such a sensitive nature that it could potentially harm that member or any other members should that information be surreptitiously recorded and leaked.
 - Members who are especially concerned about their anonymity are invited to turn their cameras off and/or change their screen name.

Virtual Meeting Form

The Board of Trustees of Gamblers Anonymous recently approved Virtual Meetings as a platform to have your G.A. meeting continue to meet and get them listed on the Gamblers Anonymous website. Please fill out the needed information below and return it by email to: isomain@gamblersanonymous.org

Thank you for your anticipated help towards this entire process.

Day _____

Meeting Time and Time Zone _____

Meeting Type (i.e. Zoom, Google Meet, Free Conference Call.com)

Meeting location City/State _____

Meeting ID _____

Access Code/Password _____

Any additional info regarding this meeting _____

GROUP NEWS

Note From I.S.O.: Thank you to all of the members in the "Group News" section, for their letters, donations and kind words. Please keep writing and sharing your experience, strength and hope with everyone.

Hi Karen,

Enclosed is a donation of \$700.00 Canadian from the Edmonton Wednesday night at PGRN and a \$300.00 Canadian donation from the Edmonton Sunday PGRN group.

We had some challenges in 2020 with Covid-19 and had to shut our door for approximately 5 months. We are now allowed 12 people per meeting due to the room size and mostly meeting that quota.

We hope all the other Gamblers Anonymous meetings are staying strong.

And hope this letter finds all of you healthy.

Respectfully, Kelly K., Beaumont, Alberta

Hi Karen,

Please find the enclosed check that includes a Bulletin Subscription, my Lifeline #631 and a donation to G.A.

During the holiday season I am giving thanks and gratitude to the G.A. fellowship for my recovery.

Thanks for all the I.S.O. does.

Hope everyone had a nice holiday.

Jo K., St. Louis, Missouri

Dear G.A.,

I have enclosed a check for \$300.00 from the Maryland Intergroup to close out our yearly donation at G.A.I.S.O.

Thank you for all you do in service for our wonderful program.

Bob H., Alexandria, Virginia

Dear G.A.I.S.O.,

Enclosed is our Denver G.A. Thursday Evening Meeting's donation. Please place it in the general fund and use as needed.

I hope that things will return to some kind of normalcy during this coming year. Our meetings are suffering.

Thank you for everything you do.

Sincerely, Ron G., Denver, Colorado

Dear Karen,

Enclosed please find a check for I.S.O. from the Tuesday night Daytona Beach meeting.

Stay well and thanks for all you and your staff do.

Frank M., Daytona Beach, Florida

Hi Karen,

I just wanted to drop a note to thank you and everyone at I.S.O. for all your dedication and hard work. Your service to all of us is greatly appreciated.

I hope everyone there had Happy Holidays followed by a very Happy New Year!

Please stay safe during these troubled times.

God Bless you all, Jim D., Frederick, Maryland

Dear G.A.I.S.O.,

This is a donation from the Tuesday St. Anthony meeting in Parma, Ohio. Our meeting is over 40 years old.

I hope this helps you continue to help us.

Rich A., Rocky River, Ohio

Hello to All,

Our Lady Lake, Florida room is very small at this time. Because of the Covid-19 virus we have lost members.

We as a room can send a donation of \$20.00 at this time.

We hope to send another donation in the near future.

Thank you all for our outstanding service to all G.A. members.

Jim W., Lady Lake, Florida

Dear I.S.O.,

My wife Carol and I started the Freedom from Gambling group in Bellevue, Washington in January of 2018. You were all so helpful and supportive.

Our group has done well...in person and online. My wife and I each have 3 years in the program and our meeting has a total of 10 regular members who have all put together some solid time.

Thank you for everything.

Mike S., Sammamish, Washington

Dear Karen,

Hello from Area 16A, Western New York Intergroup. As we all understand these are exceedingly difficult times and trying to maintain normal day to day activities seem impossible. We also understand that keeping our focus on the future is necessary to keep the hope of recovery alive. With very little opportunity for face to face meetings, fundraising has all but stopped. Yet somehow our members have found a way to support their Intergroup and also our I.S.O.

Enclosed please find another donation from our West Seneca and Bowmansville meetings along with a donation from Intergroup, Area 16A.

Jack G., Derby, New York

Dear I.S.O.,

Enclosed is a donation from the Friday 11:00 AM Gamblers Anonymous meeting. Our location is in Schiller Woods, River Grove, Illinois. We are located at Irving Park Road, 8400 West. We are just outside of Chicago and close to O'Hare Airport.

We are still having outdoor meetings because the weather has been mild so far this winter. We have been fortunate in that regard. I empathize for the entire Los Angeles population. The Covid-19 virus is doing much damage.

Happy New Year to all in your Office!

Thank you, George C., Chicago, Illinois

To Whom It May Concern:

I recently became secretary for the Saturday Reseda meeting, and we decided to donate 20% of all current and future donations to I.S.O.

The enclosed check brings us current. Going forward, our treasurer will mail a monthly contribution.

Best, Aaron S., Valley Glenn, California

In Memory Of...

Dear G.A.I.S.O.,

Enclosed is a \$150.00 donation in memory of Joe B. from the Raleigh, North Carolina room.

Joe was a pillar member of our room. He was active and passionate, with Intergroup, State, National and International levels for decades. He will be greatly missed.

Joe passed away on November 5, 2020 and his date of abstinence was April 22, 1978, which is over 42 years of recovery.

Thank you, Members of the Intergroup of the Carolinas Zoom Rooms

To Whom It May Concern:

On Tuesday, December 15, 2020 we lost the man who started the Beaver/Vanport G.A., Frank B. He dedicated his life to helping others who were addicted to gambling. By his side, his wife Sophie B., who survives him started Gam-Anon.

They traveled to conferences all over the U.S. Frank was so proud to have met the founders of G.A.

Our hearts are truly saddened by his passing. He was such an asset to our group and many others. We are sending a donation to honor Frank B. for his dedication to the program.

Dee R., Monaca, Pennsylvania

Dear Karen and I.S.O. Staff,

Gary N. started his G.A. journey in 2008 in Fort Worth. He had such success in spite of, or perhaps because of what he learned from several relapses. He credited G.A. with saving his marriage, preventing him from becoming addicted to pain pills for his back ailment and for demonstrating to him how to live a better way of life.

Gary was the first treasurer of the startup Fort Worth Saturday meeting in 2012. He moved to South Carolina in 2018 so his wife Claudia and he could be closer to their child and grandchildren. When the pandemic came, he reconnected with the "You Are Fort Worth It" online meetings and it reenergized his recovery.

Gary was a friend to many in the Fellowship and was optimistic, welcoming and involved with the duties of a trusted servant in the Fellowship. He made an online meeting on January 5, 2021 and died suddenly the next day.

He will always be an inspirational example to me of how to work the program which included making a meeting on the last full day of life. Rest in peace, Gary N.

Thanks, Drew J., Fort Worth, Texas

Note From I.S.O.: I'm sure all reading this join me in offering our heartfelt condolences to the families and many friends of our G.A. brothers; Joe B., from North Carolina; Frank B., from Pennsylvania and Gary N. from Texas and South Carolina who are all eulogized above in the heartwarming letters from the members of the Intergroup of the Carolinas Zoom Rooms, Dee R. and Drew J.

ANNOUNCEMENT OF UPCOMING EVENTS

Note From I.S.O.: Due to the uncertainty of future “Upcoming Events” we are omitting any announcements until further notice.

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF JANUARY 2021

ARIZONA

L211 Jim L.
L221 Janat G.
L267 Penny V.
L287 James S.
L396 Pam K.
L546 Mo M.
L692 Doug G.

CALIFORNIA

L1 Bob W.
L4 Tom M.
L6 Bill S.
L8 Dan B.
L9 Mike M.
L18 Chris G.
L19 Wendy B.
L21 Ed E.
L31 Russell H.
L70 Keith B.
L73 Karen H.
L77 Judy B.
L87 Mike S.
L100 Mazi S.
L116 Rob D.
L117 Steve F.
L120 Phil C.
L138 Bill S. x2
L151 Murray F.
L154 Diane S.
L158 Gagik G.
L161 Patricia A.
L166 Benni F.
L209 Jose C.
L214 Mickie R. x2
L219 Len K.
L246 Pat S.
L273 Victor S.
L298 Cathy F.
L301 Steve K.

L314 Alan S.
L320 Fenton T.
L371 John O.
L383 Linda B.
L384 Alvin F.
L386 Anita R.
L390 Jack R.
L419 Rufus B.
L432 Patrick P.
L453 Bennett S.
L480 Ezra B.
L496 Guy H.
L527 Salvatore G.
L544 Harold A.
L558 Linda M.
L580 Curtis G.
L593 Grant M.
L601 David L.
L609 Kathie S. x2
L617 Mike Z.
L618 Hugh G.
L623 Lucille T.
L634 Terry K.
L636 Robert C.
L674 Clair W.
L678 Lynell B.
L701 David L.
L716 James B.
L751 Derek P.
L754 Geoff M.
L762 Calvin C.
L772 Ara H.
L789 John C.
L812 Kat L.
L819 John H.
L828 Paul C. x3
L834 Candice B.
L836 Albert Y.
L839 Steve W.

CALIFORNIA (cont)

L861 Roger L.
 L871 Greg D.
 L874 Aaron S.

COLORADO

L147 Lou W.
 L957 Drew D.

CONNECTICUT

L581 Paul S.

FLORIDA

L2 Bill B.
 L54 Ray T.
 L81 Paulette T.
 L97 Charles R.
 L106 Raymond H.
 L143 Neal G.
 L156 Richard M.
 L159 Steve I.
 L160 Jim C.
 L175 Lloyd A.
 L189 Norman O.
 L205 Steve P.
 L225 Kevin K.
 L233 Robert M.
 L251 Frank G.
 L258 Harvey G.
 L261 Steven S.
 L289 Ralph O.
 L313 Herman G.
 L395 Daniel B.
 L420 Mark S.
 L423 Kathleen H.
 L450 Neil S.
 L483 Victor C.
 L511 Chris N.
 L549 Patricia P.
 L590 Dennis A.
 L607 Debbie M.
 L622 Andrew C.
 L627 Pauline F.
 L679 David T.
 L688 David N.
 L690 Lenore D.
 L695 Ron B.
 L811 Michael S. x2
 L815 Linda S.
 L835 Howard M.
 L840 Janice M.
 L843 Neal V.
 L844 Arnie B.
 L875 Michael G.

L884

L904

GEORGIA

L672 Tony L.
 L769 Barry L.
 L857 Hal P.

HAWAII

L553 David C.

ILLINOIS

L63 Bob C.
 L114 Ellen Z.
 L344 Eileen Z.
 L459 Allen H.
 L823 Luke W.

INDIANA

L229 Mary Ann R.
 L880 Fred B.

KANSAS

L194 Michelle J.

KENTUCKY

L115 Laura S.
 L195 Steve B.

LOUISIANA

L27 Betty S.
 L354 Kathy S.
 L466 Ray M.
 L637 Iris D.

MASSACHUSETTS

L318 Jeff H.
 L598 Vinny S.

MARYLAND

L162 Jim D. x2

MICHIGAN

L272 Joann D.
 L829 Edward K.

MINNESOTA

L342 Martha B.
 L565 Cory J.
 L715 Debra M.
 L803 Renee G.

MISSISSIPPI

L126 Helen Y.
 L182 Roger T.

MISSOURI

L550 Daniel G.
 L631 Jo K.

NEVADA

L150 Rollo V.
 L284 Kevin H.
 L317 Pat M.
 L325 Terry D.

NEVADA (cont)

L410 Joanne F.
 L439 Ira K.
 L486 Zeny K.
 L541 Andrew B.
 L596 Leslie F.
 L599 Igor K.
 L602 Trey D.
 L612 Dan Mc
 L665 Richard S.
 L837 Harriet K.
 L846 Bobby B.

NEW HAMPSHIRE

L277 Roy W.

NEW JERSEY

L94 Thomas D.
 L174 Mike D.
 L179 Chris N.
 L183 Robin D.
 L212 Marshall R.
 L223 Fred D.
 L266 Kivey G.
 L311 Andy D.
 L349 George L.
 L350 John D.
 L351 Russell H.
 L409 Barry H.
 L429 Dennis S.
 L433 Joseph F.
 L438 Matthew C.
 L482 Ann K.
 L497 Dave S.
 L524 Richard T.
 L560 Frank M.
 L589 Ronald W.
 L638 Andrew G.
 L699 Craig H.
 L708 Maria G.
 L818 Michael D.
 L856 Scott B. x2
 L863 Kathleen P.

NEW MEXICO

L572 Liane M.
 L662 Joel K.
 L847 Catherine B.
 L906 Mary F.

NEW YORK

L16 Kenny M.
 L278 Harlan S.
 L286 Dan W.

L303 Alan J.
 L308 Jordan P.
 L465 Mohammed M.
 L516 Susan W.
 L554 Dan L. x2
 L826 Mitchel M.
 L852 Norberto B.
 L882 Joe B.
 L951 Brad B.

NORTH CAROLINA

L493 Gary G.
 L494 Mary D.
 L495 Garnett P.
 L498 Suzanne R.
 L499 Mike S.
 L500 Sammy D.
 L503 John J.
 L504 Vivian W.
 L506 Chuck T.
 L510 Eric S.
 L513 Dennis O'C.

OHIO

L749 Daniel H. x2

OKLAHOMA

L531 Linda S.
 L543 Jim G.

OREGON

L584 Curt P.

PENNSYLVANIA

L40 Dan M.
 L71 Marla J.
 L345 John B.
 L533 Debbie D.
 L820 Josh S.
 L854 Jacquona B.
 L879 Donna T. x2
 L923 Mary M.

SOUTH CAROLINA

L460 Lou M.

TEXAS

L245 Alan S.

WASHINGTON

L104 Tina B.
 L425 Terry D.
 L659 Connie M.
 L878 Sandy L.

WISCONSIN

L443 Constance T.

LATVIA

L903 Kristaps D.

ANNIVERSARIES

45 YEARS	IRA C.	2/11	Wantagh, NY
43 YEARS	IRWIN B.	1/15	Charlotte, NC
40 YEARS	PAUL K.	11/26	Quincy, MA
	MURRAY G.	2/10	Yonkers, NY
39 YEARS	MIKE I.	2/15	Las Vegas, NV
	MIKE M.	2/27	Downey, CA
37 YEARS	NEIL S.	2/24	Plantation, FL
34 YEARS	AL S.	2/2	Douglaston, NY
	STEVE R.	2/17	Bowling Green, KY
33 YEARS	ALFREDO M.	2/21	Las Vegas, NV
30 YEARS	ANDY S.	2/9	Ardasley, NY
	RALPH O.	2/14	Boynton Beach, FL
25 YEARS	BEA A.	1/6	Boulder City, NV
24 YEARS	KURT C.	2/1	West 46 th St., NY
	ELLA W.	2/2	Cherry Valley, IL
	DANNY N.	2/2	East 31 st St., NY
23 YEARS	JERI R.	1/9	Las Vegas, NV
	FRANK M.	2/8	Staten Island, NY
	RANDY A.	2/9	Reno/Sparks, NV
	PAT D.	2/10	Windsor, ON
22 YEARS	MARJORIA S.	1/24	Las Vegas, NV
	GARY G.	2/14	Greensboro, NC
	DIANE H.	2/17	San Diego, CA
21 YEARS	DEBBIE O.	1/19	Las Vegas, NV
	ROSE M.	2/8	Hinsdale, IL
20 YEARS	ADAM K.	2/15	Woodbury, NY
19 YEARS	JETA S.	1/7	Las Vegas, NV
	HOWARD W.	2/8	Charlotte, NC
18 YEARS	KAREN G.	1/27	New Orleans, LA
	RENEE M.	2/13	Las Vegas, NV
	BRENDA J.	2/15	Las Vegas, NV
	CHRIS L.	2/15	West 46 th St., NY
	TOM S H.	2/16	Las Vegas, NV
17 YEARS	LINDA D.	2/24	Egg Harbor Township, NJ
	JIM Y.	2/9	Reno/Sparks, NV
	TERRY P.	2/9	Windsor, ON
	PAT S.	2/23	Loma Linda, CA
	PAT S.	2/23	San Diego, CA
	DAVE U.	2/25	Beaverton, OR
16 YEARS	PAM A.	1/14	Las Vegas, NV
	LARRY F.	2/9	Las Vegas, NV
	TRUDE W.	2/22	San Diego, CA
15 YEARS	JACKIE C.	1/17	Las Vegas, NV
	SAL E.	2/23	Wantagh, NY
	PHIL S.	2/24	East 79 th St., NY
14 YEARS	FRANK A.	2/1	Staten Island, NY
	ROBERT W.	2/3	Winston/Salem, NC
	JEANNOT B.	2/5	Saint-Hubert, QC
	RUSSELL R.	2/7	Ocean Parkway, NY
	EILEEN Z.	2/9	Elk Grove Village, IL
	DOUG K.	2/16	Bolingbrook, IL
	CATHY W.	2/19	Joliet, IL
13 YEARS	ZENY K.	1/8	Las Vegas, NV
	DONNA M.	1/19	White Rock, BC

13 YEARS (cont)	LARRY J.	2/3	Schaumburg, IL
	LIZ R.	2/4	Joliet, IL
	SHARON E.	2/23	San Diego, CA
12 YEARS	RICHIE M.	2/6	Staten Island, NY
	CHRISTINE K.	2/9	Las Vegas, NV
	MIKE S.	2/14	Reno/Sparks, NV
	MARTHA B.	2/21	Windsor, ON
	BUTCH G.	2/22	San Diego, CA
11 YEARS	MIKE C.	1/23	Charlotte, NC
	SEAN H.	2/8	West 46 th St., NY
	ELI D.	2/14	Ocean Parkway, NY
	JANE L.	2/15	San Diego, CA
	KATHY O.	2/21	Rancho Cucamonga, CA
10 YEARS	LINDA S.	2/14	Oak Lawn, IL
	PAM B.	2/15	Oregon City, OR
	SUE J.	2/17	St. Charles, IL
9 YEARS	MARK N.	1/9	Charlotte, NC
	MICHAEL Ca	1/16	Las Vegas, NV
	MIKE R.	2/1	San Diego, CA
	CECILE C.	2/2	Henderson, NV
	STEVE C.	2/3	St. Andrews, NY
	CIRO L.	2/11	Forest Hills, NY
	KEVIN M.	2/12	San Diego, CA
	BRAD	2/17	Reno/Sparks, NV
	DAVID R.	2/1	San Diego, CA
	RAYMOND C.	2/2	East 31 st St., NY
8 YEARS	LARRY K.	2/4	Charlotte, NC
	LYNE N.	2/7	Longueuil, QC
	MAURICE L.	2/15	San Diego, CA
	BETH C.	2/20	L.A. Intergroup, CA
	SHELLEY L.	2/23	Henderson, NV
	JAKE C.	2/28	Charlotte, NC
	PUANM M.	1/20	Las Vegas, NV
	BILL B. (2)	2/5	San Diego, CA
7 YEARS	DOM S.	2/6	Marlton, NJ
	JIMMY D.	2/9	San Diego, CA
	TERRY H.	2/9	Reno/Sparks, NV
	FRANK J.	2/17	Las Vegas, NV
	BETH E.	2/4	San Diego, CA
	NADA K.	2/5	Windsor, ON
	KIM H.	2/7	San Diego, CA
6 YEARS	RITA S.	2/9	Hampton, NJ
	RON F.	2/14	San Diego, CA
	JUSTIN A.	2/17	Reno/Sparks, NV
	JOANNA C.	2/21	Las Vegas, NV
	JASON C.	2/22	Woodbury, NY
	TINA T.	2/27	Reno/Sparks, NV
	HERBERT M.	1/15	New Orleans, LA
	HEATHER K.	1/26	Las Vegas, NV
	GREG H.	2/9	East 31 st St., NY
	CHRISTINE G.	2/11	San Diego, CA
5 YEARS	DAWN G.	2/14	San Diego, CA
	THERESE K.	2/23	Beaverton, OR
	SANDY P.	2/24	Vancouver, WA
	LLOYD M.	2/27	San Diego, CA
	MENDY R.	2/1	Pomona, NY
	BILL H.	2/4	Elk Grove Village, IL

4 YEARS (cont)	JAY C.	2/11	Linwood, NJ
	CHRIS C.	2/14	Hampton, NJ
	CARMEN A.	2/15	San Diego, CA
	BOB N.	2/16	San Diego, CA
	MIKE S.	2/16	East 31 st St., NY
	TAMI N.	2/18	San Diego, CA
	CLAIRE D.	2/26	San Diego, CA
	ARNIE F.	2/28	San Diego, CA
	ISRAEL S.	2/28	Pomona, NY
3 YEARS	STEVE W.	2/1	Kew Gardens, NY
	ROGER L.	2/3	Reno/Sparks, NV
	DAN P.	2/11	Marlton, NJ
	KELLY L.	2/12	Vancouver, WA
	EDWARD K.	2/13	Hollywood Zoom, CA
	ED H.	2/16	Wantagh, NY
	ANGELA J.	2/17	San Diego, CA
	JIM E.	2/18	Forest Hills, NY
	SANDI D.	2/20	Las Vegas, NV
	KATE B.	2/24	Albuquerque, NM
	PJ	2/26	48 th St., NY
2 YEARS	ALIZ E.	12/10	Surrey, BC
	DONNA K.	12/30	New Orleans, LA
	LINDA V.	1/4	White Rock, BC
	WILLIE W.	1/13	Las Vegas, NV
	CINDY L.	1/21	Charlotte, NC
	BRENDA L.	1/28	Plantation, FL
	ERIC I.	2/5	48 th St., NY
	JOSIE M.	2/6	Las Vegas, NV
	NICK L.	2/9	Wantagh, NY
	CRYSTAL S.	2/11	San Diego, CA
	MARK P.	2/12	San Diego, CA
	TEODORA G.	2/12	San Diego, CA
	ADAM L.	2/12	48 th St., NY
	ALAN C.	2/12	Forest Hills, NY
	GEORGE M.	2/17	L.A. Intergroup, CA
	LAURA B.	2/18	San Diego, CA
	CHET R.	2/18	Vancouver, WA
	JOE G.	2/20	Marlton, NJ
	GENEVIEVE G.	2/21	San Diego, CA
	JORDON C.	2/22	Reno/Sparks, NV
	ANGIE P.	2/23	Ft. Worth, TX
	RENEE M.	2/25	Lisle, IL
	JACK S.	2/25	Vancouver, WA
	WILL U.	2/27	Marlton, NJ
	JENNIFER S.	2/28	San Diego, CA
	JOHN R.	2/28	Settlement House, NY
1 YEAR	DAPHNE C.	1/11	Las Vegas, NV
	LEILA H.	1/20	Las Vegas, NV
	ZACK F.	2/1	Woodbury, NY
	PAUL M.	2/2	San Diego, CA
	MICHELLE D.	2/3	Lisle, IL
	DAN S.	2/4	Las Vegas, NV
	PHIL R.	2/8	Pomona, NY
	SHAUNA H.	2/9	San Diego, CA
	BRETT S.	2/9	East 31 st St., NY
	FRAN S.	2/10	Lisle, IL
	IVAN S.	2/10	East 79 th St., NY

1 YEAR (cont)	GUYLAINE C.	2/12	Quebec, QC
	ZHIHAO J.	2/13	Hollywood Zoom, CA
	CHARLES J.	2/14	Las Vegas, NV
	NINA S.	2/15	San Diego, CA
	NATHAN H.	2/16	East 31 st St., NY
	LONNIE	2/16	Wausau, WI
	MONICA J.	2/19	Forest Hills, NY
	URSULA G.	2/21	Settlement House, NY
	RACHEL M.	2/26	San Diego, CA

**INDIVIDUAL LIFELINER DONATIONS
JANUARY 2021**

ARIZONA (7)	95.00	MISSOURI (2)	102.00
CALIFORNIA (72)	5,377.00	MISSISSIPPI (2)	80.00
COLORADO (2)	201.00	NEVADA (15)	375.00
CONNECTICUT (1)	20.00	NEW HAMPSHIRE (1)	50.00
FLORIDA (43)	1,592.00	NEW JERSEY (26)	581.00
GEORGIA (3)	150.00	NEW MEXICO (4)	70.00
HAWAII (1)	50.00	NEW YORK (12)	273.00
ILLINOIS (5)	100.00	NORTH CAROLINA (11)	75.00
INDIANA (2)	35.00	OHIO (1)	20.00
KANSAS (1)	100.00	OKLAHOMA (2)	20.00
KENTUCKY (2)	60.00	OREGON (1)	25.00
LATVIA (1)	60.00	PENNSYLVANIA (8)	231.00
LOUISIANA (4)	370.00	SOUTH CAROLINA (1)	20.00
MARYLAND (1)	115.00	TEXAS (1)	50.00
MASSACHUSETTS (2)	63.00	WASHINGTON (4)	40.00
MICHIGAN (2)	8.00	WISCONSIN (1)	15.00
MINNESOTA (4)	105.00	TOTAL (245)	\$10,528.00

**I.S.O. CAN CONTRIBUTIONS
JANUARY 2021**

CALIFORNIA

C77	San Diego Intergroup	105.30	C971	Pinole Monday	25.00
C464	Stockton Thursday	10.00	C1002	Burbank Monday	42.00
C765	Fair Oaks Thursday AM	52.00	C1302	Roseville Friday	59.00

CONNECTICUT

C408	Branford Monday	75.00
------	-----------------	-------

FLORIDA

C123	Singer Island Saturday	25.00	C263	Plantation Wednesday PM	28.00
C262	Plantation Friday PM	69.00	C1466	Boca Raton Thursday	50.00

GEORGIA

C1539 Norcross Sunday 10.00

LOUISIANA

C787 North Louisiana Intergroup 63.75

MASSACHUSETTS

C84 Holbrook Wednesday 55.00

PENNSYLVANIA

C215 Beaver/Vanport Monday 25.00

TEXAS

C1134 Ft. Worth Thursday 41.00 C1587 Ft. Worth Tuesday 33.00
C1438 Ft. Worth Saturday AM 33.00

**GROUP DONATIONS
JANUARY 2021**

ARIZONA

Mesa Wednesday Noon 100.00
Phoenix –Keep It Simple 10.00
Prescott Saturday Round
Table 20.00
Sedona Thursday 25.00

CALIFORNIA

Anaheim Sunday 24.00
Burbank Friday 70.00
Desert Hot Springs 40.00
Downey Saturday 54.00
Downey Saturday Zoom 350.00
Griffith Park Sunday 37.00
Lincoln Wednesday 15.00
Lincoln Friday AM 22.00
Lincoln Sunday 25.00
Orangevale Friday 26.00
Rancho Cucamonga Monday
Noon 40.00
Rancho Cucamonga Tuesday 22.00
Rancho Cucamonga
Thursday PM 75.00
Rancho Cucamonga Saturday 159.00
Reseda Saturday 190.17
San Jose Wednesday 75.00

COLORADO

Denver Thursday 50.00

DELAWARE

Wilmington/Stanton
Wednesday 53.00

FLORIDA

Bradenton Friday AM 50.00
Daytona Beach Tuesday 25.00
Lady Lake 20.00
North Palm Beach Monday 50.00
Plantation 97.00
Plantation Tuesday 126.00

GEORGIA

Norcross Sunday Korean 10.00

ILLINOIS

Chicago Friday AM 42.00

MASSACHUSETTS

West Bridgewater 30.00

MONTANA

Billings Westend 200.00

NEW JERSEY

Fairlawn Friday 40.00
Hasbrouck Heights Saturday 25.00
Metuchen Tuesday 175.00
Toms River Tuesday
Afternoon 75.00
Voorhees Tuesday Nooners 100.00

NEW MEXICO

Albuquerque Saturday 120.00

NEW YORK

Staten Island Wednesday-
St. Vincent 50.00
Syracuse Saturday AM –
Sunshine 50.00

OHIO			You Are Fort Worth It	117.00
Parma Tuesday	65.00	WASHINGTON	Bellevue	30.00
OKLAHOMA			Seattle Monday	50.00
South Oklahoma City	134.03		Snohomish Friday PM	30.00
OREGON		WISCONSIN	Racine Wednesday	50.00
Woodburn Monday	175.00	CANADA	Alberta	
PENNSYLVANIA			Edmonton Wednesday	
Collegeville/Trappe Thursday	50.00		PGRN	517.90
Kingston	12.50		Edmonton Sunday PGRN	210.17
Rhawnhurst Sunday	75.00	KOREA	Seoul	50.00
Scranton Sunday	100.00			
Wilkes-Barre	12.50			
TEXAS				
Dallas Sunday Pathways	50.00			

**INTERGROUP CONTRIBUTIONS
JANUARY 2021**

Baton Rouge	100.00	L.A. Intergroup	250.00
Delaware Valley	150.00	Long Island	300.00
Greater Sacramento	30.00	Maryland	300.00
Houston/Gulfoast	50.00	Northern California	60.00
Inland Empire	100.00		

**NATIONAL HOTLINE DONATIONS
JANUARY 2021**

Area 1	L.A. Intergroup	14.00
Area 1B	Inland Empire Intergroup	25.00

**BULLETIN SUBSCRIPTIONS
JANUARY 2021**

1 Subscription for a Total of \$48.00

**ONE TIME DONATIONS
JANUARY 2021**

Anonymous, Oregon
In memory of Jami H. from Vancouver Friday Night, Washington

Raleigh, North Carolina and Members of Intergroup of the Carolinas
Zoom Rooms
In memory of Joe B.

Puyallup Saturday A.M., Washington
One-Time “Thank You” donation

Beaver/Vanport Monday, Pennsylvania
In memory and to honor Frank B. for his dedication to the program

Jo K., Missouri
One-Time Donation

Russell C., Florida
One-Time Personal Donation

West Seneca and Bowmansville groups and Area 16A Intergroup, New York
One-Time Donations

Drew J., Texas
In memory of Gary N.

Jim S., Arizona
In memory of my father, Jim S. from Nebraska

Board of Regents, California – January Meeting Donation

John H., California
Remembrance of members Jim W. and Rick D., Area 2B

Ron R., New York/Florida
One-Time Donation

Emma M., Louisiana
One-Time Donation

Kathy G., Michigan
One-Time Donation

Patrick H., Illinois
One-Time Donation

Lorian C., California
One-Time Donation

Anonymous G.A. Member
Rainy Day Fund

**GAMBLERS ANONYMOUS
INTERNATIONAL SERVICE OFFICE
OPERATING STATEMENT
JANUARY 2021**

CASH IN OPERATING ACCOUNT JANUARY 1, 2021 \$ 34,367.67

RECEIPTS FOR JANUARY

Group Contributions	4,496.27
Lifeliners	10,528.00
I.S.O. Can Contributions	801.05
Intergroup Contributions	1,340.00
One-Time Donations (Including Rainy Day Fund From Anonymous Member).....	242,511.03
National Hotline Donations	39.00
Bulletin Subscriptions.....	48.00
Sale of Literature	8,049.53
Literature Shipping	1,911.00
Sales Tax Collected.....	111.42
E-Reader	18.24
Bank Adjustment.....	.01
Merchant Services Cash Reward19
Interest From Checking Account86
PayPal Literature Processing Fees	384.47

TOTAL \$270,239.07

CASH AVAILABLE FOR JANUARY..... \$304,606.74

DISBURSEMENTS FOR JANUARY

Rainy Day Fund To Savings	200,000.00
Rent & Cam Fees	5,390.29
Payroll	18,804.16
Payroll Taxes (Federal & State)	2,561.76
Quarterly State Sales Tax	186.00
Postage	4,000.00
Office Expenses	778.66
Payroll Processing Fees	269.56
Health Insurance	1,494.40
Telephone	412.77
Electric Bill	163.53
Workers Compensation Insurance	250.00
Quarterly Air Conditioning/Heater Maintenance	361.00
Match For Employees Simple IRA	498.14
Bulletins	513.56
Visa/MC Service Fee	53.10
Literature.....	7,080.86
Pay Pal Literature Processing Fees.....	384.47

TOTAL \$ 243,202.26

CASH IN OPERATING ACCOUNT AS OF JANUARY 31, 2021 \$ 61,404.48

*NET INCOME \$ 27,036.81

*\$40,000.00 WAS TRANSFERRED FROM THE RAINY DAY FUND
SO DISBURSEMENTS IN EXCESS OF INCOME IS -\$ 12,963.19

G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION

ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

Day and Time

Eastern Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 9PM	712-770-5338	836083 #	
Monday 9PM	712-770-4925	554671 #	
Tuesday 9PM	712-770-4943	253824 #	
Wednesday 9PM	712-770-4160	611704 #	
Thursday 9PM	712-770-4981	872853 #	
Friday 3PM	712-770-4979	703758 #	
Friday 9PM	712-770-4996	595094 #	
Saturday 9PM	712-770-5335	491301 #	

**Please use this email for help
for any of these meetings**

weeklycallhelp@gmail.com

Canadian Callers who are trying to call the US numbers may have difficulty getting through. Please follow the directions at trusteewebsite.com/telephone-conference-call.

US callers who are trying to call the US numbers and have difficulty getting connected, please follow the directions at trusteewebsite.com/telephone-conference-call.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

Day and Time

Pacific Time	Call in Number	Meeting Code	Email for Information and Questions
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

SPANISH-BASED MEETINGS – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information and Questions
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

SPANISH-BASED MEETINGS FROM SPAIN

Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

FOR CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

Please go to trusteewebsite.com/telephone-conference-call

Where would you be today without G.A.? Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

Do it today – it's the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____

NAME _____

ADDRESS: _____

CITY & STATE: _____ ZIP: _____

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

Thank you for your support!!