GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling.
Call to order: The Chair, Bob W., called the meeting to order at 9:30 A.M.

The Chair reminded everyone that recording of this meeting is not permitted.

Roll call was taken by the secretary, Valerie D.

Present: Ara H., Bob W., John C., Laura M., Valerie D., Zach M., Israel A., Office Manager

Present by phone: Arnie B., Jo K., Lloyd A., KC B., International Executive Secretary

A. Minutes for June 17, 2023.

• A motion was made to approve the minutes as written.

    MOTION SECONDED AND PASSED
    FOR-9     AGAINST-0     ABSTAINED-0


• A motion was made to approve the June 2023 Operating Statement as written.

    MOTION SECONDED AND PASSED
    FOR-9     AGAINST-0     ABSTAINED-0

OLD BUSINESS

A. Office Manager Report – ISRAEL A.

• NEW LIFELINERS (State) – 3

    FL – 1       MD – 1       PA – 1

• CANS (State) – 0

• GROUP INFORMATION REQUEST FORMS RECEIVED: 2

    Greenville, NC and Granby, QC
• GROUP INFORMATION REQUEST FORMS RECEIVED PRIOR TO SENDING STARTER KITS - 5

Five Starter Kits were sent out as follows after receiving the Group Information Request Forms for the month of June:

Annapolis, MD  York, PA  Yankton, SD
Cornwall, ON  Innisifil, ON

• Prison Starter Kits Sent: 4

Hudson County Corrections, NJ

• Venmo & Zelle donations were $1,433.33: Groups $750.00, 1X donations $265.00, Life-liner donations $300.00, I.S.O. can donations $118.33.

B. International Executive Secretary Report – KC B.

• June bulletin completed and sent to printer.

• Working on July bulletin; will be putting Gratitude Month flier into this bulletin.

• Letters to trustees and intergroups about Gratitude month will be out near the end of the month.

• BOT meeting minutes: Deadline to get everything back was 7/5. Sent to Trustee Website Admin on 07/09/2023.

• Sent to bulletin formatter, so she has time to format them for either the July bulletin or the August bulletin.

• Chicago conference; Purchased airline ticket; signed up for ISO workshop and personal workshop as well.

C. DISCUSSED PRICING FOR G.A. PRESSURE RELIEF WORKBOOK ON CD AND ADDING IT TO CURRENT ORDER FORM/ONLINE STORE.

• A motion was made to sell the CD for $3.50 and booklet also (once corrected.)

MOTION SECONDED AND PASSED
FOR-9  AGAINST-0  ABSTAINED-0
NEW BUSINESS

A. DISCUSS RE-APPROVING AMENDED BUDGET FOR FISCAL YEAR 2023-2024.

- A motion was made to accept corrections to the Amended Budget for fiscal year 2023-2024 as written.

MOTION SECONDED AND PASSED
FOR-9 AGAINST-0 ABSTAINED-0

B. DISCUSS CHANGING STANDING RULES REGARDING CHECK SIGNERS BEING APPROVED FROM JULY TO THE JUNE B.O.R. MEETING.

- A motion was made to change the Standing Rules for check signers to June B.O.R. Meeting.

MOTION SECONDED AND PASSED
FOR-9 AGAINST-0 ABSTAINED-0

C. DISCUSS PRICING FOR THE NEW GROUP HANDBOOK.

- A motion was made to set the price for the group handbook to $3.00.

MOTION SECONDED AND PASSED
FOR-9 AGAINST-0 ABSTAINED-0

D. DISCUSS PRICING FOR THE STOP & THINK CARDS.

- A motion was made to increase the price to $7.50 for a pack of 10.

MOTION SECONDED AND PASSED
FOR-8 AGAINST-1 ABSTAINED-0

Roll call vote follows:
Ara H. -no
Arnie B. -yes
Bob W. -yes
Jo K. -yes
John C. -yes
Laura M. -yes
Lloyd A. -yes
E. Review Corporation Insurance Coverage.

- Discussed benefits of staying with the same agency.
- Current policy was reviewed, and no changes are required.

F. Review Year End Literature Inventory.

- Stock inventory was discussed.
- Suggestion was made to inventory current quantities & purchase as needed.

G. Discuss Pricing of Shipping Costs.

- Tabled until August 19, 2023, B.O.R. meeting.

Number of people who called in to listen to the meeting: Three.

Collected: $55.00

The meeting ended with the Serenity Prayer at 10:35 A.M.

Next meeting will be August 19, 2023.

Respectfully submitted by Valerie D., Secretary

HELP IS AVAILABLE!

On page 17, item #7 it says: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting, as it offers guidance toward a normal way of thinking and living.”

Any member desiring individual assistance with his/her Pressure Relief, please contact Bruce W. at brucelaw8@mac.com. He will reply by email or phone if you provide your number.
RECOVERY PROGRAM

As I go through the Recovery Steps this year, I will be using several different pieces of our literature for these steps. I am using the Gamblers Anonymous Working the Steps pamphlet, as well as the Gamblers Anonymous Writing the Steps booklet. These are both available in the online store on our website at www.gamblersanonymous.org.

I hope you find these helpful and they help you in your journey in some way.

STEP 8 - Made a list of all persons we had harmed and became willing to make amends to them all.

In your fourth step inventory, you made a list of the improper actions that you did as well as the good, constructive accomplishments. In Step Six, you made a list of character defects. Now, Step Eight asks you to make yet another list. This one is to identify all those you have harmed, then, to become willing to make amends to them all.

First on the list, put yourself, you should have no doubt whatsoever with this choice. You’ve harmed yourself spiritually, mentally, emotionally, physically, and financially.

Have you harmed family, fellow workers, employer, church members or anyone else? What is harm anyway?

Harm seems to be abusing others and taking from them the right to lead their own lives. Family members loved us and we were unable or unwilling to return that love. Perhaps, instead, we failed to provide adequately for them. Was that stealing? Perhaps, as the addiction progressed, we stole anything we could from our family or from anyone that was available.

One thing is certain. We stole time and this can never be regained. Money problems will eventually be worked out but the time lost is gone forever. With the help of our Higher Power and the program working, one day at a time, we never again will lose time or money unless we choose to return to gambling. The choice is ours, to gamble and risk progressive deterioration or not to gamble and develop a better way of life.

Did we lie? To whom and how much did we lie?

Good judgment in making this list is vital. Do not assume harm. Look at each instance and list it if you feel you did harm to another. A good yardstick is to ask yourself whether omitting a name might later return to “bug” you. If yes, add that name. Let’s say you wasted many hours at work as you waited and prepared your gambling actions. Now, in your new way of life, you can show your boss someone with a clear mind who can work properly, giving more than is expected.
If goods or monies were stolen, all should be returned in a practical manner. A second story man can hardly return his ill-gotten gains without endangering himself and his family; but he might leave money in an unmarked envelope to atone for the theft. So, these harms should be listed. The method of making restitution will be determined in the step which follows. To be forgiven, one must first forgive others and then oneself. Therefore, don’t leave off the list a person you harmed but who had also harmed you. The entire aim is to set right the harm one has done – nothing else matters. This step is starting your return to society. Properly done, all fear will dissipate, and you will be free to talk and move about as a normal person.

The list should include everyone you have harmed. After having the willingness to make amends, you will be able to resume a beneficial role in society, usually for the first time in many years.

*Step Eight is the beginning of our public relations policy and the end of isolation from our fellows.*

1. A fascinating adventure with our newfound knowledge.
2. Back-tracking to survey human wreckage is required.

**DISCUSS:**

A. How we harmed others by gambling?
B. Injuries that we caused to others are festering. What are we doing about them?

*Our first obstacle in Step Eight is our defensive attitude.*

1. We focus on wrongs done to us.
2. Step Five was tough enough…let’s observe some of the good we have done.

**DISCUSS:**

A. Blaming.
B. Do we dwell on our limited successes? Do we avoid painful views in the mirror?
C. Enemies who became friends. Why?

*Step Eight asks us to make a “deep and honest” search of our true motives and actions.*

1. We may feel we mainly injured ourselves.
2. Why list people who may not know they were injured and harmed?

**DISCUSS:**

A. Our anger and impatience. How these affect and tax others?
B. Specific harm done to others…not monetary.
C. Should our “list” enlarge as we recover from gambling?
D. Are we manipulating and pressuring any loved ones today?
We are advised to use a “quiet” objective view to identify harm done to others.
1. Avoid extreme judgments and exaggerations.
2. Avoid building unwarranted pressures.

**DISCUSS:**
A. Meaning of the slogan “Don’t try to solve all your problems at once.”
B. Is self-confidence growing in GA…or are we getting “cured?”
C. Meaning of the slogan “Easy Does It.”

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From the desk of your International Executive Secretary.

As the August bulletin gets finished, I just want to say thank you to all the members, groups, intergroups, and RSOs who consistently contribute to your International Service Office to enable it to keep the doors open and help the compulsive gambler who still suffers. We could not do this without you.

In this issue, just as last month’s bulletin, you will see information about this year’s Gratitude Week. This year, Gratitude Week will be Sunday, September 10 through Saturday, September 16, 2023. There will be a flier/letter sent out soon to your Intergroup and/or RSO, as well as your trustees.

I’d also like to remind you of the walk-a-thon at the Chicagoland International Conference in November! It will be held Saturday, November 18, 2023. Check out the upcoming announcements for more information. If you have never been to an international conference, I strongly suggest going to at least one. They are so amazing for growth in the fellowship, and you can meet tons of new people from all over the world.

Below, you will see a list of literature suggestions. This was recently approved as appropriate literature at the Board of Trustees meeting in Cleveland in May. This flier will soon be sent out to all trustees and Intergroups to get it into meeting rooms. I hope it is helpful for some of our members! As you’ll see, with each step of abstinence/recovery, there is a list of suggested literature that might help our members in their journey.

When I first worked Step 8, my sponsor told me to make sure to include myself on my list of people I needed to make amends to. While I did wrong other people, I hurt myself as well and if I didn’t work on that, the rest would not be authentic. I thought she was a little crazy for suggesting that I make amends to myself. But after doing some soul searching, I realized she was right. I put my name on the list. Did you do that? Did you include yourself on your list of people to make amends to?

Yours in recovery and gratitude, KC B.
LITERATURE – SUGGESTIONS

If you just started your recovery with Gamblers Anonymous:
• Combo Book (small or large print).
• Suggestions for coping with Urges to gamble.
• Towards 90 days booklet (small or large print).
• Red Book - A New Beginning.
• Pressure relief Group meeting flyer.
• 20 Questions booklet.
• Your First meeting.
• Questions and Answers about Gambling.
• A Newcomer asks?
• Stop and Think card.
• Young gamblers in recovery.

If you have joined a little while ago:
• Beyond 90 Days booklet (small or large print).
• Sponsorship booklet.
• Sponsor/Sponsee relationship – HOW it works.
• Pressure relief Group Meeting Handbook.
• Pressure relief workbook.
• Information packet.
• A Day at a Time meditation book.
• Big Book – Sharing Recovery through GA.
• Have I quit the Fellowship?

If you are working the Steps:
• Working the Steps booklet.
• Step meeting handbook, Booklet.
• Daily inventory of my behavior (sheet).
• Fourth Step Inventory Moral Book.
• Step One recovery Workbook.
• Writing the Steps.
• 12 Steps Unity booklet.
• Group study book on the Unity Steps.

If you are interested to know more about GA, its structure, and its groups:
• Group Handbook Guide booklet.
• Guidance Code (trusteewebsite.com).
• Short term Group sponsorship.
• Suggestions for a Successful 90-day room.
• Suggestions for New Member Retention.
• Treasury Guideline Example.
• A Guide to Regional Service Offices.
• Intergroup Handbook.
• Public Relations flyer.
• Towards Recovery in Prison.
• Handbook for Judiciary, Lawyers, Counselors etc.
• The Stock market, Retirement accounts and Gamblers Anonymous.
• The First 40 years.
• Let’s Host a Mini-Conference pamphlet.
• Hosting an International Conference pamphlet.

Need help? Ask a Trusted Servant to guide you further.

GROUP NEWS

Note From I.S.O.: Thank you to all our members who send in letters, donations, and kind words each month. Please keep writing and sharing your experience, strength, and hope with everyone.

Dear I.S.O.,

Enclosed is a donation from the Tuesday and Thursday Daytona rooms. Have a great summer.

Thanks, Frank M., Daytona Beach, Florida

Dear I.S.O.,

I did not realize that I surrendered at that first meeting on July 26, 1970, 53 years ago. In addition, throughout my abstinence and recovery, I became teachable. I came back for the 2nd meeting the following Sunday and I never left the program.

My foundation is important, and it consists of being of service, working the steps, having a Higher Power, God of my understanding, and the same sponsor (really a mentor) for almost 50 years. I mentor five members on a long-term basis.

Remaining involved and supporting Gamblers Anonymous with my experience, strength, and hope as well as an ongoing financial commitment has solidified my foundation. I am a work-in-progress and a very slow miracle.

I am forever blessed and grateful for being rescued from the abyss.

With Serenity, Bill B., Delray Beach, Florida
Dear I.S.O.,

In the loving memory of George L. from New Jersey. He was a good friend and mentor. He will be missed.

George, may you rest in peace.

Your friend for over 35 years,

Bob W., Upland, California

Hi All,

Thanks to Gamblers Anonymous for another year gambling free, couldn’t have done it without you.

Anonymous, Oregon

Dear I.S.O.,

Enclosed is a donation on behalf of the Tuesday night Fairless Hills, Pennsylvania room. Thanks for all you do for our room and the rooms everywhere. We appreciate all the work you do that provides us with the tools we need and a safe place to recover.

Thank you and best wishes,

Diane C., Fairless Hills, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from our Fright Night Arnold meeting.

Thank you for your service.

Laura T., Arnold, Missouri

Dear I.S.O.,

Enclosed is the monthly donation from the Sunday Chester, Pennsylvania group.
Thanks for all the good work that you do.

In Unity,
Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is the donation from the Wednesday Night NE Philadelphia Group.

In Unity,
Scott S., Philadelphia, Pennsylvania

Dear I.S.O.,

Enclosed is a donation from the Sunday meeting in Albuquerque.

Thank you for your support to so many.
Ray B., Albuquerque, New Mexico

Dear I.S.O.,

Enclosed is a donation from the Monday Night Bowmansville Area 16A meeting. We are always trying to raise money for the I.S.O.

Keep up the good work!
Bill K., Bowmansville, New York

Dear I.S.O.,

Enclosed is a donation from the Palm Springs morning meeting.

Thank you.
David S., Palm Springs, California
Dear I.S.O.,

    Thank you for all the support you have given our weekly GA meetings.

    God bless you.

Helene M., Stevens Point, Wisconsin

Dear I.S.O.,

    This is a donation from the Saturday morning meeting in Phoenix.

    Thank you for your service.

Greg H., Phoenix, Arizona

Dear I.S.O.,

    Enclosed is a donation from the Sunday Night Eggertsville meeting.

    Thank you for all you do.

Dan W., Eggertsville, New York

Dear I.S.O.,

    Enclosed is a donation in memory of George L., of New Jersey.

    George was a huge supporter of GA with over 40 years of service to the fellowship. But most of all, he was my friend.

    May he rest in peace.

Tom M., California
A) Welcome – Pete K. Chair, Board of Trustees

Pete called the meeting to order at 10:00 A.M. and reminded everyone to turn in their Board of Regents ballots. He welcomed everyone to the meeting here in Independence, Ohio. The members at the front table were introduced.

There were a few housekeeping items brought up. We were reminded to get up to the microphone if we had something to say. Pete reminded us that if we raise a point of information or point of order, get to the microphone as quickly as you can. Pete reminded us of our primary purpose, which is to help the compulsive gambler who still suffers.

Board of Regents ballots were collected at the beginning of the meeting so that they could be counted by three past trustees.

Trustees who were new and at their first meeting were asked to go to the microphone and introduce themselves.

New trustees present were:

- Tijuana MT
- Area 13A
- Ray J.
- Area 2
- Chris M.
- Area 2G
- Rob A.
- Area 17
- Ron P.
- Area 13B
- Joel G.
- Area 6B
- Mike H.
- Area 7A
- Marc C.
- Area 5B
- Dianna R.
- Area 8
- Loreane S.
- Area 10A

There were twenty-five absentee ballots sent in:

- Area 2
- Jared H.
- Area 18B
- Dorothy R.
- Area 2A
- Paul N.
- Area 19
- Elena D.
- Area 2G
- Dave M.
- Area 19
- Horacio P.
- Area 2J
- Patricia D.
- Area 19
- Julia A.
- Area 3B
- Paul G.
- Area 23
- Joao Carlos
- Area 6
- JoAnne B.
- Area 23A
- Clecio
- Area 6A
- Alan A.
- Area 28
- Hector T.
- Area 9A
- Patricia D.
- Area 28
- Marymar V.
- Area 10B
- Matt S.
- Area 29
- Konstantin U.
- Area 13
- John B.
- Area 29A
- Oleg I.
- Area 14
- Ira C.
- Area 29B
- Eduard U.
- Area 15
- Alan J.
- Area 33
- William S.
- Area 15
- James G.
B) **Remembrance of our departed members**

Walter G., Area 12, gave us the names of our members who have passed away since our last Board of Trustees meeting.

- Area 2A Mary W.   Area 11 John Z.
- Area 2B Joyce R.   Area 11 Jim O.
- Area 2G John O.   Area 11 Marie
- Area 2G Janet D.   Area 12 Gary E.
- Area 2G Helen R.   Area 12 Mike G.
- Area 2K David A.   Area 13 Ray C.
- Area 3 Mike I.   Area 13 Rich S.
- Area 3D Pete R.   Area 17 John Z.
- Area 5B Raymond G. Area 28 Gaby A.
- Area 6B John O.   Area 28 Andres P.
- Area 6C Garnett P. Area 28 Javier E.
- Area 8 Brian B.   Area 28 Miguel T.
- Area 11 Brandon B. Area 28 Roberto K.

C) **Reading of the “12 Steps of Unity”**

Steve L., Area 2K read the 12 Steps of Unity to open the first session on the first day.

Doris S., Area 2H, read the 12 Steps of Unity to open the first session on the second day.

D) **Reading from “A Day at a Time Book”**

Andy G., Area 13B read the reading for the day to open the first session of the first day.

Rob P., Area 3, read the reading for the day to open the first session of the second day.

E) **Roll Call – KC B., International Executive Secretary**

KC B. did roll call. There were eighty-one trustees considered physically present (this includes absentee ballots from foreign countries.)

F) **Approval of Minutes from Cancun**

Motion to accept minutes as written. Motion passes – minutes accepted.

G) **ISO / Lifeliner – KC B., International Executive Secretary**

KC B. gave her report with a printout of a 12-month window of Lifeliner donations. For the entire 12 months, we are down 7.19% for all lifeline donations. We had a total of 283 Lifeliners for the 12-month period. Twenty-nine of them were trustees. There are some Lifeliner cards and envelopes on the table in front.
H) Report from the Board of Regents – Valerie D., Board of Regents Chair
Valerie gave her report on the I.S.O. The Board of Regents supervises the running of the International Service Office with four paid employees, with KC B. being one of them as the I.E.S. Israel is the Office Manager, Jason, and Norma. The B.O.R. meets every third Saturday. The members of the B.O.R. who live in California attend in person and the rest via phone conferencing.

Valerie went over what the B.O.R. entails and what they go over each month. It’s very important for us to stay up to date with what is happening in our fellowship. The B.O.R. promotes literature sales by reaching out to you via the trustee website. Valerie let us know that there would be some literature price increases due to higher costs for different things. Valerie handed out a Lifeliner flier and reminded everyone to become a Lifeliner. If you already are, pass on that flier as we encourage everyone to become a Lifeliner.

In the February bulletin that is available on the ISO website, there is a listing of what the I.S.O. and the I.E.S. do. Valerie went over this list a bit. This is a great resource for when members ask what the I.S.O. does exactly.

Valerie took some questions after her report. One of those questions was about postage and why it is so high. Valerie let everyone know that postage is not something we decide on, the postal service sets that. She let us know we have to abide by that and make sure that things are documented and easily traceable. They set the guidelines for us, and it’s usually done by weight.

I) Trustee Meeting Report – KC B., International Executive Secretary
Cancun-Fall, 2022
56 people registered – 51 of them were trustees.
$2950 collected for registration.
$598 collected for all sessions.
Current Lifeliners gave at that meeting.

Before the committee reports were done, agenda item 72 was read by Cindi C. A point of order was called and mentioned we needed to do Rules and Procedures before we heard any item. Pete had us skip ahead to the Rules and Procedures section of the agenda so that we could hear some agenda items early in the meeting, as it could affect the number of trustees physically present.
Rules and Procedures

1. RULES AND PROCEDURES
Add new rules and procedures.
Add to Trustee Meeting Rules and Procedures. Have monthly virtual Trustee discussions and/or committee meetings. The meeting time and date are to be determined by the Officers of the Board of Trustees. Attendance is optional for Trustees and open to the general fellowship.
Marc L. – Area 3D – Arizona and New Mexico
Motion as written.
This item was ruled out of order.

2. RULES AND PROCEDURES
Add new rules and procedures.
Add to Trustee Meeting Rules and Procedures
Starting in 2024 hold one Gamblers Anonymous Trustee Meeting physically, and one Gamblers Anonymous Trustee Meeting virtually.
Marc L. for Amy S. – Area 3D – Arizona and New Mexico
Motion as written.
This item was ruled out of order.
There was a challenge to the chair’s decision.
A vote was taken, and it was determined the chair was correct in ruling this out of order.

We then moved on to the two items on the agenda that the Chair felt we needed to address early in the day. The first one was item 72.

72. BOARD OF TRUSTEE’S DECISION
BOT Decision – Not Covered by Any Category
Wisconsin Area 8E currently does not have a Trustee Allocation. They would like to have 2 trustees reinstated for this area. It is a defined area but has no trustees currently.
Cindi C. – formally Cindi M – Area 8 – Chicagoland
Motion as written.
Item passed. Jeff R. new trustee.

The second item to be heard early and before the committee reports was item 20.

20. GENERAL DISCUSSION
Can a person who openly admits that they do not gamble and therefore has no desire to stop gambling but suffers from an addiction other than a gambling addiction become a member of Gamblers Anonymous?
J) Committee Reports:

Committees with Harold A. as Co-Chair Liaison

Conference Oversight and Assistance Committee – Standing Committee:
Committee Chair – Wendy B. – Area 1A
Co-Chair – Norm B., Area 10A and Jack R. – Area 1A
Committee Liaison Chair – Harold A.
Mission Statement: To oversee all processes dealing with International Conferences and to encourage and provide assistance to Areas seeking to host an International Conference as well as to provide advice and assistance after a Conference has been awarded.

Chicagoland is hosting a fall International Conference November 17-19th 2023.
The planning committee is doing a great job. All necessary documentation has been submitted and all is in order. Potential workshops have been reviewed and all is good. This committee has not received any bids from any area for future conferences. If any area is thinking about hosting a future conference, this committee is more than happy to assist and answer any questions.
Report submitted online. The committee could use new members. Trustees from Chicago reported on the planning of the international conference in November. The trustee meeting is on the 16th and 17th of November with the conference beginning Friday the 17th. The theme is Building Bridges, Making Connections. The tradition of passing the torch has not been happening, since we haven’t had an international conference for a while. However, we made sure that it was in Cleveland so that it could be passed on. Valerie presented the torch to Chicago trustees.

Digital Strategy Committee
Committee Chair – Reba L. – Area 8
Committee Co-Chair – Butch G. – Area 3
Committee Liaison Chair – Harold A.
Mission Statement: The purpose of this committee is to give guidance and suggestions to the Board of Trustees on the most efficient use of digital media in order to share our message with the compulsive gambler who still suffers.
The Committee has been hard at work since Cancun, meeting every month (except one) and has one item on the agenda at this meeting with the goal of informing the Trustees of what we are working on.
There is one item on the agenda concerning this committee. We are
asking for your support in this item and feel that these items will allow Gamblers Anonymous as an organization to move forward using technologies available to us. The Strategic Digital Oversight Committee was a new committee formed in Cherry Hill at the Spring 2022 BOT Meeting. For this reason, there was nothing from this committee existing prior, however, the Digital Oversight Committee have been working on projects that are applicable to our mission statement. It is the goal of this committee to fulfill the mission of guidance and suggestions on the best usages of digital media.

Activities in Progress

1. It was suggested that we research the founding of our telephone committee for direction our committee should approach. Our research led us to the minutes of the BOT meeting in Orlando for 2008. In that meeting the Telephone committee was approved for listing on the Trustee Website. Also, at that meeting the Website Maintenance Committee was formed. We are asking that all of our activities be listed under the Website Maintenance Committee, due to the timing of changes in the Digital Medium.

2. A number of items have become apparent to the Committee that need attention. They are:
   a. Website Audit on performance and function.
   b. Member Anonymity when using online media.
   c. Trustee Line
   d. Gamblers Anonymous App
   e. Digital Media

Looking Ahead

If the agenda item related to making the committee’s recommendations passes, we will be working under the Website Maintenance Committee, with reports on progress frequent and timely. This will allow the BOT to react quickly to changes in user patterns and program (app) usage (not only our app when built).

Report submitted online. This committee is open to new members.

Pressure Relief Committee – Standing Committee:
Committee Chair – Bruce W. – Area 1
Committee Co-Chair- Alvin F. – Area 1
Committee Liaison Chair – Harold A.

Mission Statement: To provide leadership and support throughout Gamblers Anonymous by coordinating, educating, training, and clarifying the Pressure Relief Group Process that will aid in fostering an atmosphere of continuity, cohesiveness, and unity as well as understanding within our Fellowship which will bring about an alleviation of pressures for our members and thus strengthen and empower Members, Groups and Gamblers Anonymous as a whole.
The committee has met on multiple occasions and discussed numerous topics while deciding the following courses of action going forward:
1. The Mission Statement will stay as is, but discussions will continue as to any potential alterations.
2. The promotion of Pressure Relief at each local inter-group and individual meeting level.
3. The tracking of individual Pressure Relief meetings.
4. The use of Zoom while conducting PRGM.
5. The use of spreadsheets to be provided in conjunction with the PRGM workbook.
6. The suggestions of a moratorium approach while conducting PRGM.

This committee is vibrant and active. We look forward executing the above measures and continuing to provide service.

Report submitted online.

Prison Committee – Canada – Standing Committee:
Committee Chair – Jean-Marc L. – Area 5B
Co-Chair – Aldo I. – Area 4
Committee Liaison Chair – Harold A.
Mission Statement: To provide telephone, email, and an in-person resource (as feasible) to the Trustees or their designees for the purpose of assisting when a prisoner or institutional staff member is requesting to start an “inside” meeting, or an Intergroup and its committee are outreaching to prisons, jails, etc. Also, to compile in the ISO office an unpublished JIP meeting directory as a much-needed resource for federal, state, and local judges, defense attorneys, prosecutors, probation and parole officers, and clinicians.

No report submitted online.
Aldo I. reported that there have been no changes since fall of 2022. He was told that the prison system was not ready to reopen the meetings in the prisons at this time. There is a small group of people ready to help when they do reopen. It was reported that in Manitoba, there are about three or four requirements including a background check and there needs to be two volunteers in attendance, along with one guard of the prison.

Prison Committee, US – Standing Committee:
Committee Chair – Ed G. – Area 10
Committee Liaison Chair – Harold A.
Mission Statement: To provide telephone, email, “snail mail”, and an in-person resource (as feasible) to the trustees or their designees for the purpose of assisting when a prisoner or institutional staff member is requesting to start an “inside” meeting, or an Intergroup and its committee are outreaching to prisons, jails, etc. Also, to compile in the ISO office an unpublished JIP meeting directory as a
much-needed resource for federal, state, and local judges, defense attorneys, prosecutors, probation and parole officers, and clinicians.

**Since the last Trustee Meeting**

1. Three prison meeting starter kits have gone out to institutions in Grafton, Toledo, and London, Ohio where inside meetings have started.
2. Seven prisoners have reached out to ISO for information. Israel sent information, then forwarded their letters to me. Each prisoner received a personal letter from a committee member, Harold, or myself.
3. ISO records have been restarted (referred to in the mission statement as “JIT”) under three files. Those being: Prison Meetings, Clinician information for correctional institutions, and prisoners outreached to. Israel has an electronic file at ISO, and I have copies for committee use.

**Shortfalls and Setbacks**

1. Attempts to get meetings started in Avenal State Prison in California and Morgantown Federal Penitentiary in West Virginia have thus far failed to materialize due to lacking information requesting communications be established with the representative staff member.
2. While the committee has new added members, difficulties remain in determining a meeting day and time when most members can attend. Only one meeting was held with poor turnout, but much discussed and decided.
3. An AA member from Pennsylvania reached out to get a prison starter kit sent to him to take into the prison his AA group services. Thrice it was explained to him our procedure, but refused to cooperate with relaying information to us.

**Committee Procedural Change Implemented**

The largest decision we came to agreement on is this: Israel will not send out prison starter kits to anyone but the addictions staff member of an institution. And then they are sent directly to that person. This ensures the institutional rules regarding literature are met as the staff member filters, that the institution is on board with meetings within, and effective communication is established so GA/Institutional cooperation and support is readily utilized. This also allows prudent use of GA materials that are otherwise destroyed, lost, or misused.

Report submitted online.

**Public Relations Committee – Standing Committee:**

Committee Chair – Cindi C. – Area 8
Committee Co-Chair – Ed G., Area 10
Committee Liaison Chair – Harold A.

Mission Statement: Communicate information relating to the existence of Gamblers Anonymous meetings to outsiders. Spread the
awareness of the Gamblers Anonymous Program with others when requested.

Matt Reis- WLW radio out of Cincinnati. 15-minute interview + chopped up into four PSA’s which were distributed to all iHeart Radio stations.

Ed G. participated in meetings and activities of PGNO (Problem Gambling Network of Ohio), NCPG (National Council of Problem Gambling), and CPGC (Cuyahoga Problem Gambling Coalition). Talked with associate members via Zoom as part of their bi-monthly training.

Invited to a CPGC mental health professionals symposium on June 16th and give a 90 minute live presentation at a local University. Accepted invitation.

Ed G. was offered a $3200 scholarship to attend a CADCA symposium in Washington DC as a guest of PGNO. Respectfully DECLINED offer respecting service/compensation personal guidelines.

National Geographic wanted us to stage a meeting to film without faces in California but we couldn’t agree on the details so it didn’t happen.

Inquiries from:
The Texas Scorecard
Massachusetts Station Cape Cod Times
The Sun Gazette
The Wall Street Journal
Des Moines Register
The Today Show Irene Byon
Freelance writer from Virginia
CBS Chicago
Our goal with the inquiries is to get them to use our website link and hotline number.
We include any local websites and hotline numbers.
We had a zoom meeting in April attended by Cindi C. Tita M. Nathan W. Alyssa, Deb M.

Anthony K.
Action items addressed:
Creating a hanging info sheet with the hotline number and QR code for the website.
Re-writing the Public Service announcements.
How to be more present in the digital realm.
Where we can distribute our literature publicly.
As always, defining attraction versus promotion.
We’re requesting Ed G. be added as co-chair going forward.

Report submitted online.
Virtual Meeting Committee
Committee Chair – Patrick G. – Area 9
Committee Co-Chair – Butch G. – Area 3A
Committee Liaison Chair – Harold A.
Mission Statement: To develop guidelines for regularly scheduled video online G.A. meetings, including but limited to how to start a meeting, technical requirements, and suggested meeting formats.
The Digital Meeting Committee has been hard at work since Cancun and has one item on the agenda at this meeting with the goal of accomplishing what we set out to accomplish. We are asking for your support in this item and feel that the item will allow Gamblers Anonymous as an organization to continue to carry its message to the compulsive gambler who still suffers.
What was in Place?
The Virtual Meeting Committee was a new committee formed in Cherry Hill at the Spring 2022 BOT Meeting. For this reason, there was nothing form this committee existing prior, however, the Virtual Meeting Committee, which became the Virtual BOT Meeting Committee, had been working on projects that are applicable to our mission statement. Our plan is to continue the progress made under that committee that applies to our own committee and fulfill the mission of permanently recognizing virtual meetings as regularly scheduled, sanctioned GA Meetings.
Activities in Progress
1. We have reviewed the temporary guidelines that were approved through the quick response vote in 2020 and have discussed how to make these guidelines permanent. A related committee has an agenda item related to this matter, and we offer our support on this item.
2. We had discussed as a committee what the best way to list virtual meeting information on the Gambler’s Anonymous website might be. After much discussion as a committee, we submitted an agenda item with a suggestion of how to list virtual meetings.
Looking Ahead
If the agenda item related to making the temporary guidelines permanent passes, we will have carried out our purpose. We would like to ask the Trustees for permission to revise our mission statement in order to continue existing as a committee, to provide support to the present and future virtual meetings.
Report submitted online.

Committees with Martha G. as Co-Chair Liaison

Chronological History Committee:
Committee Chair – Andy D. – Area 18
Committee Liaison Chair – Martha G.
Mission Statement Pending – To document the history of Gamblers Anonymous. Our history is almost hidden from the members and there are many incorrect stories circulating. We aim to examine the ISO archives as well as talk to early members and others of significance. We intend to write a factual but respectful history of GA from the events that led to its formation up to the present post-pandemic time. Report submitted online. Volunteers for this committee were: Andy R., Area 13B; Wendy B., Area 1B; Walter G., Area 12.

Group Removal Merit Panel Committee
Committee Chair – Debra B. – Area 2E
Committee Chair Liaison – Martha G.
Mission Statement: To guide groups and Intergroups on how to address the issue of non-adherence to the Guidance Code and/or other Trustee decisions per Article VII, Section 1 and Article VIII, Section 1A of the Guidance Code.
No report submitted.

Hotline Implementation Committee:
Committee Chair – Andy G. – Area 13B
Committee Liaison Chair – Martha G.
Mission Statement: To provide assistance in implementing a Gamblers Anonymous Hotline and oversee the operations. Give support and help when needed to local areas using the Gamblers Anonymous Hotline provider. Assist local areas in developing guidelines for hotline volunteers. Follow up on voicemails on the Gamblers Anonymous Hotline for areas that do not have a hotline. Maintain the routing information for all areas using the Gamblers Anonymous Hotline. Review areas that use another hotline system. Review the data usage on the Gamblers Anonymous Hotline and report at each Board of Trustee meeting. Maintain communication with the Executive Secretary of the I.S.O. regarding usage and payments to the Gamblers Anonymous Hotline provider. Maintain information on the Trustee Website for the Gamblers Anonymous Hotline.
Since the Fall 2022 BOT Meeting in Cancun, MX the committee has held monthly meetings averaging 6 or more members in attendance. Highlights from those meetings are as follows:
Paul S. worked with the Trustee Administrator to get the link that forwards emails to Hotline Committee Chair and Area Coordinators fixed. Emails are now being routed to committee members so requested emails can be responded to in a timely manner.
Paul S has been working diligently to transfer the technical aspects of Ring Central to Scott S.
Chuck R. and Paul S. have worked with Ring Central and identified Maricris Cano as our account manager for Area Ring Central Hotline accounts. Although a manager has been identified, we are still trying to work with Ring Central to understand the process for consolidating all accounts into one account. We believe account consolidation will help us in controlling Ring Central costs.

Ron B. worked with the Trustee Administrator to get the approved Hotline Volunteer Guidelines on the Trustee Website. Guidelines can be found at: https://trusteewebsite.com/resources/.

Next Hotline Committee meeting scheduled for May 16, 2023, at 9pm est.

Report submitted online.

International Relations Committee – Standing Committee:
Committee Chair – Ara H. – Area 1
Co-Chair – Igor K. – Area 3
Committee Liaison Chair – Martha G.

Mission Statement: Assist the fellowship of Gamblers Anonymous with International matters and help create a worldwide united Gamblers Anonymous.

The following is the IRC report for spring of 2023 and fall of 2022. We have been busy following up on different areas making sure their meeting lists are current and up and running. These countries include the Philippines, Romania, Norway, Portugal, Spain, Brazil, Argentina, and Mexico. Assisted in the election process for Brazil and helped Chile understand the process of becoming a new area.

We have discussed options of Georgia and Poland joining GA Iso and following the guidance code and being part of our worldwide organization. We have also discussed translating the “A Day at a time book” into Polish and explained the difficulties and roadblocks that are associated with this piece of literature. Romania has also asked permission to print and distribute coins medallions and key chains in Romanian. We have submitted this as an agenda item for the upcoming Cleveland trustee meeting. They also have a list a GA approved literature they want permission to translate, once I get this, I will add it to the agenda for the next trustee meeting. Finally, we have been contacted from Australia to have the few morning meetings to greet each other and congratulate each other as the few morning groups in GA that meet in person. Burbank group and the Brisbane group have become sister groups. We keep on getting requests from Kenya and Nigeria for help and have sent assistance hoping these lone people can find each other and start groups but still waiting for some progress. Who hope to continue in 2023 to be able to assist and help GA grow everywhere because it is a worldwide sickness.

Report submitted online.
Literature Committee – Standing Committee:
Committee Chair – Debra B. – Area 2E
Committee Liaison Chair – Martha G.
Mission Statement: To encourage the creation of new Gamblers Anonymous literature as needed and to revise, edit and or update existing Gamblers Anonymous literature.
*There hasn’t been much to report since the last Trustee Meeting.*
One item was reviewed by the Literature Committee:
•  *The New Group Handbook*
This item has been reviewed and approved for the absence of spelling and grammatical errors.
Report submitted online. This committee is open to new members.

Spanish Literature Committee
Committee Chair – Julian F. – Area 3F
Committee Liaison Chair – Martha G.
Mission Statement: To unify the literature translation efforts with all the Spanish speaking areas in our G.A. fellowship that are authorized to translate and print G.A. approved literature such that all areas that use the same language will coordinate a revision of existing translated literature that meets all area requirements.
The Spanish Literature Committee has continued to make good progress since the last BOT Committee meeting. We have been averaging at least one piece of literature per month translated/updated and corrected. Thus far we have reached our goal. Our committee members have been meeting about every two weeks. There were a few times that we met weekly as needed.
*These are the new pamphlets/booklets which we have translated/updated:*
1)  *Beyond the 90 Days*
2)  *Your First Reunion*
3)  *Questions and Answers*
4)  *Suggestions for Retention of New Members*
5)  *Suggestions for Coping with Urges to Gamble.*
The member list on the trustee website needs to be updated again. It will be updated before the end of this month.
Report submitted online.

Committees with Pete K. as Co-Chair Liaison

Fourth Step Inventory Review
Committee Chair – Renee G., Area 8A
Committee Co-Chair – Debra B. – Area 2E
Committee Chair Liaison – Pete K.
Mission Statement: Review, revise, and rewrite the Gamblers Anonymous publication “A Guide to Fourth Step Inventory” to
create a more robust and effective tool of recovery for the fellowship of Gamblers Anonymous that addresses both moral and financial inventories.

The mission of the Fourth Step Inventory Revision Committee is to review, revise, and rewrite the Gamblers Anonymous publication “A Guide to Fourth Step Inventory” to create a more robust and effective tool of recovery for the fellowship of Gamblers Anonymous that addresses both moral and financial inventories. The committee meets every other week. We meet virtually and through screen sharing we can write and edit in real time. Currently the committee is nearing the conclusion describing a process of examining when and where we have harmed others. As we conclude this section, we will begin the work of describing how members can use the information uncovered in this Moral Inventory process. We find that our effectiveness in writing is best when we work for an hour to an hour and a half. As we make our way through writing this process, we try to write for the member who has not practiced this step before. We are careful to use inclusive language and to honor different life experiences. We are open to accepting new members on this committee. It is expected that this process will likely take between 2-4 years in order to produce a workable publication for use by the GA Fellowship.

Report Submitted online. A round of applause to thank Jeanne B. for all of her hard work on the committee.

Guidance Code Audit Committee
Committee Chair – Anita R. – Area 1B
Committee Chair Liaison – Pete K.
Mission Statement: To review and verify the Gamblers Anonymous Guidance Code for compliance with the Unity and Recovery Programs and on a practical level for the sustainability of Gamblers Anonymous.

Since COVID, as a group, we have been able to put together several agenda items for the May 2023 Trustee Meeting. The remaining items that we have worked on will be presented at the Fall 2023 Trustee Meeting.
Report submitted online.

GA Restructuring Committee
Committee Chair – David M. – Area 12
Committee Co-Chair – Jack R. – Area 1B
Committee Chair Liaison – Pete K.
Mission Statement: Review the current structure of the corporation and fellowship of Gamblers Anonymous to research and recommend a possible plan to restructure all related entities.
After committee approval in Cherry Hill, the committee was launched on 6/18/22 with the creation of a group chat through WhatsApp being
the best modality for everyone’s ability to stay connected for committee efforts. The members were unrestricted in their use and various postings on this platform. As is the case with many committees, there was a ‘Shake out’ period at the beginning. Volunteers who were non-responsive were removed. However, there were some who understood that they didn’t have the skill sets to accomplish the tasks and resigned. Resignations brought us down to a committee of 9, which was the core of our efforts. One recent resignation has reduced the committee to 8. The mission statement agreed to unanimously by the committee members and later approved by the BOT in Cancun was: Review the current structure of the corporation and fellowship of Gamblers Anonymous. To research and recommend a possible plan to restructure all related entities. A very detailed explanation of what is involved in a restructuring effort is as follows:

Mission statement discussions included thoughts regarding:
1) Review the current structure of the Corporation and Fellowship of Gamblers Anonymous,
2) Research and recommend a plan to restructure the current 2 major entities, utilizing all tools available, including but not limited to the:
   a) State of incorporation with focus on financial, legal, and compliance benefits
   b) Domicile location
   c) Potential new entities, including international substructures
   d) Organizational mapping
   e) Management structure
   f) Employment structure

Review the current structure of the corporation and Fellowship of Gamblers Anonymous. To research and recommend a possible plan to restructure all related entities. The committee meetings started with a 1-hour Zoom meeting on the 2nd Wednesday of each month and was more recently expanded to 1.5 hours to deal with more comprehensive work submitted by all the members. The meetings were well attended. The chronology of how the committee has been progressing is as follows based on meeting agendas, individual subject research, and discussion subject matter:
1. What is good and bad about GA
   This was a brief listing by all the committee members to get an overall feel of the GA universe. It was used to get ideas of where the committee should be directing its efforts.
2. Researched and reviewed corporate structure of other Fellowships This involved getting the organizational charts and main functions from GA, AA, and NA. The idea was to see where GA was deficient and possibilities of mirroring the strengths of these other Fellowships.
3. Did a detailed S.W.O.T. (strengths, weaknesses, opportunities, and threats) analysis of GA. This exercise was the most revealing and was to act as a launching point for the committee with its charge of restructuring GA.

Strengths – focused on the good aspects of GA and all its component parts and how to make them better for the Fellowship and members.

Weaknesses – this part of the SWOT analysis proved to be challenging at times, with some members struggling to zero in on the apparent and noteworthy issues with GA. Although many issues were brought up, there was a need to prioritize stages of restructuring for agreement at a later period of the meetings.

Opportunities – This segment of the analysis held the most promise, with the ability of members to zero in on the weaknesses and launch into many ways of how to grow the Fellowship.

Threats – This part turned out to be a bit more challenging for the committee and it was based upon the simple concept of how factors and situations were chewing away at the foundation of GA and how not fixing, changing and/or restructuring was the serious spot in any ideas of the Fellowship being a sustaining entity. This exercise was the most rewarding because it got all the members to really dig into the problems GA needed to address. It was the first real step toward a recommended restructuring plan.

4. Discussion of Pros and Cons of the current structure of GA
This was supposed to be the initial framework of the restructuring efforts to be forthcoming.

5. Suggestions on previously mentioned ideas. In this segment, it became apparent that some of the members were less interested in restructuring and more inclined to change some of the problems in a more passive manner.

6. Detailed plans on restructuring and how to implement the changes.
This most recent assignment revealed a distinct aversion to restructuring and showed that various members did not follow instructions previously issued by the Committee Chair on restructuring efforts.

As of Tuesday, April 11, 2023, further committee meetings, tasks and operations were suspended until further notice.
Report submitted online.
Telephone Conference Call Committee
Committee Chair – Jeanne B. – Area 8A
Committee Chair Liaison – Pete K.

Mission Statement:
1) To administrate the creation, implementation, and oversight of all conference call meetings from the Gamblers Anonymous website. These meetings will be sanctioned by Gamblers Anonymous but will not carry the distinction of being classified as a group, as per the Guidance Code.
2) To formulate, implement and maintain rules and procedures covering all aspects of the telephone conference call meetings, with Board of Trustee approval.
3) To be responsible for coordinating the Gamblers Anonymous members who will administrate the individual telephone conference call meetings.
4) To actively seek out any known phone meetings and try to assist in making them compliant with current rules and procedures covering all aspects of the telephone conference call meetings. Make changes to such procedures whenever necessary, with Board of Trustee approval.
5) Look at other platforms being used and make changes to the rules and procedures covering all aspects of the telephone conference call meetings, with Board of Trustee approval.

The Telephone Conference Call Committee and meeting administrators currently host 2 meetings a week: Wednesdays from 9-11 PM Eastern and Fridays from 3:00-4:00 PM Eastern. The phone number is 264-807-9601, the participant code is 9131957#

A reminder: The number of meetings was changed from 3 to 2 on July 1, 2022. The intention of increasing the meetings had been to offer options during the Covid quarantine, when physical meetings were not possible. Since the lifting of the quarantine and the increasing availability of physical meetings, it was determined that it was appropriate to return to the original vision of the Telephone Conference Call Committee. The Wednesday night meeting is a comment meeting. Attendees who have 90 days or more of clean time are allowed to make up to three comments per meeting; those who give therapy are allowed to receive up to 3 comments. Those who are new to the program and claim a desire to stop gambling are read the 20 Questions, either in the main room or in a newcomers room. The first quarter of 2023 saw a bit of an upswing in Wednesday night newcomers, sometimes seeing 4 or 5 on any given evening. At the Friday afternoon meeting, newcomers are welcomed and read the 20 Questions following the meeting. At both meetings, members with 90 days or more of clean time are encouraged to make comments sharing their experience, strength, and hope with the newcomer. Attendance at
the Wednesday night meeting ranges between 40-60 callers per meeting. On Fridays, the range is from 25-40 callers. Attendees range from newcomers up to those who have 40 or more years of clean time. The importance of attending a physical meeting if at all possible is stressed at each meeting. It is stated that telephone conference calls are not meant to replace physical meetings. Those who would like help between meetings are urged to reach out to others using a list of volunteers who offer support, which is obtainable by email request. We are careful not to call those offering support as “sponsors,” as this relationship happens at physical meetings—another reason to make every effort to attend a physical meeting. The US meetings use the same email address for all meetings: weeklycallhelp@gmail.com.

We receive between 1 and 10 requests for assistance or information a day. The US meetings are always interested in training additional moderators. Again, please contact the Committee Chair.

The Canada-wide meeting continues to meet three times per week. Canadian meetings are held on Tuesday, Friday, and Sunday. Moderators for these meetings have been trained by members of the Telephone Conference Call committee and their formats have been approved. These meetings are also included on the list found on the Trustee Website. (Meeting times are listed by the local time of the originating cities.)

A full list of Telephone Conference Call meetings and contact information can be found on the Trustee website.

Report submitted online.

**Trustee Removal Merit Panel – Standing Committee:**
Committee Chair – John B., Area 13
Committee Liaison Chair – Pete K.
Mission Statement: This is a standing panel with a 2-year term coinciding with the new term of Trustees. It will become active when an official action is presented to the Chair of the Board of Trustees to request the official removal of a current Trustee due to acts thought to be detrimental to GA as a whole, as provided for by the Guidance Code under Article VIII, Section 4. There is a specific document entitled ‘Trustee Removal Procedures’ available to all members for reference. The panel will consist of 5 GA members, selected from 5 geographical regions, along with 1 backup Trustee for each area.

No report submitted.

**Trustee Website Committee – Standing Committee:**
Committee Chair – Ed G. – Area 10
Committee Liaison Chair – Pete K.
Mission Statement:
To oversee the Trustee website.
To periodically review all websites that infer or imply membership or representation of the Fellowship or Corporation of Gamblers Anonymous and evaluate the websites for compliance with approved Local Area Website Guidelines. Trustees and area trusted servants will be made aware of any deficiencies that need to be corrected. Websites from outside entities are not included. To review new designs, features, enhancements, and any other changes that would be demonstrated to the Board of Trustees for approval and deployment to any website approved by the Board of Trustees.

As most of you know, the e-mail debacle is over for now. The block that was on our website e-mails has been lifted, and e-mails are getting to their correct destinations. I appreciate your patience and cooperation during that down time. I’ve added some of the Reference Materials in PDF form to the website for you to download. These will be updated as changes are approved at the different trustee meetings. The formats may change as time goes on as well. If you are a committee chair, please do not hesitate to check your committee’s webpage for updates, and do not hesitate to send changes, big or small.

Others who continue to contribute by editing the website: (Thank you!)

   Walter G Memorial
   Renee G Trustee Line
   Butch G Rolling Agenda

SHORT TERM GOALS:
1. Keep the existing website up and running, essentially maintaining the site as needed
2. Outlining all the roles others have in helping to maintain the site, encouraging others to help, as able
3. Maintain trustee mail lists, current and past.
4. Provide information to trustees about the process of forming the agenda
5. Respond to all inquiries that come into the website, forward as needed

LONG TERM GOALS: (rolled over from previous trustee meetings)
1. Review the current local area website guidelines and propose possible amendments.
2. Once finalized, send the updated guidelines to all areas, especially those with websites, and perform a review of those sites to assist in compliance. (Would require additional help)
3. Find new members to volunteer for the website.

Report submitted online.
3. SECOND VOTE - Cancun agenda item #37
CURRENT LITERATURE – Guidance Code Item Article VII, Section 4
Change the phrase in parenthesis immediately following the word “meetings” to read “exceptions can be made through group conscience decisions for medical reasons or active military duty”
Current Version: Abstinence from gambling and regular attendance of at least thirty-nine (39) Gamblers Anonymous meetings (exceptions can be made, via group conscience decisions, for medical reasons, or active military duty) in the prior 12 months, by the member’s own admission, is required for pinnings and for all successive anniversaries. Date of abstinence starts from your first meeting after your last bet.
Proposed Version: Abstinence from gambling and regular attendance of at least thirty-nine (39) Gamblers Anonymous meetings (exceptions can be made through group conscience decisions for medical reasons or active military duty) in the prior 12 months, by the member’s own admission, is required for pinnings and for all successive anniversaries. Date of abstinence starts from your first meeting after your last bet.
Jack R, Area 1A – Orange County – California
For 42 Against 34
Item failed two-thirds.

4. SECOND VOTE - Cancun agenda item #50 CURRENT LITERATURE
Other Existing Literature: Towards 90 Days on cd.
The Board of Regents is requesting to stop purchasing and stocking this item after the current inventory has been depleted.
The Board of Regents would like to remove this item from its inventory.
Valerie D – Area 1A – Orange County – California
Item passed.

5. SECOND VOTE - Cancun agenda item #51 CURRENT LITERATURE
Other Existing Literature: Even up the Odds DVD.
The Board of Regents is requesting to stop purchasing and stocking this item after the current inventory has been depleted.
The Board of Regents would like to remove this item from its inventory.
Valerie D. – Area 1A – Orange County, California
Item passed.
6. SECOND VOTE - Cancun agenda item #56 CURRENT LITERATURE
Other Existing Literature: Beyond 90 Days on cd.
The Board of Regents is requesting to stop purchasing and stocking this item after the current inventory has been depleted.
The Board of Regents would like to remove this item from its inventory.
Valerie D – Area 1A – Orange County – California
Item passed.

7. SECOND VOTE - Cancun agenda item #57 CURRENT LITERATURE
Other Existing Literature: Big Steve on DVD
The Board of Regents is requesting to remove the Big Steve DVD from its inventory.
Valerie D – Area 1A – Orange County – California
Motion to table.
Roll Call Vote was called for:

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<td>Dianna R.</td>
<td>Y</td>
<td>14</td>
<td>Stuart B.</td>
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<td>Kirk L.</td>
<td>Y</td>
<td>8</td>
<td>Donna M.</td>
<td>Y</td>
<td>15</td>
<td>Stanley C.</td>
<td>N</td>
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<td>3</td>
<td>Mark S.</td>
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<td>16</td>
<td>Wayne C.</td>
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<td>3</td>
<td>Rob P.</td>
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<td>8A</td>
<td>Renee G.</td>
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<td>Dan L.</td>
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<td>Jeff R.</td>
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<td>Bob C.</td>
<td>N</td>
<td>9</td>
<td>Carol K.</td>
<td>N</td>
<td>17</td>
<td>Ronnie W.</td>
<td>N</td>
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<tr>
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<td>Butch G.</td>
<td>N</td>
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<td>Anthony K.</td>
<td>Y</td>
<td>18</td>
<td>Andy D.</td>
<td>Y</td>
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<tr>
<td>3D</td>
<td>Marc L.</td>
<td>Y</td>
<td>10</td>
<td>Ed G.</td>
<td>Y</td>
<td>28</td>
<td>Luis O.</td>
<td>N</td>
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<tr>
<td>3F</td>
<td>Julian F.</td>
<td>Y</td>
<td>10A</td>
<td>Jeff H.</td>
<td>Y</td>
<td>37</td>
<td>Hamid K.</td>
<td>Y</td>
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<td>Aldo I.</td>
<td>Y</td>
<td>10A</td>
<td>Loreane S.</td>
<td>Y</td>
<td></td>
<td></td>
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</tbody>
</table>

For 46 Against 22
Item tabled.
8. GENERAL DISCUSSION - Item 21 in Cancun
There are some in this program who are under the impression that during the COVID pandemic that the “39 Meeting” rule from the Guidance Code has been temporarily suspended. What is the current position of the board regarding the status of “temporary” measures (i.e. Zoom meetings). Are other members of the BOT experiencing the same confusion over these “temporary” changes?
Bob C. – Area 3A – San Diego, California
Discussion only.

9. RECOVERY STEP CHANGE – Item 25 in Cancun
Change the word tried to try in Recovery Step 12
Current Version: Having made an effort to practice these principles in all our affairs, we tried to carry this message to other compulsive gamblers.
Proposed Version: Having made an effort to practice these principles in all our affairs, we try to carry this message to other compulsive gamblers.
Butch G. – Area 3A – San Diego, California
Motion as written.
For 18 Against 58
Item failed.

10. UNITY STEP CHANGE – Item 26 in Cancun
Change the word “Group” to “meeting” in the 7th step of the Unity Program.
Current Version: 7.) Every Gamblers Anonymous Group ought to be fully self-supporting declining outside contributions.
Proposed Version: 7.) Every Gamblers Anonymous meeting ought to be fully self-supporting declining outside contributions.
Jack R. – Area 1A – for Jimmy D. – Orange County, California
Motion as written.
For 10 Against 66
Item failed.

11. UNITY STEP CHANGE – Item 27 in Cancun
In Unity Step 4, change “group” to “meeting” and “groups” to “meetings”
Current Version: Unity Step 4: Each group should be self-governing except in matters affecting other groups or Gamblers Anonymous as a whole.
Proposed Version: Unity Step 4: Each meeting should be self-governing except in matters affecting other meetings or Gamblers Anonymous as a whole.

Jack R. – Area 1A – for Jimmy D. – Orange County, California
Item withdrawn.

NEW BUSINESS

Conference Bids

12. SPRING 2024 CONFERENCE
The Spring 2024 Conference is open for bids.
There were no bids – this will be a Board of Trustees meeting only.

13. FALL 2024 CONFERENCE
The Fall 2024 Conference is open for bids.
This is still open for bids.

14. SPRING 2025 CONFERENCE
The Spring 2025 Conference is open for bids.
This is still open for bids.

Elections

15. BOARD OF TRUSTEES ELECTIONS:
Chair of the Board of Trustees
Nominations for Chair were:
  Andy R. – declined.
  Marc L. – accepted.
  Pete K. – accepted.
  Pete K. was elected as Chair.

16. BOARD OF TRUSTEES ELECTION:
1st Co-Chair of the Board of Trustees
Nominations for 1st Co-Chair were:
  Marc L. – accepted.
  Harold A. – accepted.
  Martha G. – accepted.
  Wendy B. – accepted.
  Ed G. – accepted.
  Steve F. – accepted.
  Stu B. – accepted.
  Steve F. was elected as 1st Co-Chair.
17. BOARD OF TRUSTEES ELECTION:
2nd Co-Chair of the Board of Trustees
Nominations for 2nd Co-Chair were:
   Wendy B. – accepted.
   Martha G. – accepted.
   Harold A. – accepted.
   Butch G. – accepted.
   Maury C. – declined.
   Marc L. – accepted.
   Stu B. – accepted.
Harold A. was elected as 2nd Co-Chair.

18. BOARD OF REGENTS ELECTIONS:
Results of the Board of Regents Election
   Ara H.      Laura M.
   Arnie B.    Lloyd A.
   Bob W.      Valerie D.
   Jo K.       Zack M.
   John C.     Joe C. – replacement

Discussion Items

19. GENERAL DISCUSSION
   How do your rooms handle a member that discusses suicidal ideation and plans?
   Stuart B. – Area 14 – Long Island, New York
   Discussion only.

*Item 20 discussed early in the first session.*

21. GENERAL DISCUSSION
   How do your rooms handle members reading from personal journals, cell phones, or other self-written documents that are not Gamblers Anonymous Approved or Appropriate Literature?
   Steve F – Area 1 – Los Angeles, California
   Discussion only.

22. GENERAL DISCUSSION
   What constitutes Gamblers Anonymous Literature versus resource material?
   Jo K. – Area 8D – Eastern Missouri
   Discussion only.
23. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
What action should be taken by the BOT when an Area doesn’t have an Intergroup or the Area’s Intergroup has recently or will soon be disbanded? There is nothing in any GA literature that addresses this. How should we communicate with those local meeting members? What about the disposition of their materials and bank account balance?
Bob C. – Area 3A – San Diego, California
Discussion only.

24. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
The world has changed significantly but our guidelines have not kept up. Our Trustee Areas and Intergroups are based on geography, but virtual meetings can be worldwide. Some virtual meetings support the I.S.O. but what about Intergroups and Trustees? Questions such as should virtual meetings be part of an Intergroup? Are virtual meetings entitled to vote in the Trustee elections? Should a committee be struck up to update our guidelines in order to answer their questions in regard to virtual meetings?
Paul N. – Area 2A – British Columbia and Alaska
Motion to table.
Item tabled.

Appropriate Literature

25. NEW LITERATURE
New Literature – Appropriate Literature Alcoholics Big Book.
Andy R. – Area 13B – Past Trustee
Motion as written.
Item failed.

26. NEW LITERATURE
New Literature – Appropriate Literature Unity and Safety Card.
Frank P. – Area 5 – for Tom R. – English Quebec & Labrador
Motion as written.
For 35 Against 41
Item failed.

27. BOARD OF TRUSTEE’S DECISION
BOT Decision – Not Covered by Any Other Category
Change status of the Gamblers Anonymous By-Laws from approved literature to appropriate literature.
Jack R. for John C. – Area 1A – Orange County, California
Motion as written.
Item passed.
28. **NEW LITERATURE**

New Literature – Appropriate Literature
Literature – Suggestions. Approve this publication to promote sales of Gamblers Anonymous Literature. It should be made available to all Trustees, Intergroups, and RSOs and be posted on the trustee website and the ISO website.

Andre G. – Area 5B – All French meetings in Quebec
Motion as written.
Item passed.

**Literature Changes**

29. **CURRENT LITERATURE**

Combo Book
Page 17 item #5 Bold and Capitalize twenty questions.
Current Version: Read the RECOVERY and UNITY steps often and continuously review the twenty questions.
Proposed Version: Read the RECOVERY and UNITY steps often and continuously review the TWENTY QUESTIONS.

Paul N. – Area 2A – British Columbia, Canada
Motion to table.
Item tabled.

30. **BOARD OF TRUSTEE’S DECISION**

BOT Decision – Not Covered by Any Category
Decision item – I would like to propose that a pdf of the Gamblers Anonymous Combo Book be placed on the www.gamblersanonymous.org website so that it is accessible to members that attend phone or virtual GA meetings.

James B. – Area 2B – Greater Sacramento, California
Motion as written.
Item ruled out of order.

31. **CURRENT LITERATURE**

Combo Book
Page 17, #8 – Highlight and BOLD and capitalize the word “regularly”.
Current Version – BE PATIENT! The days and weeks will pass soon enough, and as you regularly attend meetings, abstain from gambling, and follow the guidelines on this page, you will experience continued recovery.
Proposed Version – BE PATIENT! The days and weeks will pass soon enough, and as you REGULARLY attend meetings, abstain from gambling, and follow the guidelines on this page, you will experience continued recovery.
32. CURRENT LITERATURE
Other Existing Literature List
Introduction page “Dear Gamblers Anonymous Member Page 17 of our Gamblers Anonymous Combo Book states: The word “legal” should be removed. It is no longer on page 17 of the combo book.
Current Version: “We encourage every member of the Gamblers Anonymous program to have a Pressure Relief Group meeting as it offers guidance toward a normal way of thinking & living. The Pressure Relief Group meeting may help alleviate legal, financial, employment & personal pressures. Adherence to it may aid in your recovery.”
Proposed Version: We encourage every member of the Gamblers Anonymous program to have a Pressure Relief Group meeting as it offers guidance toward a normal way of thinking & living. The Pressure Relief Group meeting may help alleviate financial, employment & personal pressures. Adherence to it may aid in your recovery.
Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas
Item withdrawn.

33. CURRENT LITERATURE
Other Existing Literature – Gamblers Anonymous Pressure Relief Group Meeting Flyer approved 10/18 printed 01/22 the 2nd paragraph of the flyer which says “From our Gamblers Anonymous Literature” the word “legal” has to be removed. With reference to our updated Combo Book Page 17 the word “legal” has been removed from #8.
Current Version: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group meeting as it offers guidance towards a normal way of thinking & living. The Pressure Relief Group Meeting may help alleviate financial, legal, employment & personal pressures. Adherence to it may help in your recovery.”
Proposed Version: “We encourage every Gamblers Anonymous member to have a Pressure Relief Group Meeting as it offers guidance towards a normal way of thinking & Living. The Pressure Relief Group Meeting may help alleviate financial, employment & personal pressures. Adherence to it may help in your recovery.”
Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas
Item passes. 1st Vote.
34. **CURRENT LITERATURE**
Existing Literature – Gamblers Anonymous Combo Book Current text on page 2 (Preamble) of the Yellow Combo Book
Current Version: “GAMBLERS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other …”
Proposed Version: “GAMBLERS ANONYMOUS is a fellowship of people who share their experience, strength and hope with each other …”
Ronnie W. – Area 17 – Connecticut and Western Massachusetts
Motion as written.
Item passes. 1st Vote.

35. **CURRENT LITERATURE**
Gamblers Anonymous Combo Book – Page 16 Question 19
Gamblers Anonymous 20 Questions. Remove Question 19 and replace it with, “Have you ever lied to hide your gambling?”
Current Version: 19. Did you ever have the urge to celebrate any good fortune by a few hours of gambling?
Proposed Version: 19. Have you ever lied to hide your gambling?
Marc L. – Area 3D – Arizona and New Mexico
Motion as written.
Item failed.

36. **CURRENT LITERATURE**
Combo Book Page 17 #5
Bold and capitalize twenty questions.
Current Version: Read the RECOVERY and UNITY steps often and continuously review the twenty questions.
Proposed Version: Read the RECOVERY and UNITY steps often and continuously review the TWENTY QUESTIONS.
Paul N. – Area 2A – British Columbia, Canada
Item withdrawn.

37. **NEW LITERATURE**
Change Existing Literature – Title of Gamblers Anonymous Working the Steps Pamphlet
Deborah S. – Area 7A – Houston
Motion as written.
Item failed.
38. **CURRENT LITERATURE**
Other Existing Literature List – GA A New Beginning Page 56 – Step 6 – 3rd sentence of the first paragraph. To change the word “sent” to “set.”

**Current Version:** If we were to apply our energies toward any “related facilities” would we then set aside time & attention required to share with the suffering compulsive gambler?

**Proposed Version:** If we were to apply our energies toward any “related facilities” would we then set aside time & attention required to share with the suffering compulsive gambler?

Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas

Motion as written.

It was discussed that the Literature Committee would make a correction to the spelling/grammatical error.

Item ruled out of order.

39. **CURRENT LITERATURE**
Other Existing Literature – GA A New Beginning Page 47 – Paragraph 3. Remove the word “legal.”

**Current Version:** This pressure relief meeting can cover marital, legal, and financial areas.

**Proposed Version:** This pressure relief meeting can cover marital and financial areas.

Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas

Motion as written.

Item passed. 1st Vote.

40. **CURRENT LITERATURE**
Other Existing Literature – GA A New Beginning Page 14 – Pressure Relief Group Meeting – 2nd Paragraph.
Remove the word “legal”

**Current Version:** The meeting deals with financial, personal, employment and legal pressures that have developed in personal relationships with others.

**Proposed Version:** The meeting deals with financial, personal and employment pressures that have developed in personal relationships with others.

Deborah S. – Area 7A – Austin, Houston, Gulf Coast & South Texas

Motion as written.

Item passed. 1st Vote.

41. **CURRENT LITERATURE**
The 90 Days – Page 5 Understand and Apply the 12-Step Program Change the word “Handbook” to “Combo Book”

**Current Version:** Most meetings will, as often as possible, have discussions on various parts of the Gamblers Anonymous Handbook, all of which will relate to a particular step or steps.
Proposed Version: Most meetings will, as often as possible, have discussions on various parts of the Gamblers Anonymous Combo Book, all of which will relate to a particular step or steps.
Paul N. for Dave C. – Area 2A – British Columbia and Alaska
Motion to table.
Item tabled.

42. CURRENT LITERATURE
Other Existing Literature – Public Relations Fact Sheet Change
Title/Description
Current Version: Public Relations Fact Sheet.
Paul N. – Area 2A – British Columbia, Canada
Motion to table.
Item tabled.

43. CURRENT LITERATURE
Guidance Code – Article VIII – Section 1
Change the requirement to be a Trustee from 2 years as the date of nomination to 5 years as the date of nomination.
Current Version: The fellowship shall be guided by a Board of Trustees who are members of Gamblers Anonymous and have completely abstained from gambling for a period of two (2) years (as of the date of nomination) and have had regular attendance at Gamblers Anonymous meetings, both by their own admission. The Board of Trustees defines regular attendance for International Officers as having attended a minimum number of thirty-nine (39) meetings per year at the members’ own admission. This does not include Intergroup meetings or picnics but does include Birthday meetings. The Board shall not exceed as many Trustees as necessary by the Board of Trustees.
Proposed Version: The fellowship shall be guided by a Board of Trustees who are members of Gamblers Anonymous and have completely abstained from gambling for a period of five (5) years (as of the date of nomination) and have had regular attendance at Gamblers Anonymous meetings, both by their own admission. The Board of Trustees defines regular attendance for International Officers as having attended a minimum number of thirty-nine (39) meetings per year at the members’ own admission. This does not include Intergroup meetings or picnics but does include Birthday meetings. The Board shall not exceed as many Trustees as necessary by the Board of Trustees.
Jack R. for Jimmy D. – Area 1A – Orange County, California
Item withdrawn.
44. BOARD OF TRUSTEES DECISION
BOT Decision – Not Covered by Any Other Category
Attendance at a Virtual (i.e., Zoom) meeting will count toward the
39-meeting requirement to celebrate an anniversary.
Stuart B. – Area 14 – Long Island, New York
Motion as written.
Item ruled out of order.
Challenge of the Chair. Discussion on the challenge. Vote on challenge
found the Chair was out of order.
Discussion on item resumed.
Pete K. took over and ruled this out of order for a different reason.

45. CURRENT LITERATURE
Guidance Code Article XVI – To change article XVI – International
Executive Secretary of
I.S.O. Article title to reflect the movement of duties from the
International Executive Secretary to the Office Manager.
Current Version: Article XVI – International Executive Secretary.
Proposed Version: Article XVI – International Executive Secretary
and the Office Manager of the I.S.O.
Bob C. – Area 3A – San Diego, California
Motion as written.
Item passed. 1st Vote.
For 61 Against 2

46. CURRENT LITERATURE
Guidance Code Article XVI – Section 9 – International Executive
Secretary, Section 9 – reflecting the movement of duties from the
International Executive Secretary to the Office Manager.
Current Version: – The International Executive Secretary will be
responsible for the safekeeping of all minutes of the Board of
Trustees and Board of Regents and Books and Records of the
International Service Office (I.S.O.).
Proposed Version: The Office Manager will be responsible for the
safekeeping of the minutes of the Board of Regents and Books and
Bob C. – Area 3A – San Diego, California
Motion as written.
Item passed. 1st Vote.
For 64 Against 2

47. CURRENT LITERATURE
Guidance Code Article XVI – Section 8 – International Executive
Secretary, Section 8 – reflecting the movement of duties from the
International Executive Secretary to the Office Manager.
Current Version: The International Executive Secretary, or other designated individual, in coordination with the International Executive Secretary as determined by the Board of Regents, shall be responsible to provide receipts for donations made to the International Service Office (I.S.O.) unless group or member making the donation requests that no receipt be sent. The International Executive Secretary, as determined by the Board of Regents, shall mail Gamblers Anonymous literature and/or Gamblers Anonymous pins within 5 business days after donation or requisition is received in the International Service Office (I.S.O.).

Proposed Version: The Office Manager shall be responsible for providing receipts for donations made to the International Service Office (I.S.O.), unless a group or member making the donation requests that no receipt be sent. The Office Manager, or other designated individual, as determined by the Board of Regents, shall mail Gamblers Anonymous literature and/or Gamblers Anonymous pins within 5 business days after donation or requisition is received in the International Service Office (I.S.O.).

Bob C. – Area 3A – San Diego, California
Motion to table.
Item tabled.

48. CURRENT LITERATURE
Guidance Code Article XVI – Section 4 – International Executive Secretary, Section 4 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.

Current Version: The International Executive Secretary will be solely responsible for collecting, banking, and accounting all funds of the International Service Office (I.S.O.).

Proposed Version: The Office Manager will be solely responsible for collecting, banking, and accounting all funds of the International Service Office (I.S.O.).

Bob C. – Area 3A – San Diego, California
Item withdrawn.

49. CURRENT LITERATURE
Guidance Code Article XVI – Section 3 – International Executive Secretary, Section 3 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.

Current Version: The International Executive Secretary shall be solely responsible for the efficient operation of the International Service Office (I.S.O.). He or she will be under the guidance and direct supervision of the Board of Regents.

Proposed Version: The Office Manager shall be solely responsible for the efficient operation of the International Service Office.
(I.S.O.). He or she will be under the guidance and direct supervision of the Board of Regents.
Bob C. – Area 3A – San Diego, California
Motion as written.
Item passed. 1st Vote.
For 54 Against 3

50. CURRENT LITERATURE
Guidance Code Article XV – Section 2 – International Executive Secretary, Section 2 – reflecting the movement of duties from the International Executive Secretary to the Office Manager.
Current Version: The operation of the International Service Office (I.S.O.) shall be the responsibility of the International Executive Secretary, who will be under the guidance of the Board of Regents and Board of Trustees. However, all business affairs of this office shall be under the direct supervision of the Board of Regents.
Proposed Version: The operation of the International Service Office (I.S.O.) shall be the responsibility of the Office Manager, who will be under the guidance of the Board of Regents and Board of Trustees. However, all business affairs of this office shall be under the direct supervision of the Board of Regents.
Bob C. – Area 3A – San Diego, California
Motion as written.
Item passed. 1st Vote.
For 72 Against 2

51. CURRENT LITERATURE
Guidance Code – Article VII – Section 3A – replacing the content with a more detailed explanation of receiving electronic funds. Since there is no current Guidance Code “regulation: on how contributions are to be received, this motion will reinforce reliance on the Unity Steps to protect group unity.
Current Version: Electronic forms of payment can be accepted as long as guidance code regulations are followed.
Proposed Version: In accordance with Unity Step 7, every Gamblers Anonymous Group ought to be self-supporting, declining outside contributions. Contributions can be made in any manner including electronically, but protection of anonymity is essential for group unity.
Bob C. – Area 3A – San Diego, California
Motion as written.
Item passed. 1st Vote.
For 80 Against 4
52. CURRENT LITERATURE
Guidance Code – To change Article XII – Board of Regents – Section 8 – removing the last sentence, requirement for a sixty (60) day budget notification by the BOT to the BOR. Currently, there is no requirement for this in the By-Laws, and the statement doesn’t make any sense. The BOR approves the budget submitted by ISO Office Manager in June and published in the Bulletin for all to review.
Current Version: Any expenditures by the Board of Regents will be limited to $2,500.00, except for approved Gamblers Anonymous literature and normal operating expenses as outlined in the Annual Budget for a particular Fiscal year. Any other item must first be approved by a majority vote by the Board of Trustees. If the Board of Regents as a fiduciary determines there is an emergency situation, the Board of Regents may act without the approval of the Board of Trustees. The Board of Trustees time to notify the Board of Regents regarding the Budget is sixty (60) days.
Proposed Version: Any expenditures by the Board of Regents will be limited to $2,500.00, except for approved Gamblers Anonymous literature and normal operating expenses as outlined in the Annual Budget for a particular Fiscal year. Any other item must first be approved by a majority vote by the Board of Trustees. If the Board of Regents as a fiduciary determines there is an emergency situation, the Board of Regents may act without the approval of the Board of Trustees.
Bob C. – Area 3A – San Diego, California
Item withdrawn.

53. CURRENT LITERATURE
Guidance Code – To change Article XIII – Board of Regents – Section 7 – adding an “s” to the end of the word “record” to make it grammatically correct.
Current Version: It shall be the responsibility of the Board of Regents to annually employ a certified public accountant who is not a member of Gamblers Anonymous to examine the books and record of our International Service Office (I.S.O.) and to advise the Board of Trustees and International Executive Secretary of the results of the audit and the audit published in the next International Service Office (I.S.O.) Bulletin.
Proposed Version: It shall be the responsibility of the Board of Regents to annually employ a certified public accountant who is not a member of Gamblers Anonymous to examine the books and records of our International Service Office (I.S.O.) and to advise the Board of Trustees and International Executive Secretary of the
Bob C. – Area 3A – San Diego, California
Item withdrawn.

54. CURRENT LITERATURE
Guidance Code – To change Article XIII – Board of Regents, Section 6, removing the last sentence referring to proxies which are not allowed in any form by the current By-Laws. Current Version: Five (5) members of the Board of Regents shall constitute a quorum. Only a written proxy shall be counted in determining the number present for the purpose of a quorum. Proposed Version: Five (5) members of the Board of Regents shall constitute a quorum.
Bob C. – Area 3A – San Diego, California
Motion as written. Item passed. 1st Vote.
For 72 Against 3

55. CURRENT LITERATURE
Guidance Code – To change Article VII – Groups, Section 2, removing the three (3) month “new group” requirement and adding “recognition by ISO and affiliation with an area Intergroup. Current Version: No new group will be qualified to vote on any issues affecting Gamblers Anonymous as a whole until they have conducted regular weekly meetings for a three (3) month period. Proposed Version: No new group will be qualified to vote on any issues affecting Gamblers Anonymous as a whole until they have registered with the International Service Office and belong to an area Intergroup.
Bob C. – Area 3A – San Diego, California
Motion as written. Item failed two-thirds.

56. CURRENT LITERATURE
Guidance Code – To change Article VII – Groups, Section 4, changing the start of abstinence date from “your first meeting following your last bet” to “the day following your last bet”.
Current Version: Abstinence from gambling and regular attendance of at least thirty-nine Gamblers Anonymous meetings (exceptions can be made, via group conscience decisions, for medical reasons, or active military duty) in the prior 12 months, by the member’s own admission, is required for pinnings presentation of medallions, and for all successive anniversaries. Date of abstinence starts from your first meeting after your last bet.
Proposed Version: Abstinence from gambling and regular attendance of at least thirty-nine Gamblers Anonymous meetings (exceptions can be made, via group conscience decisions, for medical reasons, or active military duty) in the prior 12 months, by the member’s own admission, is required for pinnings presentation of medallions, and for all successive anniversaries. Date of abstinence starts from the day after your last bet.
Bob C. – Area 3A – San Diego, California
Motion as written.
Item failed two-thirds.

57. CURRENT LITERATURE
Guidance Code – To change Article V – Summary of Operations section 1:1 Members – remove article number “V” from the Article column and replace it with Article number “III.” Current Version: Article “IV, V, VI.”
Proposed Version: Article “III, IV, V.”
Bob C. – Area 3A – San Diego, California
Item withdrawn.

58. CURRENT LITERATURE
Guidance Code – To change Article IV – Declaration, Section 1 first sentence removing the word “win” and replace it with the word “gain”. This group feels the word win could be triggering to some members.
Current Version: We are dedicated to the proposition that a structurally sound Fellowship based and granted in democratic and spiritual principles will not only strengthen us, but will win the confidence, respect, and help of people everywhere, as we extend a stronger hand to compulsive gamblers in every part of the world. Therefore, in order to build the greatest strength for ourselves and others we set forth the following principles for our recovery, unity, and guidance.
Proposed Version: We are dedicated to the proposition that a structurally sound Fellowship based and granted in democratic and spiritual principles will not only strengthen us, but will gain the confidence, respect, and help of people everywhere, as we extend a stronger hand to compulsive gamblers in every part of the world. Therefore, in order to build the greatest strength for ourselves and others we set forth the following principles for our recovery, unity, and guidance.
Bob C. – Area 3A – San Diego, California
Motion as written.
Item failed.
59. CURRENT LITERATURE
Guidance Code – To change Article III – Objects, Section 1 – replacing the specific and primary purpose for the GA fellowship with items that are consistent with the GA Combo Book and the GA By-Laws.
Current Version: The specific and primary purpose for which this fellowship is formed are as follows: 1. To contact compulsive gamblers no matter where they may be and help them overcome a gambling problem.
Proposed Version: The specific and primary purpose for which this fellowship is formed are as follows: 1. To stop gambling. 2. To help other compulsive gamblers do the same.
Bob C. – Area 3A – San Diego, California
Motion as written.
Motion to amend to read: “The specific and primary purpose for which this fellowship is formed are as follows: 1. To not gamble. 2. To help other compulsive gamblers do the same.”
Motion to amend failed.
2nd Motion to amend to read “The specific and primary purpose for which the fellowship is formed are as follows. 1. To stop our gambling. 2. To help other compulsive gamblers do the same.”
Motion to amend failed.
Motion to commit back to committee.
Motion to commit passed.
Item sent back to committee.

60. CURRENT LITERATURE
Guidance Code – Article VII, Section
Change the phrase in parenthesis immediately following the word “meetings” to read “exceptions can be made through group conscience decisions for hospitalization or institutionalized because of their compulsive gambling.”
Current Version: Abstinence from gambling and regular attendance of at least thirty-nine (39) Gamblers Anonymous meetings (exceptions can be made, via group conscience decisions, for medical reasons, or active military duty) in the prior 12 months, by the member’s own admission, is required for pinnings and for all successive anniversaries Date of abstinence starts from your first meeting after your last bet.
Proposed Version: Abstinence from gambling and regular attendance of Gamblers Anonymous meetings (exceptions can be made for hospitalization or institutionalized because of their compulsive gambling), by the member’s own admission, is required for pinnings and for all successive anniversaries.
Diane W. for Kim. E. – Area 3D – Arizona and New Mexico
Item withdrawn.
61. CURRENT LITERATURE
Guidance Code – To change Article III – replacing the specific and primary purpose for the GA fellowship with items that rea consistent with the GA Combo book and the GA By-laws. Current Version: The specific and primary purpose for which this fellowship is formed are as follows: 1. To contact compulsive gamblers no matter where they may be and help them overcome a gambling problem.
Proposed Version: The specific and primary purpose for which this fellowship is formed are as follows: 1. To stop gambling. 2. To help other compulsive gamblers do the same.
Bob C. – Area 3A – San Diego, California
Item withdrawn.

Step Changes

62. CURRENT LITERATURE
Change a Step
Recovery Step Change – Step #5 – add “to your Higher Power”.
Current Version: Admitted to ourselves and another human being the exact nature of our wrongs.
Proposed Version: Admitted to our Higher Power, to ourselves and another human being the exact nature of our wrongs.
Marc L. – Area 3D – Arizona and New Mexico
Item withdrawn.

63. Recovery Step Change
Change the word tried to try in Recovery Step 12
Current Version: Having made an effort to practice these principles in all our affairs, we tried to carry this message to other compulsive gamblers.
Proposed Version: Having made an effort to practice these principles in all our affairs, we work to carry this message to other compulsive gamblers.
Neal G. – Area 6 – South Florida
Item withdrawn.
ISO Procedures

64. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
We request the Gamblers Anonymous Board of Trustees to give the approval to the GA International Service Office to print and sell the Spanish version of the book Sharing Recovery Through Gamblers Anonymous that passed a second vote at our last BOT Meeting in Cancun 2022.
Martha G. – 2nd Co-Chair Executive Committee Board of Trustees
Motion as written.
Item passed.

65. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
Romania would like permission to translate, print and distribute key chains and medallions to its members in Romania.
Ara H. – Area 1 – Los Angeles, California
Motion as written.
Item passed.

66. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
Could we have Medallions and key chains in the Farsi language in Iran to make them compatible with our Farsi books and pamphlets?
Who should we talk to - to get permission?
Hamid K – Area Iran.
Motion as written.
Motion to amend to read “Request for GA medallions and key chains in Farsi (Persian) language be made in Iran and sold on Iran website.”
Amendment passed.
Item passed.

67. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
BOR would like to add a link on the Gamblers Anonymous.org Website for donations that will allow members to donate online.
Valerie D-Past Trustee Area 1
Motion as written.
Item passed.
68. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
BOR would like to add a link on the Gamblersanonymous.org Home page (left column) for both flyers for discounted items and would like it to be Highlighted in “Red” if possible.
Valerie D-Past Trustee Area 1
Motion as written.
Item passed.

69. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
BOR would like the literature order form & both flyers for discounted items added to the Store page of Gamblersanonymous.org.
Valerie D-Past Trustee Area 1
Motion as written.
Item passed.

70. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
Could we sell Farsi language combo books and other pamphlets translated in Farsi on the ISO website? Several Farsi-speaking members are interested to have meetings in the Farsi language like the Spanish group. Is it possible to start a Farsi-speaking GA meeting in the USA or other countries and provide the books through ISO?
Hamid K – Area Iran.
Item ruled out of order.

71. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
Procedure for adding new in-person meeting information to gambler anonymous website, could it be in Farsi language and English, or has to be in English?
How about adding other types of media meetings such as Farsi Zoom meetings (both open and closed meetings) or Free conference meetings? Where is the best place to add the links for these types of meetings? Remember in Iran and other parts of the world is hard to find Farsi speaking in-person meetings, but they are several websites that have zoom meetings or other media types.
Hamid K – Area Iran.
Item withdrawn.
Trustee Allocation

Item 72 discussed early in the first session.

73. GENERAL DISCUSSION
BOT Decision – Not Covered by Any Other Category
The Philippines is asking to become a new area with one trustee.
The number of Gamblers Anonymous meetings in the proposed new
or realigned geographical area. Baguio-In-Person meeting:
1. Virtual Zoom Calls – 14 zoom call meetings per week (2X day
AM & PM, 7 days Monday-Friday) - 20 plus members per call.
2. The approximate number of Gamblers Anonymous members in
the proposed new or realigned geographical area. 100
members.
3. The geographical size and boundaries of the proposed new or
realigned geographical area. The region of Benguet, about 1065
square miles.
4. The number of Trustee(s) requested for the proposed new or
realigned geographical area. (1 trustee).
5. The submitter and/or presenter of the agenda item asking for a
proposed new or realigned geographical area must have written
documentation stating they are authorized to make the request
for the new or realigned area. Said documentation should
include a letter from the local area Intergroups involved (if
any), and or some kind of documentation from the local groups
involved in the request for the new area.

Ara H. – Area 1 – Los Angeles, California
This item was voted on AFTER item 75.
Motion as written.
Item passed.

New Area – The Philippines Area 38

Committee Related

74. COMMITTEE RELATED
Request a new committee.
Web Site Meeting Listing Audit Committee
Edward G. – Area 10 – Ohio
Committee created. Ed G. will be the Chair, Harold A. will be the
liaison. Volunteers for this committee are Carol K., Area 9; Dianna R.,
Area 8; Stu B., Area 15; Doris S., Area 2H; Mitch M., Area 14; Renee
G., Area 8A; Andy G., Area 13B; Chris M., Area 2G; Paul D., Area 17.
75. COMMITTEE RELATED  
Digital Meeting Committee  
The committee is proposing that the temporary guidelines relating to Digital / Virtual Meetings be made permanent via the guidelines presented. The committee is also proposing that the guidelines be presented on the Trustee Website under “Links/Tools” then “Local Area,” then another classification labeled “Virtual Meeting.” The guidelines will be presented the same way as Conference Calls. 
Butch G.- Area 3A – San Diego, California 
Motion as written. 
Item passed.

76. COMMITTEE RELATED  
Strategic Digital Oversight Committee  
The committee is presenting suggestions that the BOT approves for the committee to work on. These suggestions should be posted on the Trustee Website under “Tools/Links” and then under the appropriate heading to be posted. 
Butch G.- Area 3A – San Diego, California  
The motion reads “BOT to approve items for the committee to work on such as 1) review/audit trustee website; 2) online anonymity; 3) improve trustee communications; 4) present suggestions for a Gamblers Anonymous APP. These items will be presented on the Trustee Website under tools/links/website maintenance.”  
Item passed.

The meeting was closed on May 8, 2023. The fall Board of Trustees meeting will be in Chicago, just before the international conference in November 2023.

Respectfully Submitted, 

KC B.  
KC B.,  
International Executive Secretary
## ROLL CALL

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**Absentee ballot received**

Chair B.O.T. – Pete K. 5
1st Co-Chair – Harold A. 5
2nd Co-Chair – Martha G. 5
Chair B.O.R. – Martha G. 5
I.E.S. – KC B. 5
ANNOUNCEMENT OF UPCOMING EVENTS

2023 and Beyond – Area 18A
42nd National Conference
August 25 – 27, 2023
Mantra Tullamarine Hotel
2 Trade Park Drive
Tullamarine, VIC Australia 3043
For more information, email gaconference18a@gmail.com or visit gaaustralia.org.au.

Taking Steps in Unity, On Our Path to Recovery
Gamblers Anonymous/Gam-Anon Mini Conference
September 9, 2023
Redeemer Lutheran Church
229 Cowperthwaite Place
Westfield, NJ 07090
For more information, email ies@gamblersanonymous.org.

Abstinence vs. Recovery
Gamblers Anonymous Area 10 Mini Conference
September 8 – 10, 2023
Doubletree by Hilton Hotel
6200 Quarry Lane
Independence, OH 44131
For more information, email GA.Area10@yahoo.com.

From Risk to Resilience
Indianapolis 2023 Mini Conference
Saturday, October 7, 2023
RSVP by September 23, 2023
19777 Morse Park Lane
Noblesville, IN 46062
For more information, email indygamanon@gmail.com

2023 Chicagoland Intergroup
Fall 2023 International Conference
November 17 – 19, 2023
Hilton Oak Brook Hills Resort & Conference Center
3500 Midwest Road, Oak Brook, IL 60523
For more information, visit their website at www.internationalconference2023.org

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Walkathon 2023
Fall 2023 International Conference
November 17, 2023, 7:00 am
There will be a walkathon on Saturday morning at the conference in Chicago! We will meet in the lobby at 7:00 am. If you have any questions, email ies@gamblersanonymous.org and I’ll get you in contact with the planner of this amazing walkathon!

INDIVIDUAL LIFELINER DONATIONS RECEIVED IN THE MONTH OF JULY 2023

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<td>Tuesday</td>
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<td>C1105</td>
<td>Sacramento Stop &amp; Grow</td>
<td>Saturday AM</td>
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<td>C1285</td>
<td>Rancho Cucamonga</td>
<td>Saturday PM</td>
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<td>C1352</td>
<td>Dana Point</td>
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<td>C1397</td>
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<td>C1442</td>
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<td>C1496</td>
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<td>C1538</td>
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<td>Aurora Provena</td>
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<td>C398 Plainville Thursday 30.00</td>
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<td>GROUP CONTRIBUTIONS</td>
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<td>JULY 2023</td>
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<td>ARIZONA</td>
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<td>Burbank/ North Hollywood Zoom 125.50</td>
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<td>Downey Saturday 93.00</td>
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<td>Lakewood/ Paramount Thursday 37.00</td>
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<td>Los Angeles/ Griffith Park Sunday 255.00</td>
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<td>Lincoln Wednesday 18.00</td>
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<td>Lincoln Friday AM 20.00</td>
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<td>Lincoln Sunday 28.00</td>
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<td>Palm Springs Sunday AM 50.00</td>
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<td>Reseda Saturday AM 25.00</td>
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<td>Valparaiso Sunday 40.00</td>
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<td>Ventura Sunday 79.00</td>
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<td>Walnut Creek Tuesday 15.00</td>
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<td>Pawcatuck Tuesday 5.00</td>
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<td>Waterford Saturday 60.00</td>
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<td>Wilmington Tuesday 20.00</td>
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<td>FLORIDA</td>
<td>Boca Raton Mon-Women Helping Women Boynton Beach Tuesday Bradenton/ Lakewood Ranch Crossroads Day</td>
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<td>20.00</td>
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<td>Friday 50.00 32.50</td>
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FLORIDA (cont)
   Port St. Lucie Wednesday 10.00

GEORGIA
   Norcross Sunday-Korean 10.00

ILLINOIS
   Arlington Heights
      Monday PM 1.00
   Aurora Thursday Zoom 1.00
   Springfield Sunday 25.00

LOUISIANA
   Abbeville Monday PM 100.00

MASSACHUSETTS
   Natick Sunday 54.00
   Newton Upper Falls Monday 41.00
   West Bridgewater Wednesday 20.00

MINNESOTA
   Anoka Thursday 50.00
   Southeast Metro 50.00

MISSOURI
   Arnold Friday 75.00

NEVADA
   Las Vegas- Nuevo Comienzo 25.00

NEW JERSEY
   Edison Saturday AM 100.00
   Freehold Friday 50.00
   Hasbrouck Heights Saturday 25.00
   Metuchen Tuesday 50.00
   Old Bridge 10.00
   Pompton Plains Tuesday 100.00
   Sayrewoods 50.00
   Voorhees Tuesday Nooners 50.00
   Voorhees Saturday 60.00
   Westwood Monday 25.00
   Willingboro Wednesday PM 100.00

NEW MEXICO
   Albuquerque Sunday 2PM 69.00
   Santa Fe Monday PM 42.00

NEW YORK
   Bowmansville Monday 50.00
   Bronx - Monday PM Our Savior 50.00
   Eastside Chapter 200.00
   Eggertsville Sunday 30.00

   Flushing Saturday AM 50.00
   Staten Island Thurs-Holy Rosary 10.00
   Yonkers Saturday AM 75.00

OHIO
   Columbus 45.00

OREGON
   Tigard Tuesday 180.00

PENNSYLVANIA
   Bethlehem Thursday 75.00
   Bethlehem Saturday 50.00
   Chester Sunday 50.00
   Collegeville/Trappe Thursday 50.00
   Doylestown Monday 50.00
   Fairless Hills Tuesday 50.00
   Harrisburg Monday 20.00
   Havertown Monday 50.00
   Media Wednesday 100.00
   Ne Philadelphia Wednesday 25.00

RHODE ISLAND
   Tiverton 10.00

SOUTH CAROLINA
   North Myrtle Beach 50.00

TEXAS
   Dallas Pathways Sunday 45.00
   Fort Worth Monday 15.00
   You Are Fort Worth It Online 100.00

WASHINGTON
   Auburn Sunday Firehouse 125.00
   Auburn Tuesday 25.00
   Edgewood 42.00
   Mount Vernon Tuesday 50.00
   Snohomish Friday PM 20.00
   Spokane @ Country Homes 25.00
   Tacoma Monday 40.00
   Tacoma Thursday 80.00
   West Seattle Thursday 20.00

WISCONSIN
   Stevens Point Monday PM 20.00
   Wauwatosa Monday 75.00

KOREA
   Seoul, Korea 60.00
INTERGROUP CONTRIBUTIONS
JULY 2023

Delaware Valley Intergroup . . . . . . . . . . . . . . . . . . . . 300.00
Florida West Coast . . . . . . . . . . . . . . . . . . . . . . . . 100.00
Greater Sacramento . . . . . . . . . . . . . . . . . . . . . . . 30.00
Houston/Gulf Coast Area 7A . . . . . . . . . . . . . . . . . . . . 50.00
Inland Empire . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 50.00
L.A. Intergroup . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 150.00
Long Island . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 435.00
New England . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 24.00
Northern Nevada . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 345.00
Orange County . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 129.48
Pittsburgh/Wheeling . . . . . . . . . . . . . . . . . . . . . . . . . . . . 200.00
South Florida . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 100.00
Western Washington . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 40.00

NATIONAL HOTLINE DONATIONS
JULY 2023

Area 1 L.A. Intergroup 14.00
Area 6 South Florida Intergroup 20.00

BULLETIN SUBSCRIPTIONS
JULY 2023

Three Subscriptions for a Total of $144.00

ONE TIME DONATIONS
JULY 2023

One-Time Donation
Tuesday Night Phone Meeting, Deerfield, Florida

One-Time Donation
Sacramento Stop & Grow Saturday A.M.,
Sacramento, California

One-Time Donation in memorial for Josh H.,
who passed away 5/23/23.
Mark & Nancy H., Sacramento, California
One-Time Donation
Donald A., Santee, California

Monthly Meeting Donation – July
Board of Regents, California

One-Time Donation
Bob W., Upland, California

One-Time Donation in loving memory of George L.
from New Jersey.
Bob W., Upland, California

One-Time Donation
Anonymous, Oregon

One-Time Donation in celebration of
Trevor K.’s one year anniversary.
Rochester Monday, Rochester, New York

One-Time Donation in loving memory
of our dearest GA brother, George L,
who will remain in our hearts and minds forever.
Rutgers Thursday PM, Rutgers, New Jersey

One-Time Donation in memory of George L.
of New Jersey.
Tom M., Millbrae, California

One-Time Donation in memory of my father, Jim S.
from Nebraska.
James S., Tempe, Arizona

One-Time Donation
Sunday Morning Phone Meeting, Miscellaneous Areas
# GAMBLERS ANONYMOUS
## INTERNATIONAL SERVICE OFFICE OPERATING STATEMENT JULY 2023

**CASH IN OPERATING ACCOUNT JULY 1, 2023** $79,324.50

**INCOME FOR JULY 2023**

- Bulletin Subscriptions .......................... 144.00
- Group Contributions .......................... 5,119.50
- Intergroup Contributions ...................... 1,953.48
- ISO Can Contributions ........................ 2,443.50
- Lifeliners Contributions ..................... 7,544.00
- National Hotline Donations ................. 34.00
- One-Time Donation ............................ 957.88
- E-Reader ........................................ 7.72
- Literature Shipping ........................... 4,548.50
- Sale of Literature ............................. 24,521.48
- Sales Tax Collected ........................... 144.72
- Interest from Checking Account ............. 0.58
- Merchant Svs Cash Reward .................... 0.30
- Pay Pal Literature Process Fees ............ 902.26

**TOTAL** ........................................ $48,321.92

**CASH AVAILABLE FOR JULY** ................................ $127,646.42

**EXPENSES FOR JULY**

- Rent & Cam Fees ................................ 4,315.20
- Payroll ....................................... 15,436.06
- Payroll Taxes (Federal & State) ............ 1,084.42
- Payroll Processing Fee ....................... 216.81
- Office Expenses ............................... 1,123.18
- Health Insurance ............................. 415.50
- Telephone/Internet Bill ....................... 455.68
- Electric Bill .................................. 271.20
- Gas Bill ....................................... 29.58
- Maint/Monitoring ADT Alarm .................. 42.55
- Monthly Air Conditioning/Heater Maintenance 30.00
- Match for Employees Simple IRA ............ 316.68
- IES BOT Meeting FALL 2023 .................. 699.96
- Fidelity Bond Insurance ....................... 726.00
- Visa/MC Service Fee ........................... 56.47
- Literature .................................... 11,026.70
- Pay Pal Literature Processing Fees .......... 902.26
- Postage ....................................... 5,000.00
- Lifeline Bulletins ............................. 595.50
- Quarterly State Sales Tax ...................... 600.00

**TOTAL EXPENSES** ................................ $43,343.75

**MONTHLY NET INCOME (NET LOSS)** $4,978.17

**CASH IN OPERATING ACCOUNT AS OF JULY 31, 2023** $84,302.67

**FISCAL YEAR STARTING JULY 1ST TO DATE NET INCOME (NET LOSS)** $4,978.17
### 2023 Fall International Conference

**Chicago • November 17 - 19, 2023**

**Hilton Oak Brook Hills Resort and Conference Center**

3500 Midwest Road, Oak Brook, IL 60523

<table>
<thead>
<tr>
<th>Plan</th>
<th>Package</th>
<th>Conference and Meals</th>
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<tbody>
<tr>
<td>A</td>
<td>Registration and 2 Dinners</td>
<td>$225.00</td>
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<tr>
<td>B</td>
<td>Registration Only (Includes Lunch Voucher)</td>
<td>$75.00</td>
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<tr>
<td>C</td>
<td>1 Friday Dinner Only</td>
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<td>D</td>
<td>1 Saturday Dinner Only</td>
<td>$75.00</td>
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</table>

Room Rates of $120.00 per night are guaranteed for 3 days prior and 3 days following the conference. Hotel reservations are to be made directly with the Hilton Oak Brook Hills Resort & Conference Center by calling (630) 850-5555 or Toll Free at 1-800-HILTON When booking your room, use the group code: CHIIIC and mention “2023 Fall Conference” to receive the discounted rates. Or use the following link:

https://www.hilton.com/en/attend-my-event/chibhh-chiiic-a9091837-ff8b-43cb-8b84-78c58c75bc0b/

**For additional info, visit our website: www.internationalconference2023.org**

**RESERVATIONS MUST BE MADE BY OCTOBER 16, 2023**

TO RECEIVE THE CONFERENCE RATE

These room rates do not include taxes. We recommend that you fly into one of the following Chicago Airports: CHICAGO O’HARE INTERNATIONAL (Airport Code ORD) or CHICAGO MIDWAY INTERNATIONAL (Airport Code MDW)

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**– 2023 International Conference Registration Form –**

### Registrant #1

Full name: (Required) ______________________________________________________________

Plan(s) Selected: __________ Name on Badge __________________________________________

Check (X) One:  GA ______  GAM-ANON _____ NON-AFFILIATED _____

Phone Number: ____________________ Email: ________________________________________

Street Address: __________________________________________________________________

City: ______________________ State/Province: ________________ Country ________________

### Registrant #2

Full name: (Required) ______________________________________________________________

Plan(s) Selected: __________ Name on Badge __________________________________________

Check (X) One:  GA ______  GAM-ANON _____ NON-AFFILIATED _____

Phone Number: ____________________ Email: ________________________________________

Street Address: __________________________________________________________________

City: ______________________ State/Province: ________________ Country ________________

Amount Enclosed: ________________ ($100 Minimum Deposit. Balance due by 11/1/2023)

Checks or money orders payable to Chicago International Conference can be mailed with complete Registration Form to:

Chicagoland Intergroup, P.O. Box 3649, Lisle, IL 60532

For additional payment information and more details, please see online instructions.
Gamblers Anonymous Gratitude Month

Who?

All Gamblers Anonymous Members, Groups, Intergroups and R.S.O.’s

What?

During the May 2011 Board of Trustees meeting in Cherry Hill, New Jersey a motion was made and passed as follows:
Make the month of September “GRATITUDE MONTH”.

Where?
ALL AROUND THE G.A. WORLDWIDE FELLOWSHIP

When?
Every year from September 1st to September 30th

Why?
It’s time to recognize your local Members, Groups, Intergroups, R.S.O.’s (Regional Service Offices) and the I.S.O. by coming together. Plan your socials, Mini-Conferences, fellowship events, picnics and fundraisers during the month of September in appreciation of Gamblers Anonymous and having G.A. meetings available in 57 Countries (and growing)!

So many of our, and others, lives have been saved by the Gamblers Anonymous Program since the beginning of that first G.A. meeting on September 13, 1957. Let’s all get involved and give back to a program that has given so much to us!

And don’t forget about “GRATITUDE WEEK” which is held every year during the week in which September 13th appears to help G.A.I.S.O. continue carrying the message to each and every person who is still suffering.

How?

Email the I.S.O. at isomain@gamblersanonymous.org or contact your local Trustee
Literature Sale!

Effective January 1, 2023, prices on items shown below have been reduced while stock lasts.

Reduced Price

0.25 Suggestions for a Successful 90-Day Room
1.00 Handbook for Judiciary, Lawyers, Counselors, etc
1.00 Towards Recovery in Prison
0.25 Have I Quit the Fellowship?
5.00 Sharing Recovery Through Gamblers Anonymous (Blue Book) revised/printed 12/07
1.50 Spanish Working the Steps Pamphlet
0.75 Spanish Beyond 90 Days Booklet
0.50 Spanish Let it Stay Here - Card
0.25 **Spanish** G.A. Coins
2.50 Spanish Slogans of the Program - Cards
0.50 Spanish Coping With Urges
0.50 Spanish Your First Meeting
0.50 Spanish New Member Retention
0.25 GA Treasury Guideline Example
1.75 Group Study Book on Unity Steps
1.50 G.A. Intergroup Handbook
0.75 G.A. Suggestions for New Member Retention
2.00 Beyond 90 Days on CD
$ 2.00 Towards 90 Days on CD
$ 3.00 Big Steve DVD
$ 3.00 Even Up The Odds DVD
ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

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<tr>
<th>Day and Time</th>
<th>Call-In Number</th>
<th>Meeting Code</th>
<th>Email for Information</th>
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<tbody>
<tr>
<td>Wednesday 9PM</td>
<td>267-807-9601</td>
<td>9131957 #</td>
<td><a href="mailto:weeklycallhelp@gmail.com">weeklycallhelp@gmail.com</a></td>
</tr>
<tr>
<td>Friday 3PM</td>
<td>267-807-9601</td>
<td>9131957 #</td>
<td><a href="mailto:weeklycallhelp@gmail.com">weeklycallhelp@gmail.com</a></td>
</tr>
</tbody>
</table>

US callers who are trying to call the US numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA – There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call-In Number</th>
<th>Meeting Code</th>
<th>Email for Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Friday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Sunday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
</tbody>
</table>

FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL

If you can’t get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

**First choice:** Text the word HELP to the conference call-in number. You will be texted an alternate call-in number.

**Second choice:** Text the words CALL ME to the conference call-in number. The system will call you back and connect you directly.

This information is available at trusteewebsite.com/telephone-conference-call
Where would you be today without G.A.?

Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

... it offers you a way to give back to the program that has given you so much.

... it allows you to make a commitment to the program in a more direct way.

... it helps the International Service Office to spread the message to those who haven’t yet been blessed as you have.

... it makes you one of a special group of people who do a little extra for the program that saved their lives.

... it gives you a sense of responsibility.

... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: “Gamblers Anonymous saved my life. I can’t do enough to repay the program for what it has done for me.”

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month’s contribution. It’s that easy!!

Do it today – it’s the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: ___________________

NAME _________________________________________________________________

ADDRESS: _____________________________________________________________

CITY & STATE: _________________________________________  ZIP: ___________

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
1306 MONTE VISTA AVE., STE. 5, UPLAND, CA 91786

Thank you for your support!!