



---

December 2020

**GAMBLERS ANONYMOUS LIFE-LINE  
YEARLY BULLETIN SUBSCRIPTION FORM**

---

*Mail to:* **GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
4981 IRWINDALE AVE., #700  
IRWINDALE, CALIFORNIA 91706**

*Circle one*

<b>FIRST CLASS (U.S. Only)</b> .....	<b>\$48.00</b>
<b>EACH ADDITIONAL COPY (U.S.) IN SAME ENVELOPE</b> .....	<b>\$40.00</b>
<b>FOREIGN (Outside U.S.)</b> .....	<b>\$60.00</b>
<b>EACH ADDITIONAL COPY (FOREIGN) IN SAME ENVELOPE</b> .....	<b>\$55.00</b>

*Please Enclose Check or Money Order for Payment*

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_ **ZIP:** \_\_\_\_\_

**DISCLAIMER**

The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

**GAMBLING**, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill" constitutes gambling.

**BOARD OF REGENTS  
MEETING OF NOVEMBER 21, 2020**

The meeting was called to order at 9:30 A.M. by Tom M., Chair, Board of Regents.

Present: Bob W., Calvin C., Cathy F., Kathie S., Tom M., Wendy B., and Karen H., International Executive Secretary.

Present by Telephone: Gary M., Mazi S., Richard C.

Tom M. reminded everyone that recording of this meeting is not permitted.

1. A. The minutes of the October 17, 2020 Board of Regents meeting were approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

- B. The operating statement for October 2020 was approved as submitted.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

**2. OLD BUSINESS**

**A. LIFELINERS.**

There were 5 new Lifeliners as follows by state:

NJ (2) NY (1) PA (1) Latvia (1)

NEW CANS: 0

GROUP INFORMATION REQUEST FORMS RECEIVED: 0  
(registration only)

GROUP INFORMATION REQUEST FORMS RECEIVED  
PRIOR TO SENDING STARTER KITS: 4

Four Starter Kits were sent out as follows, after receiving the Group Information Request Forms for the month of October:

Bullhead City, AZ Columbia, GA Plymouth Meeting, PA  
Green Bay, WI

PRISON STARTER KITS SENT: 0

**B. DISCUSS VENMO AND ZELLE DONATIONS.**

The Board of Regents wanted to thank all those who have continued to make I.S.O. donations. \$2,887.20 was collected via Venmo and Zelle for the month of October. As of November 20, 2020, \$1,212.62 was collected. Other than Lifeline donations (which cannot be tracked), the I.E.S. commented that if remittance information is added within the Venmo and Zelle payment, it can be tracked and included in the bulletins.

**C. ANNUAL AUDIT.**

The audit has been completed. All paperwork was received. The returns were sent electronically, with Bob W. signing as the former Chairman. We are current and in good standing with all filings.

**D. GRATITUDE WEEK.**

The following amounts have been donated to the I.S.O. for 2020 Gratitude Week:

Sep 20	\$ 6,643.73
Oct 20	\$ 3,410.52
Nov 20 to date	<u>\$ 1,147.94</u>
Total	\$11,202.19

**E. PAYCHECK PROTECTION PROGRAM (PPP).**

As a reminder, the I.S.O. filed and received approximately \$47,000 as part of the Paycheck Protection Program (PPP). In order to have the loan forgiven, paperwork must be submitted to the bank by December 30, 2020. The I.E.S. has all the proper paperwork complete and ready to send to the bank. She is only waiting for confirmation that the bank is ready to accept the files.

**3. NEW BUSINESS**

**A. EMPLOYEES HEALTH INSURANCE.**

A motion was made to reimburse up to \$500.00 per eligible employee for medical/prescription expenses for the 2021 calendar year.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

**B. RESULTS OF BOARD OF TRUSTEES QUICK RESPONSE MEETING.**

The Board of Trustees held a quick response meeting to temporarily consider Virtual meetings as official G.A. meetings. Per the procedures, the voting responses were verified by three Board of Regents members prior to today's Board meeting. The results of the 94 votes were 88 yes, 6 no.

The I.S.O. will be reaching out to our website designer to build an area to house Virtual meeting information. A template will be created and mailed out to the Trustees and Intergroups to collect Virtual information after the Thanksgiving holiday.

C. BOARD OF REGENTS ELECTION FOR JULY 1, 2021 – JUNE 30, 2023.

A letter to inform members of the next B.O.R. term will be sent to the Trustees and Intergroups, along with adding to the bulletin. Those wishing to be considered for the Board of Regents, need to send their name and bio information to I.E.S. by February 1, 2021. Karen will send the ballots to the Trustees by March 1, 2021. Three past Board of Regent members validate the ballot count.

D. HOLIDAY OFFICE SCHEDULE.

The Board of Regent members would like to thank Karen, Jason, Israel, and Norma for their service, during these difficult times. In good conscious, the B.O.R. cannot offer any bonuses. Instead, a motion was made to give the employees four days off during the holidays: December 22, 23, 24 and 31.

Motion seconded and passed

For – 9 Against – 0 Abstained – 0

The collection in the amount of \$385.00 was taken and the meeting closed with the Serenity Prayer at 10:20 A.M. The next meeting of the Board of Regents will be held December 19, 2020 at 9:30 A.M.

Today's Board of Regents meeting had 8 people call in to listen.

**Respectfully submitted by Cathy F., Secretary**

---

## **ANYONE INTERESTED IN RUNNING FOR THE BOARD OF REGENTS**

Dear G.A. Members,

It is that time again, when the International Service Office is looking for members to run for the upcoming Board of Regents, which consists of nine (9) members. The sole purpose of the Board of Regents (B.O.R.) is to supervise the operation of the International Service Office (I.S.O.) and to see that it is run actively and efficiently. In order to be eligible to serve on the Board of Regents for the upcoming term (July 1, 2021 through June 30, 2023) you must be a member of Gamblers Anonymous that has abstained from gambling for at least two (2) years as of March 1, 2021 and has attended Gamblers Anonymous meetings regularly.

The Board of Regents meets on the 3<sup>rd</sup> Saturday of each month at 9:30 AM at the International Service Office in Irwindale, California and the members who live outside the 200 mile area will attend the meeting via a conference call prior to the start of the Board meeting.

Five (5) members of the Board of Regents shall constitute a quorum. The Board of Regents does not acknowledge proxies in any form. If a Board member resides within 200 miles from the International Service Office, physical attendance constitutes presence. For Board members residing within 200 miles, telephonic or video conferencing will constitute presence, **under special circumstances** if approved by a majority of the Board members in physical attendance. For those residing outside of 200 miles a physical, telephonic or video conferencing attendance constitutes presence. A maximum of four (4) Regents residing outside of 200 miles of the International Service Office who do not physically attend meetings can be seated at one time.

Several members of the current Board of Regents have served two consecutive terms, therefore will not be able to run for the upcoming term. We definitely need your help, if you or someone you know is interested in running for the Board of Regents, please submit the following information: Name, previous service as Regent of this Corporation or as a Trustee of Gamblers Anonymous, total abstinence from gambling and home group, along with a biography not to exceed 400 words and phone number (both optional) to Karen H. at karenh@gambler-sanonymous.org or mail to:

G.A.I.S.O.  
4981 Irwindale Avenue #700  
Irwindale, CA 91706  
ATTN: B.O.R. APPLICANTS

To be received **no later than February 1, 2021.**

The Ballots will be going out to all Area Trustees to be voted by their respective Areas on or before March 1, 2021.

If you have any questions regarding the above please contact Karen H. or Tom M., Chair, Board of Regents.

---

**From Your International Executive Secretary**

I hope this letter finds all of you and your loved ones doing well during this hugely different Holiday Season.

I would like to thank each one of you who have made it possible for the International Service Office to continue carrying the message during the past six months. I am not sure if the International “Service” Office would have been able to continue providing the “Service” that we have been able to, if several of our members had not taken the initiative to “dig deep into their pockets” and gave very generous donations to help with the financial support of I.S.O. Also thank you to Tom M., and Andy R., Chairs of the B.O.R and B.O.T. who asked for all G.A. Members help. And to all of you who emailed, texted, and made calls to other members to remind everyone, that **“If G.A. saved your lives, YOU owe it to G.A. to save theirs”**.

After reopening the Office on June 1, 2020, the months of June, July, and August showed our “Disbursements in Excess of Income” at *minus* \$53,330.92.” With everyone’s collective effort, I am pleased to report that the following three months (September, October, and November) showed “Income in Excess of Disbursements” at *plus* \$15,709.09.

As none of us knows what the future (immediate or long term) is going to bring, I am asking for those of you who are able, to *please* continue doing whatever you can, so Gamblers Anonymous International Service Office can survive.

In closing I would like to give a huge *thank you* to our three dedicated employees, Israel, Jason, and Norma, who deserve an “extra round of applause” this past year for the great job they have each done during this unprecedented time for all of us.

With much appreciation and love, Karen H.

---

## Update on Video Meetings

As most of you know, Andy R., Chair of the Board of Trustees called for a Quick Response Meeting on October 21 – November 4, 2020 and the Board of Trustees voted on temporarily approving online meetings as outlined in the **Temporary Guidelines for Video Meetings** (see attachment below) which would deem said meetings as sanctioned Gamblers Anonymous Meetings.

This item passed and the Guidelines became effective immediately. Jason has been working diligently to get all the information that has been properly submitted on our website at [www.gamblersanonymous.org](http://www.gamblersanonymous.org).

Please see the “Virtual Meetings” form after the “Temporary Guidelines for Video Meetings” below to list your meeting information and return it to the I.S.O.

If you have any questions regarding the Virtual Meetings, please reach out to Jason at [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)

---

## **Temporary Guidelines for Video Meetings**

- Protocol for entering and staying in video meetings using platforms such as Zoom, WebEx, etc. and video meetings in which members can attend either by video or telephone.
  - Attendance only by video
    - In order to enter the meeting, members should first be placed in a “waiting room” if the platform has this type of functionality. The purpose of the waiting room is to quickly determine the identity of the attendees and let them into the meeting either one at a time or en masse. When the waiting room feature is utilized, it is recommended that the meeting consider having at least two facilitators, one to monitor the waiting room and one to facilitate the meeting.
    - If the platform does not have this type of functionality, the meeting secretary or facilitator must assume the duty of identifying all attendees before the meeting begins as well as any attendee who arrives after the meeting has begun.
    - Attendees who are not known to the waiting room facilitator should be further questioned as to the reason for their attendance. If they identify themselves as compulsive gamblers in need of a meeting or new members, they should be taken at their word and admitted to the meeting. The nature of the meeting (open or closed) will also determine the admission of those other than compulsive gamblers, and the final say on admission will rest with the waiting room facilitator.
    - If anyone refuses to identify themselves to the waiting room facilitator, they should immediately be dropped from the waiting room.
    - The meeting, through a group conscience, may elect to have all attendees turn their cameras off.
    - If #5 above does not occur, attendees should still be given the option of turning off their cameras and appearing on screen as a “placeholder” or avatar.
    - Attendees should caption their pictures, “placeholders”, or avatars with their first name and last initial only or any other caption that masks their true identity.
    - Virtual backgrounds that may camouflage others who are sharing the member’s meeting space should not be used
  - Attendance by telephone
    - Members who wish to attend a video meeting by telephone must be screened using the same methods as above so their identity is known to the waiting room facilitator and/or meeting facilitator.
    - Callers who refuse to identify themselves or whose caller ID is either blocked or shows “anonymous” shall not be allowed to attend.



- Announcements that should be read before each and every meeting (if not included in that meeting’s customary announcements)
  - There will be absolutely no video or audio recording of any kind, including screenshots.
  - Our meeting facilitators have done everything humanly possible to ensure that this is a secure meeting. However, because of the nature of the media we are working with, we cannot guarantee absolute security and thus, anonymity. Therefore, we ask that members not discuss...
    - Any crimes for which they may still be prosecuted
    - Anything of such a sensitive nature that it could potentially harm that member or any other members should that information be surreptitiously recorded and leaked.
    - Members who are especially concerned about their anonymity are invited to turn their cameras off and/or change their screen name.

## **Virtual Meeting Form**

**The Board of Trustees of Gamblers Anonymous recently approved a platform to list G.A. Virtual meetings on the Gamblers Anonymous website.**

**Please fill out the needed information below and return it by email to: [isomain@gamblersanonymous.org](mailto:isomain@gamblersanonymous.org)**

**Or mail it to:     Gamblers Anonymous I.S.O.  
                           4981 Irwindale Avenue #700  
                           Irwindale, CA 91706**

**Thank you for your anticipated help towards this process.**

**Day** \_\_\_\_\_

**Time** \_\_\_\_\_

**Time Zone** \_\_\_\_\_

**Meeting location City/State** \_\_\_\_\_

**Meeting ID** \_\_\_\_\_

**Access Code/Password** \_\_\_\_\_

**Any additional info regarding this meeting** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## **HELP IS AVAILABLE!**

On page 17, item #7: “We encourage everyone in Gamblers Anonymous to have a Pressure Relief Group Meeting ...”

Any member desiring individual assistance with his/her Pressure Relief, please contact John R. at [committee.pressure@trusteewebsite.com](mailto:committee.pressure@trusteewebsite.com). He will reply by email or phone if you provide your number.

---

## **TWELVE STEPS OF UNITY**

**Unity – Something that is complete within itself, with a oneness of purpose of thought and spirit.**

For the compulsive gambler who walks through the door, out of a want and need to stop gambling, and with a desire to become a member of Gamblers Anonymous, it often seems to be a tremendous task simply to stop gambling and restore oneself to a normal way of thinking and living. In the beginning there is an understanding confusion of the mind and the normal impatience. We try to open our minds to share with others who have experienced the first steps of recovery.

The new member often blocks out any discussion of the Unity Program for a period of time, and even those members who have abstained from gambling for longer periods often avoid or put aside the need for discussion and the acceptance of the Unity Program for any number of reasons, but the truth of the matter is the great need for an understanding of the progress of our recovery, made possible by the tools that are available to us as contained in the Steps of Unity.

The Gamblers Anonymous Unity Program is a framework for the well-being of individual groups and the Fellowship as a whole. The Unity Program is outlined in Twelve Steps and is meant to insure the continuity and perpetuity of Gamblers Anonymous.

In order to maintain the Fellowship for present and future members, both individuals and groups follow the proven concepts upon which the Unity Program is based. The essence of this program is in the preservation of common welfare, members understand that what is best for the group is best for each individual.

The Unity Program serves to protect the Fellowship from disruption. Members work together under the principles of unity in order to preserve and perpetuate the opportunity for themselves and other compulsive gamblers to recover and grow within the Fellowship.

## STEP 12

**Anonymity is the spiritual foundation of the Gamblers Anonymous program, ever reminding us to place principals before personalities.**

The most simple expression of humility can be considered our anonymity. As the Twelve Recovery Steps deal with us on an individual basis, the Twelve Steps of Unity help us deal in working with others.

The Twelve Steps of Unity repeatedly asks individuals to give up personal desires for the common good. Thus, the spirit of humility, which is the basis for anonymity, prevails. Members willingly sacrifice personal identity in order to preserve the collective reputation of the Fellowship and the group. The individual's ideas and desires sometimes have to be suppressed in order to preserve group unity. It can be said that it's "what is said" that counts, not who says it.

In Gamblers Anonymous, the principals of the Fellowship are placed before personalities, without exception. With the practice of anonymity, the principal of humility is truly at work, and it is this all-encompassing quality that permeates Gamblers Anonymous life everywhere.

### GROUP NEWS

*Note From I.S.O.: Once again, since we have received so many letters from our members and it is hard for me to choose which ones to answer, I will be omitting my personal comments. Please keep writing and sharing your experiences, strengths, and hope with everyone.*

Hello,

We in the Area 16A Intergroup are pleased to be able to show our appreciation for all I.S.O. does for the members.

We asked our members to acknowledge this by contributing to the annual "Gratitude Month" which was made difficult due to the pandemic. With very few actual meetings taking place, the collecting was mainly done by our Trustee and Intergroup Chairman.

Please find enclosed our donation and our thank you for all you do.

Jack G., Derby, New York

Dear Karen,

I hope this letter finds you safe and well.

Please accept the enclosed contribution from the Thursday night group in Berea, Ohio. Our meeting participant numbers have been down since we were permitted to reopen our doors on July 9, 2020. Group donations have also been substantially less than before the pandemic hit but we would like to do our part, as a group, to help G.A.I.S.O. remain afloat in this time of COVID.

Sincerely, Bob K., Brooklyn, Ohio

---

G.A.I.S.O.,

Enclosed please find 2 U.S. money orders as follows:

\$73.47 – Gratitude Week Donation from Tuesday North Vancouver  
\$73.47 – Gratitude Week Donation from Bob C. to match the Group

Since Covid-19 lockdown restrictions in March, we have not been able to conduct physical meetings at the church where we meet but had a prepaid rent situation plus almost \$200.00 in the Treasury, so a local vote opted to send \$100.00 Canadian to I.S.O.

Sincerely, Bob C., West Vancouver, British Columbia

---

To G.A.I.S.O.,

This donation comes to you from our Venice G.A. room for Gratitude Week.

Thank you for your support.

Be Safe!

J. Wilma B., Sarasota, Florida

---

Greetings Karen and I.S.O.,

### **Filling the Void in Area 16A!!**

On Saturday, November 7<sup>th</sup>, Area 16A (Buffalo & Western New York) hosted a “Fill the Void” Thanksgiving Turkey Tailgate event in accordance with all state and local COVID-19 guidelines. Roughly forty people were in attendance, which is an amazing number considering 16A’s core number of members is about seventy.

We enjoyed friends and fellowship while eating delicious, individually boxed dinners prepared for us by a local restaurant at a very fair cost. Blessed with unseasonably warm November weather, this outdoor event went off without a hitch.

After dinner, we sat around campfires and shared stories of gratitude which is always a good topic. We are especially grateful for the members who make Filling the Void events possible with their willingness to get involved and be of and service.

During these difficult times, our Area continues to share the message of hope and recovery through conference phone calls, six in-person meetings, and Fill the Void events such as the Turkey Tailgate.

Thank you for everything you do!

Dan L., Hamburg, NY

---

Dear G.A.,

The enclosed donation is from our G.A. open meeting group in Oregon City.

I hope this helps!

Sincerely, Brian D., Oregon City, Oregon

---

Dear Karen,

Enclosed is a letter from one of our members for the Bulletin.

Thanks, Mike S., Omak, Washington

“My Road to Gambling”

I was born in Bend, Oregon on May 3, 1951 and my parents divorced shortly after. Back in my early childhood, I was moved from place to place so was never in a stable family. I played my first game when I was six years old and shortly after, wound up in Foster Care because my mom taught me to steal. When I was in foster care, I learned good things and better habits but after a few years, I went back to my mom and back to my old ways.

I soon started playing card games and was not very good. I still figured out how to make money playing and before long I was playing cards for lunch money. Eventually, when that wasn't working, I went back to stealing. When I

got older, I found myself in Reno, Nevada. I found Blackjack to be my game of choice and did well at it until it became a serious problem. I recall at the time I did not consider I had a problem.

Later in life, I married and still played the games. I did not realize the financial and marital harm it was causing until one day I lost everything and did not know how to tell my wife. So, I began the process of making up excuses for what had happened.

In 2016 I found Gamblers Anonymous and since then have been attending on a regular basis. Thanks to G.A. my gambling has been suspended.

F.Z., Omak, Washington

---

G.A.,

Thank you so much for supporting those, like me, in need of fellowship.

Sincerely, Helene, M., Stevens Point, Wisconsin

---

Hello Karen,

As time passes there have been additional donations to the "Gratitude Month". I have enclosed the additional funds along with the original letter.

Thank you so much for all you do.

Jack G., Derby, New York

---

Hi Karen,

I just received the Life-Line Bulletin for October. Renews my Faith in my fellow members! We will keep pushing for our survival.

Anyway, this is a difficult time of the year for me. October 5, 2016 is the day my son passed away due to his addiction, and November 6<sup>th</sup> would have been his 33<sup>rd</sup> birthday. So, like I have done in years past I am making a donation in his memory. His name is Justin G., and he is not a statistic, he is one of us who has gone on to his Higher Power. My faith keeps me going....

Neal G., Plantation, Florida

Hello,

This is Peggy M. from Area 9 in Michigan. Enclosed is a check from the Ann Arbor meeting.

I hope everyone is staying safe and healthy. Thank you for all for your hard work.

Gamblers Anonymous saved my life. I have been in the program for 30 years. I had almost 13 years in and went back out. Today I am proud to say I have 17 years in recovery thanks to all G.A. members. Thank you!

Your friend in G.A., Peggy M., Brighton, Michigan

---

Dear Karen,

I am enclosing a check to the I.S.O. since we are unsure when Palm Springs Sunday G.A. meeting will be able to have face-to-face meetings again.

I hope all is well with you and the International Service Office. Our regards to all and Happy Holidays.

Sincerely, Rufus B., Palm Springs, California

---

To Whom It May Concern,

Enclosed is a personal donation in the amount of \$4.00.

These times are very tough for me and I was going to send \$2.00, but since G.A. "saved my life" I have doubled it.

Thank you, Anonymous

---

## **ANNOUNCEMENT OF UPCOMING EVENTS**

*Note From I.S.O.: Due to the uncertainty of future "Upcoming Events" we are omitting any announcements until further notice.*

# INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF NOVEMBER

## ARIZONA

L211	Jim L. x 2	L384	Alvin F.
L221	Janat G.	L390	Jack R.
L267	Penny V.	L408	Ira B.
L287	James S.	L419	Rufus B.
L396	Pam K.	L432	Patrick P.
L546	Mo M.	L453	Bennett S.
L692	Doug G.	L476	Garrett C.

## CALIFORNIA

L1	Bob W.	L496	Guy H.
L4	Tom M.	L527	Salvatore G.
L6	Bill S.	L544	Harold A. x 2
L8	Dan B.	L558	Linda M.
L9	Mike M.	L563	Zachary M.
L21	Ed E.	L580	Curtis G.
L31	Russell H. x 2	L593	Grant M.
L70	Keith B.	L601	David L.
L73	Karen H.	L609	Kathie S.
L87	Mike S.	L617	Mike Z.
L100	Mazi S.	L618	Hugh G.
L116	Rob D.	L623	Lucille T.
L117	Steve F.	L674	Clair W.
L120	Phil C.	L678	Lynell B.
L138	Bill S.	L701	David L.
L151	Murray F.	L751	Derek P.
L154	Diane S.	L762	Calvin C.
L158	Gagik G.	L772	Ara H.
L193	Bud A. x 2	L812	Kat L.
L209	Jose C.	L828	Paul C.
L214	Mickie R.	L836	Albert Y.
L219	Len K. x 2	L839	Steve W.
L246	Pat S.	L861	Roger L.
L273	Victor S.	L871	Greg D.

## COLORADO

L147	Lou W.
------	--------

## CONNECTICUT

L581	Paul S.
------	---------

## DELAWARE

L885	Irving W.
------	-----------

L371	John O.
L383	Linda B.



**FLORIDA**

L2 Bill B.  
 L81 Paulette T.  
 L92 Tula R.  
 L97 Charles R.  
 L143 Neal G.  
 L156 Richard M.  
 L159 Steve I.  
 L175 Lloyd A.  
 L189 Norman O. x 2  
 L205 Steve P.  
 L225 Kevin K.  
 L233 Robert M.  
 L251 Frank G.  
 L258 Harvey G.  
 L261 Steven S.  
 L289 Ralph O.  
 L313 Herman G.  
 L395 Daniel B.  
 L420 Mark S.  
 L423 Kathleen H.  
 L450 Neil S.  
 L483 Victor C.  
 L511 Chris N.  
 L549 Patricia P.  
 L568 Alfred M.  
 L590 Dennis A.  
 L607 Debbie M.  
 L622 Andrew C.  
 L627 Pauline F.  
 L679 David T.  
 L688 David N.  
 L690 Lenore D.  
 L695 Ron B.  
 L811 Michael S. x 3  
 L815 Linda S.  
 L827 Peter C.  
 L835 Howard M.  
 L840 Janice M.  
 L843 Neal V.  
 L844 Arnie B.

L884 Janet H.  
 L904 Marlon D.

**GEORGIA**

L501 Bill H.  
 L672 Tony L.  
 L769 Barry L.  
 L857 Hal P.

**HAWAII**

L553 David C.

**ILLINOIS**

L63 Bob C.  
 L114 Ellen Z.  
 L344 Eileen Z.  
 L459 Allen H.  
 L823 Luke W.

**INDIANA**

L229 Mary Ann R. x 2  
 L880 Fred B.

**KANSAS**

L194 Michelle J.  
 L924 Linda J. x 2

**KENTUCKY**

L115 Laura S.  
 L195 Steve B.  
 L947 Gary B.

**LOUISIANA**

L27 Betty S.  
 L354 Kathy S.

**MARYLAND**

L162 Jim D.

**MASSACHUSETTS**

L318 Jeff H.  
 L598 Vinny S.  
 L862 Maria M.

**MICHIGAN**

L272 Joann D.  
 L829 Edward K.

**MINNESOTA**

L565 Cory J.  
 L715 Debra M.  
 L803 Renee G.

**MISSISSIPPI**

L182 Roger T.

**MISSOURI**

L550 Daniel G.

**NEVADA**

L150 Rollo V.  
 L284 Kevin H.  
 L317 Pat M.  
 L325 Terry D.  
 L410 Joanne F.  
 L439 Ira K.  
 L486 Zeny K.  
 L507 Mark S.  
 L541 Andrew B.  
 L599 Igor K.  
 L602 Trey D.  
 L612 Dan Mc  
 L665 Richard S.  
 L807 Mark C.  
 L837 Harriet K.  
 L846 Bobby B.

**NEW HAMPSHIRE**

L277 Roy W.

**NEW JERSEY**

L94 Thomas D.  
 L174 Mike D.  
 L179 Chris N.  
 L183 Robin D.  
 L212 Marshall R.  
 L223 Fred D.  
 L266 Kivey G.  
 L311 Andy D.  
 L349 George L.  
 L351 Russell H.  
 L356 Andy R.  
 L357 Andrew M.  
 L409 Barry H.  
 L429 Dennis S.  
 L433 Joseph F.  
 L438 Matthew C.  
 L482 Ann K  
 L497 Dave S.

L524 Richard T.  
 L547 John P.  
 L560 Frank M.  
 L651 Lewis S.  
 L699 Craig H.  
 L708 Maria G.  
 L818 Michael D.  
 L856 Scott B.  
 L863 Kathleen P.

**NEW MEXICO**

L572 Liane M.  
 L662 Joel K.  
 L906 Mary F.

**NEW YORK**

L10 Bill B. x 4  
 L16 Kenny M.  
 L43 Max H.  
 L95 Larry B.  
 L303 Alan J.  
 L308 Jordon P.  
 L465 Mohammed M.  
 L477 Tony P.  
 L516 Susan W.  
 L517 Jay G.  
 L554 Dan L. x 2  
 L566 Robert K.  
 L756 Bruce W.  
 L804 Rob K.  
 L852 Norberto B.  
 L882 Joe B.  
 L951 Brad B.  
 L981 Michael A.

**OHIO**

L749 Daniel H.

**OKLAHOMA**

L531 Linda S.  
 L543 Jim G.

**OREGON**

L584 Curt P.  
 L881 Pam B.

**PENNSYLVANIA**

L40 Dan M.

**PENNSYLVANIA (cont)**

L71 Marla J.  
L345 John B.  
L533 Debbie D.  
L820 Josh S.  
L854 Jacquona B.

**SOUTH CAROLINA**

L460 Lou M.

**TEXAS**

L245 Alan S.

**WASHINGTON**

L425 Terry D.  
L659 Connie M.

**LATVIA**

L903 Kristaps D.

---

**ANNIVERSARIES**

<b>52 YEARS</b> . . . . .	MALCOLM B.	12/6	San Diego, CA
<b>46 YEARS</b> . . . . .	JAY G.	12/2	Yonkers, NY
<b>45 YEARS</b> . . . . .	MARTY D.	12/7	Woodbury, NY
	STAN H.	12/15	Ardleys, NY
<b>41 YEARS</b> . . . . .	KAREN H.	12/7	Rancho Cucamonga, CA
<b>40 YEARS</b> . . . . .	FRANK M.	12/14	Daytona Beach, FL
<b>35 YEARS</b> . . . . .	MIKE G.	12/15	Douglaston, NY
<b>33 YEARS</b> . . . . .	BERNARD G.	12/3	Riverdale, NY
	MICHAEL D.	12/21	Summit, NJ
<b>32 YEARS</b> . . . . .	SIGI H.	12/1	Douglaston, NY
	MITCH M.	12/5	Church on the Hill, NY
	CHARLES B.	12/19	Las Vegas, NV
<b>31 YEARS</b> . . . . .	BRUCE R.	12/12	Rancho Cucamonga, CA
<b>30 YEARS</b> . . . . .	TOM D.	12/18	Voorhees, NJ
	MIKE H.	12/27	San Diego, CA
<b>28 YEARS</b> . . . . .	BOB C.	10/23	North Vancouver, BC
<b>27 YEARS</b> . . . . .	MIKE C.	12/24	Riverdale, NY
<b>26 YEARS</b> . . . . .	LOU C.	12/22	East 31 <sup>st</sup> St., NY
	MICHAEL J.	12/29	Cropsey, NY
<b>25 YEARS</b> . . . . .	DANNY F.	11/21	L.A. Intergroup, CA
	GENE S.	12/25	Blackwood, NJ
<b>24 YEARS</b> . . . . .	BRUCE H.	12/10	Congers, NY
	ED N.	12/31	San Diego, CA
<b>23 YEARS</b> . . . . .	JEAN-MARC L.	12/4	Mascouche, QC
	FRAN M.	12/12	Las Vegas, NV
<b>21 YEARS</b> . . . . .	VALERIE D.	11/21	L.A. Intergroup, CA
	ANNE D.	12/1	Verdun, QC
	MIKE R.	12/3	Congers, NY
	VICKY M.	12/7	Las Vegas, NV
	PAUL R.	12/12	Las Vegas, NV

<b>20 YEARS</b> .....	PAUL N.	10/18	Surrey, BC
	DARREN B.	11/18	Aurora, IL
	ROBERT P.	12/1	Woodbury, NJ
<b>18 YEARS</b> .....	LUKE E.	12/6	Settlement House, NY
	KENNETH M.	12/18	Dallas, TX
	ED K.	12/29	L.A. Intergroup, CA
<b>17 YEARS</b> .....	GINA B.	12/30	Las Vegas, NV
	JOHN H.	10/17	White Rock, BC
	PEGGY M.	11/4	Ann Arbor, MI
<b>16 YEARS</b> .....	BILL T.	12/3	Marlton, NJ
	MIKE W.	12/8	East 31 <sup>st</sup> St., NY
	JENNIFER L.	12/12	Reno/Sparks, NV
<b>15 YEARS</b> .....	STEVEN S.	12/22	Crosey, NY
	IRENE D.	12/4	Las Vegas, NV
	HARRIET K.	12/6	Henderson, NV
<b>14 YEARS</b> .....	FRANCOIS D.	12/11	Verdun, QC
	MIKE M.	12/22	Wantagh, NY
	LAUREL	11/2	Grants Pass, OR
<b>13 YEARS</b> .....	MIKE S.	12/16	Las Vegas, NV
	JIM V.	9/8	Dayton, OH
	KEITH B.	11/14	Elk Grove Village, IL
<b>12 YEARS</b> .....	ROGER V.	12/8	Wantagh, NY
	GARRY P.	12/17	Woodburn, OR
	MICHAEL M.	12/21	San Diego, CA
<b>11 YEARS</b> .....	LINDA M.	12/21	Las Vegas, NV
	PAT D.	12/28	Poughkeepsie, NY
	DAVID M.	12/31	Vancouver, WA
<b>10 YEARS</b> .....	MICHAEL W.	10/24	Penticton, BC
	VICKI S.	11/13	Oregon City, OR
	REJEANNE G.	12/1	Verdun, QC
<b>9 YEARS</b> .....	JUSTINE C.	12/2	San Diego, CA
	STEVE C.	12/4	Saint-Hubert, QC
	MARIE R.	12/5	L.A. Intergroup, CA
<b>8 YEARS</b> .....	GARY C.	12/15	Las Vegas, NV
	BILL M.	12/22	Woodbury, NJ
	DARLENE B.	12/24	San Diego, CA
<b>7 YEARS</b> .....	DANNY K.	12/27	Ocean Parkway, NY
	JOHN A.	12/27	San Diego, CA
	MICK H.	11/24	Parksville, BC
<b>6 YEARS</b> .....	LARRY W.	12/1	Tigard, OR
	BOB K.	12/5	Marlton, NJ
	GLENN E.	12/16	East 79 <sup>th</sup> St., NY

<b>11 YEARS (cont)</b> . . . . .	SHIRLEY H.	12/31	Eugene/Springfield, OR
<b>10 YEARS</b> . . . . .	DANIELLE E.	11/14	Hillsboro, OR
	JASON B.	12/5	Beaverton, OR
	LILLIAN S.	12/7	San Diego, CA
	MIKE S.	12/9	Bensonhurst Recovery, NY
	KIM M.	12/10	San Diego, CA
	JOE B.	12/10	Las Vegas, NV
	ROBERT T.	12/13	San Diego, CA
	MIKE P.	12/26	Reno/Sparks, NV
<b>9 YEARS</b> . . . . .	DANIEL R.	11/3	Grants Pass, OR
	SCOTT B.	11/15	Vancouver, WA
	HECTOR L.	11/20	Vancouver, WA
	BILL S.	12/8	East 31 <sup>st</sup> St., NY
	NICK S.	12/10	Forest Hills, NY
	BRUCE R.	12/23	East 79 <sup>th</sup> St., NY
<b>8 YEARS</b> . . . . .	TOM S.	11/28	Gresham, OR
	DAN L.	12/7	Reno/Sparks, NV
	SHEAMUS L.	12/11	Portland, OR
	ROB P.	12/21	West 46 <sup>th</sup> St., NY
	STEVE W.	12/22	San Diego, CA
	ROB D.	12/23	St. Andrews, NY
<b>7 YEARS</b> . . . . .	DEL K.	11/22	Vancouver, WA
	KYLE	11/30	Vancouver, WA
	JOHN J.	12/2	Windsor, ON
	TYLER H.	12/10	Rancho Cucamonga, CA
	MARY LOU T.	12/22	Reno/Sparks, NV
<b>6 YEARS</b> . . . . .	JOHN B.	9/28	Dayton, OH
	DAVE C.	10/21	North Vancouver, BC
	JIM S.	11/1	Oregon City, OR
	ROSE K.	11/3	Portland, OR
	RHONDA N.	11/10	Oregon City, OR
	NORMA JEAN	12/2	Reno/Sparks, NV
	BILL M.	12/3	San Diego, CA
	CANDACE S.	12/8	L.A. Intergroup, CA
	BOB R.	12/10	Marlton, NJ
	MIKE D.	12/18	Blackwood, NJ
	GLORIA N.	12/19	Las Vegas, NV
<b>5 YEARS</b> . . . . .	TAMMY S.	11/14	Hillsboro, OR
	DARIUS T.	12/1	East 31 <sup>st</sup> St., NY
	BOB E.	12/1	Willow Grove, PA
	MELODY F.	12/8	Las Vegas, NV
	TOM G.	12/8	Henderson, NV

<b>5 YEARS (cont)</b> . . . . .	BOB D.	12/18	Reno/Sparks, NV
	STEFANIE R.	12/29	Voorhees, NJ
	MILES T.	12/30	San Diego, CA
<b>4 YEARS</b> . . . . .	JERRY F.	11/7	Vancouver, WA
	JUDY P.	11/7	Vancouver, WA
	JENNIFER B.	11/11	Beaverton, OR
	KENNY C.	11/25	White Rock, BC
	BRETT S.	12/1	East 31 <sup>st</sup> St., NY
	GREG	12/8	Reno/Sparks, NV
	HIROKO S.	12/11	San Diego, CA
	VALERIE W.	12/11	San Diego, CA
	KEITH A.	12/12	Bronx St. Clares, NY
	LEO Z.	12/17	Forest Hills, NY
	LUC M.	12/22	Las Vegas, NV
	JOE Co.	12/26	Windsor, ON
	ROSIE J.	12/28	San Diego, CA
	VICTOR M.	12/29	East 31 <sup>st</sup> St., NY
	ETHAN P.	12/30	San Diego, CA
	CHRIS D.	12/30	East 79 <sup>th</sup> St., NY
<b>3 YEARS</b> . . . . .	JESSICA K.	11/16	L.A. Intergroup, CA
	PENNY L.	12/1	Las Vegas, NV
	RORY D.	12/5	L.A. Intergroup, CA
	WILLIE B.	12/6	San Diego, CA
	MOSHE W.	12/8	Cropsey, NY
	CE CE	12/14	San Diego, CA
	PAUL M.	12/15	San Diego, CA
	WANDA I.	12/20	Las Vegas, NV
	MIKE D.	12/20	Ocean Parkway, NY
	ADRIENNE D.	12/23	San Diego, CA
<b>2 YEARS</b> . . . . .	RICK P.	12/31	San Diego, CA
	MARIA M.	10/14	Lisle, IL
	JIM A.	11/25	Park Ridge, IL
	TAMMY C.	12/1	San Diego, CA
	DEE M.	12/2	San Diego, CA
	DENNIS M.	12/6	San Diego, CA
	EDITH W.	12/7	Poughkeepsie, NY
	LOUIS C.	12/9	St. Andrews, NY
	ERIC H.	12/12	San Diego, CA
	GWEN K.	12/12	San Diego, CA
	RACHEL T.	12/13	San Diego, CA
	DENNIS G.	12/15	San Diego, CA
	SHEILA W.	12/15	San Diego, CA

<b>2 YEARS (cont)</b> . . . . .	PETER S.	12/15	Las Vegas, NV
	SCOTT N.	12/19	Marlton, NJ
	STEPHANIE W.	12/26	Woodburn, OR
	FRANK T.	12/29	Stratford, NJ
	DAN D.	12/29	East 31 <sup>st</sup> St., NY
	PHIL S.	12/30	Windsor, ON
<b>1 YEAR</b> . . . . .	GLORIA L.	11/3	Burnaby, BC
	NICK F.	12/4	Willow Grove, PA
	MALOU R.	12/5	San Diego, CA
	MIKE G.	12/7	Las Vegas, NV
	DOUG O.	12/8	East 31 <sup>st</sup> St., NY
	LARRY Z.	12/10	Hamilton, NJ
	KEVIN O.	12/11	Montreal/St-Jean-Berchmans, QC
	ROB S.	12/14	Woodbury, NY
	JASON C.	12/15	East 31 <sup>st</sup> St., NY
	SUSANNA K.	12/15	East 31 <sup>st</sup> St., NY
	JERRY A.	12/22	San Diego, CA
	DAVID K.	12/23	St. Andrews, NY
	RICK Y.	12/27	Rancho Cucamonga, CA
	RYAN N.	12/28	Woodbury, NY

---

## INDIVIDUAL LIFELINER DONATIONS NOVEMBER 2020

ARIZONA (7)	110.00	MINNESOTA (3)	150.00
CALIFORNIA (62)	3,689.00	MISSOURI (1)	2.00
COLORADO (1)	25.00	MISSISSIPPI (1)	20.00
CONNECTICUT (1)	20.00	NEVADA (16)	425.00
DELAWARE (1)	100.00	NEW HAMPSHIRE (1)	50.00
FLORIDA (42)	1,456.00	NEW JERSEY (27)	620.00
GEORGIA (4)	210.00	NEW MEXICO (3)	50.00
HAWAII (1)	50.00	NEW YORK (18)	2,434.00
ILLINOIS (5)	150.00	OHIO (1)	10.00
INDIANA (2)	55.00	OKLAHOMA (2)	20.00
KANSAS (2)	140.00	OREGON (2)	45.00
KENTUCKY (3)	460.00	PENNSYLVANIA (6)	126.00
LATVIA (1)	5.00	SOUTH CAROLINA (1)	20.00
LOUISIANA (2)	20.00	TEXAS (1)	50.00
MARYLAND (1)	15.00	WASHINGTON (2)	20.00
MASSACHUSETTS (3)	112.00		
MICHIGAN (2)	7.00	<b>TOTAL (225)</b>	<b>\$10,666.00</b>

**I.S.O. CAN CONTRIBUTIONS  
NOVEMBER 2020**

**ARIZONA**

C874 Tucson Saturday AM 87.00

**CALIFORNIA**

C77	San Diego Intergroup	245.00	C765	Fair Oaks Thursday AM	42.00
C187	Sacramento/Fair Oaks Saturday PM	15.00	C1002	Burbank Monday	91.00
C639	Diamond Springs Thursday	30.00	C1302	Roseville Friday	61.00

**CONNECTICUT**

C51 Coventry Wednesday 108.00

**FLORIDA**

C123	Singer Island Saturday	25.00	C263	Plantation Wednesday PM	56.00
C262	Plantation Friday PM	86.00			

**GEORGIA**

C1539 Norcross Sunday 10.00

**PENNSYLVANIA**

C208 South Hills Tuesday 14.00

**TEXAS**

C1134	Ft. Worth Thursday	45.00	C1587	Ft. Worth Tuesday	65.00
C1438	Ft. Worth Saturday AM	65.00			

---

**I.S.O. CAN CONTRIBUTIONS FROM GRATITUDE WEEK  
NOVEMBER 2020**

**CALIFORNIA**

C1302 Roseville Friday 100.00



## GROUP CONTRIBUTIONS NOVEMBER 2020

### CALIFORNIA

Burbank Friday	126.00
Downey Thursday	2.00
Downey Saturday	151.00
Lincoln Wednesday	26.00
Lincoln Friday AM	34.00
Lincoln Sunday	32.00
Monterey	20.00
Novato Wednesday	30.00
Orangevale Friday	30.00
Palm Springs Sunday	80.00
Rancho Cucamonga Monday Noon	44.00
Rancho Cucamonga Thursday Noon	63.00
Rancho Cucamonga Saturday	64.00
Sacramento Tuesday AM	50.00
Santa Monica Beach Sunday	31.27
Sierra Madre Tuesday	120.00
Stockton Thursday	10.00

### CONNECTICUT

Pawcatuck Tuesday	10.00
-------------------	-------

### FLORIDA

Boca Raton Monday Women Helping Women	25.00
Bradenton Friday AM	50.00
Daytona Beach Tuesday	25.00
Plantation	160.00
Plantation Tuesday	225.00
Plantation Friday	25.00

### GEORGIA

Norcross Sunday Korean	10.00
------------------------	-------

### INDIANA

Indianapolis Thursday PM	80.00
--------------------------	-------

### MICHIGAN

Ann Arbor	47.00
-----------	-------

### NEW JERSEY

Mercerville Tuesday	113.00
---------------------	--------

Nutley Monday	20.00
Ocean Monday	100.00
Ocean Thursday	200.00
Toms River Tuesday Afternoon	25.00
Toms River Saturday	50.00
Toms River Sunday	25.00

### NEW YORK

Clay Friday	10.00
Congers Thursday	150.00
Lindenhurst Monday	100.00
Pomona Tuesday	100.00
Staten Island Wednesday St. Vincent	25.00
Vailsgate/Orange County Monday	25.00

### OHIO

Berea Thursday	40.00
Columbus Thursday	75.00

### OREGON

Eugene/Springfield	166.00
Oregon City Tuesday	225.00
Woodburn Monday	100.00

### PENNSYLVANIA

Havertown Monday	25.00
NE Philadelphia Sunday Nazareth	61.00
Willow Grove Wednesday PM	20.00

### PUERTO RICO

San Juan Wednesday	350.00
--------------------	--------

### TEXAS

Dallas Sunday Pathways	25.00
------------------------	-------

### WASHINGTON

Issaquah Wednesday	30.00
--------------------	-------

### WISCONSIN

Stevens Point Monday PM	20.00
-------------------------	-------

### KOREA

Seoul	50.00
-------	-------

**GROUP CONTRIBUTIONS FROM GRATITUDE WEEK  
NOVEMBER 2020**

<b>FLORIDA</b>		<b>PUERTO RICO</b>	
Venice	25.00	San Juan	50.00
<b>NEW YORK</b>		<b>CANADA</b>	
West Seneca Bowmansville	108.00	British Columbia	
		North Vancouver Tuesday	73.47

---

**INTERGROUP CONTRIBUTIONS  
NOVEMBER 2020**

Colorado . . . . .	540.00	L.A. Intergroup . . . . .	250.00
Connecticut . . . . .	607.00	New York . . . . .	1,500.00
Delaware Valley . . . . .	150.00	Northern California . . . . .	50.00
Greater Sacramento . . . . .	30.00	Northern Nevada . . . . .	158.00
Houston/Gulfcoast . . . . .	50.00	South Jersey . . . . .	428.00
Inland Empire . . . . .	200.00	Southern Alberta . . . . .	179.00

---

**INTERGROUP CONTRIBUTIONS  
FROM GRATITUDE WEEK  
NOVEMBER 2020**

Delaware Valley . . . . .	500.00	Western New York . . . . .	165.00
Northern Nevada . . . . .	153.00		

---

**NATIONAL HOTLINE DONATIONS  
NOVEMBER 2020**

Area 1	L.A. Intergroup	14.00
Area 1B	Inland Empire Intergroup	50.00

**ONE TIME DONATIONS  
NOVEMBER 2020**

Bill B., New York  
One Time Donation

Scott B., New Jersey  
One Time Donation

Andrew M., New Jersey  
One Time Donation

Seth H., California  
One Time Donation

Ray G., California  
In memory of my sponsor, Vince V.

Eddie D., New Jersey  
One Time Donation  
I am from Metuchen Tuesday night, home of George L.

Nancy P., Oregon  
“Thank you gift”

Tom M., California  
In Memory of Joe B., North Carolina and Florida

Walter G., New Jersey  
In honor of the birthdays of Anita R., Chris G., and Woodie H.  
from the Inland Empire meeting

Tom M., California  
In honor of the Anniversaries of Woodie H.,  
Anita R., and Chris G.

Neal G., Florida  
In memory of my son, Justin G.

Jim S., Arizona  
In memory of my father, Jim S. from Nebraska

Karen H., California  
In memory of Bill H., from Georgia

Anonymous, Oregon  
In memory of David B. from Medford, Oregon

Board of Regents, California  
November Meeting Donation

Bill B., New York  
In memory of Bill H., Georgia

Kathy G., Michigan  
A small donation for a really big benefit to my life,  
thank you G.A.

Arnie B., Florida  
One Time Donation

---

**L.A. INTERGROUP TRUSTEES WALK-A-THON  
NOVEMBER 2020**

Hugh G.  
Ed K.

Area 1  
Area 1

---

**ONE TIME INDIVIDUAL MEMBER DONATIONS FROM  
GRATITUDE WEEK**

Bob C.  
British Columbia

**GAMBLERS ANONYMOUS  
INTERNATIONAL SERVICE OFFICE  
OPERATING STATEMENT  
NOVEMBER 2020**

CASH IN OPERATING ACCOUNT NOVEMBER 1, 2020 ..... \$ 37,679.49

RECEIPTS FOR NOVEMBER

Group Contributions .....	3,700.27
Lifeliners .....	10,666.00
I.S.O. Can Contributions .....	1,045.00
Intergroup Contributions .....	4,142.00
One-Time Donations .....	2,625.35
National Hotline Donations .....	64.00
Gratitude Week .....	1,247.94
L.A.I.G. Trustee Walk-A-Thon .....	105.00
Sale of Literature .....	9,666.79
Literature Shipping .....	1,876.77
Sales Tax Collected .....	94.52
E-Reader .....	17.34
Merchant Services Cash Reward .....	.31
Bank Adjustment .....	.60
Interest From Checking Account .....	.31
PayPal Literature Processing Fees .....	345.96

TOTAL ..... \$ 35,598.16

CASH AVAILABLE FOR NOVEMBER ..... \$ 73,277.65

DISBURSEMENTS FOR NOVEMBER

Rent & Cam Fees .....	5,001.43
Payroll .....	18,760.16
Payroll Taxes (Federal & State) .....	1,435.15
Office Expenses .....	171.25
Payroll Processing Fees .....	177.86
Health Insurance .....	2,373.66
Telephone .....	411.16
Electric Bill .....	215.72
Computer/Internet Expense .....	348.75
Office Insurance .....	1,790.00
Match For Employees Simple IRA .....	498.14
Bulletins .....	668.50
Visa/MC Service Fee .....	57.76
Literature .....	658.24
Pay Pal Literature Processing Fees .....	345.96

TOTAL ..... \$ 32,913.74

CASH IN OPERATING ACCOUNT AS OF NOVEMBER 30, 2020 .... \$ 40,363.91

INCOME IN EXCESS OF DISBURSEMENTS ..... +\$ 2,684.42

# G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION

## ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

### Day and Time

Eastern Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 9PM	712-770-5338	836083 #	
Monday 9PM	712-770-4925	554671 #	
Tuesday 9PM	712-770-4943	253824 #	
Wednesday 9PM	712-770-4160	611704 #	
Thursday 9PM	712-770-4981	872853 #	
Friday 3PM	712-770-4979	703758 #	
Friday 9PM	712-770-4996	595094 #	
Saturday 9PM	712-770-5335	491301 #	

**Please use this email for help  
for any of these meetings**

**weeklycallhelp@gmail.com**

**Canadian Callers** who are trying to call the US numbers may have difficulty getting through. Please follow the directions at [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call).

**US callers** who are trying to call the US numbers and have difficulty getting connected, please follow the directions at [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call).

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

**ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA** – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

### Day and Time

Pacific Time	Call in Number	Meeting Code	Email for Information and Questions
Tuesday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

**SPANISH-BASED MEETINGS** – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

### Day and Time

Mexico City Time	Call in Number	Meeting Code	Email for Information and Questions
Wednesday 8PM	712-770-5306	565387 #	Miercoles8PMayuda@gmail.com
Saturday 6PM	712-770-5377	432973 #	Sabado6PMayuda@gmail.com

## SPANISH-BASED MEETINGS FROM SPAIN

### Day and Time

Madrid Time	Call in Number	Meeting Code	Email for Information and Questions
Sunday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

## FOR CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

Please go to [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call)

# *Happy Holidays!*

*To all G.A. members throughout the world,  
Gamblers Anonymous International Service Office  
wishes you and your loved ones  
a very peaceful holiday season.*

*With our gratitude and appreciation,*

*Karen, Israel, Jason, Norma and  
The Board of Regents*

# *Where would you be today without G.A.? Become a Lifeliner Today!*

*A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.*

You will benefit by becoming a Lifeliner because...

- ... it offers you a way to give back to the program that has given you so much.
- ... it allows you to make a commitment to the program in a more direct way.
- ... it helps the International Service Office to spread the message to those who haven't yet been blessed as you have.
- ... it makes you one of a special group of people who do a little extra for the program that saved their lives.
- ... it gives you a sense of responsibility.
- ... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: "Gamblers Anonymous saved my life. I can't do enough to repay the program for what it has done for me."

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month's contribution. It's that easy!!

***Do it today – it's the right thing to do!***

-----  
I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY & STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

*Please mail this with your initial contribution to:*  
GAMBLERS ANONYMOUS I.S.O.  
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

***Thank you for your support!!***