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February 2019

**GAMBLERS ANONYMOUS LIFE-LINE  
YEARLY BULLETIN SUBSCRIPTION FORM**

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*Mail to:* **GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
P.O. BOX 17173  
LOS ANGELES, CALIFORNIA 90017**

*Circle one*

<b>FIRST CLASS (U.S. Only).....</b>	<b>\$48.00</b>
<b>EACH ADDITIONAL COPY (U.S.) IN SAME ENVELOPE .....</b>	<b>\$40.00</b>
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**DISCLAIMER**

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, P.O. Box 17173, Los Angeles, California 90017, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

**GAMBLING**, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS  
MEETING OF JANUARY 19, 2019**

The meeting was called to order at 9:30 A.M. by Wendy B., Chair, Board of Regents.

Present: Bernie G., Bob W., Calvin C., John C., Tom M., Wendy B. and Karen H. International Executive Secretary.

Present by Telephone: Betty S., Herb B. and Richard C.

Guests: Jo K., Trustee from Area 8D, St. Louis.

Wendy B. reminded everyone that recording of this meeting is not permitted.

1. A. The minutes of the December 15, 2018 Board of Regents meeting were approved as submitted.  
Motion seconded and passed  
For – 9 Against – 0 Abstained – 0
- B. The operating statement for December 2018 was approved as submitted.  
Motion seconded and passed  
For – 9 Against – 0 Abstained – 0

**2. OLD BUSINESS**

A. LIFELINERS

There were 2 new Lifeliners as follows:

California-1 Florida-1

NEW CANS - 0

Group Information Request forms received: 1  
Appleton, WI (REGISTRATION ONLY)

GROUP INFORMATION REQUEST FORMS RECEIVED  
PRIOR TO SENDING STARTER KITS: 5

Five starter kits were sent out as follows after receiving Group  
Information Request Form for the month of December:

St. Louis, MO	Colts Neck, NJ	Hamilton, NJ
Appleton, WI	Oshkosh, WI	

PRISON STARTER KITS SENT: There were no Prison Starter  
Kits sent.

B. GRATITUDE WEEK.

There was \$841.60 received in December bringing a total of \$27,481.77 for this year's Gratitude Week.

C. PRESSURE RELIEF WORKBOOK AND PRESSURE RELIEF GROUP MEETING FLYER.

We reviewed the new Pressure Relief Workbook and Pressure Relief Group Meeting Flyer. These workbooks were well done and far better than the previous pamphlet. Thanks to the committee for a job well done.

D. B.O.R. NOMINATIONS FOR JULY 1, 2019 – JUNE 30, 2021.

This was briefly discussed. All those eligible to run for this 2 year term and want to run must get their biographies (NOT TO EXCEED 400 WORDS) into the I.S.O. by February 1, 2019.

**3. NEW BUSINESS**

A. SET PRICE FOR NEW INTERGROUP HANDBOOK.

A motion was made to set the price on this new pamphlet at \$1.50 each and order 1,000.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

Betty S. left the meeting after the vote.

B. REVIEW YEAR END INVENTORY.

This item was discussed under item C. below.

C. REVIEW LITERATURE PRICES ON CURRENT ORDER FORM.

Both the year-end inventory and pricing on current order form were gone over. Spanish literature has been a very slow seller so prices will be reviewed next month. All other prices will remain the same.

The Combo Book on CD is outdated (Revised 05/06) therefore a motion was made to remove CD Combo Book from the order form.

Motion seconded and passed

For –7 Against – 0 Abstained – 1

Per the Standing Rules a Roll Call vote was taken as follows:

<u>For</u>	<u>Against</u>	<u>Abstained</u>
Bernie G.		Richard C.
Bob W.		
Calvin C.		
Herb B.		
John C.		
Tom M.		
Wendy B.		

Combo Book on CD has been removed from the order form for now. We will ask for this item to be on the next Board of Trustees agenda.

**D. DISCUSS EMAIL REGARDING VIOLATION OF GAMBLERS ANONYMOUS INTELLECTUAL PROPERTY.**

It was brought to our attention that a member of G.A. has established a website with non approved G.A. literature. A discussion was held and it was decided to have Karen H. send a cease and desist letter to this individual.

The collection in the amount of \$150.00 was taken and the meeting closed with the Serenity Prayer at 10:16 A.M. The next meeting of the Board of Regents will be held on February 16, 2019 at 9:30 A.M.

Today's Board of Regents meeting had three people call in and listen.

**Respectfully submitted by Bob W., Recording Secretary**

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**HELP IS AVAILABLE!**

On page 17, item #7: "We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ..."

Any member desiring individual assistance with his/her Pressure Relief, please contact John R. at [committee.pressure@trusteewebsite.com](mailto:committee.pressure@trusteewebsite.com). He will reply by email or phone if you provide your number.

## STEP 2

**Came to believe that a Power greater than ourselves could restore us to a normal way of thinking and living.**

So much is talked about when working the Steps that many of us overlook the process in favor of the perceived destination. I have found that it is our approach to the Steps that really sets the stage for how heavily we tackle the Steps and coincidentally, how much we truly absorb from them. Step 2 has a bit of an extra ring for me, because it helped me in a manner similar to putting paddles to someone whose heart has stopped.

Over my years in Gamblers Anonymous, number 5 from page 17 of the Combo Book continues to define my recovery. That section, declares in the first sentence that one should read the Steps and continuously review the 20 Questions. I like to take this sentence and modify it to “read and continuously review” both the Recovery and Unity Steps along with the 20 Questions.

Some have said that our H.O.W. provides the basis for Steps 1, 2 and 3. I can say that in the beginning, it was easy for me to accept that those steps were easy to apply, because I was able to live in my own reality. Sure, I was now honest after coming into the program. Yes, I was openminded and without any doubt, I was willing. The problem I faced is that I was living a fantasy, because I was none of those when I first came in. I spoke like that, because I was all about telling people in the rooms what I thought they wanted to hear, so everyone would get off my back.

Although these steps are a personal commitment to effect changes, the practical application of them was overwhelming. From all the years of living my life as an active compulsive gambler, this mandated series of changes were difficult for me to jumpstart. My life had been a whirlwind of self-involvement punctuated with character defects that were not even part of my thought process regarding my problems.

Working the steps is about stopping the ocean liner single-handedly. I view it as a series of snapshots in time, or a freeze-frame video. As the saying used be about approaching railroad tracks – Stop, Look and Listen – I had to apply that to my recovery to begin the process. I had to **stop** the evasive actions that continued to reinforce my ability to think and say that everything was going to be alright and allow me to ignore what my responsibilities were to myself. I had to **look** at everything around me. Stopping allowed me to not worry so much about the past or the future, but to look at where I was relative to the past and future. Finally, after putting my head around the feelings of being hopeless and helpless, I was ready for the third part, listen. In giving up my walls of resistance about accepting help, I had to **listen** to the wealth of experience, strength and hope that filled every aspect of this program.

Stopping the insanity was a prerequisite. So was looking at where I was in real-time and understanding all that I had done. Being there gave me the hunger to do something about it. That's when things started to clunk into place. I realized all my plans of grandeur were self-imposed delusions, fantasies of my own design, all lies. It was at that moment I discovered that my ears were put there to listen, not just hold my glasses in place. Without exception, all I heard was the experience, strength and hope ringing in my ears and allowing me to realize that there quite possibly was a better way of life, if I truly gave up my false quests to be a big shot and in the process, understand that there was indeed, a better way of thinking and living. Putting it more directly, I needed to trust a bunch of strangers who had no gain or motives in helping me, other than out of the goodness of their collective hearts. One good deed brought on another, and so on.

To this day, I still employ the **Stop**, **Look** and **Listen** strategy. It's working, and if some of my decisions are incorrect, then I do my best to correct them. But all this naturally begs the question of how I not only stopped the ocean liner, but that I also was able to slowly turn it around. Things happen for a reason. My answer to that question is a balance of being emotionally so far in the hole from my compulsive gambling, that I had to be ready for a Power greater than myself, to change the currents of my travels in recovery. From complete doubt about wanting to stay alive because of my mess, I changed with a great deal of humility to an understanding that an entire legion of forces were helping me to believe that I can accomplish so many things, as long as I understand that there is always a better way when I am open to what others advise me and the help of powers I still have yet to fully understand. Add in the 26 words from the Serenity prayer and it all comes together.

David M., Green Brook, New Jersey

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### **From Your International Executive Secretary**

As we are putting this month's issue of the bulletin together, I would like to once again say **"thanks"** to all of the members, groups and Intergroups who have continued their support of the International Service Office. And to ask those of you who might have unintentionally forgotten about **your** International Service Office to please read the following:

We are often asked what does the International Service Office do? And how does Gamblers Anonymous get their money? For the past several years in the February issue of the bulletin we have included "How the I.S.O. Receives Its Money" and "What the I.S.O. Does". If you have previously read this, I would offer this as a reminder that we are still carrying the message and thank you in advance for reading it again.

## **“WHAT THE I.S.O. DOES”**

- Answers telephones, e-mails and all other correspondence received.
- Sorts and distributes daily mail received.
- Updates and maintains the Gamblers Anonymous International Directory on our website.
- Processes receipts for all donations, Lifeliners, Cans, Groups, etc.
- Maintains ledgers for all money received through QuickBooks and keeps a Confidential ledger for individual Lifeliners.
- Processes receipts for all accounts receivables and literature orders.
- Processes orders; received by mail, fax and from our on-line store.
- Prepares and sends Starter Kits to those requesting them and keeps the Trustees informed of when and where meeting kits are going.
- Sends “Information Packets” with a letter about Gamblers Anonymous to the many people requesting information on our Program.
- Sends pertinent information to Trustees, Regents and membership as needed.
- Keeps an inventory of literature on hand.
- Orders and inventories all Office Supplies.
- Prepares ending monthly Accounts Receivables Report for Intergroups and sends invoice copies that are due to be paid.
- Balances ledgers to deposits and makes weekly bank deposits.
- Prepares monthly Operating Statement and does complete accounting procedures for the Office.
- Keeps track of all accounts payable and processes the checks for bills that are signed by two of three mandatory signatures of the Board of Regents.
- Compiles, enters, and proof reads all letters, donations, anniversaries, etc. for Life-Line Bulletin on a continuing basis.
- Constantly updating and reprinting (or upon approval by the Board of Trustees) printing new literature.



## HOW THE I.S.O. RECEIVES ITS MONEY

**LIFELINERS - (Not to be confused with Life-Line Bulletin Subscription)** A Lifeline is an individual donation from a member on a monthly basis. You can pledge any amount you wish. It is a personal thing and only you and the International Service Office know the amount you give. If you are interested, the form to fill out is on the back cover of this bulletin.

**CAN CONTRIBUTIONS** - A Can contribution is a direct donation to the I.S.O. Groups pass around a can at their meeting and then send a check or money order once a month totaling the amount collected. If you do not have a Can or Can number, and would like one please let us know and we will see that you get one.

**GROUP CONTRIBUTIONS** - A Group contribution is what is donated to the I.S.O. from the groups after they have met all of their expenses; such as rent, coffee, literature, etc.

**INTERGROUP CONTRIBUTIONS** - An Intergroup contribution is what each individual Intergroup has decided amongst themselves to donate to the I.S.O.

**LIFE-LINE BULLETIN SUBSCRIPTIONS - (Not to be confused with Lifeliners)** A Bulletin subscription is when a member or group subscribes on a yearly basis to receive the Life-Line Bulletin by First-Class mail. The order form is on the second page of this issue for those of you are reading this online, and on the front inside cover of this issue, for those of you who are already subscribers and reading your subscription copy.

**ONE-TIME DONATIONS** - A One-Time donation can be one of many different ways to give to the I.S.O. For example, a donation in honor of yours, or the Anniversary of someone you care about; in memory of a beloved member; or just for being grateful to have found a Fellowship such as ours. A group, individual, or individuals may make a One-Time donation. **(However, these donations must be from G.A. members. As we all know, outside contributions are not accepted.)**

**SALE OF LITERATURE** - Selling G.A. approved Literature is our only profitable means of income. And speaking of "Sale of Literature" the new G.A. Pressure Relief Workbook and Pressure Relief Group Meeting Flyer are here and available for sale either through our online store at [www.gamblersanonymous.org](http://www.gamblersanonymous.org) or on our literature Order Form. If you need an order form to order, please email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org) and request the January 2019 Order Form. You will be forwarded one within 24 hours. The price for the Pressure Relief Workbook is \$3.00 and the price for the Pressure Relief Group Meeting Flyer is \$ .50.

Once again, thank you and remember we are here for you, so if there is ever anything we can do, please know we are just a phone call (626) 960-3500 or an email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org) away.

Love to all, Karen H.

## **GROUP NEWS**

Dear Brothers and Sisters,

Each year during the month of my (age) birthday, I send in a check for a monthly subscription of the Gamblers Anonymous Bulletin to be sent to an incarcerated problem gambler. That gift allows me to remember my first and subsequent prison visits, especially in February 1971 when I visited Green Haven Correctional Facility located in Dutchess County, New York. I attended a Gamblers Anonymous meeting in a classroom setting with inmates and a guard sitting in the rear by the door. What I remember, more than anything else, is the 6 locked doors or gates that were opened to allow me and Joe S. (RIP) from the Bronx to attend the meeting. The noise of the gates were no different than a Hollywood movie and quite scary to a 28 year old with 7 months in the program. I would not want to spend one day in prison. At the end of the meeting, those 6 gates & doors opened for me and I headed home. An experience for my lifetime that was instrumental in my abstinence and recovery.

For some of the inmates the only contact for help could be our monthly Bulletin. All inmates appreciate mail and contact with the outside world.

It is a good feeling for me to be able to share our program.

If you would like to join me, please do. The I.S.O. sends approximately six Bulletins gratis each month to inmates. It's a wonderful service to program. If you send a check for \$48.00 please insert "Prison Bulletin" on the memo line. Thanks for considering.

Bill B., Boynton Beach, Florida

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Dear Karen,

Once again it is time to renew my "Lifeline" membership.

Gamblers Anonymous has given me 18 years from gambling and changed my life so much for the better. If I had not found Gamblers Anonymous I would not have what I have today; family, grandkids, serenity, peace of mind and so much more.

This fellowship has shown me a much more productive way of life. One without lying, cheating and doing whatever I could to find money with which to gamble.

I thank my Higher Power for guiding me on my path of recovery.

Thank you, Paul N., Surrey, British Columbia

*Note From I.S.O.: Paul, as always, it is good to hear from you. Thank you for reminding everyone how our lives can change when we find Gamblers Anonymous and start working a program of recovery.*

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Dear Karen,

Happy New Year to you and your helpful staff.

Please find enclosed a donation from the Tuesday Toms River meeting.

I hope all is well with you. We are expecting some snow here for the first time this winter at the Jersey Shore, and it's already mid January.

Best regards, Vinny B., Beachwood, New Jersey

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Dear G.A.I.S.O.,

Thank you for all that you do for G.A. members everywhere.

Our Ithaca "All or Nothing" group in New York currently has around 5 steady members now. I'm sorry we cannot send more, but maybe in time we will be able to do so.

We are planning on doing some Public Information work soon, with the help of our Intergroup and adherence to the Unity Program.

Let me know if you have any suggestions or feedback for us.

Thank you, Joe G., Ithaca, New York

*Note From I.S.O.: Joe, I put some Public Relations Information in the mail for you, which you should receive very shortly, if you haven't already. Thank you for your continued help on behalf of Gamblers Anonymous.*

Dear Karen and Staff,

We at Surrey Thursday Serenity wish you a Happy and Healthy New Year.

Please find enclosed our donation for Gratitude Week. We wish it was more however like a lot of meetings, attendance has dropped and with the exchange rate it really cuts into our donation.

We are so grateful that you are there to help us keep the doors of G.A. open and appreciate all that you do in helping new meetings get started and then support them when they need it.

Thank you, Paul N., Surrey, British Columbia

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Dear G.A.,

My name is Neil S. and I want to thank Gamblers Anonymous for saving my life!

Thirty-five years ago, my wife, Sunny, told me not to make any plans for Friday night because we were going to a Gamblers Anonymous meeting. I swore that no way would I go to a G.A. meeting, but she threatened me with get help or get out. My first meeting was Friday, February 24, 1984 at JFK Hospital in Cherry Hill, New Jersey. I couldn't believe that I was in a room with all these losers. I wasn't a loser; I was just on a losing streak. They made me read the twenty questions but I only answered yes to six questions, as I had to cheat after reading that a yes to seven questions or more would make you a compulsive gambler. I turned to my wife with a smirk and said, see I am not a compulsive gambler. Little did I know that the people in the room were going to save my life. Joe D. was celebrating two years that night. He told me to give the program ninety days and if the G.A. program doesn't work then they would guarantee to refund my misery. I learned that day that I was not alone. There were people just like me. The rest is history.

I will be celebrating 35 years in this fabulous program on February 24, 2019. Seven years ago, my wife passed away and my G.A. family was there for me giving me such strength and support.

In closing, there are so many people I would like to thank: Richard L., Tom K., and Joe D. from my days in Jersey. And now that I am retired in Florida, I would like to thank my sponsor Marshall R., and my friends Herman and Debbie and all my other friends. I am making a one-time donation to the program for my anniversary.

God bless the Gamblers Anonymous program!

Neil S., Tamarac, Florida

*Note From I.S.O.: Neil, congratulations on your well deserved accomplishment of 35 years of abstinence and recovery in the Gamblers Anonymous Program. May you have many more years, all One Day at a Time.*

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Hello Karen,

Please accept our donation for Gratitude Week.

We are so thankful that Gamblers Anonymous is there to help us and the many others that have needed help. The members of the Surrey Monday Noon Step meeting are so grateful that you have been there and thank you for all that you do for us.

Have a wonderful New Year!

Cheers, Paul N., Surrey, British Columbia

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## **ANNOUNCEMENT OF UPCOMING EVENTS**

### **Long Island Intergroup's 20<sup>th</sup> Annual Gamblers Anonymous Breakfast**

Sunday February 3, 2019

8:30 AM - 12:00 PM

Holiday Inn Plainview

215 Sunnyside Blvd

Plainview, New York

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

### **West Coast Florida GA/Gam-Anon Mini-Conference**

**“Tools of Recovery”**

Saturday, February 9, 2019

8:00 AM – 3:30 PM

Christ United Methodist Church

1475 Center Road

Venice, Florida

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**South Florida Intergroup and Unity 2019 Mini-Conference  
“MEETINGS MAKE IT”**

Sunday, March 3, 2019

8:00 AM – 3:30 PM

Duncan Conference Center

15820 Military Trail

Delray Beach, Florida

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**Long Island Gamblers Anonymous & Gam-Anon Mini Conference**

April 7, 2019

8:15 AM - 4:30 PM

Holiday Inn Plainview

215 Sunnyside Blvd

Plainview, New York

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**Chicagoland 2019 Spring Mini Conference**

**“Mission Possible 2019”**

April 12 – 14, 2019

Hyatt Regency Lisle Hotel

1400 Corporetum Drive

Lisle, Illinois

For information email [springconference19@gachicago.org](mailto:springconference19@gachicago.org)

**Victorian Gamblers Anonymous One Day Conference**

**“Early Recovery – How?”**

Saturday May 4, 2019

9:00 AM – 4:00 PM

Oaktree Anglican Church Hall

281 Glen Eira Road

Caulfield North, Victoria

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**Area 16A Western New York Spring Mini-Conference**

**#YouAreWorthIt**

Saturday May 4, 2019

8:30 AM – 3:00 PM

Watermark Wesleyan Church (Formerly the Wesleyan Church of Hamburg)

4999 McKinley Parkway

Hamburg, New York

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**2019 Area 7 Mini-Conference**

**“Waves of Change”**

May 17 – 19, 2019

Seashore United Methodist Assembly

1410 Leggett Drive

Biloxi, Mississippi

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

**2019 Spring International Conference**

May 31, - June 2, 2019

The Galt House

Louisville, Kentucky

Please see flyer this bulletin

**2019 Fall International Conference**

October 18-20, 2019

Holiday Inn & Suites Pointe-Claire

6700 Trans Canada Highway

Point-Claire, Quebec

For information email [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

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**ANNIVERSARIES**

<b>52 YEARS</b> .....	MATTY C.	2/27	Sayrewoods, NJ
<b>47 YEARS</b> .....	RICH G.	2/15	Washington, PA
<b>43 YEARS</b> .....	DAVE J.	2/4	Woodbury, NY
	IRA C.	2/28	Wantagh, NY
<b>40 YEARS</b> .....	DON R.	2/21	Oceanside, NY
<b>38 YEARS</b> .....	MURRAY G.	2/5	Ardsley, NY
<b>37 YEARS</b> .....	MIKE I.	2/15	Las Vegas, NV
	MIKE M.	2/28	Paramount/Lakewood, CA
<b>35 YEARS</b> .....	NEIL S.	2/24	Plantation, FL
<b>34 YEARS</b> .....	RICHIE T.	2/20	Forest Hills, NY
<b>33 YEARS</b> .....	STEVE L.	12/10	Davis, CA
	JOE S.	1/24	Coventry, CT
<b>32 YEARS</b> .....	ARNIE B.	1/16	Downers Grove, IL
	AL S.	2/5	Douglaston, NY
<b>31 YEARS</b> .....	ALFREDO M.	2/21	Las Vegas, NV
<b>30 YEARS</b> .....	KATHY S.	12/17	Sacramento, CA
	TOM H.	1/29	Hoffman Estates, IL
<b>28 YEARS</b> .....	JOHN V.	11/16	E. Syracuse, NY
	EDDIE R.	2/4	Santa Monica Beach, CA
	ANDY S.	2/12	Ardsley, NY
	PAT D.	2/13	Turnersville, NJ
<b>27 YEARS</b> .....	RAY V.	2/26	E. 31 <sup>st</sup> St., NY
<b>26 YEARS</b> .....	CHARLIE H.	2/2	Basking Ridge, NJ
	BRUCE H.	2/11	Louisville, KY
	BRENDAN B.	2/23	Brockton, MA
	LINDA D.	2/26	Egg Harbor, NJ

<b>23 YEARS</b> .....	PAUL K.	12/18	Folsom, CA	
	JIM A.	1/23	Rochester, NY	
	KEN S.	2/7	South Hills, PA	
	DICK D.	2/9	Rancho Cucamonga, CA	
	ROSS S.	2/19	Pomona, NY	
<b>22 YEARS</b> .....	JOHN D.	2/20	Spring Hill, FL	
	PETER H.	2/5	Voorhees, NJ	
	DANNY N.	2/5	E. 31 <sup>st</sup> St., NY	
	JOHN D.	2/20	Spring Hill, FL	
	JOSH L.	2/22	South Hills, PA	
<b>21 YEARS</b> .....	KEN R.	12/2	E. Syracuse, NY	
	CINDY F.	1/19	Joliet, IL	
	RANDY A.	2/9	Reno/Sparks, NV	
<b>20 YEARS</b> .....	STEVE M.	2/5	Las Vegas, NV	
	DIANE H.	2/17	San Diego, CA	
	DENNIS N.	2/19	Queensboro, NY	
<b>19 YEARS</b> .....	CHRIS M.	1/31	Joliet, IL	
<b>18 YEARS</b> .....	SAUL L.	2/3	Santa Monica Beach, CA	
	JOHN H.	2/14	Toms River, NJ	
	BOB S.	2/28	Paramount/Lakewood, CA	
<b>17 YEARS</b> .....	TOM	2/22	Azusa, CA	
	PAUL A.	2/25	Woodbury, NY	
<b>16 YEARS</b> .....	MEL S.	1/15	Downers Grove, IL	
	RENEE M.	2/13	Las Vegas, NV	
	BRENDA J.	2/15	Las Vegas, NV	
	TOM S H	2/16	Las Vegas, NV	
	ROYCE	2/22	Azusa, CA	
	CHRIS L.	2/25	W. 46 <sup>th</sup> St., NY	
	JOHN L.	2/27	Wilmington, MA	
<b>15 YEARS</b> .....	CHUCK T.	12/29	Greensboro, NC	
	PAM E.	1/5	Joliet, IL	
	DIANNA R.	1/7	Schaumburg, IL	
	JIM Y.	2/9	Reno/Sparks, NV	
	IRENE K.	2/10	Las Vegas, NV	
	DON	2/22	Azusa, CA	
	PAT S.	2/23	San Diego, CA	
	LISA M.	2/26	Brandon, FL	
	PAT S.	2/27	Loma Linda, CA	
	<b>14 YEARS</b> .....	JACQUES D.	1/10	Coventry, CT
		WILLIAM B.	1/21	Reseda, CA
ROSE L.		2/1	Hicksville, NY	
KATHIE S.		2/9	Rancho Cucamonga, CA	
LARRY F.		2/9	Las Vegas, NV	
AMBROSE A.		2/11	Holbrook, MA	
WILL S.		2/12	Kissena, NY	
CARSON J.		2/17	San Diego, CA	
JOHN H.		2/20	Fair Lawn, NJ	
TRUDE W.		2/22	San Diego, CA	
<b>13 YEARS</b> .....	VERA K.	12/27	Caulfield, VIC	
	JACKIE C.	1/17	Las Vegas, NV	
	GEORGE K.	2/2	Hasbrouck Heights, NJ	
	CHRIS M.	2/2	Morgantown, WV	
	RICH K.	2/3	Worcester, MA	
	BUTCH D.	2/11	Poughkeepsie, NY	
	BUCK	2/11	Fort Worth, TX	
	PHIL S.	2/26	Boonton, NJ	



<b>13 YEARS</b> (cont) . . . . .	SAL E.	2/26	Wantagh, NY	
	PAUL L.	2/27	South Orange, NJ	
	PHIL S.	2/27	E. 79 <sup>th</sup> St., NY	
<b>12 YEARS</b> . . . . .	DWIGHT P.	12/22	Sacramento, CA	
	FRANK P.	2/4	Staten Island, NY	
	RUSSELL R.	2/10	Ocean Pkwy, NY	
	JEANNOT B.	2/10	Longueuil, QC	
	LISE J.	2/10	Magog, QC	
	LESTER E.	2/14	Rutgers, NJ	
	JORGE R.	2/28	Paramount/Lakewood, CA	
<b>11 YEARS</b> . . . . .	SIR QUALA	11/9	E. Syracuse, NY	
	TONY C.	1/3	Park Ridge, IL	
	DENNIS O'C.	1/8	Greensboro, NC	
	LOUISETTE D.	2/7	Trois-Rivieres, QC	
	DOUG K.	2/22	York, ME	
	SHARON E.	2/23	San Diego, CA	
	BILL N.	2/27	E. 79 <sup>th</sup> St., NY	
<b>10 YEARS</b> . . . . .	SETH H.	1/25	Santa Monica, CA	
	RICHIE M.	2/2	St. Patrick's, NY	
	ERIC R.	2/7	St. Albans Stepping Into Unity, NY	
	JEAN-MAURICE	2/7	Beaubien, QC	
	CHRISTINE K.	2/9	Las Vegas, NV	
	RUSS R.	2/13	Worcester, MA	
	MIKE S.	2/14	Reno/Sparks, NV	
	JOE B.	2/15	Holbrook, MA	
	BUTCH G.	2/22	San Diego, CA	
	ANDY A.	2/25	York, ME	
	AL S.	2/27	San Diego, CA	
	PETE S.	2/28	Marlton, NJ	
	<b>9 YEARS</b> . . . . .	ALLEN S.	1/21	Reseda, CA
		IRV S.	1/21	Reseda, CA
MARK P.		1/26	Reseda, CA	
ED S.		2/8	Freehold, NJ	
RITA S.		2/10	Hampton, NJ	
SEAN H.		2/12	E. 31 <sup>st</sup> St., NY	
JANE L.		2/15	San Diego, CA	
WOW K.		2/15	Seoul, Korea	
ELI D.		2/20	Bensonhurst Rcvry., NY	
JOE C.		2/21	Brandon, FL	
WILLIE Q.		2/25	Brandon, FL	
BARRY H.		2/28	Toms River, NJ	
<b>8 YEARS</b> . . . . .		MICHELLE W.	1/31	Rochester, NY
	JAIME S.	2/3	Santa Monica Beach, CA	
	WAYNE K.	2/4	San Diego, CA	
	PAUL S.	2/7	Canton, MA	
	FRANK S.	2/10	Santa Monica Beach, CA	
	DAN	2/22	Azusa, CA	
	BANSONG N.	2/26	Seoul, Korea	
	DONGBAEK K.	2/26	Seoul, Korea	
<b>7 YEARS</b> . . . . .	MICHAEL L.	12/8	Caulfield, VIC	
	MIKE R.	2/1	San Diego, CA	
	CECILE C.	2/2	Las Vegas, NV	
	ED S.	2/5	Wilmington, MA	
	MARK B.	2/10	San Diego, CA	
	KEVIN M.	2/12	San Diego, CA	
	STEVE C.	2/13	St. Vincent's/St. Andrew's, NY	

<b>7 YEARS (cont)</b> .....	CIRO L.	2/14	Forest Hills, NY
	BRAD	2/17	Reno/Sparks, NV
	PAUL S.	2/19	Naples, FL
	RIC R.	2/24	Spring Hill, FL
	WOOMAN C.	2/26	Suwon, Korea
<b>6 YEARS</b> .....	DAVID R.	2/1	San Diego, CA
	LYNE N.	2/4	Granby, QC
	RAYMOND C.	2/5	E. 31 <sup>st</sup> St., NY
	DONNA H.	2/6	Hamburg, NY
	JIM H.	2/7	Ocean, NJ
	PAUL C.	2/11	W. 46 <sup>th</sup> St., NY
	MAURICE L.	2/15	San Diego, CA
	JOHN M.	2/27	Duxbury, MA
<b>5 YEARS</b> .....	SALLY D.	11/13	Doylestown, PA
	BARB T.	11/21	Doylestown, PA
	TIM A.	12/14	Sacramento, CA
	SUZANNE R.	1/9	Winston-Salem, NC
	PAUL C.	1/13	Doylestown, PA
	BOB H.	1/15	Downers Grove, IL
	BILL B. (2)	2/5	San Diego, CA
	DAN S.	2/7	St. Pete, FL
	FRANK V.	2/8	Penn Hills, PA
	JIMMY D.	2/9	San Diego, CA
	TERRY H.	2/9	Reno/Sparks, NV
	FRANK J.	2/17	Las Vegas, NV
	LINDA	2/22	Azusa, CA
	BRIAN S.	2/22	Santa Monica, CA
	TOPDONG Y.	2/26	Seoul, Korea
<b>4 YEARS</b> .....	LARRY G.	2/27	Warren, NJ
	TONY	12/11	Reservoir, VIC
	JOHN S.	12/27	Sacramento, CA
	TANYA T.	12/27	Davis, CA
	MONICA O.	1/2	Bolingbrook, IL
	ESTHER C.	1/26	Las Vegas, NV
	RAY D.	1/29	Tampa, FL
	TRUDY S.	2/1	Santa Monica, CA
	PAT C.	2/1	Windmoor, FL
	BETH E.	2/4	San Diego, CA
	MARY D.	2/6	Reno/Sparks, NV
	KIM H.	2/7	San Diego, CA
	JOE C.	2/12	E. 31 <sup>st</sup> St., NY
	DREW E.	2/13	E. 79 <sup>th</sup> St., NY
	RON F.	2/14	San Diego, CA
	STUART L.	2/14	San Diego, CA
	JUSTIN A.	2/17	Reno/Sparks, NV
	JEFF S.	2/17	Toms River, NJ
	JASON C.	2/18	Woodbury, NY
	MIKE T.	2/19	Staten Island, NY
<b>3 YEARS</b> .....	JOANNA C.	2/21	Las Vegas, NV
	ROB L.	2/25	Poughkeepsie, NY
	TINA T.	2/27	Reno/Sparks, NV
	STAN S.	2/28	Paramount/Lakewood, CA
	KRIS	12/26	Sacramento, CA
	DONNA B.	12/27	Sacramento, CA
	REBA L.	1/2	Elmhurst, IL
	VALERIE C.	1/4	Lisle, IL

<b>3 YEARS (cont)</b> . . . . .	TONY K.	1/8	Bolingbrook, IL
	A Y	1/10	Downers Grove, IL
	LUIS	1/23	Montebello, CA
	LUPITA	1/23	Montebello, CA
	EVAN T.	1/30	Clearwater, FL
	HEATHER B.	2/3	St. Albert, AB
	ANDY M.	2/7	Rutgers, NJ
	ELLEN F.	2/8	Spring Hill, FL
	PAJU K.	2/8	Suwon, Korea
	CHRISTINE G.	2/11	San Diego, CA
	DAWN G.	2/14	San Diego, CA
	NATE S.	2/15	Santa Monica, CA
	CAROL C.	2/19	Hamburg, NY
	LATIFE A.	2/21	Yonkers, NY
	GENE C.	2/25	Ocean, NJ
	EZRA L.	2/26	Pomona, NY
	LLOYD M.	2/27	San Diego, CA
	MATT C.	2/29	San Diego, CA
<b>2 YEARS</b> . . . . .	TIM S.	12/10	Box Hill, VIC
	JOHN G.	1/29	Loma Linda, CA
	ROSEANN P.	2/4	Beaver, PA
	TIM O.	2/5	Newton, MA
	KELLY Y.	2/7	Rutgers, NJ
	GEORGE F.	2/7	New Hyde Park, NY
	TOM C.	2/9	Holbrook, MA
	WONJONG J.	2/10	Cheongju, Korea
	MENDY R.	2/11	Pomona, NY
	DAVID B.	2/14	South Hills, PA
	GINETTE	2/14	Gatineau, QC
	CARMEN A.	2/15	San Diego, CA
	JASON L.	2/15	Delson, QC
	BOB N.	2/16	San Diego, CA
	SEOCHO K.	2/16	Seoul, Korea
	JAY C.	2/17	Brockton, MA
	CHRIS C.	2/17	Hampton, NJ
	ANDREW S.	2/17	Settlement House, NY
	TAMI N.	2/18	San Diego, CA
	KEVIN M.	2/18	Poughkeepsie, NY
	DREW S.	2/20	E. 79 St., NY
	GARY	2/22	Azusa, CA
	CLAIRE D.	2/26	San Diego, CA
	JAY C.	2/26	Egg Harbor, NJ
	MIKE S. (3)	2/26	E. 31 <sup>st</sup> St., NY
	STEFANO P.	2/27	St-Eustache, QC
	ARNIE F.	2/28	San Diego, CA
<b>1 YEAR</b> . . . . .	COSMO V.	11/20	Doylestown, PA
	DEBBIE	12/17	Sacramento, CA
	TOM G.	12/28	Sacramento, CA
	CHRIS M.	1/2	Willow Grove, PA
	JOSH M.	1/7	Doylestown, PA
	SUSAN H.	1/21	Brandon, FL
	SAMANTHA D.	1/22	North Hollywood, CA
	JIM G.	1/28	Holliston, MA
	STEVE W.	2/1	Forest Hills, NY
	ENES M.	2/4	W. 46 <sup>th</sup> St., NY
	DEBORAH M.	2/5	Cropsey, NY

<b>1 YEAR (cont)</b> . . . . .	FRANK B.	2/5	Howard Beach, NY
	DAVE D.	2/6	Etna, PA
	DAN P.	2/7	Marlton, NJ
	MARY KP	2/8	Temple Terrace, FL
	JON O.	2/9	Brockton, MA
	ART G.	2/10	Temple Terrace, FL
	GEORGE K.	2/11	Staten Island, NY
	TED G.	2/12	Boonton, NJ
	ED H.	2/12	Wantagh, NY
	JIM O.	2/13	Quincy, MA
	PAUL A.	2/13	Rockville Centre, NY
	RALPH O.	2/14	Penn Hills, PA
	RAUL G.	2/15	Santa Monica, CA
	EDWARD K.	2/16	Hollywood, CA
	ANGELA J.	2/16	San Diego, CA
	JOSE S.	2/18	Poughkeepsie, NY
	DOKSAN M.	2/18	Suwon, Korea
	JOE P.	2/19	Howard Beach, NY
	TRISH G.	2/20	Cumberland, RI
	JULIO A.	2/20	Sayrewoods, NJ
	PHILOMENA	2/20	Montreal Pie IX/Beaubien, QC
	JIM E.	2/21	Forest Hills, NY
	REBECCA B.	2/21	Hamburg, NY
	BEN W.	2/21	Penn Hills, PA
	STEVE C.	2/24	Toms River, NJ
	BETH	2/26	Roseburg, OR

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## INDIVIDUAL LIFELINER DONATIONS JANUARY 2019

ARIZONA (8)	165.00	MISSOURI (1)	2.00
AUSTRALIA (1)	10.00	NEVADA (16)	363.00
CALIFORNIA (64)	3,308.00	NEW HAMPSHIRE (1)	40.00
CANADA (2)	800.00	NEW JERSEY (20)	542.00
COLORADO (1)	25.00	NEW MEXICO (3)	50.00
FLORIDA (25)	661.50	NEW YORK (16)	561.00
GEORGIA (2)	100.00	NORTH CAROLINA (10)	70.00
HAWAII (1)	50.00	OHIO (1)	10.00
IDAHO (1)	50.00	OKLAHOMA (2)	15.00
ILLINOIS (3)	70.00	OREGON (2)	30.00
INDIANA (2)	30.00	PENNSYLVANIA (6)	94.00
KANSAS (1)	200.00	SOUTH CAROLINA (1)	40.00
KENTUCKY (2)	36.00	TEXAS (1)	50.00
LOUISIANA (3)	30.00	VIRGINIA (1)	10.00
MASSACHUSETTS (1)	19.00	WASHINGTON (2)	15.00
MICHIGAN (2)	15.00	WISCONSIN (1)	15.00
MINNESOTA (1)	30.00		
MISSISSIPPI (1)	20.00	<b>TOTAL (205)</b>	<b>\$7,526.50</b>

## INTERGROUP LIFELINER DONATIONS JANUARY 2019

Detroit/Toledo Intergroup	50.00
<b>TOTAL (1)</b>	<b>\$50.00</b>

### I.S.O. CAN CONTRIBUTIONS JANUARY 2019

#### ARIZONA

C872	Tucson Thursday PM	50.00
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#### CALIFORNIA

C4	Anaheim Wednesday 7:30 PM	232.75		C192	Downey Thursday	41.00
C5	Glendale Wednesday	30.00	C200	Simi Valley Saturday	35.00	
C6	Gardena Friday	48.00	C412	Sierra Madre Tuesday	75.00	
C8	Downey Saturday	37.00	C413	Rancho Cucamonga Monday	20.00	
C9	Hollywood Saturday	8.00	C464	Stockton Thursday	10.00	
C11	Paramount/Lakewood	75.00	C526	Los Olivos Tuesday	17.00	
C15	Reseda Thursday	20.00	C578	Westside/Santa Monica Wednesday	40.00	
C16	Anaheim Monday PM	16.00	C638	Colton Friday	9.00	
C17	Reseda Friday	10.00	C755	Anaheim Friday AM 9:30 Step Study	7.00	
C18	Santa Monica Friday	40.47	C765	Fair Oaks Thursday AM	49.00	
C21	Cheviot Hills Monday	80.00	C841	Azusa Friday	37.00	
C23	Ventura Sunday	20.00	C863	Rancho Cucamonga Thursday	17.00	
C24	Oxnard Beach Saturday	33.00	C949	Mission Viejo Friday PM	22.00	
C28	Anaheim Sunday 6 PM	28.00	C952	Loma Linda Wednesday	20.00	
C29	Anaheim Tuesday Noon	3.00	C971	Pinole Monday	25.00	
C40	Norwalk Monday	155.00	C1002	Burbank Monday	19.85	
C41	L.A. Intergroup	5.00	C1035	Westlake Thursday	6.00	
C46	Anaheim Women Preferred Saturday 10 AM	7.00	C1044	Downey Spanish Sunday	108.00	
C77	San Diego Intergroup	285.22	C1158	Westlake Tuesday	34.00	
C82	Anaheim Thursday 7:30 PM	22.00	C1226	Santa Monica Beach Sunday	61.00	
C92	Mission Viejo Tuesday 7:30 PM	5.00	C1282	San Juan Capistrano Monday 7 PM	9.00	
C115	Griffith Park Sunday	18.00	C1302	Roseville Friday	38.00	
C152	Riverside Saturday	31.00	C1304	Tuesday Anaheim Spanish	5.00	
C161	Dana Point Saturday Step	6.00	C1309	Loma Linda Tuesday	24.00	
C180	Stockton Tuesday	10.00	C1352	Saturday Dana Point AM	30.00	
C183	Sacramento Monday PM- Young Adults	14.37	C1397	Rancho Cucamonga Tuesday	13.00	
C184	Sacramento Tuesday AM	93.77	C1403	Rancho Cucamonga Wednesday	11.00	
C185	Sacramento Thursday	15.00				
C187	Sacramento/Fair Oaks Saturday PM	38.00				

**CALIFORNIA (cont)**

C1417 Rancho Cucamonga Friday	13.00	C1637 Anaheim Friday Noon	5.00
C1442 Burbank Tuesday AM	1.00	C1694 Auburn Wednesday	11.00
C1538 Anaheim Tuesday 6 PM	5.00	C1700 La Verne Wednesday	13.00
C1576 Redding Thursday	5.00	C1724 Inland Empire Intergroup	14.00

**CONNECTICUT**

C51 Coventry Wednesday	19.00	C682 Middletown Saturday- Serenity On The Hill	100.00
C407 Pawcatuck Tuesday	34.45		

**DELAWARE**

C128 St. Marks Wednesday	30.00
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**FLORIDA**

C251 Clearwater/Windmoor Thursday	41.59	C263 Plantation Wednesday PM	29.00
C261 Plantation Thursday	75.00	C278 Delray Beach Sunday	74.00
C262 Plantation Friday PM	21.00	C1627 Delray Beach Thursday- 12:15 PM	45.00

**GEORGIA**

C1539 Norcross Sunday	10.00
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**ILLINOIS**

C61 Joliet Monday	14.00	C528 Bolingbrook	25.00
C62 Burbank Thursday	75.00	C532 Romeoville	15.00
C64 Park Ridge Lutheran	40.00	C535 Elk Grove Sunday	18.00
C68 Oak Park Saturday	15.00	C659 Aurora Provena Monday	11.00
C74 Cherry Valley Saturday AM	15.00	C799 St. Charles-Hosana Lutheran Thursday	21.00
C136 Burbank Wednesday	15.00	C991 Orland Park Thursday	60.00
C146 Elgin Sunday	13.00	C1104 Downers Grove Saturday	95.00
C148 Joliet Friday	40.00	C1109 Downers Grove Wednesday	64.00
C418 Schaumburg/Bartlett	18.00	C1207 Lisle Women's Monday	16.00
C422 Park Ridge Saturday AM	40.00	C1377 Algonquin/Lake In The Hills	8.00
C423 Naperville	25.00	C1460 Morris Hospital Monday	24.00
C430 Hoffman Estates Alexian Brothers Wednesday	80.00		

**MASSACHUSETTS**

C398 Plainville Thursday	55.00
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**NEVADA**

C42 G.A. of Southern Nevada	1,562.00
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**NEW JERSEY**

C670 Ocean Thursday	25.26	C672 Bloomfield Thursday	18.00
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**NEW YORK**

C142	Queensboro	30.00	C358	Pomona Monday	35.00
C159	White Plains	11.00	C680	48 <sup>th</sup> Street	100.00
C346	St. Clare Saturday	223.00	C1162	White Plains Thursday	50.00

**OREGON**

C541	Gresham Saturday	40.00	C1056	Gladstone Saturday	11.00
C552	Portland Thursday- St. John	57.12	C1476	Beaverton Sunday	120.00
			C1527	Hillsboro Hope Tuesday	60.00

**PENNSYLVANIA**

C203	Penn Hills Saturday	9.00	C210	Verona Sunday	7.00
C208	South Hills Tuesday	12.00			

**TEXAS**

C1438	Ft. Worth Saturday AM	62.00
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**WASHINGTON**

C386	Kennewick	21.00
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## GROUP CONTRIBUTIONS JANUARY 2019

**ARIZONA**

Green Valley Saturday-	
Early Risers	25.00
Tempe Sunday	10.00

**CALIFORNIA**

Arroyo Grande Step	20.00
Burlingame Monday	100.00
Lincoln Sunday	23.00
Oroville Monday	56.00
Palm Springs Sunday AM	44.00
San Jose Monday Beginners	25.00
Santa Rosa South Friday PM	30.00
Vallejo Saturday AM	97.00
Walnut Creek Tuesday	10.00

**COLORADO**

Denver Saturday AM	25.00
Littleton Sunday	50.00

**CONNECTICUT**

Middletown Thursday	87.00
Pawcatuck Tuesday	5.00

**FLORIDA**

Boynton Beach Tuesday	30.00
Coral Springs Saturday AM	50.00
Coral Springs Sunday	50.00

Delray Beach Sunday-	
Crossroads	75.00
Port St. Lucie Wednesday	15.00

**GEORGIA**

Atlanta Thursday PM	100.00
Norcross Sunday-Korean	10.00

**MASSACHUSETTS**

North Andover Tuesday	47.00
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**MICHIGAN**

Sanford Thursday	20.00
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**MINNESOTA**

Maplewood	8.00
South Metro	36.00

**MISSOURI**

Bridgeton Friday – DePaul	20.00
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**NEW JERSEY**

Basking Ridge Saturday	50.00
Edison Saturday AM	20.00
Freehold Friday	25.00
Manahawkin Thursday	20.00
Nutley Friday	25.00
Parlin/Old Bridge	25.00
Rutgers	50.00
Sayrewoods Wednesday	75.00

<b>NEW JERSEY (cont)</b>	
Toms River Tuesday	60.00
Toms River Thursday	10.00
Toms River Saturday	25.00
Toms River Sunday	25.00
<b>NEW MEXICO</b>	
Albuquerque Sunday 6PM	12.00
Espanola Tuesday	18.00
Espanola Thursday	57.00
<b>NEVADA</b>	
Grupo Nuevo Amanecer	25.00
<b>NEW YORK</b>	
Clay Friday	10.00
Staten Island Monday	25.00
Staten Island Tuesday- Huguenot	10.00
Staten Island Wednesday- St. Vincent	25.00
Staten Island Saturday	75.00
Wantagh Tuesday	25.00
Woodbury Monday	20.00
<b>OHIO</b>	
Columbus Thursday	15.00
<b>OKLAHOMA</b>	
Tulsa Wednesday/Friday @ Boston	15.00

<b>OREGON</b>	
Eugene Springfield	50.00
Tigard Tuesday	28.11
<b>PENNSYLVANIA</b>	
Bethlehem Thursday	43.00
Broomall	20.00
Collegetown/Trappe Thursday	30.00
Doylestown Monday	40.00
Harrisburg Monday	20.00
Langhorne Tuesday	20.00
Langhorne Thursday	15.00
NE Philadelphia Wednesday	25.00
NE Philadelphia Friday- Nazareth	15.00
Willow Grove Wednesday	20.00
<b>WASHINGTON</b>	
Tacoma Women's Thursday	10.00
<b>WISCONSIN</b>	
Racine Wednesday	30.00
Stevens Point Monday PM	10.00
<b>KOREA</b>	
Seoul	50.00

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## GROUP CONTRIBUTIONS FROM GRATITUDE WEEK JANUARY 2019

<b>PENNSYLVANIA</b>	
East Goshen Tuesday	20.00

<b>CANADA</b>	
British Columbia	
Surrey	36.32
Surrey Monday Noon Step	54.49

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## INTERGROUP CONTRIBUTIONS JANUARY 2019

Chicagoland . . . . .	41.00
Detroit/Toledo . . . . .	47.48
Greater Sacramento . . . . .	30.00
Greater St. Louis . . . . .	100.00
Inland Empire . . . . .	50.00
L.A. Intergroup . . . . .	150.00

Long Island . . . . .	100.00
Maryland . . . . .	200.00
Mississippi Beach . . . . .	125.00
Northern California . . . . .	100.00
Orange County . . . . .	60.42
South Florida . . . . .	200.00



**NATIONAL HOTLINE DONATIONS  
JANUARY 2019**

Area 1	L.A. Intergroup	14.00
Area 1B	Inland Empire Intergroup	25.00
Area 6	South Florida Intergroup	40.00

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**BULLETIN SUBSCRIPTIONS  
JANUARY 2019**

Three subscription for a Total of \$144.00

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**ONE TIME DONATIONS  
JANUARY 2019**

Rochester Monday, New York  
For the January anniversaries of Jim A., 23 years  
and Michelle W., 8 years

Tom M., California  
In memory of Mack B. with over 52 years  
of dedicated service

Jim S., Arizona  
In memory of my father, Jim S. from Nebraska

Drew J., Texas  
With gratitude on my 20<sup>th</sup> Anniversary in G.A.

East Syracuse, New York  
In honor of the following three anniversaries:  
Sir Quala, 11 years;  
John V., 28 years  
and Ken R., 21 years

Board of Regents, California  
January Meeting Donation

Dan M., Pennsylvania  
In gratitude for my 17 years of recovery

**GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
OPERATING STATEMENT  
JANUARY 2019**

CASH IN OPERATING ACCOUNT JANUARY 1, 2019 .....	\$ 76,839.28
<b>RECEIPTS FOR JANUARY</b>	
Group Contributions .....	\$ 2,236.11
Lifeliners .....	7,576.50
I.S.O. Can Contributions .....	6,020.85
Intergroup Contributions .....	1,203.90
Bulletin Subscriptions .....	144.00
One-Time Donations .....	427.00
National Hotline Donations .....	79.00
Argentina R.S.O. Donation .....	65.00
Sale of Literature .....	24,477.60
Literature Shipping .....	2,883.00
Sales Tax Collected .....	216.70
E-Reader Payment .....	4.20
Gratitude Week .....	110.81
Interest From Checking Account .....	.64
Bank Adjustment .....	.93
Pay Pal Literature Processing Fees .....	694.15
<b>TOTAL .....</b>	<b><u>\$ 46,140.39</u></b>
CASH AVAILABLE FOR JANUARY .....	\$ 122,979.67
<b>DISBURSEMENTS FOR JANUARY</b>	
Rent .....	\$ 4,769.15
Payroll .....	15,837.60
Payroll Taxes (Federal & State) .....	1,878.17
Quarterly State Sales Tax .....	581.00
Postage .....	4,000.00
Office Expenses .....	838.43
Payroll Processing Fees .....	245.57
Health Insurance .....	1,817.34
Telephone .....	477.24
Electric Bill .....	200.68
Professional Services .....	2,525.00
Match For Employees Simple IRA .....	475.16
Bulletins .....	619.05
Chair/Asst. Chair Board of Trustees .....	2,264.18
Visa/MC Service Fee .....	82.00
Pay Pal Literature Processing Fees .....	694.15
<b>TOTAL .....</b>	<b><u>\$ 37,304.72</u></b>
CASH IN OPERATING ACCOUNT AS OF JANUARY 31, 2019 ..	\$ 85,674.95
INCOME IN EXCESS OF DISBURSEMENTS .....	+ \$ 8,835.67

Louisville, Kentucky Invites You to the  
**2019 International Spring Conference**  
**Another Chance - Take My Hand**

**May 31 - June 2, 2019**

**The Galt House**

140 N. 4th Street, Louisville, Kentucky 40202 • (800) 843-4258

**HOTEL, MEALS AND REGISTRATION**

Plan	Package	Hotel	Meals/Registration	Total
A	2 People, 2 Nights, 8 Meals	*\$ 129.00	\$ 350.00	\$ 608.00
B	1 Person, 2 Nights, 4 Meals	*\$ 129.00	\$ 175.00	\$ 433.00
C	2 People, 1 Night, 4 Meals	*\$ 129.00	\$ 260.00	\$ 389.00
D	1 Person, 1 Night, 2 Meals	*\$ 129.00	\$ 130.00	\$ 259.00
E	Registration & Saturday evening banquet		\$ 90.00	\$ 90.00
F	Registration only		\$ 40.00	\$ 40.00
G	Saturday evening banquet		\$ 50.00	\$ 50.00

Room rates of \$129 are guaranteed 3 days prior and 3 days following the conference. **Deluxe rooms are available for \$149.00.** Room rates do not include taxes. Please make all reservations by **April 29, 2019.** \*Hotel reservations are to be made directly with The Galt House. The toll-free number is 1-800-843-4258. When booking your room, mention the **2019 International Spring Conference.** Reservations must be made by April 29, 2019, in order to ensure the conference rate.

**Note:** We recommend that you fly into Louisville International Airport (SDF). Airport transportation can be arranged by calling The Galt House. Hotel shuttles are available. Self-parking \$10 per day and Valet parking \$28 per day.

For Conference information go to: [www.gamblersanonymousgreaterlouisville.org](http://www.gamblersanonymousgreaterlouisville.org)

**Registration For 2019 International Spring Conference**

**Registrant #1:** Plan Choice \_\_\_\_\_ Full Name \_\_\_\_\_

Name on Badge \_\_\_\_\_

**Registrant #2:** Plan Choice \_\_\_\_\_ Full Name \_\_\_\_\_

Name on Badge \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Amount Enclosed\*\*** \_\_\_\_\_ \*\*A minimum deposit of \$40 is due with any registration

Please note that the last date to receive a refund on registration and meals is April 30, 2019

*Make check/money order for meals and registration only payable to:*

**2019 International Spring Conference**

**2814 Milburn Ave.**

**Louisville, KY 40220**

# *Where would you be today without G.A.? Become a Lifeliner Today!*

*A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.*

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

***Do it today – it's the right thing to do!***

-----  
I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY & STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

*Please mail this with your initial contribution to:*

GAMBLERS ANONYMOUS I.S.O., P.O. BOX 17173, LOS ANGELES, CA 90017

***Thank you for your support!!***