The Life-Line Bulletin, published monthly by the International Service Office of Gamblers Anonymous, 4981 Irwindale Ave., #700, Irwindale, California 91706, is a newsletter for and about members of Gamblers Anonymous. Opinions expressed herein are not to be attributed to Gamblers Anonymous as a whole nor does the publication of any article imply any endorsement by Gamblers Anonymous as a whole. Any manuscript or other material submitted to Gamblers Anonymous for consideration to be published in the Life-Line Bulletin cannot be returned. No portion of any Life-Line Bulletin may be used or reprinted without the express written permission of our International Service Office.

GAMBLING, for the compulsive gambler is defined as follows: any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or “skill” constitutes gambling.
The meeting was called to order at 9:34 A.M. by Tom M., Chair, Board of Regents.


Present by Telephone: Gary M., Mazi S. and Richard C.

Wendy B. was running late.

Tom M. reminded everyone that recording of this meeting is not permitted.

Tom M. announced the meeting was in memory of Herb B., who passed on 07/13/20.

1. A. The minutes of the June 20, 2020 Board of Regents meeting were approved as submitted.
   Motion seconded and passed
   For – 7     Against – 0     Abstained – 0

   B. The operating statement for June 2020 was approved as submitted.
   Motion seconded and passed
   For – 7     Against – 0     Abstained – 0

Wendy B. is now present.

2. OLD BUSINESS

A. LIFELINERS.
   There were 3 new Lifeliners as follows by state:
   CA (1), FL (1), NY (1)

   NEW CANS: 0

   GROUP INFORMATION REQUEST FORMS RECEIVED: 0

   GROUP INFORMATION REQUEST FORMS RECEIVED PRIOR TO SENDING STARTER KITS: 2
   Two Starter Kits were sent out as follows after receiving the Group Information Request in the month of June:

   Lompoc, CA     Moose Jaw, Sask.

   PRISON STARTER KITS SENT: 0
B. DISCUSS PLATFORMS REGARDING CONTRIBUTION MODULES. (Tabled from June’s Board Meeting).
Discussion incurred about Paypal and their fees, using a bank account, and mobile deposits. Chair asked Cathy F. to reach out to AA and other anonymous programs and understand what platforms they use and how they by-pass any 501(c) 3 issues, including fees. A motion was made to table until next month.
Motion seconded and passed
For – 8     Against – 0     Abstained – 0

C. UPDATE ON CD THAT MATURED JULY 1, 2020.
The matured CD, for $86,183.25, was moved to the savings account, as the CD rates given were extremely low. Board will continue to watch rates and assess future investment opportunities.

3. NEW BUSINESS
A. REVIEW STATUS OF BANK ACCOUNTS AND OTHER PERTINENT INFORMATION RELATED TO THE I.S.O.
The cash position of the I.S.O. is down approximately $39,000 compared to the prior year.

B. REVIEW STANDING RULES.
The Board reviewed the Standing Rules. No changes were made. The Board may discuss these rules more at a later meeting.

C. REVIEW INSURANCE COVERAGE OF THE CORPORATION.
The Board reviewed the insurance coverage. No follow up actions.

D. REVIEW LITERATURE INVENTORY.
The Board reviewed the literature inventory. No follow up actions.

E. DISCUSS CD THAT MATURES ON AUGUST 19, 2020.
The Board will let the CD expire and review the rates to see if it is appropriate to reinvest.

F. DISCUSS REPLACEMENT FOR BOARD OF REGENTS VACANCY.
Karen H., I.E.S., will reach out to Kathie S., who is the first on the replacement list from the previous election.

The collection in the amount of $315.00 was taken and the meeting closed with the Serenity Prayer at 10:30 A.M. The next meeting of the Board of Regents will be held August 15, 2020 at 9:30 A.M.
Today’s Board of Regents meeting had 1 person call in to listen.

Respectfully submitted by Cathy F., Secretary

From the Chairs of the Board of Regents and Board of Trustees

Dear Brothers and Sisters,

During these trying times we hope that you and your families are all staying safe.

We are pleased that so many of you have found ways to communicate with one another during this pandemic. Unfortunately, due to the lack of “in-person” meetings, Gamblers Anonymous is suffering and we need EVERYONE’S help.

Gamblers Anonymous is in a precarious situation. We are currently taking in about half of the funds that are needed to keep the International Service Office open. At this rate we have about 18 months of funds to keep the doors open. In other words, if we do not get the support we need, Gamblers Anonymous International Service Office could cease to exist in less than 2 years.

Our I.S.O. continuously operates shorthanded with only 3 full time and 1 part time employee.

These employees are responsible for the following:

- Keeping the G.A. meetings updated on our website
- Answering all calls
- Responding to emails
- Maintaining the online store
- Inventory, shipping and receiving
- The monthly Bulletin
- Countless other daily tasks

Without the work that they do, we would have no literature, no bulletin, and the list goes on. This is incredibly sad for a program that many say, “G.A. saved our lives!”. You can make a difference!!!

Many groups/rooms, Intergroups and members have stepped up with increased donations, to save this fellowship and for that, we thank you from the bottom of our hearts. Unfortunately, we need help from EVERYONE.
The Board of Regents has been hard at work trying to find a solution, in addition to the donations that are currently being received through the mail. The following plea is NOT to replace what our G.A. members, Groups and Intergroups are currently donating, but it is an additional avenue to give members an easier way contribute to Gamblers Anonymous International Service Office.

We are incredibly pleased to let you know that the Board has successfully set up a system where you can easily contribute. If you can afford to help, you can donate through either Venmo or Zelle at the following email address gaisodonation@gmail.com

We have never pressed so hard for contributions as we are now. This is out of pure necessity and every dollar counts.

We ask that you share this information wherever your meeting, in person, on the phone or otherwise. Official, non-official or somewhere in-between, please get the word out.

We wish to thank you for your anticipated support.

Thank you and stay safe.

Tom M., Chairman Board of Regents and Andy R., Chairman Board of Trustees

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**TWELVE STEPS OF UNITY**

Unity – Something that is complete within itself, with a oneness of purpose of thought and spirit.

For the compulsive gambler who walks through the door, out of a want and need to stop gambling, and with a desire to become a member of Gamblers Anonymous, it often seems to be a tremendous task simply to stop gambling and restore oneself to a normal way of thinking and living. In the beginning there is an understanding confusion of the mind and the normal impatience. We try to open our minds to share with others who have experienced the first steps of recovery.

The new member often blocks out any discussion of the Unity Program for a period of time, and even those members who have abstained from gambling for longer periods often avoid or put aside the need for discussion and the acceptance of the Unity Program for any number of reasons, but the truth of the matter is the great need for an understanding of the progress of our recovery, made possible by the tools that are available to us as contained in the Steps of Unity.
The Gamblers Anonymous Unity Program is a framework for the well-being of individual groups and the Fellowship as a whole. The Unity Program is outlined in Twelve Steps and is meant to insure the continuity and perpetuity of Gamblers Anonymous.

In order to maintain the Fellowship for present and future members, both individuals and groups follow the proven concepts upon which the Unity Program is based. The essence of this program is in the preservation of common welfare, members understand that what is best for the group is best for each individual.

The Unity Program serves to protect the Fellowship from disruption. Members work together under the principles of unity in order to preserve and perpetuate the opportunity for themselves and other compulsive gamblers to recover and grow within the Fellowship.

**STEP 8**

Gamblers Anonymous should remain forever non-professional, but our service centers may employ special workers.

Gamblers Anonymous operates on the principle that compulsive gamblers can best help each other recover without the use of outside professional services. We believe that we are the most qualified to conduct the Fellowship’s affairs.

The validity of professional assistance is not in question. Gamblers Anonymous members are urged to seek outside help, if required. However, if professional therapists were to operate within the Fellowship, their views might conflict with Gamblers Anonymous principles. By remaining non-professional, Gamblers Anonymous avoids the controversies that would inevitably arise.

It becomes quite clear there is a need to employ special workers to handle the necessary functions of an office designed to fulfill certain responsibilities to Gamblers Anonymous. However, the principal concepts is our responsibility to a new member- counseling, guidance, pressure meetings, etc., as well as the need to create an awareness for others that there is a recovery program through Gamblers Anonymous- should remain free of any financial remuneration, keeping in mind that we must put back what we received.
From Your International Executive Secretary

First of all I would like to thank each and every one of you who have made it possible for the International Service Office to continue carrying the message, by stepping up during the past five months with your phone calls, emails, kind words and most of all your support during these very trying and uncertain times.

For the past nine years I have been writing letters to the Trustees, Intergroups and G.A. Fellowship (through the Life-Line Bulletin) about our “Annual Gamblers Anonymous Gratitude Week” that has taken place every September. The same paragraph “During the May 2011 Board of Trustees meeting in Cherry Hill a motion was made and passed as follows: Designate the week in which September 13th appears to be Gamblers Anonymous Gratitude week with all meetings in the world donating a percentage of their collection to G.A.I.S.O. (Amount to be determined by group conscience with 50% suggested.)”

Well sadly, this year is different. Most of our G.A. groups are still “temporarily closed”. We have been receiving donations from Groups, Intergroups, Cans, individual Lifeliners and One-Time Donations as well, but our monthly income has not been able to keep up with our monthly expenses.

Therefore, your International Service Office is once again asking for your help! If you are a Group, Intergroup or G.A. member, who has a little extra money, we are asking that you designate the week of Sunday, September 13th through Saturday, September 19, 2020 as this year’s Gamblers Anonymous Gratitude week. Please send your donations to:

Gamblers Anonymous I.S.O.
4981 Irwindale Avenue #700
Irwindale, CA 91706

First and foremost, take care of yourselves, your families and please Stay Safe!

Love to all, Karen H.

GROUP NEWS

Dear Brothers & Sisters,

Thank you Gamblers Anonymous for introducing me to the word “WE” on July 26, 1970. Thank you HP, who I choose to call GOD, for the miracle of returning the following Sunday for my 2nd meeting. My last bet was July 15, 1970. My journey has been carried out ODAAT. My Bucket List item #1 of having 50 years in Gamblers Anonymous clean has come to fruition, thank you all.
Here, in 2020, the World has been turned upside down and our face to face meetings have been suspended until it is safe for groups to gather and resume sharing our experience, strength & hope as well as hugs too.

Right at this moment, our International Service Office is hurting for lack of income. The reasons are understandable as meetings are not scheduled, no regular collections being made, Can collections in limbo, Intergroup donations not available as there are no Intergroup meetings, 2 International conferences cancelled and the result is that monthly income at G.A.I.S.O. is down.

I decided to send a check for the amount I usually donate to the collection basket times 22 weeks that our home meeting has been closed. It is the least that I can do.

When reading this, if you have similar thoughts, please do the same. If your number of weeks without your face to face meeting total 30 weeks, decide how much Gamblers Anonymous has helped your life. If you can make a contribution, please do. Whatever amount you send will help.

If you are out of work or cannot contribute, take care of your family first.

Grateful for Gamblers Anonymous!

Bill B., Port Saint Lucie Florida

*Note From I.S.O.:* Bill, once again congratulations on your well-deserved milestone of 50 years of abstinence and recovery in Gamblers Anonymous. Thank you for being a big part of my recovery for over 40 years and for also being my friend!

Dear G.A.I.S.O.,

Enclosed please find Yukon Thursday G.A.’s second quarter donation.

We are grateful to be able to give back to you for all you do for us Compulsive Gamblers.

Sincerely, Laurence L., Yukon, Oklahoma
Hi Karen,

We have not had a face to face meeting since March 9, 2020.

We are sending this contribution (most of our kitty) because we realize it is hard for you and the Office during this Covid-19 pandemic.

Stay Safe and thank you for what you do.

John H., Havertown, Pennsylvania

Note From I.S.O.: John, thank you for your Group’s donation. It is always appreciated but very much so during these trying times. And congratulations to all the members who celebrated anniversaries during the months of April and May. They have each been listed in this issue.

Hello G.A. Staff,

Enclosed is a check for our three Ft. Worth I.S.O. Cans plus a personal gift from myself.

We are still on lockdown for live meetings.

Thank you for all you do.

Sincerely,

Drew J., Fort Worth, Texas - last bet 1/7/99

Hi Karen,

I hope all is well with you, our I.S.O., and G.A. family in the greater L.A. area.

I became a grandfather this year and I have G.A. to thank!

God Bless, Don Y., San Jose, California

Note From I.S.O.: Don, congratulations on becoming a grandpa. When my first grandson was born, I said, “If I hadn’t found Gamblers Anonymous, I would have missed this”. Enjoy, they grow up way too fast. Gregory is starting his freshmen year in high school this Wednesday.
Dear I.S.O.,

I hope everyone out there on the West Coast is Staying Safe.

Enclosed is a donation from the Tuesday Nooners group from Voorhees, New Jersey.

Thank you all for your service and commitment.

Sincerely,

Chris N., W. Berlin, New Jersey

Dear Karen, Israel, Jason and Norma,

In a few days, it will be another wonderful year in this fellowship.

I am so grateful for my 23 years and all the wonderful friends I met along the way. So many of them have helped me along this journey. As a result, I have enjoyed many blessings.

I hope all is well with all of you. Thanks for all you do for our fellowship.

Love, Debbie M., Ft. Myers, Florida

Note From I.S.O.: Congratulations Debbie on 23 “wonderful” years in this Fellowship. A special thank you for your personal donation for your gratitude. It is always good to hear from you.

Dear Karen H. and others at G.A.I.S.O.!

Greetings from your Northern neighbours.

Hope that you are doing O.K. with this crisis that we’re all living with, One Day At A Time.

Thanks for your service at this life-saving fellowship, which truly gives us life and health! We could be 100% physically healthy but if we didn’t have our medicine for our addiction, we’d be lifers in another way.

Enclosed is the Greater Vancouver Intergroup donation as well as my Lifeliner donation.
I would like to mention the death of a dear member of the Burnaby Monday group whose name was Henry. I don’t know his last initial, but he was a sweet and quiet soul. Rest in eternal peace Henry, you were loved a lot.

Thank you, Esther J., Surrey, British Columbia

To G.A.I.S.O.,

This donation is coming from our Venice, Florida group.

After being closed for four months due to the Covid-19 pandemic we decided it was time to reopen, using safe measures, wearing masks and social distancing.

Our room attendance has been minimal but because of changes in people’s lives, there were some that are hoping the room can continue to remain open. We are committing to three months in hopes that we can remain in service.

After all, the G.A. room was there for us when we needed it! One Day at a Time...Be Safe.

Sincerely, Wilma B., Treasurer and Peter S., Secretary, Venice Thursday, Florida

Note From I.S.O.: Wilma and Peter, what good news, to hear that you have opened up your meeting. And thanks for committing to three months! Hopefully, everything goes well. Please keep us posted and if you need anything, we are here for you.

Karen,

We know it has been tough through Covid-19.

Our Monday Moorestown, New Jersey group just opened a few weeks ago and wanted to send something as soon as we could.

Hope to talk to you soon.

Craig F., Moorestown, New Jersey

Dear Karen,

Going through this pandemic has been difficult for everyone. Since this pandemic started back in March, we have closed most of the rooms worldwide, closed our Intergroups and for a couple of months had to close the I.S.O. We have
had to cancel two International conferences and too many local events to count. We have lost brothers and sisters from Covid-19 as well as from other illnesses.

Living through such a dark time makes the good in people stand out like a shining star. These people are the reason for my letter to you. They made me feel hope for a better tomorrow through their generosity and unity.

I am a member of South Jersey Intergroup, Area 13B. Like most areas, we had to shut everything down. With that shutdown, came all but a complete stop in donations. Our members were still meeting virtually, but as you know, it is not the same.

During what I believe to be the April Intergroup meeting, our members were discussing the lack of donations coming in which resulted in a discussion about the I.S.O. and their lack of donations.

It was decided by a group conscience at that moment to make a One-Time donation in the amount of $1,000.00. In July, the group voted to take our monthly pledge of $50.00 and double it and pay it all at once in the amount of $1,200.00 in an effort to help out the I.S.O.

What really got me teary eyed and gave me hope for a better **tomorrow**, was that our Intergroup meeting was just held last week.

I can assure you that the discussion and ensuing motion and acceptance did NOT come from me but came from other members in our area who just care about the financial stability of our fellowship.

The Intergroup determined that it had just enough funds left in the treasury to completely fund both of our Trustees for San Diego and that all our obligations were met for the remainder of the year. They then voted to donate 100% of every dollar that comes into the Intergroup to I.S.O. for the remainder of the year. The vote was unanimous!!!!

For me this was a clear message that if we stand united, we will not only survive this darkness, but come better because of it.

Thank you South Jersey Intergroup for all that you do and for being an example of **UNITY**.

My love to you, Jason, and Israel. Stay safe and have faith.

Andy R., Egg Harbor Township, New Jersey
Note From I.S.O.: Andy, your email arrived this morning, just in time to get it in the August issue, which I am finalizing it as I write this. Last Friday, August 21st, when I opened the envelope from Stephanie R. and saw another large donation from South Jersey Intergroup, I also had tears come to my eyes. It was just three months ago that we received a donation that prompted me to write the following in the June issue:

“Note From I.S.O.: Chris, thanks to you and the South Jersey Intergroup members for their generous donation I.S.O. It is very much appreciated, and you have helped us make it possible to continue “carrying the message”.

Everyone that is reading this month’s issue of the bulletin, can see that the International Service Office needs all your help. So, THANK YOU once again to the South Jersey Intergroup for “Stepping Up” and helping the I.S.O. “make ends meet”.

In Memory Of…

Hi Karen,

Julie and I were saddened by Herb’s passing.

Gia had called us the week before, so we had the opportunity to say our goodbyes.

Enclosed is a donation in his memory. He was a good person, a wonderful friend and a guy who did a tremendous amount for the Program and helped hundreds of people.

Hope all is well and a continuing thanks for all you do.

Peace, Jim C., New Smyrna Beach, Florida

Hi Karen,

I thank you for the good work that you are doing.

You will find enclosed a bank draft for two separate donations.

The first one is for in memoriam for Herb B., who was an inspiration for me. He will be missed.

The second one is for my contribution for my Lifeliner.
I hope that everybody is in good health.

Claude C., Saint-Jean-Sur-Richelieu, Quebec

Note From I.S.O.: Jim and Claude, you both have restated what everyone said about Herb in the July issue of the bulletin. I reiterate what I said last month, “Not only was Herbie a devoted member of Gamblers Anonymous, he was my friend” and I miss him.

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ANNOUNCEMENT OF UPCOMING EVENTS

Note From I.S.O.: Due to the uncertainty of future “Upcoming Events” we have omitted any announcements other than the next International Conference that was recently awarded to San Diego.

2021 Spring International Conference
Live For Today
May 14 – 16, 2021
Crowne Plaza Hotel
Please see flyer second to the last page of this bulletin

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INDIVIDUAL LIFELINER DONATIONS
RECEIVED IN THE MONTH OF
JULY 2020

<table>
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<tr>
<th>ARIZONA</th>
<th>CALIFORNIA</th>
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<tr>
<td>L211 Jim L.</td>
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<td>L151 Murray F.</td>
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<td>L287 James S.</td>
<td>L154 Diane S.</td>
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<td>L396 Pam K.</td>
<td>L158 Gagik G.</td>
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<td>L161 Pat A.</td>
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<td>L166 Benni F.</td>
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| L120 Phil C.     | L193 Bud A.      |
| L154 Diane S.    | L209 Jose C.     |
| L158 Gagik G.    | L214 Mickie R.   |
| L161 Pat A.      | L246 Pat S.      |
| L166 Benni F.    | L273 Victor S.   |
|                  | L298 Cathy F.    |
|                  | L301 Steve K.    |
|                  | L314 Alan S.     |
|                  | L353 Diane M.    |
|                  | L383 Linda B.    |
|                  | L390 Jack R.     |
|                  | L408 Ira B.      |
|                  | L432 Patrick P.  |
|                  | L453 Bennett S.  |
CALIFORNIA (cont)
L496 Guy H.
L527 Salvatore G.
L558 Linda M.
L580 Curtis G.
L593 Grant M.
L601 David L.
L609 Kathie S.
L617 Mike Z.
L618 Hugh G
L623 Lucille T.
L674 Clair W.
L678 Lynell B.
L762 Calvin C.
L772 Ara H.
L828 Paul C.
L861 Roger L.
L871 Greg D.

COLORADO
L147 Lou W.

CONNECTICUT
L581 Paul S.

FLORIDA
L2 Bill B.
L92 Tula R.
L97 Chuck R.
L143 Neal G.
L156 Richard M.
L159 Steve I.
L160 Jim C.
L175 Lloyd A.
L205 Steve P.
L225 Kevin K.
L233 Robert M.
L251 Frank G.
L258 Harvey G.
L261 Steven S.
L289 Ralph O.
L297 Barbara L.
L313 Herman G.
L420 Mark S.
L423 Kathleen H.
L450 Neil S.
L483 Victor C.
L511 Chris N.
L549 Patricia P.
L607 Debbie M.
L622 Andrew C.
L679 David T.
L695 Ron B.
L827 Peter C.

GEORGIA
L501 Bill H.
L672 Tony L.
L769 Barry L.

HAWAII
L553 David C.

ILLINOIS
L63 Bob C.
L114 Ellen Z.
L344 Eileen Z.
L459 Allen H.
L717 George C.

INDIANA
L91 Frank R.
L880 Fred B.

KENTUCKY
L115 Laura S.
L195 Steve B.

LOUISIANA
L354 Kathy S.

MARYLAND
L162 Jim D.

MASSACHUSETTS
L318 Jeff H.

MICHIGAN
L272 Joann D.

MINNESOTA
L565 Corey J.
L715 Debra M. x 2

MISSISSIPPI
L182 Roger T.

MISSOURI
L550 Daniel G.

NEVADA
L284 Kevin H.
L317 Pat M.
L325 Terry D.
L410 Joanne F.
L439 Ira K.
L486 Zeny K.
L507 Mark S. x 2
L541 Andrew B.
L599 Igor K.
L602 Trey D.
L612 Dan Mc
L664 Dominic C.
L665 Richard S.
L837 Harriet K. x 2

NEW HAMPSHIRE
L277 Roy W.
NEW JERSEY
L174    Mike D.                             L494    Mary D.
L183    Robin D.                            L495    Garnett P.
L212    Marshall R.                         L498    Suzanne R.
L223    Fred D.                             L499    Mike S.
L266    Kivey G.                            L500    Sammy D.
L311    Andy D.                             L503    John J.
L349    George L.                           L504    Mark M.
L350    John D.                             L506    Chuck T.
L351    Russell H.                          L510    Eric S.
L409    Barry H.                            L513    Dennis O.
L429    Dennis S.                           L749    Daniel H.
L433    Joseph F.                           L531    Linda S.
L438    Matthew C.                          L543    Jim G.
L482    Ann K.                              L142    Suzanne S.
L497    Dave S.                             L584    Curt P.
L524    Richard T.                          L881    Pam B.
L651    Lewis H.                            L820    Josh S.
L818    Michael D.                           L460    Lou M.

NEW MEXICO
L662    Joel K.                             L40    Dan M.
L906    Mary F.                             L345    John B.

NEW YORK
L16     Kenny M.                             L533    Debbie D.
L95     Larry B.                             L820    Josh S.
L278    Harlan S.                            L245    Alan S.
L303    Alan J.                              L57    Gary M. x 2
L308    Jordan P.                            L104    Tina B.
L554    Daniel L. x 3                        L425    Terry D.
L566    Robert K.                            L659    Connie M.
L826    Mitch M.                             L443    Constance T.
L882    Joe B. x 2                           L493    Gary G.
L951    Brad B.                              L494    Mary D.

OHIO
L409    Socky F.                             L749    Daniel H.

OKLAHOMA
L531    Linda S.                             L543    Jim G.

OREGON
L533    Debbie D.                            L820    Josh S.

PENNSYLVANIA
L40    Dan M.                                L142    Suzanne S.
L345    John B.                               L584    Curt P.
L533    Debbie D.                             L881    Pam B.
L554    Daniel L. x 3                        L460    Lou M.
L57    Gary M. x 2                           L245    Alan S.
L104    Tina B.                              L659    Connie M.

SOUTH CAROLINA
L460    Lou M.                                L57    Gary M. x 2
L493    Gary G.                               L104    Tina B.
L494    Mary D.                               L425    Terry D.
L495    Garnett P.                            L659    Connie M.
L498    Suzanne R.                            L443    Constance T.
L499    Mike S.                               L533    Debbie D.
L500    Sammy D.                              L820    Josh S.
L503    John J.                               L245    Alan S.
L504    Mark M.                               L460    Lou M.
L506    Chuck T.                              L443    Constance T.
L510    Eric S.                               L820    Josh S.
L513    Dennis O.                             L245    Alan S.
L517    Eric S.                               L460    Lou M.
L518    Dennis O.                             L443    Constance T.

WASHINGTON
L57    Gary M. x 2                           L104    Tina B.
L104    Tina B.                              L425    Terry D.
L659    Connie M.                             L57    Gary M. x 2

WISCONSIN
L443    Constance T.                         L443    Constance T.

ANNIVERSARIES

45 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . ZULLY S.  8/15  Delray Beach, FL
41 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . BARRY L.  8/3      Woodbury, NY
                      CARMEN                         8/15      Reno/Sparks, NV
40 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . SAM W.  8/24  Red Deer, AB
38 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . HARRY F.  8/15  Delray Beach, FL
36 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . MITCH W.  8/11  Wantagh, NY
33 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . HARRY H.  4/7    Havertown, PA
32 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . SOCKY F.  8/24  Delray Beach, FL
                      ROLLO V.  8/31    Las Vegas, NV
30 YEARS . . . . . . . . . . . . . . . . . . . . . . . . . . . . CHARLIE U.  8/1     L.A. Intergroup, CA
                      HARLAN S.  8/4     Wantagh, NY
28 YEARS  DAVE I.  8/9  Calgary, AB
          ED E.  8/13  Inland Empire, CA
27 YEARS  JANE B.  6/16  Brandon, MB
           TERI R.  7/19  Charlotte, NC
           LAURA G.  8/19  Las Vegas, NV
26 YEARS  HARVEY R.  8/4  San Diego, CA
           JOHN H.  8/8  East Northport, NY
           CEDRIC O.  8/13  Coral Springs, FL
23 YEARS  DEBBIE M.  8/9  Ft. Myers, FL
           JOE C.  8/12  Rockville Centre, NY
21 YEARS  DON F.  6/29  Belleville, IL
           GARNETT P.  8/6  Greensboro/Winston-Salem, NC
           BARBARA T.  8/25  San Diego, CA
20 YEARS  KAREN J.  6/30  Belleville, IL
19 YEARS  CINDY M.  8/1  San Diego, CA
          DAVE A.  8/9  Algonquin, IL
17 YEARS  GLEN B.  8/10  San Diego, CA
           BRENDA JOY R.  8/18  Las Vegas, NV
16 YEARS  MIKE M.  7/7  San Diego, CA
           LYNNETTE P.  8/7  Henderson, NV
15 YEARS  JACK M.  7/21  San Diego, CA
           BOB F.  8/5  Delray Beach, FL
           HARRIET C.  8/20  Coral Springs, FL
14 YEARS  JENNY N.  8/11  San Diego, CA
           ELMER F.  8/15  Windsor, ON
13 YEARS  MATT  8/12  Reno/Sparks, NV
           JOANNE A.  8/21  Las Vegas, NV
12 YEARS  TREY D.  8/3  Henderson, NV
           ROBERT K.  8/5  Belleville, IL
           IRA B.  8/30  Riverside, CA
11 YEARS  JAMIE M.  4/16  Havertown, PA
           BRIAN N.  4/17  Havertown, PA
           D’ARCHY S.  7/15  San Diego, CA
           SEENA T.  7/17  San Diego, CA
           HEIDI W.  7/19  San Diego, CA
           TERRIE F.  8/5  San Diego, CA
           KAREN T.  8/18  San Diego, CA
10 YEARS  DEBRA R.  7/8  San Diego, CA
           JOCELYN M.  7/15  San Diego, CA
           JIM N.  7/19  Aurora, IL
           FRANK D.  8/14  San Diego, CA
           LEE W.  8/16  Griffith Park, CA
9 YEARS  ROB S.  7/20  San Diego, CA
           JUN D.  8/2  San Diego, CA
           ANTONIO  8/5  Reno/Sparks, NV
           GAGIK G.  8/15  L.A. Intergroup, CA
           TERESA  8/15  Loma Linda, CA
           ROD H.  8/24  Belleville, IL
           SHARYN E.  8/29  Lisle, IL
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<td>HUGO</td>
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<td>Rancho Cucamonga, CA</td>
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**INDIVIDUAL LIFELINER DONATIONS**

**JULY 2020**

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<th>State</th>
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<td><strong>TOTAL (180)</strong></td>
<td><strong>$5,965.50</strong></td>
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### I.S.O. CAN CONTRIBUTIONS
#### JULY 2020

**CALIFORNIA**
- C464 Stockton Thursday 10.00
- C639 Diamond Springs Thursday 34.00
- C60 Hartford Friday 20.00
- C1002 Burbank Monday 27.00
- C1302 Roseville Friday 33.00

**CONNECTICUT**
- C123 Singer Island Saturday 25.00
- C262 Plantation Friday PM 25.00
- C263 Plantation Wednesday PM 42.00
- C1466 Boca Raton Thursday 75.00

**FLORIDA**
- C1539 Norcross Sunday 10.00
- C60 Hartford Friday 20.00
- C1539 Norcross Sunday 10.00
- C1134 Ft. Worth Thursday 10.00
- C1438 Ft. Worth Saturday AM 30.00
- C1587 Ft. Worth Tuesday 30.00
- C1466 Boca Raton Thursday 75.00

**GEORGIA**
- C1539 Norcross Sunday 10.00
- C1134 Ft. Worth Thursday 10.00
- C1438 Ft. Worth Saturday AM 30.00
- C1587 Ft. Worth Tuesday 30.00

**NEVADA**
- C42 G.A. of Southern Nevada 371.35

**TEXAS**
- C1539 Norcross Sunday 10.00
- C1134 Ft. Worth Thursday 10.00
- C1438 Ft. Worth Saturday AM 30.00
- C1587 Ft. Worth Tuesday 30.00

**GROUP CONTRIBUTIONS
#### JULY 2020**

**ARIZONA**
- Phoenix Wednesday 6:30PM 25.00
- Glendale Sunday 79.00
- Simi Valley Saturday 37.00

**CALIFORNIA**
- Glendale Sunday 79.00
- Simi Valley Saturday 37.00
- Glendale Sunday 79.00
- Simi Valley Saturday 37.00
- Glendale Sunday 79.00
- Simi Valley Saturday 37.00

**FLORIDA**
- Boca Raton Monday-Women 30.00
- Helping Women 30.00
- Bradenton Friday Noon 100.00
- Delray Beach Thursday Noon 100.00
- Ft. Lauderdale 12 Step House 20.00
- Port St. Lucie Wednesday 41.00
- Boca Raton Monday-Women 30.00
- Helping Women 30.00
- Bradenton Friday Noon 100.00
- Delray Beach Thursday Noon 100.00
- Ft. Lauderdale 12 Step House 20.00
- Port St. Lucie Wednesday 41.00

**GEORGIA**
- Norcross Sunday Korean 10.00

**INDIANA**
- Indianapolis Monday 42.00

**KENTUCKY**
- Louisville Friday Unity 40.00

**MICHIGAN**
- Lansing Monday/Wednesday/Saturday 50.00

**MINNESOTA**
- Cloquet Tuesday 150.00
- Hermantown Friday 100.00

**OHIO**
- Columbus Thursday 60.00
- Dayton Sunday 50.00

**OKLAHOMA**
- Yukon Thursday 60.00

**OREGON**
- Eugene/Springfield 25.00

**PENNSYLVANIA**
- Havertown Monday 50.00

**WASHINGTON**
- Spokane @Country Homes 50.00
- Tacoma Women’s Thursday 23.25

**WISCONSIN**
- Racine Wednesday 40.00
- Stevens Point Monday PM 40.00

**KOREA**
- Seoul 70.00
## INTERGROUP CONTRIBUTIONS
### JULY 2020

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<td>Greater Vancouver</td>
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## NATIONAL HOTLINE DONATIONS
### JULY 2020

| Area 1                           | 14.00    |
| Area 1B                          | 25.00    |
| Area 6                           | 20.00    |
| L.A. Intergroup                  | 14.00    |
| Inland Empire Intergroup         | 25.00    |
| South Florida Intergroup         | 20.00    |

## ONE TIME DONATIONS
### JULY 2020

- **Bill B., Florida**
  In celebration of my 50th G.A. Anniversary on July 26, 2020

- **Tom M., California**
  In memory of Herb B., a dedicated member, past Trustee, past Co-Chairman B.O.T., current member of the Board of Regents but most of all a loyal friend to many

- **Richie S., Florida**
  In memory of Herb B.

- **Cathy and Steve F., California**
  In memory of Herb B.

- **Bob W., California**
  In memory of the good Bob W. from New Jersey. May he rest in peace

- **Bob W., California**
  In memory of Herb B. from Montreal, a devoted member of G.A. and a great friend. May he rest in peace
Karen H., California
In loving memory of Herb B.
Not only was Herbie a dedicated member of our fellowship, he was my friend

Board of Regents, California
July Meeting Donation

Jim S., Arizona
In memory of my father, Jim S. from Nebraska

Denis M., New Jersey
In honor of Bobby D. from New Jersey

Jim C., Florida
In memory of Herb B.

Drew J., Texas
One Time Personal Donation

G.A. of Southern Nevada, Nevada
In memory of Bill K., who embraced the program for many years thru excruciating health issues, lightening striking his house, finding the love of his life and always sharing about the “Miracle embedded in the Challenge”. We will miss him dearly and with hearts filled with gratitude

Bill B., Florida
In appreciation of what G.A. has done for me for 50 years, I decided to send a check for the amount I usually donate to the collection basket times 22 weeks that our home meeting has been closed. It is the least that I can do

Karen H., California
In honor of Bill B.’s 50th Anniversary celebration

Frank S., California
In honor of Bill B. from Florida’s 50th
## CASH IN OPERATING ACCOUNT JULY 1, 2020

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</tr>
<tr>
<td>E-Reader</td>
<td>33.83</td>
</tr>
<tr>
<td>Interest From Checking Account</td>
<td>.54</td>
</tr>
<tr>
<td>Merchant Services Cash Reward</td>
<td>.02</td>
</tr>
<tr>
<td>PayPal Literature Processing Fees</td>
<td>235.42</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$106,766.49</strong></td>
</tr>
</tbody>
</table>

## CASH AVAILABLE FOR JULY

- **$161,608.12**

## DISBURSEMENTS FOR JULY

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transfer to Capital One Savings from Matured CD</td>
<td>86,183.25</td>
</tr>
<tr>
<td>Rent &amp; Cam Fees</td>
<td>5001.43</td>
</tr>
<tr>
<td>Payroll</td>
<td>18,936.16</td>
</tr>
<tr>
<td>Payroll Taxes (Federal &amp; State)</td>
<td>1,448.62</td>
</tr>
<tr>
<td>Quarterly State Sales Tax</td>
<td>123.00</td>
</tr>
<tr>
<td>Postage</td>
<td>2,750.00</td>
</tr>
<tr>
<td>Office Expenses</td>
<td>756.90</td>
</tr>
<tr>
<td>Payroll Processing Fees</td>
<td>169.38</td>
</tr>
<tr>
<td>Health Insurance</td>
<td>1,470.36</td>
</tr>
<tr>
<td>Telephone</td>
<td>415.60</td>
</tr>
<tr>
<td>Electric Bill</td>
<td>301.63</td>
</tr>
<tr>
<td>Computer/Internet</td>
<td>198.99</td>
</tr>
<tr>
<td>Match For Employees Simple IRA</td>
<td>498.14</td>
</tr>
<tr>
<td>Bulletins</td>
<td>730.50</td>
</tr>
<tr>
<td>Visa/MC Service Fee</td>
<td>50.79</td>
</tr>
<tr>
<td>Literature</td>
<td>5,793.84</td>
</tr>
<tr>
<td>PayPal Literature Processing Fees</td>
<td>235.42</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$125,064.01</strong></td>
</tr>
</tbody>
</table>

## CASH IN OPERATING ACCOUNT AS OF JULY 31, 2020

- **$36,544.11**

## DISBURSEMENTS IN EXCESS OF INCOME

- **-$18,297.52**
Gamblers Anonymous Gratitude Month

Who?

All Gamblers Anonymous Members, Groups, Intergroups and R.S.O.’s

What?

During the May 2015 Board of Trustees meeting in Cherry Hill, New Jersey a motion was made and passed as follows:
Make the month of September “GRATITUDE MONTH”.

Where?

ALL AROUND THE G.A. WORLDWIDE FELLOWSHIP

When?

Every year from September 1st to September 30th

Why?

It’s time to recognize your local Members, Groups, Intergroups, R.S.O.’s (Regional Service Offices) and the I.S.O. by coming together. Plan your socials, Mini-Conferences, fellowship events, picnics and fundraisers during the month of September in appreciation of Gamblers Anonymous and having G.A. meetings available in 57 Countries (and growing)!

So many of our, and others, lives have been saved by the Gamblers Anonymous Program since the beginning of that first G.A. meeting on September 13, 1957. Let’s all get involved and give back to a program that has given so much to us!

And don’t forget about “GRATITUDE WEEK” which is held every year during the week in which September 13th appears to help G.A.I.S.O. continue carrying the message to each and every person who is still suffering.

How?

Email the I.S.O. at www.isomain@gamblersanonymous.org or contact your local Trustee
# G.A. APPROVED TELEPHONE CONFERENCE CALL MEETING INFORMATION

## ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call in Number</th>
<th>Meeting Code</th>
<th>Email for Information and Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday 9PM</td>
<td>712-770-5338</td>
<td>836083 #</td>
<td><a href="mailto:Sunday9PMHelp@gmail.com">Sunday9PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Monday 9PM</td>
<td>712-770-4925</td>
<td>554671 #</td>
<td><a href="mailto:Monday9PMHelp@gmail.com">Monday9PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Tuesday 9PM</td>
<td>712-770-4943</td>
<td>253824 #</td>
<td><a href="mailto:Tuesday9PMHelp@gmail.com">Tuesday9PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Wednesday 9PM</td>
<td>712-770-4160</td>
<td>611704 #</td>
<td><a href="mailto:Wednesday9PMHelp@gmail.com">Wednesday9PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Thursday 9PM</td>
<td>712-770-4981</td>
<td>872853 #</td>
<td><a href="mailto:Thursday9PMHelp@gmail.com">Thursday9PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Friday 3PM</td>
<td>712-770-4979</td>
<td>703758 #</td>
<td><a href="mailto:Friday3PMHelp@gmail.com">Friday3PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Friday 9PM</td>
<td>712-770-4996</td>
<td>595094 #</td>
<td><a href="mailto:Friday9PMHelp@gmail.com">Friday9PMHelp@gmail.com</a></td>
</tr>
<tr>
<td>Saturday 9PM</td>
<td>712-770-5335</td>
<td>491301 #</td>
<td><a href="mailto:Saturday9PMHelp@gmail.com">Saturday9PMHelp@gmail.com</a></td>
</tr>
</tbody>
</table>

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

## SPANISH-BASED MEETINGS – Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call in Number</th>
<th>Meeting Code</th>
<th>Email for Information and Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 8PM</td>
<td>712-770-5306</td>
<td>565387 #</td>
<td><a href="mailto:Miercoles8PMAyuda@gmail.com">Miercoles8PMAyuda@gmail.com</a></td>
</tr>
<tr>
<td>Saturday 6PM</td>
<td>712-770-5377</td>
<td>432973 #</td>
<td><a href="mailto:Sabado6PMAYuda@gmail.com">Sabado6PMAYuda@gmail.com</a></td>
</tr>
</tbody>
</table>

## ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

<table>
<thead>
<tr>
<th>Day and Time</th>
<th>Call in Number</th>
<th>Meeting Code</th>
<th>Email for Information and Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Friday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
<tr>
<td>Sunday 7PM</td>
<td>604-259-2561</td>
<td>890 477 4319 #</td>
<td><a href="mailto:friend@gabc.ca">friend@gabc.ca</a></td>
</tr>
</tbody>
</table>
Plan        Package                                                                                   Conference and Meals
A            Registration for 2 Persons, 8 Meals                                                    $ 445.00
            (Friday & Saturday Dinners, Saturday Lunch and Sunday Breakfast)                       
B            Registration for 1 Person, 4 Meals                                                    $ 222.50
            (Friday & Saturday Dinners, Saturday Lunch and Sunday Breakfast)                       
C            Registration for 2 Persons, 4 Meals                                                    $ 315.00
            (Saturday Dinner and Sunday Breakfast)                                                 
D            Registration for 1 Person, 2 Meals                                                    $ 157.50
            (Saturday Dinner and Sunday Breakfast)                                                 
E            1 Registration & Saturday Dinner                                                        $ 125.00
F            1 Registration & Saturday Lunch                                                         $ 75.00
G            1 Registration Only                                                                  $  50.00
H            Saturday Evening Dinner Only                                                          $  75.00

Hotel room rate is $130.00 per room/night + hotel taxes. Prices are guaranteed 3 days pre/post based on availability. Contact hotel at 1-800-233-9527 or https://book.passkey.com/e/49950216. Reference “2021 SD Spring Conference” to secure your hotel room. Hotel room reservations must be made by 4/11/2021. After this date room rates are pending availability. The hotel does NOT provide transportation to and from Airport. Self-Parking is $5.00 per day.

For additional info, E-mail: intconfsd2021@gmail.com
or visit our website: www.2021springconf.com

Conference Registration / Reservation

Full Name ___________________________ Name on Badge __________________ GA/Gam-Anon

Full Name ___________________________ Name on Badge __________________ GA/Gam-Anon

Address __________________________________________ Apt._______ City_______________
State/Prov.________________________________________ Zip/Postal Code ________________
E-mail address ___________________________________ Telephone _______________________

Plan _____ Total Amount Enclosed (US funds only) __________________

Minimum $100.00 deposit is due for Plans A-E. Payment in full is due for Plans F-H.

Please fill out and mail to 2021 Spring Conference at the address below. (Please make a copy for your files.) An email confirmation will be sent prior to the start of the 2021 SD Spring Conference. Hotel Rooms are not included in your registration fees.

Contact the hotel directly at the website or phone number above.

Please submit all payments to:

1835A. S. Centre City Parkway #236, Escondido, CA 92025

Make checks payable to: 2021 Spring Conference
Where would you be today without G.A.?

Become a Lifeliner Today!

A Lifeliner is a member of the G.A. fellowship who cares enough about the financial well being of G.A. to make a monthly donation. This donation helps to insure that G.A. will always be there for the compulsive gambler who still suffers.

You will benefit by becoming a Lifeliner because...

... it offers you a way to give back to the program that has given you so much.

... it allows you to make a commitment to the program in a more direct way.

... it helps the International Service Office to spread the message to those who haven’t yet been blessed as you have.

... it makes you one of a special group of people who do a little extra for the program that saved their lives.

... it gives you a sense of responsibility.

... it helps you remember that Gamblers Anonymous needs you as much as you need Gamblers Anonymous.

We are self supporting through our own contributions.

How often have you thought or heard: “Gamblers Anonymous saved my life. I can’t do enough to repay the program for what it has done for me.”

One of the ways you can give is by becoming a Lifeliner. Simply fill out the bottom of this flyer and send it to I.S.O. with your personal monthly tax deductible contribution and you will receive a receipt by return mail along with an envelope for your next month’s contribution. It’s that easy!!

Do it today – it’s the right thing to do!

I PLEDGE A MONTHLY CONTRIBUTION AMOUNT OF: _____________________

NAME _________________________________________________________________

ADDRESS: _____________________________________________________________

CITY & STATE: _________________________________________ ZIP: ___________

Please mail this with your initial contribution to:
GAMBLERS ANONYMOUS I.S.O.
4981 IRWINDALE AVE., #700, IRWINDALE, CA 91706

Thank you for your support!!